



Yorktown Senior NEWSLETTER

FOR TOWN OF YORKTOWN, N.Y. SENIORS
YORKTOWN PARKS AND RECREATION
www.yorktownny.org/senior

November/December 2016
TEL. 245-4650

Yorktown Recreation SENIOR WINTER PROGRAMS

Registration Begins Mon. November 21st !!!

Painting (Instructional)*

Mon 9:30-11:30am 1/9-3/27 (no class 1/6, 2/20)

Painting (Open)*

Mon 10:30-11:30am 1/9-3/27 (no class 1/6, 2/20)

Chair Yoga

Tues 12noon-1:00pm 1/10-3/14

Line Dancing

Wed 12:00-1:00pm 9/7-3/15
(1st & 3rd)

Dance & Exercise

Fri 10:45-11:45am 1/20-3/24

Fall Prevention

Fri 1:00-2:00pm 1/13-3/10 (no class 2/24)

Therapeutic Swim**

Sat 11:30-12:30pm 1/21-3/25 (no class 2/18)

*Registration forms available at the Recreation Office or Senior Service Office. Return Registration form to Yorktown Parks & Recreation Dept. location at 176 Granite Springs, Yorktown Heights. Recreation Office Hours: M-F, 8:30-4:00pm. *Fee applies **Doctor Signature required*

Senior Services Events @ Nutrition Center

914-962-7447

Medicare Minute w/ Rita:

December 2nd at 11:30am in Nutrition Center

Event:

November 4th at Noon: Lunch with Pace Nursing Students

Westchester Senior Hall of Fame

The Town of Yorktown has three members of our community who will be inducted into the Westchester County Senior Citizen Hall of Fame on December 2nd

Congratulations to:

Mary DeSilva Gil Kaufmann
Rhoda Sussman

Marriot Hotel, Tarrytown, 11:30am-3:00pm

Holiday Lights Parade and Tree Lighting

Come and "Celebrate the Season" as the Town of Yorktown holds its 5th Annual Holiday Electric Lights Parade and Tree Lighting Ceremony.

- **Date:** Saturday, December 3
- **Time:** 6:30pm
- **Route:** The parade will begin on Front Street (near Highway Department), proceed down Underhill Ave. to Commerce Street and end at the YCCC Field at the far end of the track where the tree lighting ceremony will culminate the event.

Thrifty Me's Holiday Sale

- **Date:** Friday November 18
- **Time:** 10:00am to 2:00pm
- **Site:** YCCC, Room 104
- **Feature:** Come and look around at our sale and shop for some holiday ideas. **FREE REFRESHMENTS!**

Hart Library Happenings 245-5262

Senior Benefits Information Center Tuesdays, 10am-1pm

Volunteers are available to help adults over 60 and their caregivers understand Medicare health plans, prescription drug coverage and other government benefit programs. Drop in or call the SBIC Helpline at 231-3260.

Weekly Drop In Programs

Chess, Mondays, 12noon-2pm
Adult Coloring, Mondays, 3-6pm
Quilting & Needlework, Thursdays, 10am – 12noon
Mah Jong Drop In & Play, Thursdays, 1- 4pm
Computer Help, Fridays, 3-4pm

Workshop

-Tuesday, December 13, 11am: *Cohousing for Adults: Live Alone? House too big for you? Consider sharing your home.*

Sunday Concerts

Concerts begin at 2:00pm, Doors open at 1:45pm
-Sunday, November 6th, Ellen Woloshin with Rick Briskin
-Sunday, December 4th, Period Comma

2016 Yorktown Senior Chapter 1 Club*Farewell and Good Luck Rhoda Sussman:*

When Rhoda “officially” became a senior citizen, the Yorktown senior community gained a tireless advocate and an enthusiastic volunteer. Following in her mother’s footsteps, she became an active member of Senior Clubs 1 & 2 becoming President of Chapter 1 and Vice- President of Chapter 2. She also took on the task of organizing trips for these 2 clubs, spending countless hours on the phone and internet both arranging and coordinating all the details that comprise taking 40 to 50 seniors on multi-hour excursions to and from a set destination.

So thank you, Rhoda, for your constant dedication and diligence in giving many Yorktown Seniors a place to gather, experiences to remember and, especially, a voice to expand the opportunities and venues that make for an active and vibrant senior Yorktown community.

Club Trips (Open to All)

- Monday, March 20th: Brownstone. \$55.00.

For trip information/reservations, please contact Janet Kovack at 245-7318. Checks payable to Yorktown Senior Club

2016 Shrub Oak Senior Trips**(Open to All)**

- Friday, November 4: Empire City Casino @ Yonkers Raceway. W/L Only
- Sunday, November 13: Broadway Show to *The Front Page* and Lunch at Carmine’s. \$180.00. W/L Only
- March 26-31: Savannah, Jekyll Island, Beaufort & Charleston (GA & SC). 6 days/5 nights. \$960pp/dbl. W/L Only.
- Saturday, April 1: Empire City Casino @ Yonkers Raceway. \$15.00 (includes a payback)
- Wednesday, April 5: Hunterdon Hills Playhouse Presents “Born Yesterday” (Show and Lunch). \$65.00pp.
- Friday, April 21: Westchester Broadway Theatre Presents *Mamma Mia* (Show and Lunch) \$55.00pp. W/L Only
- Saturday, May 20: Empire City Casino @ Yonkers Raceway. \$15.00 (includes a payback)

For information/reservations, please contact Theresa Tinger at 243-9782.

2016 New Horizons Trip**(Open to All)**

No trips planned at this time

For information/reservations, contact Connie Verrino at 962-3072.

2016 Jefferson Village Travel Club Trip**(Open to All)**

- Thursday, November 29: NY Botanical Gardens Holiday Train Show and Luncheon. \$110.00 W/L Only
 - Tuesday, March 21: At the Brownstone: St. Joseph’s Festival our annual tradition (show, luncheon and dancing). \$60.00
 - Tuesday, April 18: At the Aqua Turf Club, Dueling Piano’s (music comedy and luncheon) \$60.00 W/L Only
 - Tuesday, May 02: One World Observatory-Revisited Luncheon at F&J’s Pine Tavern, Price to be Determined
- For information/reservations, please contact Jim Higgins at 302-2836 (joftravel@optonline.net).

AARP Chapter 3297

Wednesday, November 9 Meeting: Beth Casso November speaker will discuss all aspects of Medicare and Part D prescription plans.

Club Trips (Open to All)

- Saturday, December 10: Mohegan Sun. \$25.00 (includes free playback + food coupon). W/L Only
- Monday, December 12: City Island. Lunch at Lobster House and Shopping at Arthur Ave. \$50.00. W/L Only
- Thursday, March 9: Li Greci’s Staaten St. Patrick’s Festival (Show and Lunch) \$60.00pp.
- Saturday, April 22: Mohegan Sun. \$30.00. (includes free playback + food coupon).
- May 23-24: Bethlehem & Mt. Pocono (PA) featuring Accommodations & Bonus at Sands Bethlehem Casino Resort and Bonus, Lunch & Show at Mt. Airy Casino Resort. 2 days/1 night. \$200 pp/dbl.

For trip information/reservations, please contact Theresa Tinger at 243-9782.

2016 St. Patrick’s Seniors Trips**(Open to All)**

- Thursday, November 3: Theatrical Sightseeing Bus Tour in the City and lunch at F & J’s Pine Tavern, Bronx. \$128.00. W/L Only.
- Monday, March 13, 2017: “Ace In The Hole” *Presents* “Seamus O’ Macaroni” (Show and Family Style lunch) \$66.00pp
- Wednesday, April 5, 2017: Hunterdon Hills Playhouse Presents: “Born Yesterday” (Show and Lunch) \$73.00pp

For information/reservations, contact Marie Sclafani at 962-2981

Yorktown Senior Activities

Funded through the Department of Health and Human Services, N.Y. State office for Aging,
Westchester County Department of Senior Programs and Services, and Town of Yorktown.

962-7447
245-4650

YORKTOWN SENIOR SERVICE DEPARTMENT
YORKTOWN PARKS & RECREATION DEPARTMENT

November 2016

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|---|---|
| | 1 Chapter 1: 10am-2pm **Mahjong: 10am **Chair Yoga: 12noon Lunch: 12noon Shopping: 1pm | 2 New Horizons:10am-2pm **Line Dancing: 12noon Lunch: 12noon Open Computer Lab: 10am-1pm **Bridge: 1-4pm | 3 Lunch: 12noon Chair Yoga: 1pm | 4 **Dance & Exercise: 10:45-11:45am Blood Pressure: 11:30am-1:30pm Lunch: 12noon **Fall Prevention: 1-2pm Open Computer Lab: 1-3pm |
| 7 **Painting: 9:30-11:30am Shrub Oak: 10am-2pm Lunch: 12noon Stay Fit & Strong: 1pm Open Computer Lab: 1-3pm | 8 Site Closed | 9 Sugar Screening: 9:30-10:30am Lunch: 12noon AARP: 1:30pm Open Computer Lab: 10am-1pm **Bridge: 1-4pm | 10 Lunch: 12noon Chair Yoga: 1pm | 11 Site Closed |
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