



# Yorktown Senior NEWSLETTER

FOR TOWN OF YORKTOWN, N.Y. SENIORS  
YORKTOWN PARKS AND RECREATION  
www.yorktownny.org/senior

MAY/JUNE 2016  
TEL. 245-4650

## YPR Pool Pass Registration–

### HOURS FOR PASS REGISTRATION & RENEWALS

Location: P&R Admin Building @ Sparkle Lake

Mon.- Fri.	May 9-Sept. 2	10:00am-4:00pm
Tues.- Thurs.	May 10-July 7	6:00-8:00pm
Saturdays	May 7-July 9	10:30-2:00pm

### PROOF OF RESIDENCY REQUIREMENTS

All residence applying for a pass (including renewals) must show proof of residency:

#### *ONE PHOTO ID:*

Driver's License, Citizen ID Card, Non-Driver Photo ID  
~AND~

#### *TWO DATED BILLS (with street address):*

2016 Town Tax Bill, Utility Bill, Fuel Bill, Property Insurance Certificate and/or Voter Registration

### FEES

Early Registration Starting June 1

Ages 60-64	\$20.00	\$30.00
Ages 65 7 Over	\$10.00	\$15.00

## YPR Senior Swim

**Eligibility:** Residents 55 and older

**Registration:** Bring proof of age & residency (driver's license) to pool each visit.

**Site:** Brian J Slavin Aquatic Facility  
**Days:** Tuesdays & Thursdays  
**Dates:** June 28 to August 25  
**Time:** 10:30-12noon

**Site:** Junior Lake Pool  
**Days:** Mondays, Wednesdays & Fridays  
**Dates:** August 1 to August 19  
**Time:** 10:00-12noon

## Senior Services Events @ Nutrition Center

**Kathleen Mareneck/Sal Amuso Day:** May 19. Please join us for lunch as we celebrate all the wonderful volunteer work that Kathleen and Sal have done for us through the years!

**Medicare Minute w/ Rita:** May 27, 11:30am

**Guest Speaker:** June 15, 11:45am. We will have a speaker from Family Services of Westchester regarding the Gatekeeper program.

## Hart Library Happenings 245-5262

### Senior Benefits Information Center Tuesdays, 10am-1pm

Volunteers are available to help adults over 60 and their caregivers understand Medicare health plans, prescription drug coverage and other government benefit programs. Drop in or call the SBIC Helpline at 231-3260.

### Weekly Drop In Programs

Adult Coloring, Mondays, 4-7:30pm  
Quilting & Needlework, Thursdays, 10am - 1pm  
Mah Jong Drop In & Play, Thursdays, 1- 4pm  
Computer Help, Saturdays, 1-2pm

### Sunday Concerts

**(No registration necessary - doors open at 1:45pm and concert begins at 2:00pm)**

- May 1: An Aesthetic Realism Cabaret. About Love & Everyone's Hope. Come and hear unforgettable performances of some of the most loved and timeless songs  
- June 5: Smokin Rockets. Enjoy a rock journey of the very best guitar bands of the atomic age.

### Workshops

-Saturday, May 14, 9:30-1:30pm: Demystifying Medicare and Healthcare Coverage for Seniors. Pre-registration recommended.  
-Wednesday, June 8 at 1:00pm: Aging-in Place: Preparing for a Long Life At Home. Pre-registration required.

## Westchester County Salute to Seniors Day

Fantastic Entertainment, Educational Workshops, Expo Discoveries and Health Screening  
May 4, 2016, 9:30-2:30pm  
Westchester County Center, White Plains  
Event information call  
914-813-6300 or visit westchestergov.com/seniors

## Westchester County Senior Law Day

Free Consultations & Workshops  
May 19, 2016, 9:00am-1:00pm  
Jefferson Village Community Center  
3480 Hill Blvd, Yorktown Heights  
For more information call  
914-813-6300 or visit westchestergov.com/seniors

## Westchester County Senior Pool Party

Picnic & Pool Party  
June 21, 2016, 10:00am-3:00pm  
Saxon Woods Park, White Plains  
For more information call  
914-813-6300 or visit westchestergov.com/seniors

2016 Chapter 1 Trips**(Open to All)**

- May 29 - June 5: A cruise to Bermuda on the *Celebrity Summit*. Includes round trip transportation to and from departure port at Cape Liberty, NJ. Fee TBD.
- Tuesday, August 16: Brownstone: *Old Time Rock 'n Roll* (show, lunch, dancing). \$55.00
- Wednesday, September 14: Silver Birches in Hawley, PA: *Italian Festival* (Mario Tacca & Mary Mancini + lunch & dancing). \$50.00.
- Wednesday, October 26: Westchester Dinner Theatre: *Saturday Night Fever*. \$60.00.

For information/reservations please contact

**Rhoda Sussman at 245-6214.**2016 Shrub Oak Senior Trips**(Open to All)**

- August 21 - 26: Quebec and Ottawa (in Canada): 6 days/5 nights. \$635.00pp/dbl or \$835.00 pp/sgl.
- Wednesday, September 7: Broadway show *On Your Feet* + lunch at Carmine's. \$120.00.
- Wednesday, September 21: Hunterdon Hills Playhouse presents the comedy *Squabbles* + lunch. \$65.00.

For information/reservations, please contact

**Theresa Tinger at 243-9782.**2016 Jefferson Village Travel Club Trip**(Open to All)**

- No trips scheduled for May and June.

The committee has been working hard developing new and exciting tours. We are looking forward to presenting them as our Fall lineup of venues. We welcome any thoughts or possible tours which you might like us to explore. Please send your suggestions to

JOFTRAVEL@optonline.net

For information/reservations, please contact

**Jim Higgins at 302-2836.**AARP - Open to ALL Seniors

- Wednesday, May 11 at 1:30pm in the Nutrition Room: Dr. Katharine Ma, Orthopedic Surgeon for NY-Presbyterian Hudson Valley Hospital, will discuss pain and restoration for feet and ankles.
- Wednesday, June 8: End of year Luncheon with installation of new officers at Mama Rosa's Restaurant in Somers, NY.

**New Members always welcome.****Please contact Christina Fox for questions/  
concerns at 282-9706.**AARP 2016 Trips**(Open to All)**

- May 31 - June 1: Lake George and Saratoga, NY (2 days/1 night). \$265.00 pp/dbl. or \$295.00 pp/sgl.
- Wednesday, June 15: Woodloch Pines (Hawley, PA). \$50.00 (lunch & show).
- Saturday, July 9: Mohegan Sun. \$25.00 (includes free playback + food coupon).
- October 2-7: Grand Canyon, Las Vegas and the Hoover Dam. 6 days/5 nights. \$1,300pp/dbl (includes: air, hotel, taxes, transfers, show and tips)
- Saturday, December 10: Mohegan Sun. \$25.00 (includes free playback + food coupon).

For information/reservations, please contact

**Theresa Tinger at 243-9782.**2016 New Horizons Trip**(Open to All)**

- Wednesday, May 11: Westchester Dinner Theatre presents *Happy Days* + dinner. \$58.00.
- Wednesday, October 19: Hunterdon Hills Playhouse. Lunch and show. \$58.00.

For information/reservations, contact

**Connie Verrino at 962-3072.**2016 St. Patrick's Seniors Trips**(Open to All)**

- May 25-26: Site and Sound Theatre (Lancaster, PA) presents *Samson* (1 night). \$285pp/dbl or \$335pp/sgl. W/L Only.
- Thursday, June 9: Li Greci's Staaten (Staten Island, NY) Nashville in NY. \$69.00 pp. W/L Only.

For information/reservations, contact

**Marie Sclafani at 962-2981**

# Yorktown Senior Activities

Funded through the Department of Health and Human Services, N.Y. State office for Aging,  
Westchester County Department of Senior Programs and Services, and Town of Yorktown.

962-7447  
245-4560

**YORKTOWN SENIOR SERVICE DEPARTMENT**  
**YORKTOWN PARKS & RECREATION DEPARTMENT**

May 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
**Painting: 9:30-11:30am Shrub Oak: 10am-2pm Lunch: 12noon Tai Chi: 1pm Open Computer Lab: 1-3pm	Chapter 1: 10am-2pm **Achievers: 10am **Mahjong: 10am **Chair Yoga: 12noon Lunch: 12noon Shopping: 1pm	New Horizons: 10am-2pm Lunch: 12noon **Line Dancing: 12noon Open Computer Lab: 11am-1pm **Bridge: 1-4pm	Lunch: 12noon Tai Chi: 1pm	**Dance & Exercise: 10:45-11:45am Lunch: 12noon **Fall Prevention: 1-2pm Open Computer Lab: 1-3pm
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
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<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
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<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
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<b>30</b>	<b>31</b>			
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YORKTOWN SENIOR SERVICE DEPARTMENT  
YORKTOWN PARKS & RECREATION DEPARTMENT

June 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>** Please Note:</b> Register at RECREATION OFFICE</p>		<p><b>1</b></p> <p>New Horizons: 10am-2pm Lunch: 12noon **Line Dancing: 12noon Open Computer Lab: 11am-1pm **Bridge: 1-4pm</p>	<p><b>2</b></p> <p>Lunch: 12noon</p>	<p><b>3</b></p> <p>**Dance &amp; Exercise: 10:45-11:45am Lunch: 12noon **Fall Prevention: 1-2pm Open Computer Lab: 1-3pm</p>
<p><b>6</b></p> <p>**Painting: 9:30-11:30am Shrub Oak: 10am-2pm Lunch: 12noon Stay Strong &amp; Fit: 1pm Open Computer Lab: 1-3pm</p>	<p><b>7</b></p> <p>Chapter 1: 10am-2pm **Achievers: 10am **Mahjong: 10am **Chair Yoga: 12noon Lunch: 12noon Shopping: 1pm</p>	<p><b>8</b></p> <p>Sugar Screening: 9:30-10:30am Lunch: 12noon AARP: 1:30pm Open Computer Lab: 11am-1pm **Bridge: 1-4pm</p>	<p><b>9</b></p> <p>Lunch: 12noon Chair Yoga: 1pm</p>	<p><b>10</b></p> <p>**Dance &amp; Exercise: 10:45-11:45am Blood Pressure: 11:30am-1:30pm Lunch: 12noon **Fall Prevention: 1-2pm Open Computer Lab: 1-3pm</p>
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