



Yorktown Senior NEWSLETTER

FOR TOWN OF YORKTOWN, N.Y. SENIORS
YORKTOWN PARKS AND RECREATION
www.yorktownny.org/senior

JULY/ AUGUST 2016
TEL. 245-4650

YPR Pool Pass Registration–

HOURS FOR PASS REGISTRATION & RENEWALS

Location: P&R Admin Building @ Sparkle Lake

Mon.- Fri.	May 9-Sept. 2	10:00am-4:00pm
Tues.- Thurs.	May 10-July 7	6:00-8:00pm
Saturdays	May 7-July 9	10:30-2:00pm

PROOF OF RESIDENCY REQUIREMENTS

All residence applying for a pass (including renewals) must show proof of residency:

ONE PHOTO ID:

Driver's License, Citizen ID Card, Non-Driver Photo ID
~AND~

TWO DATED BILLS (with street address):

2016 Town Tax Bill, Utility Bill, Fuel Bill, Property Insurance Certificate and/or Voter Registration

FEES

Ages 60-64	\$30.00
Ages 65 & Over	\$15.00

YPR Free Senior Swim

Eligibility: Residents 55 and older

Registration: Bring proof of age & residency (driver's license) to pool each visit.

Site: Brian J Slavin Aquatic Facility
Days: Tuesdays & Thursdays
Dates: June 28 to August 25
Time: 10:30-12noon

Site: Junior Lake Pool
Days: Mondays, Wednesdays & Fridays
Dates: August 1 to August 19
Time: 10:00-12noon

Summer Sunday Concert Series

Sponsored by: Yorktown Lion's Club and Yorktown Parks & Recreation

Location: John "Jack" DeVito Gazebo

Time: 6:00pm

Rain Location: Yorktown Stage

June 26	Chain of Fools- Motown Review
July 10	Group Du Jour- 1960's and on!
July 31	The Hofners- Beatles
August 7	Jessica Lynn- Country
August 21	The British Invasion- 60's Rock
August 28	Yorktown's Class Action- Rock, 70's, 80's & 90's

Senior Services Events

@ Nutrition Center

914-962-7447

Celebration w/ Yorktown Rotary Club: July 13.

Please join us for lunch as we celebrate the Yorktown Seniors with the Yorktown Rotary Club. We will have entertainment with David Bowers, lunch and a special dessert served by the Rotary Club. Please call for reservation.

Medicare Minute w/ Rita: July 29, 11:30am

Exercise Programs: Our exercise programs are underway, and will be offered through the summer.

Mondays, 1:00pm: Stay Strong and Fit w/ Karen
Thursdays, 1:00pm: Chair Yoga with Kathy

Hart Library Happenings 245-5262

Senior Benefits Information Center

Tuesdays, 10am-1pm

Volunteers are available to help adults over 60 and their caregivers understand Medicare health plans, prescription drug coverage and other government benefit programs. Drop in or call the SBIC Helpline at 231-3260.

Weekly Drop In Programs

Adult Coloring, Mondays, 4-7:30pm
Quilting & Needlework, Thursdays, 10am – 12noon
Mah Jong Drop In & Play, Thursdays, 1- 4pm

Workshop

-Wednesdays, July 6- August 10 (6 sessions), 10:00am-12:30pm: *The Health for Life Program (HeLP)*

A free program to HeLP you manage chronic conditions. Do you have a chronic condition or care for someone who does? This program can HeLP participants to: - Better manage chronic health conditions such as diabetes and high-blood pressure - Communicate effectively with health care professionals and family - Realize health care savings by avoiding trips to doctors and hospitals - Enjoy an enhanced quality of life

Sessions are open to Westchester residents age 55 and older. Please register for this program, limited availability.

2016 Yorktown Senior Chapter 1 Club Trips

(Open to All)

- Wednesday, July 27: Radio City *Summer Spectacular* Show & Lunch at Carmine's. \$90.00.
- Tuesday, August 16: Brownstone: *Old Time Rock 'n Roll* (show, lunch, dancing). \$55.00.
- Wednesday, September 14: Silver Birches in Hawley, PA: *Italian Festival* (Mario Tacca & Mary Mancini, lunch & dancing). \$50.00.
- Wednesday, October 26: Westchester Dinner Theatre: *Saturday Night Fever*. \$60.00.

For information/reservations please contact Rhoda Sussman at 245-6214. Checks payable to Yorktown Senior Club.

2016 Shrub Oak Senior Trips

(Open to All)

- Wednesday, September 21: Hunterdon Hills Playhouse presents the comedy *Squabbles* + lunch. \$65.00.
- Friday, November 11: Radio City *Christmas Spectacular* Show & Lunch at Chart House. \$180.00

For information/reservations, please contact Theresa Tinger at 243-9782.

2016 Jefferson Village Travel Club Trip

(Open to All)

- Monday, September 19: One World Observatory Experience and lunch. \$90.00. WL only
- Wednesday, October 12: Cruise Luncheon and Chasing Rainbows Play at Goodspeed Opera House. \$140.00.
- Thursday, November 3: Holiday Musical Revue and Luncheon at Hunterdon Hills Playhouse. \$92.00.

For information/reservations, please contact Jim Higgins at 302-2836 (joftravel@optonline.net).

AARP - Open to ALL Seniors

- No meetings scheduled for July or August
New Members always welcome.
Please contact Christina Fox for questions/
concerns at 282-9706.

AARP 2016 Trips

(Open to All)

- Saturday, December 10: Mohegan Sun. \$25.00 (includes free playback + food coupon).
- Monday, December 12: City Island. Lunch at Lobster House and Shopping at Arthur Ave. \$50.00

For information/reservations, please contact Theresa Tinger at 243-9782.

2016 New Horizons Trip

(Open to All)

- Wednesday, October 19: Hunterdon Hills Playhouse. Lunch and show. \$58.00.

For information/reservations, contact Connie Verrino at 962-3072.

2016 St. Patrick's Seniors Trips

(Open to All)

- Wednesday, September 14: Broadway show *Waitress* and lunch at Ellen's Stardust Diner with entertainment. \$162.00.
- Monday, October 10: A Taste of Italy at Garguilo's Coney Island, Brooklyn. \$89.00.
- Thursday, November 3: Theatrical Sightseeing Bus Tour in the Bronx and lunch at F& J's Pine Tavern. \$128.00.

For information/reservations, contact Marie Sclafani at 962-2981

Yorktown Senior Activities

Funded through the Department of Health and Human Services, N.Y. State office for Aging,
Westchester County Department of Senior Programs and Services, and Town of Yorktown.

962-7447
245-4650

YORKTOWN SENIOR SERVICE DEPARTMENT
YORKTOWN PARKS & RECREATION DEPARTMENT

July 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
	** Please Note: Register at RECREATION OFFICE			Lunch: 12noon Open Computer Lab: 1-3pm
4	5	6	7	8
Site Closed	Chapter 1: 10am-2pm **Mahjong: 10am Lunch: 12noon Shopping: 1:00pm	New Horizons:10am- 2pm **Line Dancing: 12noon Lunch: 12noon Open Computer Lab: 11am-1pm **Bridge: 1-4pm	Lunch: 12noon Chair Yoga: 1pm	Blood Pressure: 11:30am-1:30pm Lunch: 12noon Open Computer Lab: 1-3pm
11	12	13	14	15
Shrub Oak: 10am-2pm Lunch: 12noon Stay Fit & Strong: 1pm Open Computer Lab: 1-3pm	Chapter 1: 10am-2pm **Mahjong: 10am Lunch: 12noon Shopping: 1pm	**Line Dancing: 12noon Lunch: 12noon Open Computer Lab: 11am-1pm **Bridge: 1-4pm	Lunch: 12noon Chair Yoga: 1pm	Lunch: 12noon Open Computer Lab: 1-3pm Senior Advisory Board Meeting: 1:30
18	19	20	21	22
Shrub Oak: 10am-2pm Lunch: 12noon Stay Fit & Strong: 1pm Open Computer Lab: 1-3pm	Chapter 1: 10am-2pm **Mahjong: 10am Lunch: 12noon Shopping: 1pm	New Horizons:10am- 2pm Lunch: 12noon Open Computer Lab: 11am-1pm **Bridge: 1-4pm	Lunch: 12noon Chair Yoga: 1pm	Blood Pressure: 11:30am-1:30pm Lunch: 12noon Open Computer Lab: 1-3pm
25	26	27	28	29
Shrub Oak: 10am-2pm Lunch: 12noon Stay Fit & Strong: 1pm Open Computer Lab: 1-3pm	Chapter 1: 10am-2pm **Mahjong: 10am Lunch: 12noon Shopping: 1pm	New Horizons:10am- 2pm Lunch: 12noon Open Computer Lab: 11am-1pm **Bridge: 1-4pm	Lunch: 12noon Chair Yoga: 1pm	Lunch: 12noon Open Computer Lab: 1-3pm

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YORKTOWN SENIOR SERVICE DEPARTMENT
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August 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Shrub Oak: 10am-2pm Lunch: 12noon Stay Fit & Strong: 1pm Open Computer Lab: 1- 3pm	2 Chapter 1: 10am-2pm **Mahjong: 10am Lunch: 12noon Shopping: 1:00pm	3 New Horizons:10am- 2pm Lunch: 12noon Open Computer Lab: 11am-1pm **Bridge: 1- 4pm	4 Lunch: 12noon Chair Yoga: 1pm	5 Blood Pressure: 11:30am-1:30pm Lunch: 12noon Open Computer Lab: 1-3pm
8 Shrub Oak: 10am-2pm Lunch: 12noon Stay Fit & Strong: 1pm Open Computer Lab: 1- 3pm	9 Chapter 1: 10am-2pm **Mahjong: 10am Lunch: 12noon Shopping: 1:00pm	10 New Horizons:10am- 2pm **Line Dancing: 12noon Lunch: 12noon Open Computer Lab: 11am-1pm **Bridge: 1-4pm	11 Lunch: 12noon Chair Yoga: 1pm	12 Lunch: 12noon Open Computer Lab: 1-3pm
15 Shrub Oak: 10am-2pm Lunch: 12noon Stay Fit & Strong: 1pm Open Computer Lab: 1-3pm	16 Chapter 1: 10am-2pm **Mahjong: 10am Lunch: 12noon Shopping: 1pm	17 **Line Dancing: 12noon Lunch: 12noon Open Computer Lab: 11am-1pm **Bridge: 1-4pm	18 Lunch: 12noon Chair Yoga: 1pm	19 Blood Pressure: 11:30am-1:30pm Lunch: 12noon Open Computer Lab: 1-3pm Senior Advisory Board Meeting: 1:30
22 Shrub Oak: 10am-2pm Lunch: 12noon Stay Fit & Strong: 1pm Open Computer Lab: 1- 3pm	23 Chapter 1: 10am-2pm **Mahjong: 10am Lunch: 12noon Shopping: 1pm	24 New Horizons:10am- 2pm Lunch: 12noon Open Computer Lab: 11am-1pm **Bridge: 1- 4pm	25 Lunch: 12noon Chair Yoga: 1pm	26 Lunch: 12noon Open Computer Lab: 1-3pm
29 Shrub Oak: 10am-2pm Lunch: 12noon Stay Fit & Strong: 1pm Open Computer Lab: 1- 3pm	30 Chapter 1: 10am-2pm **Mahjong: 10am Lunch: 12noon Shopping: 1pm	31 New Horizons:10am- 2pm Lunch: 12noon Open Computer Lab: 11am-1pm **Bridge: 1- 4pm		** Please Note: Register at RECREATION OFFICE