



Yorktown Senior NEWSLETTER

FOR TOWN OF YORKTOWN, N.Y. SENIORS
YORKTOWN PARKS AND RECREATION
www.yorktownny.org/senior

JANUARY/FEBRUARY 2016
TEL. 245-4650

Vol. 35 No. 5

YPR Winter Registration— Some Important Changes

The holidays are over and winter classes will soon begin. But some changes are now in place for some of our senior offerings. They are as follows:

- Registration is now **required** for the following classes: Mahjong, Bridge, Chorale and Achievers (knitters). Registration **continues** to be required for Senior Painting, Chair Yoga, Senior Line Dancing and Senior Dance and Exercise. Forms are available at the Recreation Office and can be completed during our office hours: Monday thru Friday, 8:30am to 4:00pm.

- Some of you may already be signed up for the winter sessions of Chair Yoga, Senior Line Dancing and Senior Dance and Exercise. Check your registration receipts from the fall to see if you have already registered for the **winter** sessions. Everyone will have to register for the spring sessions. More information will be forthcoming about the spring sessions in our March/April Senior Newsletter.

- The fees for Senior Painting have also changed: A one hour class from 10:30 to 11:30am will be \$10.00 (materials fee) and the 2 hour class from 9:30 to 11:30am will be \$50.00 (materials and **instruction** fee). All other Senior classes have no fee.

- Start/end dates, times and location for all senior classes:

1. Senior Painting: **Mondays** - 1/11 to 4/4 (no classes 1/18, 2/15, 3/14) in YCCC, CR1 (see above for times).

2. Senior Chorale: **Mondays** - 1/11 to 2/29 (no classes 1/18, 2/15 – concerts to follow) in YCCC, Nutrition Room from 2:15 to 3:00pm

3. Achievers - Handworks Club: **Tuesdays** – January to December in YCCC, Room 104, 10:00am to 12noon.

4. Mah Jong Club: **Tuesdays** – January to December in YCCC, CR1, 10:00am to 12noon.

5. Chair Yoga: **Tuesdays** – 1/12 to 3/15 in YCCC gym, 12noon to 1:00pm.

6. Senior Line Dancing: **1st and 3rd Wednesdays** – 1/6 to 3/16 in YCCC gym, 12noon to 1:00pm.

7. Bridge Club: **Wednesdays** – January to December in Sparkle Lake Building (new location), 1:00 to 4:00pm.

8. Senior Dance & Exercise: **Fridays** - 1/15 to 3/18 in YCCC gym, 10:45 to 11:45am.

Senior Services Events

Medicare Minute: Please join us on 1/29 at the Nutrition Center, for Medicare Minute with Rita to find out what's new with Medicare!

Yorktown High School Swing Dance Saturday, February, 6th

You're invited to enjoy live music and dancing at the Yorktown High School gym at the sixth annual Valentine's Day Swing Dance, hosted by the YHS Concert Band, Jazz Band and Wind Ensemble. There will be a professional swing dance lesson from 7-8pm, then live music and dancing from 8 - 10:30pm. Light refreshments will be served. Swing Era attire is encouraged. Admission is \$5.

Hart Library Happenings 245-5262

Senior Benefits Information Center

Tuesdays, 10am-1pm

Trained volunteers help older adults and their caregivers find programs and government benefits to help them stretch their budgets. Find out about: Medicare health and prescription plans; Nutrition assistance; the Home Energy Assistance Program (HEAP); Elderly Pharmaceutical Insurance Coverage (EPIC), and more.

Weekly Drop In Programs

Quilting & Needlework, Thursdays, 10am - 12noon

Mah Jong Drop In & Play, Thursdays, 1- 4pm

Computer Classes, Fridays, 3pm

Sunday Concerts

(No registration necessary - doors open at 1:45pm and concert begins at 2:00pm)

- January 3: Due terre un cuore (Two Countries, One Heart) Singer, Salvatore Chiarelli with pianist Ishmael Wallace.

- February 7: SongLand – original acoustic songs in a round-robin afternoon of can-you-top-this fun with musical group, New Middle Class (Joe Giacoio, Dan Pelletier and Carla Ulbrich).

Our Senior Website

Looking for information about Senior Services for the Town of Yorktown? Go to our website at yorktownny.org and on the *menu bar* under GOVERNMENT, scroll down to **Senior Services**. You will be directed to all our current information services.

2016 Chapter 1 Trips(Open to All)

- Friday, March 18: Brownstone in Patterson, NJ: *St. Joseph's Feast* (show, lunch, dancing). \$55.00.
- Thursday, April 14: Best Western Inn at Hunt's Landing, Matamoras, PA: *Rock & Roll Oldies* (lunch, dancing, 3 hour open bar). \$50.00.
- May 29 - June 5: A cruise to Bermuda on the *Celebrity Summit*. Includes round trip transportation to and from departure port at Cape Liberty, NJ. Fee TBD.
- June 27-30: Guided tours of *White Mountains and Maine Coast* (NH & ME). Includes 2 shows and 8 meals. Fee: TBD.
- Tuesday, August 16: Brownstone: *Old Time Rock 'n Roll* (show, lunch, dancing). \$55.00
- Wednesday, September 14: Silver Birches in Hawley, PA: *Italian Festival* (Mario Tacca & Mary Mancini + lunch & dancing). \$50.00.
- Wednesday, October 26: Westchester Dinner Theatre: *Saturday Night Fever*. \$60.00.

For information/reservations please contact
Rhoda Sussman at 245-6214.

2016 Shrub Oak Senior Trips(Open to All)

- Wednesday, April 6: Broadway show *Beautiful* (The Carole King Musical) + lunch at Carmines. \$190.00. **WL only.**
- April 20 - 22: Lancaster, PA and the Pennsylvania Dutch Country: 3 days/ 2 nights. \$355.00 pp/dbl. or 430.00 pp/sgl.
- Wednesday, August 10: Platzl Brauhaus: BBQ lunch, dinner, dancing, bingo. \$50.00.
- August 21 - 26: Quebec and Ottawa (in Canada): 6 days/5 nights. \$635.00pp/dbl or \$835.00 pp/sgl.
- Wednesday, September 7: Hunterdon Hills Playhouse presents the comedy *Squabbles* + lunch. \$65.00.

For information/reservations, please contact
Theresa Tinger at 243-9782.

Village Travel Club News

- No trips scheduled for January and February.
- Winnie Zahensky has turned in her resignation as trip coordinator. Special **thanks** to her for all her hard work in scheduling and running these trips - not an easy task!!!! The new coordinator has yet to be determined.

AARP - Open to ALL Seniors

- Wednesday, January 13 at 1:30pm in the Nutrition Room: Salvatore Di Costanzo, local attorney, will talk about changes to Medicare for 2016, wills, trusts, estates and safeguarding your savings regarding nursing homes.
- Wednesday, February 10 at 1:30pm in the Nutrition Room: Debra Lang, from Seniors Helping Seniors, will discuss matching seniors who want to provide compassionate help with seniors who are in need of help.

New Members are always welcome.

Please contact Christina Fox for questions/concerns at
282-9706.

AARP 2016 Trips(Open to All)

- Wednesday, March 16: St. Patrick's Day Celebration at Aqua Turf (Plantville, CT). \$50.00 (includes lunch).
- Saturday, April 9: Mohegan Sun. \$25.00 (includes free playback + food coupon).
- May 31- June 1: Lake George and Saratoga, NY (2 days/1 night). \$265.00 pp/dbl. or \$295.00 pp/sgl.
- Wednesday, June 15: Woodloch Pines (Hawley, PA). \$50.00 (lunch & show).
- Saturday, July 9: Mohegan Sun. \$25.00 (includes free playback + food coupon).
- October 2-7: Grand Canyon, Las Vegas and the Hoover Dam. 6 days/5 nights. \$1,300pp/dbl (includes: air, hotel, taxes, transfers, show and tips)
- Saturday, December 10: Mohegan Sun. \$25.00 (includes free playback + food coupon).

For information/reservations, please contact
Theresa Tinger at 243-9782.

2016 New Horizons Trip(Open to All)

- Wednesday, May 11: Westchester Dinner Theatre presents *Happy Days* + dinner. \$58.00.
- Wednesday, October 19: Hunterdon Hills Playhouse. Lunch and show. \$58.00.

For information/reservations, contact
Connie Verrino at 962-3072.

2016 St. Patrick's Seniors Trip/News(Open to All)

- No trips in January and February.
- We would like to welcome Larry Carcaterra as the new president. And a special **thanks** to Carol Manse who presided over this club for the past 2 years and who club members relate that she worked tirelessly, efficiently and always with a smile. Thanks Carol!

Yorktown Senior Activities

Funded through the Department of Health and Human Services, N.Y. State office for Aging,
Westchester County Department of Senior Programs and Services, and Town of Yorktown.

962-7447
245-4560

YORKTOWN SENIOR SERVICE DEPARTMENT
YORKTOWN PARKS & RECREATION DEPARTMENT

JANUARY 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>** Please Note: Register at RECREATION OFFICE</p>			<p style="text-align: right;">1</p>  <p style="text-align: center;">SITES CLOSED!</p>
4	5	6	7	8
<p>Shrub Oak: 10am-2pm Lunch: 12noon Stay Strong & Fit: 1pm Open Computer Lab: 1-3pm</p>	<p>Chapter 1: 10am-2pm **Achievers: 10am **Mahjong: 10am Lunch: 12noon Shopping: 1:00pm</p>	<p>New Horizons: 10am- 2pm Lunch: 12noon **Line Dancing: 12noon Open Computer Lab: 11am-1pm **Bridge: 1-4pm</p>	<p>Chapter 2: 10am-2pm Lunch: 12noon Chair Yoga Workshop: 1pm</p>	<p>Blood Pressure: 11:30am-1:30pm Lunch: 12noon Open Computer Lab: 1-3pm</p>
11	12	13	14	15
<p>**Painting: 9:30- 11:30am Shrub Oak: 10am-2pm Lunch: 12noon Stay Strong & Fit: 1pm Open Computer Lab: 1-3pm **Chorale: 2:15pm</p>	<p>Chapter 1: 10am-2pm **Achievers: 10am **Mahjong: 10am **Chair Yoga: 12noon Lunch: 12noon Shopping: 1pm</p>	<p>Sugar Screening: 9:30-11am Lunch: 12noon AARP: 1:30pm Open Computer Lab: 11am-1pm **Bridge: 1-4pm</p>	<p>Chapter 2: 10am-2pm Lunch: 12noon Chair Yoga Workshop: 1pm</p>	<p>**Dance & Exercise: 10:45-11:45am Lunch: 12noon Open Computer Lab: 1-3pm</p>
18	19	20	21	22
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8 **Painting: 9:30-11:30am Shrub Oak: 10am-2pm Lunch: 12noon Open Computer Lab: 1-3pm **Chorale: 2:15pm	9 Chapter 1: 10am-2pm **Achievers: 10am **Mahjong: 10am **Chair Yoga: 12noon Lunch: 12noon Shopping: 1pm	10 Sugar Screening: 9:30-11am Lunch: 12noon AARP: 1:30pm Open Computer Lab: 11am-1pm **Bridge: 1-4pm	11 Chapter 2: 10am-2pm Lunch: 12noon Chair Yoga Workshop: 1pm	12 **Dance & Exercise: 10:45-11:45am Lunch: 12noon Open Computer Lab: 1-3pm
15  SITES CLOSED!	16 Chapter 1: 10am-2pm **Achievers: 10am **Mahjong: 10am **Chair Yoga: 12noon Lunch: 12noon Shopping: 1pm	17 New Horizons: 10am-2pm Lunch: 12noon **Line Dancing: 12noon Open Computer Lab: 11am-1pm **Bridge: 1-4pm	18 Chapter 2: 10am-2pm Lunch: 12noon Chair Yoga Workshop: 1pm	19 **Dance & Exercise: 10:45-11:45am Blood Pressure: 11:30am-1:30pm Lunch: 12noon Open Computer Lab: 1-3pm
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