

YORKTOWN PARKS & RECREATION

CREATING COMMUNITY THROUGH PEOPLE, PARKS AND PROGRAMS

**REGISTRATION
BEGINS
SEPTEMBER 3**

2014-2015 Fall/Winter



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YORKTOWN PARKS & RECREATION

Phone: 245-4650 • Fax: 245-1608

E-Mail: ypr@yorktownny.org

Website: www.yorktownny.org

Office Hours: Monday - Friday, 8:30am to 4:30pm

Program Registration Hours: Monday – Friday, 8:30am to 4:00pm

Stay Connected with Yorktown Recreation

Sign up to receive e-mails from us regarding programs, special events, camps, facilities and much more!

3 easy ways to join our mailing list:

- Visit our website: www.yorktownny.org/parksandrecreation
- Text YORKTOWNREC to 22828
- Scan QR code:



TOWN OF YORKTOWN

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YOU SNOOZE - YOU LOSE



NOTHING KILLS A GOOD PROGRAM QUICKER THAN WAITING UNTIL THE LAST MINUTE TO REGISTER FOR IT! REGISTERING AT THE LAST MINUTE MAY MEAN THAT THE PROGRAM HAS ALREADY BEEN FILLED OR CANCELLED DUE TO LACK OF ENROLLMENT.

PLEASE REGISTER EARLY!

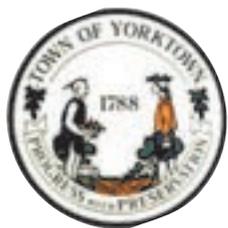
NEED A FACILITY?

We've got you covered inside and out!

Call the Parks & Recreation Department for information on rental of:

- * **Downing Park Pavilion** *
- * **Sparkle Lake Service Building** *
- * **Pool Parties** *

The Town of Yorktown gratefully acknowledges the cooperation extended by the Yorktown Central School District No.2, the Lakeland Central School District and the Yorktown Community and Cultural Center with regard to the use of their facilities for programs.



TOWN OF YORKTOWN

TOWN SUPERVISOR

Michael Grace

BOARD MEMBERS

Nicholas Bianco

Terrence P. Murphy

Vishnu Patel



RECREATION COMMISSION

Diana L. Quast, *Chairperson*
Joseph A. Falcone
James F. Hackett

Patrick Cumiskey
James Martorano, Jr.
Terrence P. Murphy – Town Board Liaison
David Paganelli – Town Board Liaison

Al Avitabile, *Vice Chairperson*
Patricia Caporale
Stuart Wadler

PARKS & RECREATION STAFF

Brian Gray Superintendent
Todd Orlowski, CPRP.... Assistant Superintendent
Erin Riedel Recreation Supervisor
Jessica Bambach Senior Office Assistant
Anita Hecker..... Office Assistant
Lesley Benedusi..... Recreation Assistant

Barry Gelbman..... Parks Foreman
Dominic Monopoli..... Assistant Parks Foreman
Stephen Melillo..... Maintenance Mechanic
Guido Parks Maintenance Mechanic
Michael Hoek HMEO
Vincent Haight..... Tree Trimmer/MEO
Eric Hollberg..... Park Groundskeeper
Rich Williams..... Park Groundskeeper
Al Pisano Maintenance Worker-Pool
Andrew Cerrato Maintenance Worker-Pool
Peter Goldberg..... Laborer
Scott Ferreira Laborer

Letter from the Town Supervisor

Dear Yorktowners:

Another summer is drawing to a close and soon the leaves will begin to fall. During the upcoming long winter months it is important to keep active and I am sure you will find something in this brochure that will peak your interest and fill that need. Our Parks and Recreation Department has done an outstanding job planning numerous programs and activities that will stimulate the spirit, mind and body of residents of all ages.

We would like to highlight the miles of multi-use trails here in Yorktown. Did you know you can see the Manhattan skyline from the top of Turkey Mountain? Have you seen the remnants of the granite quarry which provided the granite for St. John the Devine and the Arlington Memorial Bridge? How about walked across the pedestrian bridge over the Taconic State Parkway? Fall provides a great time of year to go hiking and biking and there are great opportunities right in your backyard. Feel free to contact the Parks and Recreation Department for trail maps and get out and enjoy natures beauty.

Make sure to mark your calendars now for Saturday, December 6th (rain date Sunday, December 7th) for our award winning 3rd Annual Holiday Electric Lights Parade and tree lighting which gets bigger and brighter each year. We look forward to seeing you!

Michael Grace & Brian Gray
Town Supervisor Superintendent Parks & Recreation Department

REGISTRATION AND IMPORTANT INFORMATION

- **REGISTER EARLY!!!** Most programs have limited enrollments. Besides not getting into the program, nothing cancels programs more than waiting until the last minute to register as classes may be cancelled due to poor enrollment. It is recommended that your registration form and fee be received two weeks prior to the start of the program.
- Programs with insufficient registration will be cancelled three (3) business days prior to the program starting date.
- **REGISTRATION HOURS: Monday - Friday from 8:30 am to 4:00pm.**

REGISTRATION WILL BEGIN ON September 3, 2014

Any registration received by mail prior to will be considered part of that day's mail.

PLEASE NOTE that this could result in a particular program being filled prior to your application being processed.

- Unless otherwise noted in the individual program descriptions, registration will be taken in person at the Yorktown Parks and Recreation Office or by mailing a completed registration form and correct fee to:

**Yorktown Parks and Recreation Department
176 Granite Springs Road
Yorktown Heights, NY 10598**

- Under no circumstances will anyone be allowed to participate in any of the programs unless **he/she first registers** with the Yorktown Parks and Recreation Department and pays the appropriate fee. Registration will not be taken at the class by instructors.
- Incomplete registrations will not be processed.
- Checks or Money Orders are to be made payable to the: Town of Yorktown Parks and Recreation Department.
- Discover, Master Card & Visa credit cards accepted. Convenience fees apply.
- The Department may use photos taken during event programs unless otherwise notified in writing.

RESIDENCY:

- A resident is defined as one who **resides** within the town limits at an address that pays Yorktown Town taxes.

NON-RESIDENTS:

- If space is available in a program two (2) weeks prior to start of that program, non-residents will be allowed to register by paying a 20% surcharge. For non-fee programs, a \$10.00 charge will be assessed unless stated otherwise.

NEW RESIDENTS AND NEW REGISTRANTS:

- If you have moved into the Town of Yorktown within the last year AND/OR have never registered for a program, **PROOF OF RESIDENCY** is required when registering. All mail-in and walk-in registrations must be accompanied by a driver's license along with a **current** utility bill, property insurance certificate, mortgage statement, or closing papers. Renters must show their rental agreement.

SENIOR CITIZENS:

- Senior Citizens are defined as permanent Yorktown residents ages 60 and over.

RETURNED CHECKS:

- A \$20.00 service charge will be assessed for all checks returned to the Recreation Department. Returned checks **cannot be redeposited**. Cash or Money Order will be required to replace the returned check and service charge.
- After three (3) returned checks from a household, all future payments must be made in cash.

INSURANCE:

- The Town of Yorktown maintains a standard liability insurance policy that does not cover medical costs for anyone injured during the normal course of participation in any Recreation Department program or facility. ALL persons participate at their own risk.

CANCELLATIONS:

- Information concerning weather related cancellations will be put on our answering machine (914-245-4650 ext 2) after 4:30pm.
- **PLEASE NOTE:** If public schools are closed, Yorktown Recreation programs held in **school** facilities will also be cancelled. Check with Department for all other cancellations.

REFUNDS/CREDITS: Will be given only under the following conditions:

- A full refund/credit will be given if the program is cancelled by the Parks and Recreation Department prior to the program starting.
- All refund/credit requests stating the reason for the refund/credit must be made in writing, by the halfway point of the program, to the Superintendent of Parks & Recreation for consideration. **If a refund/credit is granted, it will be pro-rated on the date the request is received.**
- Refunds of \$10.00 or less will be maintained as a **credit** to the participant's account.
- No refund/credit will be considered once a program is half over.
- **A \$20.00 processing fee for all approved refunds will be assessed, except for programs cancelled by the Parks & Recreation Department.**
- **A \$10.00 processing fee for all approved credits will be assessed, except for programs cancelled by the Parks & Recreation Department.**
- If a participant becomes ill or injured for an extended period of time, a full or pro-rated refund/credit (**less processing fee**) will be made based on the date the written request is received. A doctor's medical note (no faxes, e-mails or copies) must accompany the request, and the request must be made prior to the end of the program.
- **Refunds/Credits will not be given for scheduling conflicts.**

Town of Yorktown Parks and Recreation facilities are accessible to the physically disabled. Any disabled resident needing special assistance should call the Recreation Department.

Watch for our 2015 Spring/Summer Brochure to be mailed in March.

SPECIAL EVENTS

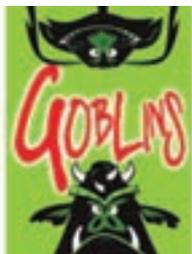
YORKTOWN GRANGE FAIR

September 4 to 7, 2014

The theme of the 90th annual Yorktown Grange Fair highlights the talents and accomplishments of our local residents. Since the Grange Fair began, the purpose has been to provide a showcase for the community to “show off” their home grown (or homemade) goods, whether vegetables, flowers, needlework, baking, photography, livestock or poultry. In addition to the entertainment on our stage and blacktop, the fair will be filled with fun and activities for the entire family, including the livestock show, the flower and produce show in the Mulcahey Building, 4-H activities, fair midway and rides, contests and competitions, and more. Check out our website (yorktowngrangefair.org) for further details and updates!

WHAT DOES THE GREAT GOBLIN LOOK LIKE?

This program is available to Yorktown residents, grades K to 5. The Yorktown Parks & Recreation Department would like to know what you think the Halloween Great Goblin looks like. All entries must be on an 8 1/2” x 11” white sheet of paper. The first place drawing will be used on the 2015 Great Goblin Call Program T-Shirts. Drawings must be submitted to the Recreation Department by Wednesday, October 29.



GREAT GOBLIN CALL

Program No: 381301-A

Date: Wednesday, October 29, 2014

Time: 6:30 to 7:30pm

About the program: Pre-register at the Yorktown Parks & Recreation Office. Open to all Yorktown youngsters **ages 3 to grade 2**. If the Great Goblin calls, will you be home to answer the call? Complimentary candy prizes and a Great Goblin T-shirt will be given to all participants at our “spooky” Recreation Office on Thursday, October 30, between 9:00am and 4:00pm.

HALLOWEEN PARADE/CARNIVAL

Co-sponsored with the Yorktown Lions Club

The Halloween parade will begin at the Yorktown Plaza Park (Rexall’s). Participants will march to the Yorktown Community & Cultural Center for outdoor Halloween activities, costume showcase, hayrides and a pumpkin patch. Free to all Yorktown residents. No registration required.

Day: Saturday

Date: October 25th

Time: 2:00pm

Raindate: Sunday, October 26 (no parade; only carnival)

Location: Parade will begin at the Yorktown Plaza (Rexall’s)



DISCOUNT TICKET PROGRAM

We anticipate offering discount ski and snowboard tickets!

Unfortunately, at the time of publication of this brochure, facilities and prices have not been confirmed. Some resorts may include: Hunter Mt., Whiteface Mt., Windham Mt. & Bromley Mt. Please check on the Recreation Department page of the Town’s Website (www.yorktownny.org) or call the Recreation Department for updates @ 245-4650.

NOTE: Please see the Youth and Adult program section of this brochure for our Ski/Snowboard Lesson Program being offered for both Youth and Adults!!!

ICE SKATING

The Yorktown Parks and Recreation Department administers the skating areas of Sparkle Lake, Junior Lake, Crystal Lake, Ivy Knolls Pond and Willow Pond. Ice at these areas is checked daily for safety and is designated as SAFE when a GREEN FLAG is displayed. In the event of UNSAFE ice, a RED FLAG will be displayed. Only Junior Lake and Sparkle Lake are lit for night skating – call the Recreation Office for lighting schedule.

SHARE-A-VALENTINE

Children ages 3 and up can enjoy the gift of giving when they create their own valentines to be presented to various seniors in Yorktown and near-by areas. Valentines should be no larger than an 8 1/2x 11 piece of paper. The decorations are up to you! Submit your valentine to the Recreation Office between January 5 and February 6. Name, address, age and school may be included on the back of the valentine. Each child will receive a candy valentine for his/her participation.



DECORATED EGG CONTEST

Children grades **Kindergarten through 5th grade** can decorate a paper egg provided by the Recreation Department. This paper egg form must be used by the participant and will be available at the Recreation Office and on-line at yorktownny.org/recreation in early March. Entries may be mailed or brought to the Recreation Office by Friday, March 20. Place ribbons will be awarded by age groups at the Easter Egg Hunt.

EASTER EGG HUNT

Co-sponsored with the Yorktown Lions Club

About the program: Children 12 years old and under will participate in Jelly Bean guess, have their picture taken with the Easter Bunny and other characters, and enjoy hunting for colored eggs. Prizes will be provided to all participants, with special prizes for the finders of the special eggs.

Day: Saturday

Date: March 28 (Rain Date: April 4)

Time: 10:30am

Location: Downing Park



TOWN PARADES

“CELEBRATE THE SEASON” – Holiday Electric Lights Parade and Tree Lighting

Join us in our 3rd annual Holiday Electric Lights Parade in addition to the tree lighting as we “Celebrate the Season.” Please check the Town website this fall for further details. www.yorktownny.org.

DATE: Saturday, December 6 RAINDATE: Sunday, December 7

VACATION CAMP

SCHOOL'S OFF! YOU'RE NOT? KIDS VACATION CLUB

Ginny Hill, Shirley Murphy, Instructors

Program No: **325101-A (9:00am to 6:00pm)**

325101-B (9:00am to 1:00pm)

325101-C (Early drop-off)

About the program: Come for a day, a couple of days or all week.

Drop your child **grades K-5** off for a fun-filled day offering a variety of activities like arts and crafts, legos, science fun, cooking, karaoke, music and much more. If you are registering your child

for the full day, please have them bring a packed lunch. Early drop-off is available starting at 7:30am. It will be a worry-free day for parents and a fun-filled day for kids.

Dates

9/25, 9/26, 10/13, 11/4, 11/11, 11/28

12/22 to 12/24, 12/29 to 12/31

2/16 to 2/20, 3/30 to 4/3

Fee: **A:** Resident: \$70.00/day Nonresident: \$84.00/day

B: Resident: \$50.00/day Nonresident: \$60.00/day

C: Resident: \$15.00/day Nonresident: \$18.00/day

Location:

Sparkle Lake

Building

PRE-SCHOOL PROGRAMS

ZUMBINI (MOMMY AND ME ZUMBA) ****NEW****

Julie Burns, Instructor

Program No. **322102-A (10 classes)**

About the program: For **ages 1 to 3**. This class is where child development meets the magic of Zumba. This program takes little ones on their first steps towards a healthy, active life. Together toddlers and their caregivers wiggle, play instruments, sing, and learn for the ultimate bonding experience. Classes feature cool Zumba music packed with world rhythms and catchy kid-friendly tunes created just for this program. Each participant will receive a CD and storybook to enjoy your favorite songs from class at home.

Day:	Date:	Time:	Location:
Mondays	9/15 to 11/24 (no class October 13)	12:45 - 1:30pm	Sparkle Lake Building

Fee: Resident: \$135.00 Nonresident: \$162.00
(includes book & CD)

CREATIVE MOVEMENT ****NEW****

Julie Burns, Instructor

Program No. **322101-A (10 classes)**

About the program: For **ages 3 and 4**. This class will introduce young children to music and movement using dance, finger plays, instruments, animal actions, scarves and other props. Children learn self-discipline, listening skills, coordination skills and patterns in movement. This is a playful class where children can explore, be creative and express themselves.

Day:	Date:	Time:	Location:
Mondays	9/15 to 11/24 (no class October 13)	4:00 – 4:45pm	Sparkle Lake Building

Fee: Resident: \$120.00 Nonresident: \$144.00

CROSSFIT TOTS

CrossFit Staff, Instructor

Program No: **323101-A Session 1 (8 classes)**

123101-A Session 2 (8 classes)

About the program: For **ages 4 to 5**. It's never too early to teach children about the importance of physical fitness. Children will participate in various WOD's designed especially for them. Fast paced and fun! Running, jumping, push ups, pull ups, squats, and core strengthening. CrossFit Yorktown is located at 1404 East Main Street in Shrub Oak.

Day:	Date:	Time:	Location:
S1: Mondays	9/22 to 11/17 (no class October 13)	11:00 - 11:20am	CrossFit Yorktown
S2: Mondays	1/26 to 3/23 (no class February 16)	11:00 - 11:20am	Cross Fit Yorktown

Fee: Resident: \$99.00 Nonresident: \$118.00



SOCCER SQUIRTS PARENT AND ME

U.S. Sports Institute, Instructor

Program No: **325515-A, B (6 classes)**

About the Program: Soccer squirts classes are a fun and positive introduction to soccer **ages 2 and 3**. With a parent or guardian participating by their side, kids will have fun learning the fundamental skills of soccer through a program of structured activities, fun based games and scrimmages. Each session will focus on maximizing participation and learning through a variety of fun games designed to stimulate a child's imagination and develop motor skills. This is an excellent opportunity to spend quality time easing your child into social situations with support and direction from our coaches. Maximum of 16 participants.

Day:	Date:	Time:	Location:
A: Tuesdays	9/23 to 10/28	10:00 - 10:50am	Legacy Field
B: Saturdays	9/20 to 10/25	3:10 - 4:00pm	Hunterbrook Field

Fee: Resident: \$115.00 Nonresident: \$138.00

TOTAL SPORTS SQUIRTS PARENT AND ME

U.S. Sports Institute, Instructor

Program No: **322502-A (6 classes)**

About the Program: The US Sports Institute's Parent & Me Total Sports Squirts program introduces children **aged 2-3 years** to a new sport in each session, with a helping hand from Mom or Dad! Children have the opportunity to try lacrosse, soccer, basketball, t-ball, floor hockey, parachute games and more in a safe and structured environment. The Total Sports Squirts program is ideal for any child just starting out in the world of sport. As with all Squirts programs, the emphasis is on safety, fun and learning. Maximum of 16 participants.

Day:	Date:	Time:	Location:
Tuesdays	9/23 to 10/28	11:00 - 11:50am	Legacy Field

Fee: Resident: \$115.00 Nonresident: \$138.00

TOTAL SPORTS SQUIRTS

U.S. Sports Institute, Instructor

Program No: **322501-A, B (6 classes)**

About the program: The Total Sport Squirts program introduces **children aged 3 to 5** to a variety of sports such as soccer, basketball, lacrosse, hockey and T-Ball. All classes will take place in a safe, structured environment which is sure to encourage learning and skill development. Games and drills are designed to capture each child's imagination. Whether it is trying to find Nemo, sending Shrek into a spin or catching jellyfish with Sponge Bob Square Pants, there's fun to be had by all. All activities promote hand-eye coordination, movement, balance and most importantly Fun, Fun, Fun!

Day:	Date:	Time:	Location:
A: Tuesdays	9/23 to 10/28	3:30 - 4:30pm	Legacy Baseball Field
B: Saturdays	9/20 to 10/25	2:00 - 3:00pm	Hunterbrook Field

Fee: Resident: \$115.00 Nonresident: \$138.00

TODDLER TIME Risa D'Amaso, Instructor

Program No: **321101-A, B Session 1 (8 classes)**

121101-A, B Session 2 (8 classes)

About the program: Join the fun! Meet new friends and playmates. Children and their parents/caregivers will enjoy a variety of activities including arts and crafts, stories and free play. Paints, glue, etc. will be used during class time. Please wear appropriate clothing. Children must be accompanied by an adult.

Day	Date:	Time:	Location:
Session 1: A: 12 to 24 months			
B: 2 to 4 years			
A: Wednesdays	9/17 to 11/5	10:00 - 10:45am	Sparkle Lake Building
B: Wednesdays	9/17 to 11/5	11:00 - 11:45am	Sparkle Lake Building

Session 2: A: 12 to 24 months

B: 2 to 4 years

A: Wednesdays	1/14 to 3/11	10:00 - 10:45am	Sparkle Lake Building
B: Wednesdays	1/14 to 3/11	11:00 - 11:45am	Sparkle Lake Building
(no class February 18)			

Fee: Resident: \$75.00 Nonresident: \$90.00

PEE WEE T-BALL Solaris Sports Club, Instructor

Program No: **325513-A, B (6 classes)**

Jeannie Geyer, Instructor

About the program: For **ages 3 to 5**. This 6 week program will introduce your child to the fundamentals of T-ball. Children will learn hitting, fielding, throwing and much more. Join now and your child will have a great time. Each child receives a trophy.

Day:	Date:	Time:	Location:
A: Wednesdays	9/17 to 10/29	10:30 - 11:15am	Solaris Sports Club
(no class September 24)			
B: Wednesdays	11/5 to 12/17	10:30 - 11:15am	Solaris Sports Club
(no class November 26)			

Fee: Resident: \$95.00 Nonresident: \$114.00



TAE KWON DO TOTS

Lorna Groux, Black Belt Instructor

Program No: **322401-A, B, C, D Session 1 (8 classes)**
122401-A, B, C, D Session 2 (8 classes)

About the program: For children **ages 2 to 5 years** old prior to the program start date. This class provides an excellent opportunity to learn basics of Tae Kwon Do, including defense, offense, punches, kicking, blocking and stances. Tae Kwon Do's goals include: developing a child's intelligence, balance and coordination. Children develop important social skills through regular activities with other children. Tae Kwon Do also helps develop self assurance in shy children, teaches concentration and discipline, and teaches children how to interact with others, calming the aggressive child and instructing in self-defense. Parental participation encouraged. PHILAM Self-Defense at 1761 Front Street in Yorktown.

Day:	Date:	Time:	Location:
Session 1:			
A: Thursdays	9/18 to 11/13	10:00 - 10:50am	PHILAM-Self Defense

B: Thursdays	9/18 to 11/13	11:00 - 11:50am	
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C: Thursdays	9/18 to 11/13	12:30 - 1:20pm	
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D: Thursdays	9/18 to 11/13	1:30 - 2:20pm	(No class September 25)
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Session 2:

A: Thursdays	1/15 to 3/12	10:00 - 10:50am	PHILAM-Self Defense
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B: Thursdays	1/15 to 3/12	11:00 - 11:50am	
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C: Thursdays	1/15 to 3/12	12:30 - 1:20pm	
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D: Thursdays	1/15 to 3/12	1:30 - 2:20pm	(No class February 19)
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Fee: Resident: \$75.00 Nonresident: \$90.00



PEE WEE SOCCER

Dan Strauss, Instructor

Program No: **125511-A, B, C, D (6 classes)**

About the program: For ages **3 to 5**. Your child will be introduced to basic and advance moves while learning the fundamental of soccer (dribbling, passing, trapping and shooting). The coach will emphasize skills through drills and soccer games. Each child will receive a trophy.

Day:	Date:	Time:	Location:
A: Fridays	1/9 to 2/13	9:30 - 10:15am	Solaris Sports Club
B: Fridays	1/9 to 2/13	10:30 - 11:15am	Solaris Sports Club
C: Fridays	2/27 to 4/10 (no class April 3)	9:30 - 10:15am	Solaris Sports Club
D: Fridays	2/27 to 4/10 (no class April 3)	10:30 - 11:15am	Solaris Sports Club

Fee: Resident: \$95.00 Nonresident: \$114.00

SOCCER SQUIRTS

U. S. Sports Institute, Instructor

Program No: **325505-A, B (6 classes)**

About the program: Often Imitated, Never Duplicated. US Sports Institute's Soccer Squirts camp provides an introduction to the beautiful game, in a fun filled, safe environment for children **aged 3-5**. The program is a 6 week series, comprising of enjoyable and imaginative games and scrimmages. Soccer Squirts is designed to develop motor skills, balance and coordination within a low pressure social environment. The Soccer Squirts camp schedule includes a range of games based upon, short passing, dribbling, turning and of course shooting. As well as not forgetting the most important aspect... FUN, FUN, FUN!

Day:	Date:	Time:	Location:
A: Fridays	9/19 to 10/24	3:30 - 4:30pm	Legacy Field
B: Saturdays	9/20 to 10/25	4:00 - 5:00pm	Hunterbrook Field

Fee: Resident: \$115.00 Nonresident: \$138.00

LEAP INTO LANGUAGE

Hillary Rosenberg, M.S. CCC-SLP, Instructor

Program No: **321203-A (8 classes)**

About the program: This program is for parents and toddlers 18 months - 3 years designed to teach techniques that help stimulate early speech and language abilities. Classes are run by a board certified speech-language pathologist and incorporates a "focused stimulation" approach to theme-based stories and play activities, all structured to promote healthy development. Parents will be educated in many areas of early speech and language development and provided with home carryover activities that they can incorporate into their everyday routines.

Day:	Date:	Time:	Location:
Fridays	9/19 to 11/21 (no class: September 26, October 10)	9:30 - 10:15am	Sparkle Lake Building

Fee: Resident: \$200.00 Nonresident: \$240.00

YOUTH AND TEEN PROGRAMS

ZUMBA KIDS JUNIOR ****NEW****

Julie Burns, Instructor

Program No. **322203-A (10 classes)**

About the program: For **grades K to 2**. Perfect for younger Zumba fans. Kids get the chance to socialize with friends and jam out to their favorite music. Zumba kids classes are rockin', high energy dance parties packed with kid-friendly routines. We break down steps, add games, activities and cultural exploration elements into the class structure. This class helps develop a healthy lifestyle and incorporates fitness as a natural part of children's lives. Classes incorporate key childhood developmental elements such as leadership, respect, teamwork, confidence, self-esteem, memory, creativity, coordination, balance and cultural awareness.

Day:	Date:	Time:	Location:
Mondays	9/15 to 11/24 (no class October 13)	5:00 – 5:45pm	Sparkle Lake Building

Fee: Resident: \$120.00 Nonresident: \$144.00



sparring without contact. Students will develop self-discipline and confidence as well as athleticism. PHILAM Self-Defense at 1761 Front Street in Yorktown.

Day:	Date:	Time:	Location:
Session 1:			
A: Mondays	9/15 to 11/10 (no class: October 13)	4:00 - 5:00pm	PHILAM Self Defense
B: Fridays	9/19 to 11/14 (no class September 26)	4:00 – 5:00pm	PHILAM Self Defense
Session 2:			
A: Mondays	1/12 to 3/16 (no class: January 19, February 16)	4:00 – 5:00pm	PHILAM Self Defense
B: Fridays	1/16 to 3/13 (no class: February 20)	4:00 – 5:00pm	PHILAM Self Defense
Fee: Resident: \$95.00 (one day) or \$170.00 (2 days) Nonresident: \$114.00 (one day) or \$204.00 (2 days)			

THE PIGSKIN PRINCESS PROJECT ****NEW****

Laura Bagnarol, Instructor

Program No. **325911-A (6 classes)**

About the program: For **ages 7 to 9**. A football empowerment program for those girls who would rather be on the field than on the sideline. This program introduces girls **ages 7 to 9** to the game of football in a fun and easy-going environment. This contact-free program will teach your daughters how to comfortably throw and catch a football as well as introduce her to different agility drills and exercises. Girls will learn about some of the different field positions and gain a basic understanding of how the game of flag football is played. In addition, the last 20 minutes of the class will have an empowering activity that will explore the world of princesses and female athletes and the characteristics that make them strong. The Pigskin Princess Project is a totally unique program because it utilizes football and a girls' love of princesses as tools for learning about leadership, teamwork, positive self-image and self-esteem.

Day:	Date:	Time:	Location:
Mondays	9/15 to 10/27 (no class October 13)	6:00 – 7:00pm	Chelsea Park

Fee: Resident: \$125.00 Nonresident: \$150.00

TAE KWON DO FOR KIDS

Lorna Groux, Black Belt Instructor

Program No: **322411-A, B Session 1 (8 classes)**

122411-A, B Session 2 (8 classes)

About the program: For **grades K to 1**. Tae Kwon Do is a martial art form which uses leg kicks and punches as its predominant weapons. This class will introduce the students to Tae Kwon Do and will consist of learning forms, breaking boards and

CROSSFIT KIDS

CrossFit Staff, Instructor

Program No: **323211-A Session 1 (8 classes)**

123211-A Session 2 (8 classes)

About the program: For **ages 6 to 11**. Participants will participate in various WOD's designed especially for them. Fast paced and fun, each hour will include: warm up, strength/skill work, a short intense workout and cool down! CrossFit Yorktown is located at 1404 East Main Street in Shrub Oak.

Day:	Date:	Time:	Location:
S1: Mondays	9/22 to 11/17 (no class October 13)	4:00 - 4:30pm	CrossFit Yorktown
S2: Mondays	1/26 to 3/23 (no class February 16)	4:00 – 4:30pm	CrossFit Yorktown
Fee: Resident: \$99.00 Nonresident: \$118.80			

SCULPTOR'S CLAY WORKSHOP ****NEW****

Ginny Oppedisano, Instructor

Program No: **323701-A Session 1 (8 classes)**

123701-A Session 2 (8 classes)

About the program: For students **ages 7 to 11**. Enjoy the fun of making things out of clay. We will create clay creations and then paint them with a shiny colorful finish. Students will be taught the slab and coil method of clay techniques into all kinds of fun creations. **Please Note:** Bring a cardboard/plastic box and paper plates each week to carry projects home. A \$10.00 fee payable to instructor for clay and paint will be due the first week of class.

Day	Date:	Time:	Location:
S1: Mondays	9/15 to 11/10 (no class October 13)	5:00 - 6:00pm	YCCC, CR 1
S2: Mondays	1/12 to 3/16 (no class January 19, February 16)	5:00 – 6:00pm	YCCC, CR 1
Fee: Resident: \$95.00 Nonresident: \$114.00			

FLYING MACHINES **NEW**

Hobby Quest Instructors

Program No: **324901-A (8 classes)**

About the program: For **grades K to 3**. Time to take off! Build, fly and take home your own furious flying machines. Take an exciting trip into the world of aviation as you build your very own aircraft and watch them soar overhead. This innovative program is an engaging and exciting foray into the world of aviation. We tackle a few large models such as UFO. This unusual looking plane sports a wind-up propeller and its round wings resemble a flying saucer, but capable of taking off from the ground like the big jets. We'll also build the SHREK 2, a classic all-wooden glider. This plane is great for performing loops and stunt tricks and launches with its own special slingshot. We'll also explore the world of motorized craft with THE DRAGONFLY, featuring an electric motor and a wide wing span. These and many more models will be built and flown!

Day:	Date:	Time:	Location:
Tuesdays	9/16 to 11/18 (no class November 4, 11)	4:30 – 5:30pm	YCCC Room 104
Fee: Resident:	\$150.00	Nonresident:	\$180.00

WIZARDLY WONDERS **NEW**

Hobby Quest Instructors

Program No: **124601-A (8 classes)**

About the program: For **grades K to 3**. Aspiring young magicians will learn all the tricks of the trade in this fun-filled foray into the wondrous world of magic. We'll learn to perform illustrious illusions such as the ANTI-GRAVITY CARD LEVITATION, where we'll cause a card to rise straight up from our hand with nothing more than a few magic words. We'll also master the art of making things disappear and reappear again with the DISAPPEARING DECK, causing a deck of cards to vanish and return right before our audience eyes. And, in case you like mysteries we'll also solve the "Mystery of the Missing Sock." Using only a sheet of paper you'll make missing socks appear out of nowhere with just the snap of your fingers. Each week you'll learn these and many more fabulous feats of illusion to take home.



Day:	Date:	Time:	Location:
Tuesdays	1/13 to 3/10 (no class February 17)	4:30 – 5:30pm	YCCC Room 104
Fee: Resident:	\$150.00	Nonresident:	\$180.00

CROSSFIT TEENS CrossFit Staff, Instructor

Program No: **325301-A Session 1 (8 classes)**

125301-A Session 1 (8 classes)

About the program: For **ages 12 to 15**. Participants will participate in various WOD's designed especially for them. Fast paced and fun, each hour will include: warm up, strength/skill work, a short intense workout and cool down! CrossFit Yorktown is located at 1404 East Main Street in Shrub Oak.

Day:	Date:	Time:	Location:
S1: Tuesdays	9/23 to 11/25 (no class November 4, 11)	4:00 - 4:30pm	CrossFit Yorktown
S2: Tuesdays	1/27 to 3/24 (no class February 17)	4:00 - 4:30pm	CrossFit Yorktown
Fee: Resident:	\$99.00	Nonresident:	\$118.80

AMERICAN RED CROSS BABYSITTING

Joseph Pepe, Instructor

Program No: **326102-A Session 1 (3 classes)**

126102-A Session 2 (3 classes)

About the program: The purpose of the American Red Cross Babysitting course is to provide individuals **ages 11 to 15** with the information and skills necessary to provide safe and responsible care for children in the absence of parents or adult guardians. This training will help participants develop skills in leadership and professionalism, basic care, safety and safe play, and first aid. Participants will also receive training in infant/child CPR and get a CD ROM with extras from printing business cards to games that can be used with children while babysitting.

Day	Date:	Time:	Location:
S1: Tuesdays	October 14, 21, 28	5:30 - 8:30pm	Sparkle Lake Building
S2: Tuesdays	March 3, 10, 17	5:30 - 8:30pm	Sparkle Lake Building
Fee: Resident:	\$105.00	Nonresident:	\$126.00

ART ATTACK

Ginny Oppedisano, Instructor

Program No: **323303-A Session 1 (8 classes)**

123303-A Session 2 (8 classes)

About the program: For children **ages 6 to 9**: Basic painting and drawing class to promote creative fun for children. They will be proud of their creative projects and learn to interact with their peers. Participants will develop artistic expression and develop painting and drawing techniques in a relaxed and fun environment. The "aspiring artist" will develop his/her artistic skills at one's own pace and have fun interacting with "other artists" in this workshop.

Day	Date:	Time:	Location:
S1: Wednesdays	9/17 to 11/12 (no class September 24)	5:00 - 6:00pm	YCCC, CR 1
S2: Wednesdays	1/14 to 3/11 (no class February 18)	5:00 - 6:00pm	YCCC, CR 1
Fee: Resident:	\$95.00	Nonresident:	\$114.00

LEGO PRE-ENGINEERING ****NEW****

Play-Well Staff

Program No: **324701-A, B (10 classes)**

About the program: For children **grades K to 2**. Please note: children do NOT bring projects home at conclusion of class.

A: SUPER HEROES: Save the world with LEGO Super Heroes. Build the hideouts and vehicles of your favorite caped crusaders and learn what makes them not only Super Heroes, but Super Hero Engineers. An experienced Play-Wee instructor guides young heroes as they design, build and save a city where ingenuity and imagination can solve any conflict.

B: STAR WARS: Young Jedi will explore worlds, far away and engineering principles right in front of them. Defeat the Empire by designing and refining LEGO X-Wings, R2-units and settlements on far-flung edges of the galaxy. Imagination and engineering combine to create motorized and architectural projects such as energy catapults, shield generators and defense turrets.

Day	Date	Time:	Location:
A:	Thursdays 9/18 to 12/4	4:00 - 5:30pm	YCCC Room 104
(no class September 25, November 27)			

B:	Thursdays 1/15 to 3/26	4:00 - 5:30pm	YCCC, Room 104
(no class February 19)			
Fee: Resident:	\$195.00	Nonresident:	\$234.00



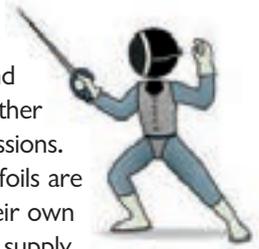
INTRODUCTION TO FENCING (AGES 8 & OVER)

Jim Bernitt, WFC

Program No: **325502-A Session 1 (6 classes)**

125502-A Session 2 (6 classes)

About the program: Instruction includes basic exercises, footwork and mobility, fundamental weapon manipulation and fencing rules. Students work with each other and with the instructor for a total of six sessions. All protective gear (except gloves) and foils are provided. Participants can use either their own leather gloves, borrow from the limited supply available, or purchase their own (from suppliers or through the activity). Instruction is given and gear is supplied under the auspices of Westchester Fencers Club, a member of the United States Fencing Association.



Day	Date	Time:	Location:
S1:	Thursdays 10/2 to 11/6	6:00 - 7:00pm	Sparkle Lake Building
S2:	Thursdays 1/15 to 2/26	6:00 - 7:00pm	Sparkle Lake Building
(no class: February 19)			
Fee: Resident:	\$110.00	Nonresident:	\$132.00

LEGO ENGINEERING ****NEW****

Play-Well Staff

Program No: **324702-A, B (10 classes)**

About the program: For children **grades 3 to 6**. Please note: children do NOT bring projects home at conclusion of class.

A: STAR WARS MASTER: The Force is strong in this class. Build complex machines and structures based on the best designs from a galaxy far, far away. Projects include LEGO X-Wings AT-AT walkers, Pod Racers, Star Destroyers, Cloud Cities, settlements and fortresses. Play-Well's Jedi instructors reinforce key engineering concepts such as gear trains, worm drives, pneumatics, eccentric motion and more as students tap into the powerful forces of imagination and engineering.

B: NINJANEERING MASTER: Master the world of Ninjago by becoming a Ninjaneer. Tame the Ice Dragon, motorize your Blade Cycle, design the Dark Fortress and hone your Spinjitzu battle skills. In this advanced LEGO camp, Ninjaneering masters will learn real world concepts in physics, engineering and architecture, while exploring the fantasy world of Ninjago.

Day	Date	Time:	Location:
A:	Thursdays 9/18 to 12/4	6:00 - 7:30pm	YCCC Room 104
(no class September 25, November 27)			

B:	Thursdays 1/15 to 3/26	6:00 - 7:30pm	YCCC, Room 104
(no class February 19)			
Fee: Resident:	\$195.00	Nonresident:	\$234.00

ROCK BAND

Dan Taber, NWMS

Program No: **323501 - A, B Session 1 (10 classes)**

123501 - A, B Session 2 (10 classes)

About the program: Not only is playing in a band fun, but it teaches one how to work in a group setting. In this class, students will learn basic rock songs and rhythms, explore improvisation, as well as master how to read chord charts. At the conclusion of the class, students will perform on stage to display their newly acquired skills. The beginner class (**ages 6-10**) requires two months of instrumental experience, while the intermediate (**ages 10 and older**) requires the enrolled student to have been playing an instrument or singing for one year or more. Any instrument welcome. Must bring own instrument. Singers welcome. Placement will be determined after a relaxed audition. Practice required for participation. Northern Westchester Music School is located at 2051 Baldwin Rd. (French Hill School) in Yorktown.



Day	Date	Time:	Location:
S1:			
A:	Thursdays 10/2-12/11	4:00-5:00pm (Beg.)	NWMS
B:	Thursdays 10/2-12/11	5:00-6:00pm (Int.)	NWMS
(no class: November 27)			

S2:			
A:	Thursdays 1/15-3/26	4:00-5:00pm (Beg.)	NWMS
B:	Thursdays 1/15-3/26	5:00-6:00pm (Int.)	NWMS
(no class: February 19)			
Fee: Resident:	\$190.00	Nonresident:	\$228.00

SONGWRITING WORKSHOP (all ages)

Dan Taber, NWMS

Program No: **323502 - A Session 1 (10 classes)**

123502 - A Session 2 (10 classes)

About the program: Songwriting has been described as the most magical of musical experiences. It cultivates creativity, problem solving and the sensation of achievement resulting from working towards an accomplishment. This class will include writing lyrics, constructing melodies, and practically applying rhythm, chords, and forms. A recording session resulting in a demo CD to take home and a performance will conclude the program. Two months of musical experience required. Practice required for participation. Must bring own instrument. Singers welcome. Northern Westchester Music School is located at 2051 Baldwin Rd. (French Hill School) in Yorktown.

Day	Date	Time:	Location:
S1: Thursdays	10/2-12/11	6:00-7:00pm	NWMS
	(no class: November 27)		

S2: Thursdays	1/15-3/26	6:00-7:00pm	NWMS
	(no class: February 19)		

Fee: Resident: \$190.00 Nonresident: \$228.00



MODERN MUSICIAN'S LINK to PERFORMANCE SUCCESS

Dan Taber, NWMS

Program No: **323503 -A Session 1 (10 classes)**

123503 -A Session 1 (10 classes)

About the program: Did you ever wonder how to take the musical fundamentals you have learned and transform that into practical ability? What role does music theory play in performance success? This class for **ages 11 and up** will answer those questions by providing an in depth link between what you know and what you need to learn to perform well on stage. We will cover chord construction, reading chord charts, melodic manipulation, practice habits, stage presence, general music theory, and how to foster practical ability. One year musical experience necessary. Must bring own instrument. Singers welcome. Practice required for participation. Northern Westchester Music School is located at 2051 Baldwin Rd. (French Hill School) in Yorktown.

Day	Date	Time:	Location:
S1: Thursdays	10/2-12/11	7:15-8:15pm	NWMS
	(no class: November 27)		

S2: Thursdays	1/15-3/26	7:15-8:15pm	NWMS
	(no class: February 19)		

Fee: Resident: \$190.00 Nonresident: \$228.00

IRISH STEP DANCING FOR BEGINNERS

****NEW****

Lizzy Carlson, Instructor

Program No: **325313-A Session 1 (8 classes)**

125313-A Session 2 (8 classes)

About the program: For **ages 5 and up**. Students will be introduced to the basics of Irish Dance where they will learn to count with the music and will be introduced to basic foot positions, proper technique, seven's, three's and drills. Students will learn Beginner Reel and Light Jig in soft shoe.

Day:	Date:	Time:	Location:
S1: Fridays	9/19 to 11/21	5:00 – 6:00pm	YCCC, CR1
	(no class September 26, October 31)		

S2: Fridays	1/16 to 3/13	5:00 – 6:00pm	YCCC, CR1
	(no class February 20)		

Fee: Resident: \$120.00 Nonresident: \$144.00

FISHING LESSONS

Chris Mantz, Professional Fisherman

Program No: **381211-A, B (4 classes)**

About the program: For children **grades 1 to 5**.

A: Beginner: Learn the basics of fishing including knots, casting, rigging, bait, safety and fish species. Must bring own fishing rod

B: Intermediate: Continuing from the introductory fishing class we will hone our skills and focus on casting accuracy, distance, and certain casting styles for specific situations. We will perfect our simple knot tying techniques (2 knots) and learn how to debarb all hooks and practice catch and release fishing. Each student will have 1-on-1 time during class. Must bring own fishing rod.

Day:	Date:	Time:	Location:
A: Saturdays	9/13 to 10/4	9:00 - 10:00am	Sparkle Lake
B: Saturdays	9/13 to 10/4	10:00 – 11:00am	Sparkle Lake

Fee: Resident: \$50.00 Nonresident: \$60.00

KUNG FU KARATE FOR KIDS

Sifu Nat Costanzo, Instructor

Program No: **325801-A Session 1 (10 classes)**

125801-A Session 2 (10 classes)

About the program: For children **ages 7 to 11**. They will learn Discipline, learn Self-Confidence, will build Awareness, be taught fundamentals of Self-Defense, as well as develop Endurance and Strength. Students will also learn the proper way to stretch, be introduced to Martial Arts basics and will be given demonstrations in hand and sword Katas (forms).

NOTE: This class has no sparring contact.

Day	Date:	Time:	Location:
S1: Saturdays	9/27 to 12/13	10:00 - 11:00am	YCCC, Room 104
	(no class October 4, 11)		

S2: Saturday	1/17 to 3/28	10:00 – 11:00am	YCCC, Room 104
	(no class February 21)		

Fee: Resident: \$80.00 Nonresident: \$96.00

CHES

Sal Catalfamo, Instructor

Program No: **324101-A, B Session 1 (8 classes)**
124101-A, B Session 2 (8 classes)

About the program: For ages **5 and over**.

A: Beginner: Learn how to play the game of Chess, how the pieces move, how they attack and capture each other and how to capture your opponent's king and win the game.

B: Intermediate: Learn how to write down your moves and improve your game. Learn how to understand why your opponent made his/her last move, so you can prevent your opponent from capturing your king and then how you can capture your opponent's.

Day	Date:	Time:	Location:
Session 1:			
A: Saturdays	9/20 to 11/22	10:00 - 11:00am	YCCC, Senior Room
	(no class October 4, 11)		
B: Saturday	9/20 to 11/22	11:00 - 12noon	YCCC Senior Room
	(no class October 4, 11)		

Day	Date:	Time:	Location:
Session 2:			
A: Saturday	1/17 to 3/14	10:00 - 11:00am	YCCC, Senior Room
	(no class February 21)		
B: Saturday	1/17 to 3/14	11:00 - 12noon	YCCC, Senior Room
	(no class February 21)		
Fee: Resident:	\$85.00	Nonresident:	\$102.00

HORSEBACK RIDING I AND II

Zephyr Farm, Instructor

Program No: **325201-A, B (8 classes)**

About the program: Horseback Riding I: This class is for students in **Grades 2 to 8** who have had little or no horseback riding instruction. During this 6 to 8-week course, participants will be introduced to the sport in a fun and safe environment. Classes are run in a lighted, indoor arena. Each class will consist of a 40-minute riding lesson that will teach the basics in balance, position, control and safety, and a 20-minute discussion and/or demonstration. There will be no more than 5 students per class. Each class will be led by an instructor and several aides. Students must wear long pants and heeled shoe boots. Helmets are available for loan.

Horseback Riding II: This class is for students in **Grades 2 to 8** who are able to walk, trot and canter on their own. During the 6 to 8-week course, participants will continue to develop their skills. Classes are run in the time frame as Horseback Riding I. There will be no more than 5 students per class. Zephyr Farm (located at 219 Watermelon Hill Road in Mahopac, NY)

Day:	Date:	Time:	Location:
A: Sundays	9/21 to 11/9	12:00 - 1:00pm	Zephyr Farm
		(Horseback Riding I)	Farm
B: Sundays	9/21 to 11/9	1:00 - 2:00pm	Zephyr Farm
		(Horseback Riding II)	Farm
Fee: Resident:	\$320.00	Nonresident:	\$384.00

CARTOONING

Ginny Oppedisano, Instructor

Program No: **323301-A Session 1 (8 classes)**
123301-A Session 2 (8 classes)

About the program: Children **6 to 10 years** old will learn the basic of creating funny characters, famous characters and making up your own creatures with fun drawing lessons. Learn how to make comic strip art and comic book characters and super heroes. Projects given to participants based on age and skill level.



Day	Date:	Time:	Location:
S1: Saturdays	9/20 to 11/22	9:00 - 10:30am	YCCC, CR1
	(no class October 4, 11)		
S2: Saturdays	1/17 to 3/14	9:00 - 10:30am	YCCC, CR1
	(no class February 21)		
Fee: Resident:	\$95.00	Nonresident:	\$114.00

ACRYLIC PAINTING FOR YOUNG ARTISTS

Ginny Oppedisano, Instructor

Program No: **323401-A Session 1 (8 classes)**
123401-A Session 2 (8 classes)

About the program: Children **7 to 11 years** will learn to make paintings of real scenes they choose themselves from photos, pictures they find and from still life and original drawings. The paintings will surprise the artist who may want to hang them or give them away as gifts. But, most of all, they will have fun creating them. Please Note: Bring canvas panels and paints and photos that interest you.

Day	Date:	Time:	Location:
S1: Saturdays	9/20 to 11/22	10:30 - 12noon	YCCC, CR1
	(no class October 4, 11)		
S2: Saturdays	1/17 to 3/14	10:30 - 12noon	YCCC, CR1
	(no class February 21)		
Fee: Resident:	\$95.00	Nonresident:	\$114.00

SKI or SNOWBOARD LESSONS

Thunder Ridge Ski Area located in Patterson, NY will be offering our residents a value pack of ski or snowboard lessons. The program consists of six (6) 1 1/2 hour group lessons. Lessons are for skiers, first grade and up and snowboarders, third grade and up (**including adults!**).

A separate registration form is needed to enroll in the program which can be obtained by calling 245-4650 or visiting the Yorktown Recreation Department website

www.yorktownny.org/parksandrecreation.

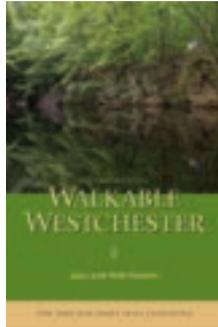
Date: At time of publication dates and times are undetermined. Please call recreation office or check on the town website for details.

ADULT PROGRAMS

MEET THE AUTHORS OF WALKABLE WESTCHESTER

Program No: **381101- A**

About the program: The former quarries at the Sylvan Park Preserve supplied granite for the approaches to the George Washington and Whitestone bridges. Join Walt and Jane Daniels a 2.5 mile hike through the park. Visit quarries and the eighteen foot circumference Quarry Oak. The trails traverse a variety of terrain, from steep climbs and descents to gentle woods roads. Bring a camera, wear comfortable shoes (no sandals), bring water and a snack. Walk will occur regardless of the weather.



Day:	Date:	Time:
Sunday	November 2	2:00 - 4:30pm
Location:	Stony Street Parking Lot (near Granite Knolls)	
Fee:	Free	

AFTER WORK CORE FUSION WORK-OUT

Lori Barr, Instructor

Program No: **331201-A, B, C Session 1 (8/16 classes)**

131201-A, B, C Session 2 (8/16 classes)

About the program: Come early...WORKOUT with Lori and still have an evening to enjoy! Lori guarantees she will get you in the shape you want with this core fusion workout. One sizzling half hour of low impact aerobics combined with effective exercises for fat burning in the areas that need it most. Make new friends and join Lori for an early evening of great exercise preparing you for the spring!



Day:	Date:	Time:	Location:
Session 1:			
A: Mondays	9/15 to 11/10 (no class: October 13)	6:30 - 7:30pm	Sparkle Lake Building
B: Wednesdays	9/17 to 11/12 (no class September 24)	6:30 - 7:30pm	Sparkle Lake Building
C: Mondays & Wednesdays	9/15 to 11/12 (no class September 24, October 13)	6:30 - 7:30pm	Sparkle Lake Building
Session 2:			
A: Mondays	1/12 to 3/16 (no class January 19, February 16)	6:30 - 7:30pm	Sparkle Lake Building
B: Wednesdays	1/14 to 3/11 (no class February 18)	6:30 - 7:30pm	Sparkle Lake Building
C: Mondays & Wednesdays	1/12 to 3/16 (no class January 19, February 16, 18)	6:30 - 7:30pm	Sparkle Lake Building
Fee: Resident: \$104.00 (one day) \$198.00 (two days)			
Nonresident: \$124.80 (one day) \$237.60 (two day)			

FREE THE BODY FROM THE PAST WITH REPATTERNING MOVEMENT CLASS (RPM)

Sim Wong, Instructor

Program No: **336301-A, B Session 1 (5 classes)**
136301-A, B Session 2 (5 classes)

About the program: Learn how to free the body from somatic and behavioral patterns created by early experiences. To move well and feel better quickly. Eliminate unnecessary stress and pain, improve breathing, posture and mobility, feel younger and more flexible through gentle movements anyone can do. Amazingly helpful for back problems, joint problems and chronic pain. Pleasurable awareness of body and deep relaxation promote ongoing stress management. Participants will require an exercise mat. Experience the Fortinberry-Murray Method of Somatic & Evolutionary Psychology, taught at major universities in the U.S and Australia.

Day:	Date:	Time:	Location:
Session 1:			
A: Mondays	9/15 to 10/20 (no class October 13)	7:30 - 8:30pm	YCCC, CR 1
B: Mondays	11/3 to 12/1	7:30 - 8:30pm	YCCC, CR 1
Session 2:			
A: Mondays	1/5 to 2/9 (no class January 19)	7:30 - 8:30pm	YCCC, CR 1
B: Mondays	2/23 to 3/23	7:30 - 8:30pm	YCCC, CR 1
Fee: Resident: \$85.00 Nonresident: \$102.00			

BELLY DANCE FIT

Gina Bergamini, Instructor

Program No: **332203-A Session 1 (8 classes)**
132203-A Session 2 (8 classes)

About the program: Belly dance is undergoing a surge in popularity all over as this great workout appeals to everyone. Exciting Bollywood music helps you shake and shimmy your way to fitness. Relax your mind and nurture your soul as the energy burns the calories. Veils provided for use at the first class. Become a mysterious and glamorous woman!



Day:	Date:	Time:	Location:
S1: Mondays	9/15 to 11/10 (no class October 13)	7:45 - 8:45pm	Sparkle Lake Building
S2: Mondays	1/12 to 3/16 (no class January 19, February 16)	7:45 - 8:45pm	Sparkle Lake Building
Fee: Resident: \$104.00 Nonresident: \$124.80			

GENTLE FLOOR YOGA

Sandra Bernstein, Fall Instructor

Sharon Cohen, Winter Instructor

Program No: **336401-A Session 1 (8 classes)**

136401-A Session 2 (8 classes)

About the program: At all ages and in all conditions, yoga can help you relax and improve your sense of well being. This program is moderately paced with instruction in form, alignment, basic flow and breathing techniques using props and chairs as well as the floor and walls. Develop a personal practice finding strength, stamina and flexibility. New “yogis” are welcome. Please bring a yoga mat and a small towel or pillow.



Day:	Date:	Time:	Location:
S1: Tuesdays	9/16 to 11/18 (no class November 4, 11)	1:15 - 2:30pm	YCCC, Room 104
S2: Tuesdays	1/13 to 3/10 (no class February 17)	1:15 - 2:30pm	YCCC, Room 104
Fee: Resident: \$90.00		Nonresident: \$108.00	

20/20/20 WORKOUT

Michelle Saccurato, Instructor

Program No: **331101-A, B, C Session 1 (8 classes)**

131101-A, B, C Session 2 (8 classes)

About the program: Combine 20 minutes of aerobics, 20 minutes of weights and 20 minutes of core strength to get the most effective workout. Lose weight, tone and firm. Sweat, slim down, lose inches and feel terrific. **Please Note:** Bring weights, a mat and water.



Day:	Date:	Time:	Location:
Session 1:			
A: Tuesdays	9/16 to 11/18 (no class November 4, 11)	9:00 - 10:00am	Sparkle Lake Building
B: Tuesdays	9/16 to 11/18 (no class November 4, 11)	6:30 - 7:30pm	YCCC, gym
C: Thursdays	9/18 to 11/13 (no class September 25)	9:00 - 10:00am	Sparkle Lake Building
Session 2:			
A: Tuesdays	1/13 to 3/10 (no class February 17)	9:00 - 10:00am	Sparkle Lake Building
B: Tuesdays	1/13 to 3/10 (no class February 17)	6:30 - 7:30pm	Crompond ES
C: Thursdays	1/15 to 3/12 (no class February 19)	9:00 - 10:00am	Sparkle Lake Building
Fee: S1: Resident: \$104.00		Nonresident: \$124.80	
S2: Resident: \$104.00		Nonresident: \$124.80	

PILATES MAT

Jennifer Longobardi, Instructor

Program No: **331604-A Session 1 (8 classes)**

131604-A Session 2 (8 classes)

About the program: Class centers around floor exercises where students use their own resistance through a series of exercises ranging from beginner to advanced. Through this great workout, increase your strength and balance while releasing tension in your body. Improves posture and alignment and can decrease those aches and pains in your back!



Day:	Date:	Time:	Location:
S1: Tuesdays	9/16 to 11/18 (no class November 4, 11)	6:00 - 7:00pm	YCCC, Room 104
S2: Tuesdays	1/13 to 3/10 (no class February 17)	6:00 - 7:00pm	YCCC, Room 104
Fee: Resident: \$96.00		Nonresident: \$115.20	

ZUMBA!

Pam McKenna (Tuesdays)/Eileen Torres (Thursdays)

Program No: **331301-A, B, C Session 1 (8/16 classes)**

131301-A, B, C Session 2 (8/16 classes)

About the program: Zumba is the feel happy, lose yourself into the music routine that is great for the body and mind. It is fun and easy, yet very effective as you “dance” away the pounds! Latin rhythms and upbeat salsa music keep this workout new and exciting. The routines are simple! You will love the results, the workout, and feel fantastic.



Day:	Date:	Time:	Location:
Session 1:			
A: Tuesdays	9/16 to 11/18 (no class November 4, 11)	7:30 - 8:30pm	YCCC gym
B: Thursdays	9/18 to 11/13 (no class September 25)	7:30 - 8:30pm	YCCC gym
C: Tuesdays & Thursdays	9/16 to 11/18 (no class September 25, November 4, 11)	7:30 - 8:30pm	YCCC gym
Session 2:			
A: Tuesdays	1/13 to 3/10 (no class February 17)	7:30 - 8:30pm	Crompond ES
B: Thursdays	1/15 to 3/12 (no class February 19)	7:30 - 8:30pm	Crompond ES
C: Tuesdays & Thursdays	1/13 to 3/12 (no class February 17, 19)	7:30 - 8:30pm	
Fee: Resident: \$104.00 (one day)		\$198.00 (two days)	
Nonresident: \$124.80 (one day)		\$237.60 (two days)	

CO-ED VOLLEYBALL

Christine Heitman, Instructor

Program No: **337101-A**

About the program: Volleyball pick-up games.

Day:	Date:	Time:	Location:
Tuesdays	11/18 to 4/28	8:00 - 10:00pm	MSEMS gym (no class December 23, 30, February 17, March 31)
Fee: Resident: \$70.00		Nonresident: \$84.00	

INTRODUCTION TO PEN, INK & WATER COLORED PENCILS

Judika Lieberman, Instructor

Program No: **334201-A (8 classes)**

About the program: Discover a Black and White approach to your art with a hint of color. You will learn to see in positive and negative spaces. Can you picture the world in Black and White? Explore the beauty of pen and ink



drawing. Create dramatic results: abstracts, designs, figurative or realistic. Learn to use a crow quill, micron pens and water-colored pencils. Various techniques will be demonstrated and taught. Minimum supplies needed to create dramatic results.

Day:	Date:	Time:	Location:
Wednesdays	9/17 to 11/5	10:00 - 11:30am	YCCC, Room 104
Fee: Resident: \$95.00		Nonresident: \$114.00	

ACRYLIC PAINTING

Judika Lieberman, Instructor

Program No: **334701-A (8 classes)**

About the program: You can begin OR explore painting with acrylics. This is a fun, relaxed class with inspirational music in the background to inspire your creativity. Instruction will include mixing colors, using additives and the application of paint with different tools to achieve dramatic effects. Bring any supplies you have and a materials list will be provided upon registration.



Day:	Date:	Time:	Location:
Wednesdays	1/14 to 3/11	10:00am - 12noon	YCCC, CR1 (no class February 18)
Fee: Resident: \$120.00		Nonresident: \$144.00	

KUNG-FU: CHINESE KENPO (Ages 12 and over)

Sifu Nat Costanzo, 8th Teng

Program No: **335501-A (10 classes)**
135501-A (10 classes)

About the program: Class is open to all beginners, as well as those who have had experience in any martial art. Learn how to defend yourself by learning the ancient secrets of Shaolin. This course will consist of 3 sessions that began in the fall of 2014 and runs through June 2015. Students can join any session. Those qualifying will earn a belt at a promotion ceremony in June 2015.

Basic self-defense stances, blocks, hand weapons and techniques are taught as well as simple to intermediate Katas (forms). Stretch, tone and condition your body and be provided with a challenging workout. **Note: This class has sparring. Beginners and advanced students can join at any session.**

Sparring equipment can be purchased through the instructor separately. T-shirts are also available. A \$15.00 Promotion & Belt fee will be payable to instructor separately in June 2015.

Day:	Date:	Time:	Location:
S1: Wednesdays	9/17 to 12/3	6:30 - 7:30pm	YCCC, (no class Sept 24, Nov 26) Nutrition Room
S2: Wednesdays	1/14 to 3/25	6:30 - 7:30pm	YCCC, (no class February 18) Nutrition Room
Fee: Resident: \$80.00		Nonresident: \$96.00	

TAI CHI AND CHI KUNG (Ages 13 and over)

Sifu Nat Costanzo, 8th Teng

About the program: Tai Chi is a low impact workout designed to increase your mental and physical energy. The short form will be taught, as well as Chi Kung exercises and stretching to improve one's flexibility, balance



and coordination. Chang Style Tai Chi will help you achieve total harmony of body, mind and spirit. The slow rhythmic movements of Tai Chi will tone muscles, improve overall fitness and endurance, will increase your strength and is also very beneficial in stress reduction and mind relaxation. **Please Note:** This program has been an ongoing program that began in the fall and runs 3 sessions. **Beginners and advanced students can join at any session.**

Beginner I:

Program No: **336601-A Session 1 (10 classes)**
136601-A Session 2 (10 classes)

Day:	Date:	Time:	Location:
S1: Wednesdays	9/17 to 12/3	7:30 - 8:30pm	YCCC, (no class Sept 24, Nov 26) Nutrition Room
S2: Wednesdays	1/14 to 3/25	7:30 - 8:30pm	YCCC, (no class February 18) Nutrition Room
Fee: Resident: \$80.00		Nonresident: \$96.00	

OR

Beginner II: (Previously attended) Beginner I will be dismissed at 8:30pm and Beginner II will continue for an additional 15 minutes.

Program No: **336621-A Session 1 (10 classes)**
136621-A Session 2 (10 classes)

Day:	Date:	Time:	Location:
S1: Wednesdays	9/17 to 12/3	7:30 - 8:45pm	YCCC, (no class Sept 24, Nov 26) Nutrition Room
S2: Wednesdays	1/14 to 3/25	7:30 - 8:45pm	YCCC (no class February 18) Nutrition Room
Fee: Resident: \$85.00		Nonresident: \$102.00	

HATHA YOGA Eva Brenish, Instructor
 Program No: **336501-A Session 1 (8 classes)**
136501-A Session 2 (8 classes)

About the program: With this practice of Ha-Tha (Sun-Moon) yoga, we allow asana (postures) to reveal our inner strengths and increase flexibility. Folding and unfolding like the bud of a flower or a bird in flight. Create balance by tuning into breath; the teacher that is right under our noses. Instructor: Eva has 15 years of experience and is certified in Kripalu and Iyengar styles. She is a NYS licensed massage therapist, and Thai yoga practitioner. Eva weaves Eastern Philosophy with Western Anatomy honoring ancient traditions with creative flow.

Day:	Date:	Time:	Location:
S1: Wednesdays	9/17 to 11/5	6:30 - 7:45pm	YCCC, Room 104
S2: Wednesdays	1/14 to 3/11 (no class February 18)	6:30 - 7:45pm	YCCC, Room 104
Fee: Resident: \$128.00		Nonresident: \$153.60	

LONGEVITY QI GONG/TAI CHI

Soo D’Agnese, Instructor
 Program No: **334301-A Session 1 (8 classes)**
134301-A Session 2 (8 classes)

About the program: Qi (energy), gong (practice) is gentle and easy to follow regardless of age and is the mother of most other styles such as Kung fu, Tai Chi etc. It is described as” Meditation in motion” by Harvard Medical Review. Dr. Oz, when asked by Oprah out of all the health practices that one could do, what was the one practice that he would choose and recommend people practice to stay healthy. His response: “If you want to be healthy and live to 100, do Qigong.” He added that Qigong reverses the aging process. Over 6,000 form of qigong exist, but we will focus on one of the most health enhancing form: 8 Pieces of Treasure to unify your mind body and spirit. For teens and adults – this class can be beneficial for family members to do together.

Day:	Date:	Time:	Location:
S1: Thursdays	9/18 to 11/13 (no class September 25)	11:00am - 12noon	YCCC, Room 104
S2: Thursdays	1/15 to 3/12 (no class February 19)	11:00am - 12noon	YCCC, Room 104
Fee: Resident: \$85.00		Nonresident: \$102.00	



MEDITATION Soo D’Agnese, Instructor
 Program No: **334302-A Session 1 (8 classes)**
134302-A Session 2 (8 classes)

About the program: Not your average meditation class that just focuses mainly on mind and body relaxation. This class also supports your spiritual development. When you truly unify mind, body and spirit, then your stress level will naturally decrease along with any physical discomfort. Your mind will be crystal clear to reveal its wisdom and beneficial insights. Your spirit will feel connected and secure, allowing greatness to come through you. Simple and effective meditations will be shown to empower you to carry over into your daily life. Some comments from past students include: “Like taking a vacation in the middle of the week”; “My lower back discomfort is gone”; “Practical and useful like no other classes. . .” For teens and adults – this class can be beneficial for family members to do together.



Day:	Date:	Time:	Location:
S1: Thursdays	9/18 to 11/13 (no class September 25)	12:15 – 1:15pm	YCCC, Room 104
S2: Thursdays	1/15 to 3/12 (no class February 19)	12:15 – 1:15pm	YCCC, Room 104
Fee: Resident: \$85.00		Nonresident: \$102.00	

HAPPY RAINBOW TAI CHI FAN

Soo D’Agnese, Instructor
 Program No: **323201-A Session 1 (8 classes)**
123201-A Session 2 (8 classes)

About the program: With effortless grace, you can glide and guide your life forces harmoniously within and out, rewiring your brains to establish long term wellness habits. Most school sports may tear down joints and muscles, qigong/tai chi is one of the few that strengthens and repairs. A fun focus for all ages, the fan is also an enticing tool for all to practice daily with joy. Besides being exquisitely beautiful, like poetry in motions, it is loaded with practical health, virtuous and mental benefits: deep calmness, better sleep, greater body awareness etc. Not just a pretty form, this routine is also perfect for teens as well as adults. Minor fee for fans may applied paid to instructor.

Day:	Date:	Time:	Location:
S1: Thursdays	9/18 to 11/13 (no class September 25)	1:30 – 2:30pm	YCCC, Room 104
S2: Thursdays	1/15 to 3/12 (no class February 19)	1:30 – 2:30pm	YCCC, Room 104
Fee: Resident: \$85.00		Nonresident: \$102.00	

CAKE DECORATING 101 La Cakes LLC

Program No: **338403-A**

About the program: You will learn and create 5 beautiful flowers out of fondant and gum paste. These flowers and design will inspire your creativity for special occasions or holidays. **Supply list to be provided at registration. In addition a fee of \$10.00 payable to the instructor will**



be due at the first class for the gum paste and fondant.

Day:	Date:	Time:	Location:
Thursday	10/16 & 10/23	10:15am - 1:15pm	Sparkle Lake Building

Fee: Resident: \$90.00	Nonresident: \$108.00
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INTRODUCTION TO FENCING Jim Bernitt, WFC

Program No: **335502-A Session 1 (6 classes)**

135502-A Session 2 (6 classes)

About the program: An introduction to the sport that will last you a lifetime. Instruction includes basic exercises, footwork and mobility, fundamental weapon manipulation and fencing rules. Students work with each other and with the instructor for a total of six sessions. All protective gear (except gloves) and foils are provided. Participants can use either their own leather gloves, borrow from the limited supply available, or purchase their own (from suppliers or through the activity). Instruction is given and gear is supplied under the auspices of Westchester Fencers Club, a member of the United States Fencing Association. The Hat Factory is located at 1000 N. Division St., Peekskill, Suite 26.

Day:	Date:	Time:	Location:
S1: Thursdays	10/2 to 11/6	7:45 – 8:45pm	Hat Factory
S2: Thursdays	1/15 to 2/26	7:45 – 8:45pm	Hat Factory

(no class February 19)

Fee: Resident: \$120.00	Nonresident: \$144.00
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PAINTING IN OIL OR ACRYLICS

Jeanne Demotses, Instructor

Program No: **334601-A Session 1 (10 classes)**

134601-A Session 2 (10 classes)

About the program: For students of all levels of experience. This course will cover both still life and photographic sources and focus on composition as well as the use and care of materials. Demonstrations will be given on various painting techniques. Critiques will be given in a non-threatening atmosphere. If you have always wanted to learn to paint in oils or acrylics, or if you want to bring your painting skills to the next level, this class is for you.

Day:	Date:	Time:	Location:
S1: Saturdays	9/20 to 11/29	9:00 - 12noon	Sparkle Lake Building
	(no class October 4)		
S2: Saturdays	1/17 to 3/28	9:00 - 12noon	Sparkle Lake Building
	(no class February 21)		

Fee: Resident: \$120.00	Nonresident: \$144.00
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DEFENSIVE DRIVING COURSE

Bob Fogel, Instructor

Program No: **338101-A**

About the program: National Safety Council's Defensive Driving course will save you 10% on insurance liability and collision premiums for 3 years (discount applies to all vehicles you are listed as principal operator), and a reduction up to 4 points will be reduced from your driving record for violations received 18 months prior to course completion. This is a 6-hour classroom course approved by the New York State Department of Motor Vehicles. No testing requirements. Bring to class your driver's license and a pen or pencil.

Day:	Date:	Time:	Location:
Saturday	10/4	9:00am – 3:30pm	YCCC, Senior Room

Fee: Resident: \$50.00	Nonresident: \$60.00
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HORSEBACK RIDING FOR ADULTS

Zephyr Farm, Instructor

Program No: **335201-A (8 classes)**

About the program: This class is for students **ages 15 and older**, who have had little or no horseback riding instruction. During this 6 to 8-week course, participants will be introduced to the sport in a fun and safe environment. Classes are run in a lighted, indoor arena. Each class will consist of a 40-minute riding lesson that will teach the basics in balance, position, control and safety, and a 20-minute discussion and/or demonstration. There will be no more than 5 students per class. Each class will be led by an instructor and several aides. Students must wear long pants and heeled shoe boots. Helmets are available for loan. Located: Zephyr Farm (located at 219 Watermelon Hill Road in Mahopac, NY)

Day:	Date:	Time:	Location:
Sundays	9/21 to 11/9	2:00 - 3:00pm	Zephyr Farm

Fee: Resident: \$320.00 Nonresident: \$384.00

SKI or SNOWBOARD LESSONS

Thunder Ridge Ski Area located in Patterson, NY will be offering our residents a value pack of ski or snowboard lessons. The program consists of six (6) 1 1/2hour group lessons. Participants can choose from the following days and times:

Lessons are for skiers, first grade and up and snowboarders, third grade and up **(including adults!)**.

A separate registration form is needed to enroll in the program which can be obtained by calling 245-4650 or visiting the Yorktown Recreation Department website

www.yorktownny.org/parksandrecreation.

Date: At time of publication dates and times are undetermined. Please call recreation office or check on the town website for details.

SENIOR CITIZEN PROGRAMS

SENIOR PAINTING

Kathy Pasquale, Instructor

Program No: **338301-A Session 1 (10 classes)**

138301-A Session 2 (10 classes)

Registration: **Must sign up at the Recreation Office beginning September 3. If you have never registered with us, please provide proofs of residency. Space is limited, so please sign up early.**



About the program: Enjoy an hour of “not thinking, just painting at our Senior Center.” “The making and sharing of art images stimulates caring and support from group members and a safe and natural form of communication.” Dabble in several art media from acrylics to watercolors, along with several art genre.

Day:	Date:	Time:	Location:
S1: Mondays	9/15 to 11/24	9:00 - 10:00am	YCCC, CR1 (no program October 13)
S2: Mondays	1/12 to 3/30	9:00 - 10:00am	YCCC, CR1 (no class January 19, February 16)

Fee: Resident: \$10.00 Nonresident: \$30.00

CHAIR YOGA

Sandra Bernstein, Fall Instructor

Sharon Cohen, Winter Instructor

Program No: **336404-A Session 1 (10 classes)**

136404-A Session 2 (10 classes)

Registration: **Must sign up at the Recreation Office beginning September 3. If you have never registered with us, please provide proofs of residency. Space is limited, so please sign up early.**

About the program: Gentle chair yoga is for seniors who may have difficulty getting up and down from the floor or have some physical limitations which prevent sitting on the floor or standing without help. Every session includes warm-up techniques, breathing practices, gentle stretching and flexibility movements, meditation and concludes with deep relaxation in the chair.



Day:	Date:	Time:	Location:
S1: Tuesdays	9/16 to 12/2	12noon - 1:00pm	YCCC, gym (no class November 4, 11)
S2: Tuesdays	1/13 to 3/17	12noon - 1:00pm	YCCC, gym

Fee: Resident: No fee Nonresident: \$30.00

SENIOR CITIZENS LINE DANCE & EXERCISE

Cameron Kelly, Instructor

Program No: **332501-A Session 1 (10 classes)**

132501-A Session 2 (10 classes)

About the program: Line dancing with some fitness exercise.

Registration: **Participants must sign up at the Recreation Office beginning September 3. If you have never registered with us, please provide proofs of residency.**

Day:	Date:	Time:	Location:
S1: Fridays	9/12 to 11/21	10:45 - 11:45am	YCCC, gym (no class September 26)
S2: Fridays	1/16 to 3/20	10:45 - 11:45am	YCCC, gym

Fee: Resident: No fee Nonresident: \$30.00

SENIOR LINE DANCING

Betty Boot, Instructor

Program No: **132201-A**

About the program: Come and join Betty Boot in some fun County-Western Line dancing steps.

Registration: **Participants must sign up at the Recreation Office beginning September 3. If you have never registered with us, please provide proofs of residency.**

Day:	Date:	Time:	Location:
1 st and 3 rd Wednesdays	9/3 to 3/18	12noon - 1:00pm	YCCC, gym

Fee: Resident: No fee Nonresident: \$30.00

ADDITIONAL PROGRAM OPPORTUNITIES FOR SENIORS

The following programs are available to the senior population of Yorktown on a drop-in basis at the Yorktown Community & Cultural Center. No registration is necessary. For additional information please call 962-7447. **Sites are subject to change.**

- **Knitters Club** – Tuesdays from 10:00am to 12noon in Room 104
- **Mah Jong** – Tuesdays from 10:00am to 12noon – Room CR1
- **Bridge Club** – Wednesdays from 1:00pm to 4:00pm –Senior Room
- **Card Games & Bingo** – Monday thru Friday from 10:00am to 12noon – Nutrition Room.
- **Billiards** – a pool table for open play is available in the Nutrition Center between 8:30am to 3:00pm. Participants should call 962-7447 for daily availability.
- **Pickleball** – Use courts at Blackberry Woods.

COMPUTER LAB at Yorktown Community and Cultural Center

Open Computer Lab is available for seniors on a first come, first served basis on Wednesdays and Fridays between the hours of 1:00 and 3:00pm in Community Room 1 at the Yorktown Community & Cultural Center.



SENIOR CITIZEN CLUBS

All clubs (except St. Patrick's Seniors & AARP) meet at the Yorktown Community & Cultural Center Senior Room

Yorktown Chapter I

Meetings: Tuesdays - 10:00am to 2:00pm
 President: Rhoda Sussman - 245-0641

Yorktown Chapter II

Meetings: Thursdays - 10:00am to 2:00pm
 President: Frank Adler - 245-6214

Shrub Oak Seniors

Meetings: Mondays - 10:00am to 1:00pm
 President: Lee Kull - 245-9277

New Horizons

Meetings: Wednesdays (1st, 3rd & 4th) -
 10:00am to 1:00pm
 President: Connie Verrino - 962-3072

AARP - The American Association of Retired Persons

Meetings: Wednesday (2nd) - 1:30pm
 in Nutrition Room
 President: Christina Fox - 302-6766

St. Patrick's Seniors

Meetings: Tuesday (3rd) - 10:00am
 in Parish Center
 President: Carol Manse - 245-2953

Jefferson Village Travel Club

Trip Coordinator: Winny Zahensky - 245-3197

SENIOR NEWSLETTER

The Senior Newsletter is a bi-monthly circular pertaining to Senior Citizens' activities and special events calendars, along with timely articles of interest to Yorktown seniors. If you would like to submit any articles or information to the newsletter, please call the Recreation Office at 245-4650.



NUTRITION CENTER

Mary De Silva, Director
 The Yorktown Senior Nutrition Center is open five days a week. A hot, nutritious lunch is served at 12 Noon and transportation is provided. There is a suggested contribution. For more information, please call 962-7447 between the hours of 8:30am and 2:30pm, Monday to Friday.



SENIOR CITIZEN'S MEDICAL TRANSPORTATION

The Town of Yorktown has a medical transportation program for doctor visits within the Town of Yorktown. This program is offered weekdays from 9:30am to 1:30pm for a nominal fee to senior citizens who are residents of the Town. If you are a PARATRANSIT user, please continue to use their service. The Town's transportation is for seniors who have no other means of getting to their doctors. **At least one week advanced reservation is required. For more information, call 962-7447.**





FIND A MISTAKE?

It is our policy to include something for everybody. Since some people like to find errors, we regularly include a few in our brochure to meet this need.

TENNIS

YOUTH TENNIS INSTRUCTION

Solaris Sports Club

About the program: If you are just starting or want to develop your skills, these classes will introduce the fundamental stroke patterns, basic rules and sportsmanship. Quickstart Tennis (ages 5-10) is a new format to help kids learn to play tennis. To make it easier we have changed the court sizes, racquet sizes, nets and balls to help children start playing tennis almost immediately. Non-marking rubber soled shoes required. Loaner racquets are available.



Day: **Date:** **Time:** **Location:**

Session 1:

Program No: **342701-A, B, C, D (7 classes)** Solaris Sports Club

A: Saturdays 9/20 to 11/1 9:00 - 10:00am (ages 5, 6)
B: Saturdays 9/20 to 11/1 10:00 - 11:00am (ages 7 & 8)
C: Saturdays 9/20 to 11/1 11:00 - 12noon (ages 9 & 10)
D: Saturdays 9/20 to 11/1 12:00 - 1:00pm (ages 11 & up)
 Fee: Resident: \$189.00 Nonresident: \$226.80

Session 2:

Program No: **342702-A, B, C, D (7 classes)** Solaris Sports Club

A: Saturdays 11/8 to 12/20 9:00 - 10:00am (ages 5, 6)
B: Saturdays 11/8 to 12/20 10:00 - 11:00am (ages 7 & 8)
C: Saturdays 11/18 to 12/20 11:00 - 12noon (ages 9 & 10)
D: Saturdays 11/18 to 12/20 12:00 - 1:00pm (ages 11 & up)
 Fee: Resident: \$189.00 Nonresident: \$226.80

Session 3:

Program No: **142701-A, B, C, D (7 classes)** Solaris Sports Club

A: Saturdays 1/10 to 2/28 9:00 - 10:00am (ages 5, 6)
B: Saturdays 1/10 to 2/28 10:00 - 11:00am (ages 7 & 8)
C: Saturdays 1/10 to 2/28 11:00 - 12noon (ages 9 & 10)
D: Saturdays 1/10 to 2/28 12:00 - 1:00pm (ages 11 & up)
 (no class on February 21)
 Fee: Resident: \$189.00 Nonresident: \$226.80

Session 4:

Program No: **142702-A, B, C, D (7 classes)** Solaris Sports Club

A: Saturdays 3/7 to 4/25 9:00 - 10:00am (ages 5, 6)
B: Saturdays 3/7 to 4/25 10:00 - 11:00am (ages 7 & 8)
C: Saturdays 3/7 to 4/25 11:00 - 12noon (ages 9 & 10)
D: Saturdays 3/7 to 4/25 12:00 - 1:00pm (ages 11 & up)
 (no class April 4)
 Fee: Resident: \$189.00 Nonresident: \$226.80

ADULT TENNIS INSTRUCTION

Solaris Sports Club

About the program: A variety of options, **Tennis 101** covers the fundamentals and basic rules of tennis. **Tennis 202** introduces players to placement, shot selection, and strategy. **Tennis 303** provides the more experienced player with drills and match play while exploring advanced tactics. Loaner racquets are available. Non-marking rubber soled shoes are necessary.



Day: **Date:** **Time:** **Location:**

Session 1:

Program No: **344101-A, B, C, D (7 classes)** Solaris Sports Club

A: Thursdays 9/18 to 10/30 6:00 - 7:00pm (**Tennis 101**)
B: Thursdays 9/18 to 10/30 7:00 - 8:30pm (**Tennis 202**)
C: Sundays 9/21 to 11/2 9:30 - 10:30am (**Tennis 101**)
D: Sundays 9/21 to 11/2 10:30 - 12:noon (**Tennis 303**)
 Fee: (**1 hr class**) Resident: \$189.00 Nonresident: \$226.80
 (**1 1/2 hr class**) Resident \$210.00 Nonresident: \$252.00

Session 2:

Program No: **344102-A, B, C, D (6 classes)** Solaris Sports Club

A: Thursdays 11/6 to 12/18 6:00 - 7:00pm (**Tennis 101**)
B: Thursdays 11/6 to 12/18 7:00 - 8:30pm (**Tennis 202**)
C: Sundays 11/9 to 12/14 9:30 - 10:30am (**Tennis 101**)
D: Sundays 11/9 to 12/14 10:30 - 12noon (**Tennis 303**)
 Fee: (**1 hr class**) Resident: \$189.00 Nonresident: \$226.80
 (**1 1/2 hr class**) Resident \$210.00 Nonresident: \$252.00

Session 3:

Program No: **144101-A, B, C, D (7 classes)** Solaris Sports Club

A: Thursdays 1/15 to 3/5 6:00 - 7:00pm (**Tennis 101**)
B: Thursdays 1/15 to 3/5 7:00 - 8:30pm (**Tennis 202**)
 (no class for **A & B** February 19)
C: Sundays 1/11 to 3/1 9:30 - 10:30am (**Tennis 101**)
D: Sundays 1/11 to 3/1 10:30 - 12noon (**Tennis 303**)
 (no class for **C & D** February 15)

Fee: (**1 hr class**) Resident: \$189.00 Nonresident: \$226.80
 (**1 1/2 hr class**) Resident \$210.00 Nonresident: \$252.00

Session 4:

A: Thursdays 3/12 to 4/30 6:00 - 7:00pm (**Tennis 101**)
B: Thursdays 3/12 to 4/30 7:00 - 8:30pm (**Tennis 202**)
 (no class for **A & B** April 2)
C: Sundays 3/8 to 4/26 9:30 - 10:30am (**Tennis 101**)
D: Sundays 3/8 to 4/26 10:30 - 12 noon (**Tennis 303**)
 (no class for **C & D** April 5)

Fee: (**1 hr class**) Resident: \$189.00 Nonresident: \$226.80
 (**1 1/2 hr class**) Resident \$210.00 Nonresident: \$252.00

AQUATIC PROGRAMS

LEARN TO SWIM!

Program No: **311101-A, B, C, D:**

Dates: September 20 – November 22 (Session 1)
(no program October 11)

Program No: **111101-A, B, C, D:**

Dates: March 7 – May 16 (Session 2)
(no program March 28, April 4)

Eligibility: **For Grades K to 6th.**

About the program: Learning to swim promotes confidence, water awareness, and is great for overall health. Lessons will occupy the diving well and part of the lap lanes. This is an introduction to Water, Beginner, Advanced Beginner, Intermediate and Swimmer according to Red Cross classifications (Level 1, 2, 3, 4).

Class Times: Each participant will be assigned to a 30-minute class between 9:00am and 11:30am according to his/her ability after testing on the first day.

A: Grades K and 1

B: Grades 2 and 3

C: Grades 3 and 4

D: Grades 5 and 6

Day:	Dates:	Time:	Location:
Saturday	See Above	9:00 - 11:30am	S1: Lakeland Copper Beech MS

Testing:	Dates:	Time:	Location:
	September 20 (Session 1)		S2: TBD
	March 7 (Session 2)		
	Testing is from 9:00 to 11:00am		

Fee: Resident: \$90.00 Nonresident: \$108.00

YORKTOWN SWIM & DIVE TEAM

Brian J. Slavin Aquatic Facility

Program begins at the end of June. All practice sessions are Monday thru Friday emphasizing quality stroke development and competitive diving instruction.

Regular Swim Practice Schedule

Dive Team – 7-8:30am

11 & older swimmers – 8-9:30am

10 & under swimmers – 9:30-10:30am

Registration: Log on to: www.yorktownny.org/ and go to Parks & Recreation page to download the YSDT registration form. Spirit wear and swimsuits will be available for purchase at the **walk in registration held at the Sparkle Lake Service Building on May 16, 2015 from 1-4pm.** Team Swimsuits will be on sale at in person registration or call Metro Swim Shop 1-800-526-8788 (Mention Yorktown Swim & Dive team).

Mail in Registration Deadline Monday May 11, 2015

Check or Money order only, made payable to Yorktown Swim & Dive Team.

Yorktown Swim & Dive Team
400 Chestnut Court
Yorktown Heights, NY 10598

Mail in Early Registration Fee: \$150.00 per child

ALL registrations received after May 11, 2015: \$165.00 per child (Includes walk in registrations.)

Eligibility: Yorktown residency is **REQUIRED.** ALL registration forms (either mailed or in-person) **must include** a copy of the parent's/guardian's current valid driver's license AND a second form of proof of residency such as a current utility bill. Registration will not be accepted without two proofs of residency. Children **MUST** be able to swim one length of the pool (25 yards without difficulty). **THIS IS NOT A BEGINNER'S SWIMMING PROGRAM.** All new swimmers will be required to try out and will be accepted at the coach's discretion. This will be verified at the first practice. **SWIMMERS NOT MEETING THIS REQUIREMENT WILL BE GIVEN FULL REFUNDS. OTHERWISE YORKTOWN RECREATION DEPARTMENT'S REFUND POLICY IS IN EFFECT FOR THE SWIM & DIVE TEAM.** All refunds are processed by the Yorktown Swim & Dive Team. For questions or further information, please email jenzaslaw@gmail.com or call 220-2806.

PRE-LIFEGUARDING SKILLS AND DEVELOPMENT

Program No: **311201-A Session 1 (9 classes)**
111201-A Session 2 (9 classes)

About the Program: Considering becoming a Lifeguard? Improve your stroke and enhance your skills necessary to recognize and respond to aquatic emergencies. Additional topics which will be covered include water safety, victim recognition, self rescue, non-swimming rescue and assistance. Participants must be tested the first day in order to meet the Level 5 stroke skills level requirement.

Day	Date:	Time:	Location:
S1: Saturdays	9/20 – 11/22	11:45am - 12:15pm	Lakeland Copper Beech MS
	(no class October 11)		
S2: Saturdays	3/7 – 5/16	11:45am - 12:15pm	TBD
	(no class March 28, April 4)		

Fee: Resident: \$90.00 Nonresident: \$108.00

ADULT LAP SWIM

Program No: **312201-A - Session 1 (8 classes)**
112201-A - Session 2 (8 classes)

About the program: Program for individuals 18 and over. A minimum of 2 lanes will be available.

Registration is limited. This program may require a "circle swim" format to be implemented in the lanes.

Day	Date:	Time:	Location:
S1: Wednesdays	10/1 – 11/19	7:00 - 8:30pm	Lakeland Copper Beech MS
S2: Wednesdays	3/11 – 4/29	7:00 - 8:30pm	TBD
	(no class April 15)		

Fee: Resident: \$65.00 Nonresident: \$78.00



LEARN TO SWIM – TEEN/ADULT

Program No: **312101-A - Session 1 (8 classes)**
112101-A - Session 2 (8 classes)

About the program: Develop the knowledge and basic skills to become safer in the water and increase your confidence. Lessons can be tailored to your current level of development. Ages 14 and Older are welcome.

Day	Date:	Time:	Location:
S1: Wednesdays	10/1 – 11/19	7:30 - 8:00pm	Lakeland Copper Beech MS
S2: Wednesdays	3/11 – 4/29 (no class April 15)	7:30 - 8:00pm	TBD

Fee: Resident: \$85.00 Nonresident: \$102.00

THERAPEUTIC SWIM

Program No: **312301-A Session 1 (9 classes)**
112301-A Session 2

About the program: Program is designed for the physically disabled person along with those individuals that doctors or therapists suggest water exercise as part of their recovery or maintenance. Each participant may swim laps or exercise at their own pace. **Program application requires a doctor's signature.**

Day	Date:	Time:	Location:
S1: Saturdays	9/20- 11/22 (no class October 11)	11:30 - 12:30pm	Lakeland Copper Beech MS
S2: Saturdays	3/7 – 5/16 (no class March 28, April 4)	11:30 - 12:30pm	TBD

Fee: Resident: No charge Nonresident: \$30.00
 - Must pre-register by calling Recreation Office for program application.

ADULT SPORTS INFORMATION

FRIDAY ADULT SOCCER PICK UP

Play organized pick up soccer at Legacy Field throughout the year. Take advantage of competitive play for both men and women. Soccer is run in cooperation with KIIDS Inc. Contact Rick Romanski for scheduling and registration information at: Rromanski@optonline.net or 242-8627. Visit our website at: www.kidsports.com.

YORKTOWN FLAG FOOTBALL LEAGUE

Northern Westchester's premier flag football league consists of three divisions of 6 v. 6. League games are Sunday mornings from early September to November and from July to early August. Following Championship Sunday in November, the season finale features the annual Run-N-Gun Shootout Tournament. Official league website: www.leaguelineup.com/ytown or contact the office to enter your team!



YORKTOWN MEN'S SOFTBALL LEAGUE

Open Competitive and Over 40 Leagues

Spring: Weeknight League offers a 15 game regular season of competitive softball. There are 3 Divisions and games are played at Downing Park. There are 2 divisions in the Over 40 League. Games are played Sunday mornings at various field locations and the regular season consists of 12 games.

Fall: Teams play 8 regular season games and league play consists of 1-2 divisions depending on amount of entries. Deadline for registration will be Friday July 24. All fees, rosters, and information must be submitted by the deadline to be eligible. This league is a Clincher softball league.

Check out the official softball website: www.leaguelineup.com/ytownsoftball.

MEN'S BASKETBALL LEAGUE

www.leaguelineup.com/ytownbasketball

The Men's Basketball League runs Monday & Tuesday nights at the Yorktown Comm. & Cultural Center featuring two divisions of play and each team will play a 10 game season. League begins in December and continues into March. Rules, registration forms, and fee information for the 2014-2015 season will be available beginning September 22. You can contact us at our e-mail address at ypr@yorktownny.org or at 245-4650, ext.0.

COOPERATING AGENCIES

THE YORKTOWN TEEN CENTER

The Yorktown Teen Center is a positive safe place where teens come together to have fun and form friendships and relationships as they develop their self-esteem and learn to give back to their community. It is located in room 102 in the Yorktown Community and Cultural Center at 1974 Commerce Street in Yorktown Heights and is open to youth in grades 6 to 12 who reside in the Town of Yorktown.

Supervised by adult volunteers, activities include open gym, billiards, board and video games, First Friday Café Open Mic (October to May), kitting circle and much more. Volunteer opportunities are available for all ages. For the calendar of events visit <http://www.yorktowntc.org/calendar/>

The Yorktown Teen Center is a 501c3 charity corporation, established in August 2009. Its mission is to provide safe, positive, enriching, and fun supervised programs for teens. Parents are requested to register their children prior to the teen's first attendance. For more information about the center, the hours and upcoming events, visit our website at www.yorktowntc.org or call at 302-2123.

NOR-WEST REGIONAL SPECIAL SERVICES

Special Recreation for Special Populations

Nor-West Regional Special Services is a social service agency that provides community-based therapeutic recreation programs, respite and transportation services to persons with differing abilities residing in the northwestern portion of Westchester County. They serve ages 5 to 65 in a variety of community-based weekly programs and special events, designed primarily for individuals with developmental disabilities. Transportation is provided to catchment-area residents from central stops in Peekskill, Cortlandt, Yorktown and Ossining. Individuals living at home do not pay registration fees. For further information and current program information, visit their website: www.nor-west.org

SPARC – Special Program and Resource Connection Recreation, Social and Therapeutic services

SPARC is a not-for-profit agency, founded in 1989, to provide adapted and skill based programs to children, teens and adults. Two divisions of services offer: **Kids Express**, an after school recreation program for all children attending Yorktown and Lakeland elementary schools. Unique and fun activities engage children while they learn about making friends and developing skills to deal with socially challenging situations. SPARC's

Therapeutic Recreation programs serve participants with developmental disabilities. Among after-school, evening and weekend programs are: teen social clubs, dining and movie nights, adult art and music, cooking, fitness, golf, film production, horseback riding and programs for children on the autism spectrum. For more information call (914) 243-0583 or visit the websites www.sparcinc.org or www.kids-express-sparc.org

NEW YORK-NEW JERSEY TRAIL CONFERENCE

Since 1920, the New York-New Jersey Trail Conference has partnered with parks and organizes volunteers to create, protect, and promote more than 1,700 miles of public trails. Their volunteers keep non-motorized trails open, safe and enjoyable to the public. The Trail Conference publishes maps and books that guide public use of these trails. For more information about the Trail Conference including suggested hikes, visit www.nynjtc.org.

Through a formal agreement with the Town of Yorktown, the Trail Conference has taken on the responsibility of building new trails in Sylvan Glen Park Preserve, Woodlands Park and Granite Knolls Woods. In addition, they will maintain the above trails plus the Yorktown Trailway. The Trail Conference is assisted by volunteers from the Westchester Mountain Bike Association on building multi-use trails. To join in with trail building trips contact yorktowntrails@nynjtc.org.

TOWN OF YORKTOWN MUSEUM

Located Top Floor in Yorktown Community & Cultural Center Since 1966, the Museum has been "preserving the past and enriching the future." It includes an extensive Library/Research room that includes genealogical and local history information, along with a gift shop that offers reproductions and unique gifts.

Museum Hours:

Saturday - 12noon to 3:00pm

Tuesday - 11:00am to 4:00pm

Thursday - 11:00am to 4:00pm

For more information about future exhibits, donations and volunteer opportunities, call the Museum at (914) 962-2970 or visit the website at www.yorktownmuseum.org

ALLIANCE FOR SAFE KIDS (ASK)

The Alliance for Safe Kids (ASK) is a non-profit, 501(c)(3) corporation founded in 2002 by members of the Yorktown community. ASK is a coalition representing all sectors of our community working together to promote awareness and prevention of substance abuse and other destructive behaviors damaging to our youth. ASK's mission is to educate and empower kids by partnering with parents and the entire community to strengthen the safety net that protects our youth. For more information and how to get involved, visit our website www.AllianceforSafeKids.org.



YORKTOWN YOUTH SOCCER CLUB

YYSC is one of the largest youth soccer organizations in the area and one of the largest clubs in the East Hudson Youth Soccer. YYSC has Bantam and In-House programs for boys and girls ages 4 to 14 (must be 4 as of November 30) and competitive Travel teams.

For additional information please go to www.yorktownsoccer.org or call our office and ask for Rick Romanski or Nancy Leader at (914)962-8865 or (914)245-2789. YYSC is located on 1928 Commerce Street in Yorktown Heights (next to Starbucks in the Yorktown Insurance Agency).

SHRUB OAK ATHLETIC CLUB

The Shrub Oak Athletic Club is a youth sports organization serving Northern Westchester and Southern Putnam Counties, NY. We are an all-volunteer organization dedicated to bringing the children the best sports activities possible. Our in-house programs focus on the value of teamwork, learning the game, sportsmanship and just having fun.

Visit: www.shruboakac.org

YORKTOWN ATHLETIC CLUB

The Yorktown Athletic Club, Inc. is a self-funding, all volunteer, Not For Profit Corporation that provides organized youth sports programs for the social enjoyment of its members and our friends of the Yorktown Community. We offer both Recreational and Travel youth sport programs that are age appropriate and are designed for the full participation of team members. The YAC is an active member of the Positive Coaching Alliance and believes in "Honoring the Game." Visit: www.yacsports.com

YORKTOWN PARKS AND RECREATION DEPARTMENT

245-4650 Fax 245-1608

Office Hours - Monday thru Friday, 8:30am to 4:30pm

Registration Hours - Monday thru Friday, 8:30am to 4:00pm

YORKTOWN RECREATION REGISTRATION FORM - FALL 2014/WINTER 2015

HOUSEHOLD INFORMATION – PLEASE PRINT

Head of Household (or parent) First Name				Last Name	
Home Phone		Work Phone		Cell Phone	
Spouse (or other parent) First Name				Last Name	
Home Phone		Work Phone		Cell Phone	
Address					
City		State		Zip	
House Hold E-Mail					

~ PROGRAM REGISTRATION INFORMATION ~

Participant's Name: First	Last	Sex	Date of Birth	Grade	Program Name	Program Number & Section	Total Fee
						-	
						-	
						-	
						-	
						-	
						-	

Please remove and mail this form or bring it in person between the hours of 8:30 AM and 4:00 PM on or after September 3, with
Registration fee(s) to: Yorktown Parks & Recreation Department – 176 Granite Springs Rd, Yorktown Heights, NY 10598

TOTAL

YORKTOWN RECREATION REGISTRATION FORM - FALL 2014/WINTER 2015

HOUSEHOLD INFORMATION – PLEASE PRINT

Head of Household (or parent) First Name				Last Name	
Home Phone		Work Phone		Cell Phone	
Spouse (or other parent) First Name				Last Name	
Home Phone		Work Phone		Cell Phone	
Address					
City		State		Zip	
House Hold E-Mail					

~ PROGRAM REGISTRATION INFORMATION ~

Participant's Name: First	Last	Sex	Date of Birth	Grade	Program Name	Program Number & Section	Total Fee
						-	
						-	
						-	
						-	
						-	
						-	

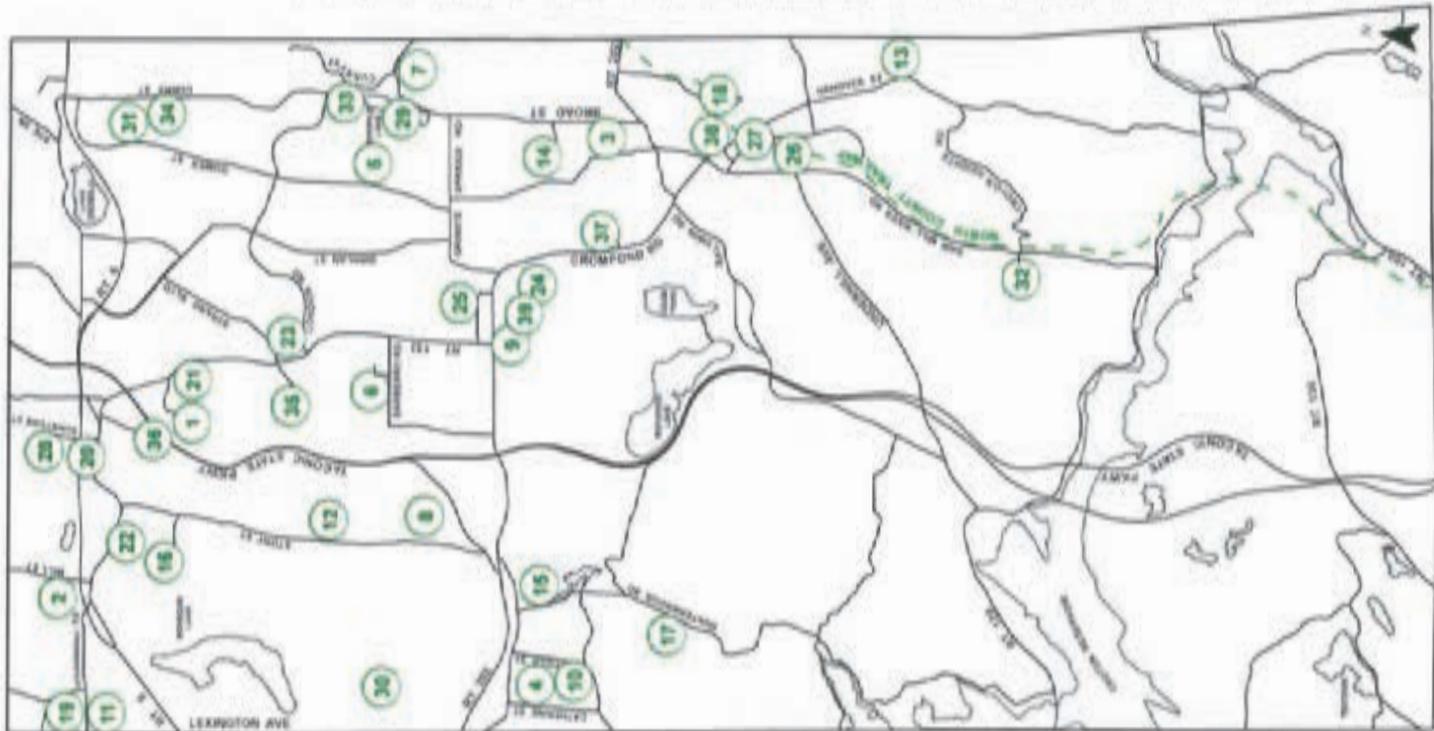
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Registration fee(s) to: Yorktown Parks & Recreation Department – 176 Granite Springs Rd, Yorktown Heights, NY 10598

TOTAL

TOWN OF YORKTOWN FACILITIES AT TOWN SITES

Site #	Address	Tennis Courts	Swimming Pool	Skating (I=Ice, R=Inline Rink)	Skate Park	Senior Citizen Center	Run/Walk Track	Rest Rooms (P=at Pool)	Play Apparatus	Picnic Area	Pavilion	Outdoor Concert Area	Nature Trails	Meeting Rooms	Gymnasium	Dog Park	Cooking Grill	Bocce Courts	Beach Area	Basketball Courts	Ball Fields	
1	Ben Franklin Elem School, 3417 Kaatu Dr																					
2	Blackberry Woods, Macy Ln																					
3	Brookside Elem School, 2265 Broad St																					
4	Catherine Street Field, Catherine St																					
5	Chetasa Park, Gomer St																					
6	Composed Elem School, 2901 Manor St																					
7	Crystal Lake, Granite Springs Rd																					
8	Deer Hollow Park, Deer St																					
9	Downing Park, Route 202 (2881 Crompond Rd)																					
10	Fox Den, Field St																					
11	George Washington Elem School, 3634 Lexington Ave, Mohagan Lake																					
12	Granite Knolls Trails, Stoney St																					
13	Hanover East, Wellington St																					
14	Harrison Ager Field of Dreams, Benjamin Blvd																					
15	Hunterbrook Field, Hunterbrook Rd																					
16	Ivy Knolls Park, Ivy Road & Spring St																					
17	Jeremiah R. Dineen, III Hunterbrook Linear Park, Hunterbrook Rd																					
18	Junior Lake Park, 1939 Edgewater St, Yorktown Heights																					
19	Kensington Woods, Emma Ln, Mohagan Lake																					
20	Lakeand Administrative Office, 1066 East Main St, Strub Oak																					
22	Lakeand-Copper Beach Middle School, Route 132 (3401 Old Yorktown Rd)																					
21	Lakeland High School, 1349 East Main St, Strub Oak																					
23	London Woods Field, London Rd																					
24	Milred Shang Middle School, Rt 202 (2701 Crompond Rd)																					
25	Mohagan Elem School, 704 Lockley Rd																					
26	Patriot Skate Park & Garden, 363 Underhill Ave																					
27	Railroad Station Park, Commerce St																					
28	Strub Oak Park, 3800 Sunnyside St, Strub Oak																					
29	Sparkle Lake and Recreation Office, 176 Granite Springs Rd																					
30	Sylvan Glen Park Preserve and Play Park, Morris Ln & Grant Ave																					
31	Thomas Jefferson Elem School, 3635 Gomer St																					
32	Turkey Mountain Nature Area, Route 118 (See Mill River Rd)																					
33	Walden Woods Park, Curry St																					
34	Willow Park, Curry St & Tulip St																					
35	Woodlands Legacy Ballfields, Strang Blvd/Woodlands Dr																					
36	Woodlands Woods, Buxahom St																					
37	Yorkhill Park, Hawthorne Dr																					
38	Yorktown Community & Cultural Center, 1674 Commerce St																					
39	Yorktown High School, Rt 202 (2727 Crompond Rd)																					

Park Hours: Facilities, with the exception of those with lights, are open 12 hour before dawn until 12 hour after dusk. The Town of Yorktown gratefully acknowledges the cooperation extended by the Yorktown Central School District No. 2, the Lakeland Central School District, and the Yorktown Community & Cultural Center with regard to the site of the facilities.



YORKTOWN
PARKS & RECREATION DEPARTMENT
176 Granite Springs Road
Yorktown Heights, NY 10598

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TOWN OF YORKTOWN POSTAL PATRON

What's Inside

Don't Miss Out! Registration for Fall and Winter Programs Begins Sept. 3rd

PRE SCHOOL PROGRAMS

Zumbini, Toddler Time,
Sports Squirts, Soccer Squirts,
Cross Fit, Leap into Language,
Tae Kwon Do,
Creative Movement...

YOUTH/TEEN PROGRAMS

Cross Fit Chess, Magic,
Fishing, Kung Fu, Art Attack,
Tae Kwon Do, Lego, Fencing,
Swimming, Cartooning,
Horseback Riding, Tennis...

ADULT PROGRAMS

After work work-out, RPM,
Yoga, Zumba, Mediation,
Volleyball, Pen and Ink,
Pilates, Cake Decorating
Horseback Riding, Tennis...

... AND MUCH MUCH MORE

Aquatics, Senior Programs,
Special Events, Facility Map,
Cooperating Agencies,
Discount Ski Tickets

Save the Dates

Halloween Parade/Carnival - Saturday, October 25 (rain date 10/26)

Great Goblin Call - Wednesday, October 29

"Celebrate the Seasons" Holiday Lights Parade

and Tree Lighting - Saturday December 6 (rain date 12/7)

Easter Egg Hunt - Saturday, March 28

Stay Connected with Yorktown Recreation

Sign up to receive e-mails from us regarding programs,
special events, camps, facilities and much more!



3 easy ways to join our mailing list:

• Visit our website: www.yorktownny.org/parksandrecreation

• Text YORKTOWNREC to 22828

• Scan QR code:



TOWN OF YORKTOWN

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