

March/April 2024

Yorktown Senior Newsletter

Senior Clubs News

***Stop by the Recreation Office for Registration Forms:** Address: 176 Granite Springs Road

AARP—THE AMERICAN ASSOCIATION OF RETIRED PERSONS

Meeting Dates: 2nd Wednesday, 2 –4:00pm
Location: AACCCC Nutrition Room
Contact: Rich DeSilva - (914)-962-7723

Trips:

*Silver Birches Give My Regards to Broadway

Hawley, PA

Thursday, May 16th, 2024

*Cooperstown Lake Cruise & Turning Stone Casino Hotel

Thursday June 27, 2024

*Celebrate Italia @ Aquaturf Club

Tuesday July 9, 2024

*The Drifters @ Resorts World Casino

Wednesday, September 25th, 2024

SHRUB OAK SENIORS

Contact: Bea Perkins - (845)-661-5479

Meeting Dates: Monday, 10am - 1pm

Location: AACCCC Room 16

ST. PATRICK'S WIDOWS & WIDOWERS

Meeting Dates: 1st Tuesday of each month,
1:00pm

Location: Parish Center

Contact: Ada Ereno: (914)-214-8060 or
Joan Evers: (845)-628-4279

JOF Travel Club

Contact: Jim Higgins at 914-302-2836

Email: travelclub024@gmail.com

2024 Exclusive - Experience

VIKING River cruising down the Danube

April 27 - May 5, 2024 - Escorted Viking River Cruise to
Munich & Passau Germany, Vienna, Linz & Krems, Austria,
Bratislava, Slovakia and Budapest, Hungary.

Shore excursions in every port, wine & beer with Lunch &
Dinner. English speaking Crew, modern staterooms -
Casual dining in elegant style.

Priced: From \$2,999.pp (Standard Outside Stateroom),
\$3,499pp (French Balcony Stateroom) and
\$3,999pp (Veranda Cabin) includes taxes and shore excursions,
and transportation to/from airport.

May 14, 2024 - The King of Diamonds a Neil Diamond Tribute at the Aqua Turf Club.

A special luncheon along with a fantastic
"Vegas" style show for only \$ 133.00 pp.

June 18, 2024 - Let the Good Times Roll @ the amazing "Li Greci's Staten", NY.

All-Star Production Performances of Billy the Piano Man,
Carol King, and the great Roy Orbison.
One sensational Concert with a Complete Luncheon i.e.: Salad,
choice of 3 Entrees, Dessert, Coffee/Tea.
All Taxes & Meal Gratuities for both trips are paid for.

ST. PATRICK'S SENIORS

(For Members Only)

Meeting Dates: 3rd Tuesday of every month,

10:00am Location: Parish Center

Contact: Carol Manse - 914-245-2953

Friends of Jefferson Village

Contact: Rich DeSilva - (914)-962-7723

*Jersey Dreamers St. Joseph Festival

Thursday, March 21st, 2024

*Hudson River Boat Cruise

Thursday, June 20th 2024

*Culinary Institute of American Dining Experience

Tuesday, August 6th, 2024

*Octoberfest @ Kruckers Pomona, NY

Thursday October 10, 2024



Thursday, March 21st

Jersey Dreamers St. Joseph Festival

at the Brownstone

Friends of Jefferson Village

Thursday, March 21st, 2024

Bus Departs from 3480 Hill Blvd.

Jefferson Village at 9:15am & Returning at 5:30pm

[Payments must be received by February 29th]

Cost: \$95 per person

Trip Includes: Pasta, Salad, Chicken Parm, Boneless Beef Ribs, Vegetables, potatoes dessert, coffee, tea, soda and 1 adult beverage.

Please Make Check to: Friends of Jefferson Village Travel

SEND PAYMENTS TO: Rich DeSilva

91C Molly Pitcher Lane, Yorktown Hts.,

NEW YORK 10598

914-962-7723



Yorktown Senior Newsletter

FOR TOWN OF YORKTOWN SENIORS

March/April 2024

YORKTOWN PARKS & RECREATION DEPARTMENT

Phone: 914-245-4650

WWW.YORKTOWNNY.ORG/SENIOR

2024 Senior Programs

For registration and program descriptions please visit: <http://register.capturepoint.com/Yorktown>

Parks and Recreation Office

Location: 176 Granite Springs Road

Office Hours: Mon-Fri. 8:30am-4:30pm

*Registration/Fees may apply

Dates and Times for Programs are listed below

Dates and Times for Clubs are listed on page 3

Program Sign-Ups Open March 21st

*Mah Jongg Club:

A-Dates: April 3rd - August 28th

Days & Time: Wednesdays, 10am - 12pm

Location: AACCCC Room 26

*Line Dancing

A-Dates: April 3rd - August 28th

Days & Time: Wednesdays, 12pm — 1pm

Location: AACCCC Gym/Granite Knolls

*Knitting Club

Dates: April 4th - September 5th

Days & Time: Thursdays, 10am - 12pm

Location: AACCCC Room 16

*Senior Dance and Exercise

A Dates: April 12th - June 14th

B Dates: June 28th - August 30th

Days & Time: Fridays, 10:45am-11:45am

Location: AACCCC Gym/Granite Knolls

*Fall Prevention

A-Dates: April 18th - June 6th

Days & Time: Thursdays, 2:30pm — 3:30pm

B-Dates: April 19th—June 7th

Days & Time: Fridays, 1:00pm - 2:00pm

Location: Sparkle Lake Building

*Senior Painting

A-Dates: April 8th — June 17th

Days & Time: Mondays, 9:30—11:30am

B-Dates: April 8th—June 17th

Days & Time: Mondays, 10:30—11:30am

Location: Sparkle Lake Building

*Forever Fit

A-Dates: April 16th - June 11th

Days & Time: Tuesdays, 10:45 - 11:45am

Location: - AACCCC Gym

*Chair Yoga

A-Dates: April 8th - June 17th

Days & Time: Mondays, 9:30-10:30am

Location: AACCCC Room 209

Yorktown Senior Activities Calendar

Funded through the Department of Health & Human Services, N.Y. State Office for Aging,
Westchester County Department of Senior Programs & Services, and the Town of Yorktown

YORKTOWN SENIOR SERVICES DEPARTMENT 914-962-7447

YORKTOWN PARKS & RECREATION DEPARTMENT 914-245-4650 Email: YPR@yorktownny.org

March 2024 (** = Winter Programs)

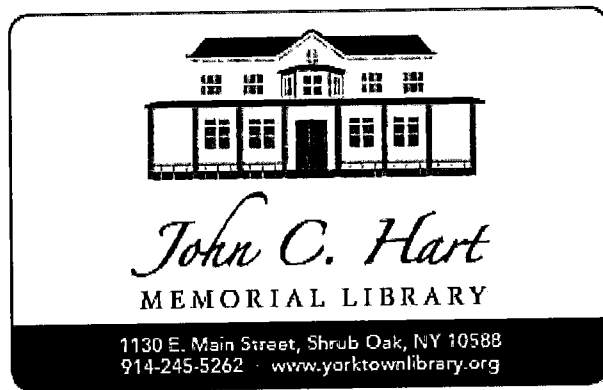
| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|--|
| | | | | 1 **Dance & Exercise **Fall Prevention Lunch: 12pm Spinach Quiche |
| 4 **Senior Painting Shrub Oak: 10am-1pm Lunch: 12pm Chicken Sausage | 5 Lunch: 12pm Beef Stew | 6 **Mah Jongg **Line Dancing Lunch: 12pm Stuffed Shells | 7 **Knitting Club **Fall Prevention Lunch: 12pm Roasted Chicken | 8 Lunch: 12pm Crispy Baked Fish |
| 11 **Senior Painting Shrub Oak: 10am-1pm Lunch: 12pm Steak with Gravy | 12 Lunch: 12pm Chicken Francese | 13 **Mah Jongg Lunch: 12pm Corned Beef & Cabbage | 14 **Knitting Club **Fall Prevention Lunch: 12pm Spinach Quiche | 15 Lunch: 12pm Eggplant Parmigiana |
| 18 **Senior Painting Shrub Oak: 10am-1pm Lunch: 12pm Mac & Cheese | 19 *St. Patrick's Seniors 10am Lunch: 12pm Meatloaf with Gravy | 20 **Mah Jongg **Line Dancing Lunch: 12pm BBQ Chicken | 21 **Knitting Club **Fall Prevention Lunch: 12pm Asian Pork & Peppers | 22 Lunch: 12pm Cheese Lasagna |
| 25 **Senior Painting *Shrub Oak 10am - 1pm Lunch: 12pm Knockwurst | 26 Lunch: 12pm Turkey Chili | 27 **Mah Jongg Lunch: 12pm Yankee Pot Roast | 28 **Knitting Club Lunch: 12pm Chicken Paprika | 29 Lunch: 12pm Sole Florentine |

Yorktown Senior Activities Calendar

Funded through the Department of Health & Human Services, N.Y. State Office for Aging,
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YORKTOWN SENIOR SERVICES DEPARTMENT 914-962-7447 and
YORKTOWN PARKS & RECREATION DEPARTMENT 914-245-4650 Email: YPR@yorktownny.org

| April 2024 | | | | |
|--|--|--|---|--|
| Monday | Tuesday | Wednesday | Thursday | Friday |
| 1 | 2 | 3 *Mah Jongg *Line Dancing Lunch: 12pm Manicotti | 4 *Knitting Club Lunch: 12pm Baked Ham | 5 Lunch: 12pm |
| 8 *Senior Painting Shrub Oak: 10am-1pm *Chair Yoga Lunch: 12pm Veg. + Cheese Frittata | 9 St Patrick's Widows And Widowers Club Lunch: 12pm Baked Ziti | 10 *Mah Jongg *Line Dancing Lunch: 12pm Lemon Chicken | 11 *Knitting Club Lunch: 12pm Sole Oregonata | 12 *Dance & Exercise Lunch: 12pm Breaded Pork Chop |
| 15 *Senior Painting Shrub Oak: 10am-1pm *Chair Yoga Lunch: 12pm Salisbury Steak | 16 *Forever Fit Lunch: 12pm Roast Gravy with Steak | 17 *Mah Jongg *Line Dancing Lunch: 12pm Spaghefi w/ Meatballs | 18 *Knitting Club *Fall Prevention Lunch: 12pm Chicken Chow Mein | 19 *Dance & Exercise *Fall Prevention Lunch: 12pm Spinach Quiche |
| 22 *Senior Painting Shrub Oak: 10am-1pm *Chair Yoga Lunch: 12pm Stuffed Peppers | 23 *Forever Fit Lunch: 12pm Chicken Sausage | 24 *Mah Jongg *Line Dancing Lunch: 12pm Beef Brisket | 25 *Knitting Club *Fall Prevention Lunch: 12pm Cheese Lasagna | 26 *Dance & Exercise *Fall Prevention Lunch: 12pm Molasses Chicken Thighs |
| 29 *Senior Painting Shrub Oak: 10am-1pm *Chair Yoga Lunch: 12pm Baked Fish | 30 *Forever Fit Lunch: 12pm Pasta W/ Broccoli | | | |



March 28th, 6pm

Craft Making with Books

Join us as we use old library books to make a charming village.

Registration Required

Seed Library Workshop

Help kick off the new season of the Hart Seed Library
Registration Required.



**March 13th
3 pm**

**WONDER
WHEEL**

HARRIET SHENKMAN



April 17th, 7pm

Celebrating National Poetry Month



Harriet Shenkman, poet, Wonder Wheel. Joining her will be poet Suzanne Cleary.
Zoom Program



**The Yorktown
Museum is
OPEN!**

Monday – Friday
9am -4pm

Top floor of the
Albert A. Capellini
Community and
Cultural Center





May 16th, 8:45am
**Silver Birches
Give My
Regards to
Broadway Show**

Hawley, Pa

AARP CHAPTER 3297

Thursday, May 16th 2024

Bus Departs from 3480 Hill Blvd.

Jefferson Village at 8:45am & Returning at 6:00pm

[Payments must be received by April 10th]

Cost: \$85 per person

Includes: 2 Hour Open Bar Wine & Beer Only; Buffet Style Meal with Fresh Bread, Salad, Beef, Pork, Veggies, Garlic Roasted Potatoes and much more. Dessert and Coffee also included

Please Make Check to: AARP 3297

RSVP & PAYMENTS TO: Rich DeSilva

91C Molly Pitcher Lane, Yorktown Hts.,

NEW YORK 10598

914-962-7723