

# YORKTOWN PARKS & RECREATION

Creating Community Through People, Parks And Programs

## Fall/Winter 2022



Registration Begins August 30<sup>th</sup>!

For more updated information please visit [www.yorktownny.org/parksandrecreation](http://www.yorktownny.org/parksandrecreation)





Friends of  
**YORKTOWN**  
Parks & Recreation

The Friends of Yorktown Parks is an independent, citizen led, nonprofit organization which works with the town to help enhance Yorktown's Park & Recreation

Sponsorships available for our annual events!

### Annual Events

- **Spring**
  - Pickleball Tournament (April)
  - Ryan West Spirit Scholarship Hat Tournament (June)
- **Summer**
  - Hole-in-One/Pitch and Putt (July)
- **Winter**
  - Polar Bear Plunge (January)

If you would like to purchase our gear to show your support:

Hats - \$20

Hoodies - \$40



Contact: [rgiord19@optonline.net](mailto:rgiord19@optonline.net)  
[friendsypr@gmail.com](mailto:friendsypr@gmail.com)

Donate: Venmo: @FYPR-1 (confirmation 8843)  
Send Checks: 1795 Hunterbrook Road

Join us for dates and additional information <https://www.facebook.com/FriendsOfYorktownParksandRec>

**Award Winning**  
**Chef Rob**  
**On Wheels**

*Featuring:*

- LOBSTER ROLLS
- SMOKED GOLDEN MAC & CHEESE
- CHIPOTLE BBQ PULLED PORK

(914) 483 8989

Food Truck Located at Yorktown Town Hall

*Catering available at a party or special event near you!*

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**ROB COOK FOOD.COM**

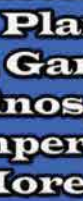
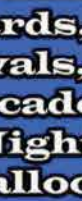
*Don't Worry Be Very Happy*  
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**No Contact Costume Character Appearances**

**Yard Cards, Event Planning**

**Carnivals, Rides, Games,**

**Arcades, Casinos,**

**Movie Nights, Bumper Cars**

**Balloons, & More**



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## YORKTOWN PARKS & RECREATION

Phone: 245-4650 Fax: 245-1608

E-Mail: [ypr@yorktownny.org](mailto:ypr@yorktownny.org)

Website: [www.yorktownny.org/parksandrecreation](http://www.yorktownny.org/parksandrecreation)

Online Registration: <http://register.capturepoint.com/yorktown>

Office Hours: Monday - Friday, 8:30am to 4:30pm

Program Registration Hours: Monday - Friday, 8:30am to 4:00pm

## STAY CONNECTED WITH YORKTOWN RECREATION



Sign up to receive Rec News e-mails from us regarding programs, special events, camps, facilities and much more!

2 easy ways to join our mailing list:

- Visit our website: [www.yorktownny.org/parksandrecreation](http://www.yorktownny.org/parksandrecreation)
- Follow us on Facebook at <https://www.facebook.com/yorktownparksandrecreation>

JOIN YPR ON SOCIAL MEDIA



## YOU SNOOZE - YOU LOSE



Nothing kills a good program quicker than waiting until the last minute to register for it! Registering at the last minute may mean that the program has already been filled or canceled due to lack of enrollment.  
**Please register early!**

## NEED A FACILITY?

We've got you covered inside and out!  
Call the Parks & Recreation Department for information on rental of:

\* Downing Park Pavilion \*

\* Sparkle Lake House \*

\* Pool Parties \*





## TOWN SUPERVISOR

Matthew J. Slater



## BOARD MEMBERS

Tom Diana	Ed Lachterman
Luciana Haughwout	Sergio Esposito

## RECREATION COMMISSION

Matthew Talbert, Chairperson	Patrick Cumiskey, Vice Chairperson
Joseph A. Falcone	John Campobasso
Diego Jaramillo	Thomas Dunn
Christine Dunn	Luciana Haughwout, Liaison

## PARKS & RECREATION STAFF

James Martorano, Jr..... Superintendent  
 Deanna Peterson..... Senior Recreation Leader  
 Marissa Lieto.....Recreation Assistant  
 Jessica Bambach.....Senior Office Assistant  
 Patty Marino..... Office Assistant  
 Erin Moran.....Recreation Assistant  
 Barry Gelbman ..... Parks Foreman  
 Dominic Monopoli..... Assistant Foreman  
 Robert Alfano ..... Park Groundskeeper  
 Richard Williams..... Park Groundskeeper

Andrew Bergin..... Park Groundskeeper  
 Andrew Cerrato..... Maintenance Mechanic-Pool  
 Scott Ferreira..... Maintenance Mechanic–Repair  
 Michael Hoek..... HMEO  
 Eric Hollberg..... Park Groundskeeper  
 Stephen Melillo ..... Maintenance Mechanic  
 Guido Parks..... Maintenance Mechanic–Repair  
 Thomas Fonte.....Laborer  
 Steve Proctor .....Laborer

## LETTER FROM THE TOWN SUPERVISOR

I am pleased to share our exciting range of recreational activities as we move into the autumn.

As a father of two, I know how important it is to keep young children busy, especially in cooler weather. The past two years of disruptions and isolation have been harmful for our kids, making our Town’s recreation activities essential services.

Adults—especially our seniors—are also hurt by recent social distancing. Our recreation department offers a variety of adult programs to lift spirits, reduce isolation and foster better health outcomes.

The cooler months should not prevent all of you to embrace Yorktown’s greatest assets: our amazing trails, parks, and outdoor spaces. Our more than 40 miles of nature trails, lakes, farms, and state-of-the-art Granite Knolls Sports Complex are reliable and socially distant refuges where we can all unwind alone or with family and friends.

Kudos to our Parks and Recreation Department’s staff for assembling this thoughtful array of activities that prioritizes creating safe and healthy programming for all ages. Our goal is to offer residents fun experiences that stir joy and create memories.

Best wishes,

*Matt Slater*

# REGISTRATION AND IMPORTANT INFORMATION

- **REGISTER EARLY!!!** Most programs have limited enrollments. Besides not getting into the program, nothing cancels programs more than waiting until the last minute to register as classes may be cancelled due to low enrollment. It is recommended that your registration and fee be received two weeks prior to the start of the program.
- Programs with insufficient registration will be cancelled three (3) business days prior to the program starting date.

• **REGISTRATION HOURS: Monday - Friday from 9:00am to 4:00pm. ONLINE REGISTRATION AVAILABLE AT ANYTIME AFTER THE REGISTRATION START DATE!**  
Register on our new website:  
<http://register.capturepoint.com/Yorktown>

**REGISTRATION WILL BEGIN ON Tuesday, August 30, 2022 at 9:00am**

Registration is available online or in person at the Recreation office located at:

**Yorktown Parks and Recreation Department  
176 Granite Springs Road  
Yorktown Heights, NY 10598**

**Note:** All participants **MUST** have a Community Pass account in order to register for any Recreation programs.

- Under no circumstances will anyone be allowed to participate in any of the programs unless he/she first registers with the Yorktown Parks and Recreation Department and pays the appropriate fee. Registration will not be taken at the class by instructors.
- Incomplete registrations will not be processed.
- Phone registrations WILL NOT be accepted for fee-based programs.
- Checks or Money Orders are to be made payable to the: Town of Yorktown Parks and Recreation Department.
- Discover, Master Card, Visa & Amex credit cards accepted. Convenience fees apply.
- The Department may use photos taken during event programs unless otherwise notified in writing.

## RESIDENCY:

- A resident is defined as one who **resides** within the town limits at an address that pays Yorktown Town taxes.

## NON-RESIDENTS:

- If space is available in a program two (2) weeks prior to start of that program, non-residents will be allowed to register by paying a 20% or more surcharge. For non-fee programs, a \$10.00 charge will be assessed unless stated otherwise.

## NEW RESIDENTS AND NEW REGISTRANTS:

- If you have moved into the Town of Yorktown within the last year AND/OR have never registered for a program, **PROOF OF RESIDENCY** is required when registering. All registrations must be accompanied by a driver's license along with a **current** utility bill, property insurance certificate, mortgage statement, or closing papers. Renters must show their rental agreement.

## SENIOR CITIZENS:

- Senior Citizens are defined as permanent Yorktown residents ages 60 and over.

## CANCELLATIONS:

- Information concerning weather related cancellations will be sent via email through Community Pass. Please be sure contact information on the account is accurate and current.

**PLEASE NOTE: IF PUBLIC SCHOOLS ARE CLOSED, YORKTOWN RECREATION PROGRAMS HELD IN SCHOOL FACILITIES WILL ALSO BE CANCELED. CHECK WITH DEPARTMENT FOR ALL OTHER CANCELLATIONS.**

## RETURNED CHECKS:

- A \$20.00 service charge will be assessed for all checks returned to the Recreation Department. Returned checks **cannot be redeposited**. Cash or Money Order will be required to replace the returned check and service charge.
- After three (3) returned checks from a household, all future payments must be made in cash.

## INSURANCE:

- The Town of Yorktown maintains a standard liability insurance policy that does not cover medical costs for anyone injured during the normal course of participation in any Recreation Department program or facility. ALL persons participate at their own risk.

## REFUNDS/CREDITS:

**Will be given only under the following conditions:**

- A full refund/credit will be given if the program is cancelled by the Parks and Recreation Department prior to the program starting.
- All refund/credit requests stating the reason for the refund/credit must be made in writing, by the halfway point of the program, to the Superintendent of Parks & Recreation for **consideration only**. If a refund/credit is granted, it will be pro-rated on the date the request is received also minus fees. Refund requests may be sent to [ypr@yorktownny.org](mailto:ypr@yorktownny.org).
- Refunds of \$10.00 or less will be maintained as a credit to the participant's account.
- No refund/credit will be considered once a program is half over.
- A \$20.00 processing fee for all approved refunds will be assessed, except for programs cancelled by the Parks & Recreation Department.
- A \$10.00 processing fee for all approved credits will be assessed, except for programs cancelled by the Parks & Recreation Department.
- If a participant becomes ill or injured for an extended period of time, a full or pro-rated refund/credit (**less processing fee**) will be made based on the date the written request is received. A doctor's medical note must accompany the request, and the request must be made prior to the end of the program.
- Refunds/Credits will not be given for scheduling conflicts.



**Watch out for our 2023 Spring/Summer brochure to be mailed in March.**



# SPECIAL EVENTS

## HALLOWEEN WINDOW PAINTING EVENT

Get ready to paint the town orange! Our annual Halloween Window Painting program will take place this October! It's your chance to create a spooky masterpiece for all to see. Participants will be assigned a window of a local business to paint, and your artwork will stay displayed until Halloween! Help us decorate the community for Halloween!

<b>Day:</b>	<b>Date:</b>	<b>Time:</b>	<b>Location:</b>
Wednesday	October 26	4:00-5:00pm 5:15-6:15pm	Triangle Shopping Center

Fee: \$5 per participants

## GREAT GOBLIN CALL

Pre-register online. Open to all Yorktown youngsters **ages 3 to grade 2**. If the Great Goblin calls, will you be home to answer the call? Complimentary candy prizes and a Great Goblin T-shirt will be given to all participants at our "spooky" Recreation Office on Thursday & Friday, October 27 & 28, between 9:00am and 4:00pm.

<b>Day:</b>	<b>Date:</b>	<b>Time:</b>
Wednesday	October 26	6:30-7:30pm

## WHAT DOES THE GREAT GOBLIN LOOK LIKE?

This program is available to Yorktown residents, grades K to 5. The Yorktown Parks & Recreation Department would like to know what you think the Halloween Great Goblin looks like. All entries must be on an 8 1/2" x 11" white sheet of paper. The first place drawing will be used on the 2023 Great Goblin Call Program T-Shirts. **Drawings must be submitted to the Recreation Department by Thursday, October 27, 2022.**



## YORKTOWN LIONS HALLOWEEN PARADE/CARNIVAL

**Co-sponsored with the Yorktown Parks and Recreation**  
The Halloween parade will begin at the Yorktown Plaza Park (Rexall's). Participants will march to the Yorktown Community & Cultural Center for outdoor Halloween activities, costume showcase, hayrides and entertainment. Free to all Yorktown residents. No registration required.

<b>Day:</b>	<b>Date:</b>	<b>Time:</b>	<b>Location:</b>
Saturday	October 29	2:00pm	Parade will begin at the Yorktown Plaza (Rexall's)

## YORKTOWN GRANGE FAIR

**September 9, 10 & 11, 2022**

Get growing...because preparations are underway for the 2022 Yorktown Grange Fair! This year's theme is "We've Got A Good Thing Growing" and there are certainly an abundance of great things to celebrate this year. Year after year, Grange Fair visitors are blown away by our participant's creativity, craftsmanship, green thumbs, and beautifully raised livestock. There are always good things growing in our backyard and the 98th Annual Grange Fair is ready to celebrate the local community continually reaching for the sun. Check out our website ([yorktowngrangefair.org](http://yorktowngrangefair.org)) for further details and updates!



## DECORATED EGG CONTEST

**Children grades Kindergarten through 5th grade** can decorate a paper egg template provided by the Recreation Department. This paper egg form must be used by the participant and will be available at the Recreation Office and on-line at [yorktownny.org/parksandrecreation](http://yorktownny.org/parksandrecreation) in late February. Place ribbons will be awarded by age groups at the Easter Egg Hunt.

## YORKTOWN LIONS EASTER EGG HUNT

**Co-sponsored with the Yorktown Parks and Recreation**  
**Children 12 years old and under** will participate in Jelly Bean (Candy) guess, have their picture taken with the Easter Bunny and other characters, and enjoy hunting for colored eggs. Prizes will be provided to all participants, with special prizes for the finders of the special eggs.

<b>Day</b>	<b>Date:</b>	<b>Time:</b>	<b>Location:</b>	
<b>Session 1:</b>	Saturday	April 1	9:30am	202 Fields at Downing Park
<b>Session 2:</b>	Saturday	April 1	10:30am	202 Fields at Downing Park
<b>Session 3:</b>	Saturday	April 1	11:30am	202 Fields at Downing Park
(Rain Date: April 8)				



# TOWN PARADES

## HOLIDAY ELECTRIC LIGHTS PARADE AND TREE LIGHTING

Join us in our annual Holiday Electric Lights Parade in addition to the tree lighting as we celebrate the season. Please check the Town website this fall for further details: [www.yorktownny.org](http://www.yorktownny.org).

<b>Day:</b>	<b>Date:</b>	<b>Time:</b>	<b>Location:</b>
Saturday	December 3 (Rain Date: Dec 4)	6:30pm	Commerce St

# SPECIAL PROGRAMS & SCHOOL VACATION CAMPS

## SCHOOL'S OUT CAMP

Club Fit Instructors

**Program No: 801**

**Eligibility: 5 - 12 years old**

About the program: This program offers your child a day of activities which may include; basketball, soccer, kickball, running bases, gym games and swimming. Children may bring a packed lunch or purchase lunch from our café. If your child intends to swim, please remember to pack their suit. No need to pack a towel, we will provide. Children must wear sneakers to participate in any gym activity.

**Early drop off is available from 8:00am for \$10/day.**

<b>Day:</b>	<b>Date:</b>	<b>Time:</b>	<b>Location:</b>
<b>A:</b> Weekdays as Noted	9/26, 9/27, 10/5, 10/10, 11/8, 11/11, 11/23, 11/25, 12/26, 12/27, 12/28, 12/29, 12/30	9:30am - 3:30pm	Club Fit
Fee:	Resident: \$75.00 per day	Nonresident: \$90.00 per day	

## CHEMICAL CREATIONS MINI CAMP (802-A) OUTER SPACE & PHYSICS FUN MINI CAMP (802-B)

Minds in Motion

### Eligibility: 6 – 11 years old

About the program: Chemical Creations: Come experience a hands-on world of fun as you conduct a variety of scientific experiments! You will work on and take home your very own Chemistry Lab Kit complete with test tubes, safety goggles, and more! Learn and discover many different scientific concepts in an entertaining and innovative approach. You will be trained to work like a real scientist in the lab. Outer Space & Physics Fun: Come join an exciting world of space exploration as you build and take home your very own Solar System Kit! You will assemble your own model, learn all about our planetary neighborhood, and watch the planets move around the sun powered by battery or solar power. Take home your own cosmic rocket and watch it shoot up fifty feet into the air! More info can be found at [mindsinmotionnj.com/programs](http://mindsinmotionnj.com/programs).



Day:	Date:	Time:	Location:
A: Monday-Friday	12/26 to 12/30	9:00am – 12:00pm	Sparkle Lake Building
B: Monday-Friday	12/26 to 12/30	12:30pm – 3:30pm	Sparkle Lake Building
Fee:	Resident: \$200.00	Nonresident: \$240.00	

## CYBERCRAWLER ROBOT MINI CAMP (803-A)

Minds in Motion

### Eligibility: 7 – 11 years old

About the program: Build and take home your very own CyberCrawler Robot! This smart coding robotics kit entertains and teaches programming skills to inquisitive young future robotic engineers! With the aid of your instructor, you will each assemble your own robot that consists of 76 pieces. Once completed, a simple press-button programming keypad embedded on its cranium will send your CyberCrawler on its way! More info can be found at [mindsinmotionnj.com/programs](http://mindsinmotionnj.com/programs).

Day:	Date:	Time:	Location:
A: Tuesday-Friday	2/21 to 2/24	9:00am – 12:00pm	Sparkle Lake Building
Fee:	Resident: \$185.00	Nonresident: \$222.00	

## LEARN TO SEW (804-A)

Vivian Burns, Instructor

### Eligibility: 7 – 12 years old

About the program: Students will learn to sew on a sewing machine while making fun projects including a pillow, apron, scrunchies, crossbody bag and zipper pouch. No experience necessary and all supplies included. Sewing machines will be provided for use.



Day:	Date:	Time:	Location:
A: Monday-Tuesday	9/26 to 9/27	9:00am – 3:00pm	AACCC Room 209
Fee:	Resident: \$110.00	Nonresident: \$132.00	

## JEWELRY DESIGN (805-A)

Vivian Burns, Instructor

### Eligibility: 8 – 12 years old

About the program: In this class, students will learn to create unique pieces of jewelry using wire, pliers, various findings and beautiful beads. All supplies included.



Day:	Date:	Time:	Location:
A: Monday	10/10	9:00am – 3:00pm	Sparkle Lake Building
Fee:	Resident: \$60.00	Nonresident: \$72.00	

## FASHION DESIGN (806-A)

Vivian Burns, Instructor

### Eligibility: 8 – 12 years old

About the program: In this class, students will learn how to create unique fashion clothing and learn basic illustration techniques. Students will be introduced to various design resources and will given soyoudesign decks, sketchbook and fashion figures.

Day:	Date:	Time:	Location:
A: Friday	11/11	9:00am – 3:00pm	Sparkle Lake Building
Fee:	Resident: \$60.00	Nonresident: \$72.00	

# PRE-SCHOOL PROGRAMS

## LIL' COOKS

Rosa Carra, Head Chef  
Rosalie Fierro, Asst. Chef

### Program No: 101 – A, B (6 classes)

### Eligibility: 3 – 5 years old

About the program: This introduces the children to the art of cooking and baking! Children will prepare, cook and eat their own foods. This program will also enhance many skills such as early math skills, pre-reading skills, and language skills as children learn about measuring, counting, word and symbol recognition, and predicting outcomes of what they are making. If time permits, a related craft and story will be included, along with a take home recipe. This is a drop-off class. Please advise the office of any food allergies.

Day:	Date:	Time:	Location:
A: Mondays	9/12 to 10/31 (no class: 9/19, 10/10)	1:00 – 2:00pm	Sparkle Lake Building
B: Mondays	1/9 to 2/27 (no class: 1/16, 2/20)	1:00 – 2:00pm	Sparkle Lake Building
Fee:	Resident: \$165.00	Nonresident: \$198.00	





## INTRO TO SPORTS WITH COACH CATHY

Club Fit, Coach Cathy Cousins

**Program No: 102-A-E (Fall), 103-A-E (Winter) (8 classes)**

**Eligibility: 3 – 5 years old**

About the program: Learn the basics of the following sports and their specific skills through fun games and drills which will keep the kids engaged, healthy and active; including lacrosse, t-ball, soccer, basketball, and floor hockey. All skill levels may participate. Coach Cathy Cousins has been involved with sports her entire life; playing field hockey and lacrosse throughout high school and college, as well as teaching physical education at Marymount College and coaching high school lacrosse and field hockey. Her experience and teaching ability make her an excellent instructor for your child. **Child should wear sneakers to class.**

Day	Date:	Time:	Location:
<b>Fall</b>			
A: Mondays	9/12 to 11/14	10:00 – 11:00am	Club Fit
B: Mondays	9/12 to 11/14	1:00 – 2:00pm	
C: Mondays	9/12 to 11/14	4:30 – 5:30pm	
D: Tuesdays	9/13 to 11/15	10:00 – 11:00am	
E: Tuesdays	9/13 to 11/15	1:00 – 2:00pm	
	(no classes: Monday 9/26, 10/10 & Tuesdays 9/27, 11/8)		
Fee:	Resident: \$180.00	Nonresident: \$216.00	
<b>Winter</b>			
A: Mondays	1/9 to 3/13	10:00 – 11:00am	Club Fit
B: Mondays	1/9 to 3/13	1:00 – 2:00pm	
C: Mondays	1/9 to 3/13	4:30 – 5:30pm	
D: Tuesdays	1/10 to 3/7	10:00 – 11:00am	
E: Tuesdays	1/10 to 3/7	1:00 – 2:00pm	
	(no classes: Monday 1/16, 2/20 & Tuesdays 2/21)		
Fee:	Resident: \$180.00	Nonresident: \$216.00	



## INTRO TO SPORTS WITH COACH JOHN

Club Fit, Coach John Rotando

**Program No: 104-A (8 classes)**

**Eligibility: 4 – 6 years old**

About the program: About the program: One hour class. Learn the basics of the following sports and their specific skills through fun games and drills which will keep the kids engaged, healthy and active; including lacrosse, t-ball, soccer, basketball, and floor hockey. All skill levels may participate. Child should wear sneakers to class.

Day:	Date:	Time:	Location:
A: Saturdays	9/17 to 11/5	10:00 – 11:00am	Club Fit
Fee:	Resident: \$180.00	Nonresident: \$216.00	

## TAEKWONDO TOTS

Lorna Groux, Black Belt Instructor

**Program No: 105-A, B (Fall) 106-A,B (Winter) (8 classes)**

**Eligibility: 2 – 5 years old**

About the program: This class provides an excellent opportunity to learn basics of Taekwondo, including defense, offense, punches, kicking, blocking and stances. Taekwondo also helps develop self-assurance in shy children, teaches concentration and discipline and teaches children how to interact with others, calming the aggressive child and learning self-defense. Parental participation encouraged. PHILAM self-defense is located at 1761 Front Street, Yorktown.

Day:	Date:	Time:	Location:
<b>Fall</b>			
A: Thursdays	9/22 to 11/10	10:00 - 10:50am	PHILAM Self-Defense
B: Thursdays	9/22 to 11/10	12:30 - 1:20pm	PHILAM Self-Defense
<b>Winter</b>			
A: Thursdays	1/12 to 3/9	10:00 – 10:50am	PHILAM Self-Defense
B: Thursdays	1/12 to 3/9	12:30 – 1:20pm	PHILAM Self-Defense
	(no class: Feb 23)		
Fee:	Resident: \$115.00	Nonresident: \$138.00	



## 2-3 YEAR OLD MULTI SPORTS - FRIDAYS

U.S. Sports Institute

**Program No: 107-A (8 classes)**

**Eligibility: 2 – 3 years old**

About the program: The Parent & Me Multi Sports Squirts program allows children to try a variety of sports with a helping hand from Mom or Dad! Ease your child into social situations with support and confidence as you engage in fun sports activities and games together.

Day:	Date:	Time:	Location:
A: Fridays	9/16 to 11/4	3:00-3:50pm	Shrub Oak Park
Fee:	Resident: \$195.00	Nonresident: \$234.00	

## 2-3 YEAR OLD MULTI SPORTS - SATURDAYS

U.S. Sports Institute

**Program No: 108-A (8 classes)**

**Eligibility: 2 – 3 years old**

About the program: The Parent & Me Multi Sports Squirts program allows children to try a variety of sports with a helping hand from Mom or Dad! Ease your child into social situations with support and confidence as you engage in fun sports activities and games together.

Day:	Date:	Time:	Location:
A: Saturdays	9/17 to 11/5	3:00-3:50pm	Shrub Oak Park
Fee:	Resident: \$195.00	Nonresident: \$234.00	
	(no class: 2/21)		



Continued on next page



## 2-3 YEAR OLD T-BALL - SUNDAYS

U.S. Sports Institute

**Program No: 109-A (8 classes)**

**Eligibility: 2 – 3 years old**

About the program: Parent & Me T-Ball is a fun and positive introduction to t-ball for young children with a helping hand from Mom or Dad! With a parent participating by their side, kids will have fun learning the fundamental skills of t-ball through structured activities, fun based games, and scrimmages.

<b>Day:</b>	<b>Date:</b>	<b>Time:</b>	<b>Location:</b>
A: Sundays	9/18 to 11/6	3:00-3:50pm	Shrub Oak Park
Fee:	Resident: \$195.00	Nonresident: \$234.00	

## 2-3 YEAR OLD SOCCER - SUNDAYS

U.S. Sports Institute

**Program No: 110-A (8 classes)**

**Eligibility: 2 – 3 years old**

About the program: Parent & Me Soccer Squirts is a fun and positive introduction to soccer for young children with a helping hand from Mom or Dad! With a parent participating by their side, kids will have fun learning the fundamental skills of soccer through structured activities, fun based games, and scrimmages.

<b>Day:</b>	<b>Date:</b>	<b>Time:</b>	<b>Location:</b>
A: Sundays	9/18 to 11/6	4:00-4:50pm	Shrub Oak Park
Fee:	Resident: \$195.00	Nonresident: \$234.00	



## 3-4 YEAR OLD SOCCER - FRIDAYS

U.S. Sports Institute

**Program No: 111-A (8 classes)**

**Eligibility: 3 – 4 years old**

About the program: Soccer Squirts is your child's perfect introduction to the most popular sport in the world! Skills covered include: dribbling, passing, shooting, stealing and more. Each session is taught through structured activities, fun games and scrimmages designed to ensure learning and most importantly...fun, fun, fun!

<b>Day:</b>	<b>Date:</b>	<b>Time:</b>	<b>Location:</b>
A: Fridays	9/16 to 11/4	4:00-4:50pm	Shrub Oak Park
Fee:	Resident: \$195.00	Nonresident: \$234.00	

## 3-4 YEAR OLD MULTI SPORTS – SATURDAYS

U.S. Sports Institute

**Program No: 112-A (8 classes)**

**Eligibility: 3 – 4 years old**

About the program: The Squirts Multi Sports program allows children to try a variety of different sports throughout the season including: Lacrosse, Soccer, T-Ball and Track & Field. All sports are taught in a safe and structured learning environment designed to ensure learning and most importantly...fun, fun, fun!

<b>Day:</b>	<b>Date:</b>	<b>Time:</b>	<b>Location:</b>
A: Saturdays	9/17 to 11/5	4:00-4:50pm	Shrub Oak Park
Fee:	Resident: \$195.00	Nonresident: \$234.00	

# YOUTH AND TEEN PROGRAMS

## TAE KWON DO FOR KIDS

Lorna Groux, Black Belt Instructor

**Program No: 201-A (Fall) 201-B (Winter) (8 classes)**

**Eligibility: Grades K - 2**

About the program: Taekwondo is a martial art form which uses leg kicks and punches as its predominant weapons. This class will provide an opportunity to learn the basics of Taekwondo: defense, offense, punches, kicking, blocking, stances, and forms. Students will develop self-discipline, confidence and athleticism. PHILAM Self-Defense is located at 1761 Front Street in Yorktown Heights. Children should wear sweatpants to class.

<b>Day:</b>	<b>Date:</b>	<b>Time:</b>	<b>Location:</b>
<b>Fall</b>			
A: Mondays	9/19 to 11/21 (no class: 9/26, 10/10)	4:00 - 5:00pm	PHILAM Self-Defense
<b>Winter</b>			
B: Mondays	1/9 to 3/13 (no class: 1/16 & 2/20)	4:00 - 5:00pm	PHILAM Self-Defense
Fee:	Resident: \$120.00	Nonresident: \$144.00	



## STEP UP YOUR SPORT

Club Fit, Coach Cathy Cousins

**Program No: 202-A (Fall) 202-B (Winter) (8 classes)**

**Eligibility: 5 – 7 years old**

About the program: One Hour Class. Next step up from our Intro to Sports class. Improving on the skills for soccer, basketball, t-ball, lacrosse and field hockey. Coach Cathy has been involved with sports her entire life, playing field hockey and lacrosse throughout high school and college, as well as teaching physical education at Marymount College and coaching HS lacrosse and field hockey. Her experience and teaching ability make her an excellent instructor for your child.

<b>Day:</b>	<b>Date:</b>	<b>Time:</b>	<b>Location:</b>
<b>Fall</b>			
A: Tuesdays	9/13 to 11/15 (no class: 9/27 and 11/8)	4:30 – 5:30pm	Club Fit
<b>Winter</b>			
B: Tuesdays	1/10 to 3/7	4:30 – 5:30pm	Club Fit
Fee:	Resident: \$180.00	Nonresident: \$216.00	





## 7-9 YEAR OLD HOOPSTERS

Coach John Rotando, Club Fit Instructor

**Program No: 203-A (8 classes)**

**Eligibility: 7 – 9 years old**

About the program: This one hour co-ed program is designed to focus on developing basketball skills as well as sport specific conditioning. These sessions will cover but are not limited to; speed and agility, shooting, passing, dribbling, and game play.

<b>Day:</b>	<b>Date:</b>	<b>Time:</b>	<b>Location:</b>
A: Tuesdays	9/13 to 11/15 (no class: 9/27, 11/8)	5:30 - 6:30pm	Club Fit
Fee:	Resident: \$180.00	Nonresident: \$216.00	

## 9-13 YEAR OLD HOOPSTERS

Jen Ritz, Club Fit Instructor

**Program No: 204-A (8 classes)**

**Eligibility: 9 – 13 years old**

About the program: This one hour co-ed program is designed to focus on developing basketball skills as well as sport specific conditioning. These sessions will cover but are not limited to; speed and agility, shooting, passing, dribbling, and game play.

<b>Day:</b>	<b>Date:</b>	<b>Time:</b>	<b>Location:</b>
A: Thursdays	9/15 to 11/3	5:30 - 6:30pm	Club Fit
Fee:	Resident: \$180.00	Nonresident: \$216.00	



## ONE DAY BASKETBALL CLINIC BASKETBALL CLINIC

Club Fit, Coach Aldo Redendo

**Program No: 205-A, B**

**Eligibility: 9 – 13 years old**

About the program: This 3 hour clinic covers drills for dribbling, shooting, passing, defense and game situations. Athletes will learn basketball IQ and become students of the game. The program is designed to have kids work hard and have fun in the process.

<b>Day:</b>	<b>Date:</b>	<b>Time:</b>	<b>Location:</b>
A: Monday	9/26	9:00 - 12:00pm	Club Fit
B: Monday	10/10	9:00 - 12:00pm	Club Fit
Fee:	Resident: \$75.00	Nonresident: \$90.00	

## 5-6 YEAR OLD SOCCER - FRIDAYS

U. S. Sports Institute

**Program No: 206-A (8 classes)**

**Eligibility: 5 – 6 years old**

About the program: Senior Soccer Squirts is the perfect soccer program for players graduating from 3-4 year old soccer or for children looking for their first ever soccer experience. Each session will focus on developing a particular skill or technique including dribbling, passing, ball control, moves & turns, positioning and more.

<b>Day:</b>	<b>Date:</b>	<b>Time:</b>	<b>Location:</b>
A: Fridays	9/16 to 11/4	5:00-5:50pm	Shrub Oak Park
Fee:	Resident: \$195.00	Nonresident: \$234.00	



## 5-6 YEAR OLD MULTI SPORTS - SATURDAYS

U. S. Sports Institute

**Program No: 207-A (8 classes)**

**Eligibility: 5 – 6 years old**

About the program: Senior Squirts Multi Sports is the perfect stepping stone for children who have graduated from Squirts Multi Sports or for children looking for their first ever sports experience. Players will learn key skills in a variety of sports through small-sided scrimmages, games and activities in a variety of sports.

<b>Day:</b>	<b>Date:</b>	<b>Time:</b>	<b>Location:</b>
A: Saturdays	9/17 to 11/5	5:00-5:50pm	Shrub Oak Park
Fee:	Resident: \$195.00	Nonresident: \$234.00	

## 5-6 YEAR OLD MULTI SPORTS - SUNDAYS

U. S. Sports Institute

**Program No: 208-A (8 classes)**

**Eligibility: 5 – 6 years old**

About the program: Senior Squirts Multi Sports is the perfect stepping stone for children who have graduated from Squirts Multi Sports or for children looking for their first ever sports experience. Players will learn key skills in a variety of sports through small-sided scrimmages, games and activities in a variety of sports.

<b>Day:</b>	<b>Date:</b>	<b>Time:</b>	<b>Location:</b>
A: Sundays	9/18 to 11/6	5:00-5:50pm	Shrub Oak Park
Fee:	Resident: \$195.00	Nonresident: \$234.00	

## INTRODUCTION TO FENCING

Jim Bernitt, Westchester Fencers Club

**Program No: 209-A (6 classes)**

**Eligibility: 11 - 13 years old**

About the program: For ages 11-13 (14+ see Adult Section). Instruction includes basic exercises, footwork and mobility, fundamental weapon manipulation and fencing rules. Students work with each other and with the instructor for a total of six sessions. All protective gear (except gloves) and foils are provided. Participants can use either their own leather gloves or purchase their own (from suppliers or through the activity). Instruction is given and gear is supplied under the auspices of Westchester Fencers Club, a member of the United States Fencing Association. Venue rules will be explained at the first session.

<b>Day</b>	<b>Date</b>	<b>Time:</b>	<b>Location:</b>
A: Thursdays	9/15 to 10/20	6:00 - 7:00pm	United Methodist Church 1176 E. Main Street Shrub Oak
Fee:	Resident: \$120.00	Nonresident: \$144.00	





## AGENT992 ROBOT

Minds in Motion

**Program No: 210-A (8 classes)**

**Eligibility: 7 - 11 years old**

About the program: Build and take home your very own Agent992 Robot! This smart undercover robotics kit will entertain and teach infra-red capabilities to inquisitive minds. It consists of 140 assembly pieces and is equipped with an infrared radar so it can capture its surrounding conditions! A classified press-button switch instructs your Agent992 Robot to transform into 3 investigative modes: Forward mode, Gesture Control mode, and Auto Navigation mode. Forward mode executes basic forward direction where its eyes turn red. Use your hand's forward and backward motion to guide your robot when Gesture Control mode is activated, and its eyes turn blue. Compete with your classmates by designing obstacles or maze courses!

<b>Day:</b>	<b>Date:</b>	<b>Time:</b>	<b>Location:</b>
A: Mondays	10/17 to 12/5	5:00 -6:00pm	Sparkle Lake Service Building
Fee:	Resident: \$185.00	Nonresident: \$222.00	

## CRAYOLA® IMAGINE ARTS: WORLD OF DESIGN

Mad Science

**Program No: 211-A (9 classes)**

**Eligibility: Grades K-4**

About the program: Take a journey to the farthest reaches of the imagination while learning about the ocean, Mars, a futuristic city, and more! We'll create Movie posters, map out universal tree houses, develop comic book characters and much more. Spend the week experimenting with Crayola® products and many art techniques like sculpting, collage, and mixed media. Discover different design careers and use the design thinking process to solve real-world problems.

<b>Day:</b>	<b>Date:</b>	<b>Time:</b>	<b>Location:</b>
A: Tuesdays	9/13 to 11/22 (no class: 11/8, 9/27)	4:00 -5:00pm	Sparkle Lake Building
Fee:	Resident: \$312.50	Nonresident: \$375.00	

## MAD SCIENCE CRAZY CHEMWORKS

Mad Science

**Program No: 212-A (10 classes)**

**Eligibility: Grades K-3**

About the program: Come and spark imaginative learning with a semester of Mad chemistry. Watch as we combine elements and make them fizz, crackle and change color! We'll delve into molecules and chemical reactions that produce light, gas and even slime! Some of the classes included in the sequence will be: Slime Time, The Mystery of Chem, The Glow Show, pH Phactor, Jr. Reactors, Super Sticky Stuff and more.

<b>Day:</b>	<b>Date:</b>	<b>Time:</b>	<b>Location:</b>
A: Fridays	9/16 to 12/2 (no class: 11/11 & 11/25)	4:00 -5:00pm	Sparkle Lake Building
Fee:	Resident: \$312.50	Nonresident: \$375.00	



## KIDS YOGA

Club Fit, Diana Morgan

**Program No: 213-A (8 classes)**

**Eligibility: 6-10 years old**

About the program: For children 6 to 10 years old. Build a solid foundation for a lifetime of health and wellness by introducing life skills (creativity, motor skill development, sense of identity, healthy body image, sense of personal safety, and regulation of emotions) through movement and play.

<b>Day:</b>	<b>Date:</b>	<b>Time:</b>	<b>Location:</b>
A: Tuesdays	9/13 to 11/1	4:45 -5:30pm	Club Fit
Fee:	Resident: \$125.00	Nonresident: \$150.00	

## KIDS POUND®

Club Fit, Jennifer Ricciardi

**Program No: 214-A (8 classes)**

**Eligibility: 6-12 years old**

About the program: Generation POUND® was created not just as a workout geared towards kids, but a MOVEMENT that aims to change the concept of health and fitness for today's youth. Get ready o make fitness about self-expression, empowerment, self-love, and FUN! How? By introducing alternative ways to MOVE, ROCK, PLAY and MAKE NOISE!

<b>Day:</b>	<b>Date:</b>	<b>Time:</b>	<b>Location:</b>
A: Wednesdays	9/14 to 11/2	4:30 -5:15pm	Club Fit
Fee:	Resident: \$125.00	Nonresident: \$150.00	

## SPECIAL NEEDS MULTI SPORTS PROGRAM

Backyard Sports

**Program No: 215-A (6 classes)**

**Eligibility: 5-18 years old**

About the program: This program offers special needs children ages 5-18 a safe, fun and appropriately competitive way to learn and enjoy team sports. Activities may include multi-sport favorites like baseball (tee-ball), soccer, flag football, ultimate frisbee and other camp/PE style games. This program is staffed by experienced local teacher-coaches and high school peer-mentors.

<b>Day:</b>	<b>Date:</b>	<b>Time:</b>	<b>Location:</b>
A: Saturdays	9/24 to 11/5 (no class: 10/8)	11:00am - 11:45am	TBD
Fee:	Resident: \$170.00	Nonresident: \$204.00	



## BACKYARD SPORTS FALL MULTISPORT - AGES 4-6

Backyard Sports

**Program No: 216-A (6 classes)**

**Eligibility: 4-6 years old**

About the program: Backyard Sports offers children ages 4-6 years old a fun, engaging and age appropriate introduction to spring sports. This program is staffed by local teachers and coaches with 10+ years working with children in the 4-6 year old age range/ability level. Spring sports may include tee ball, flag football, soccer and pillow hockey. Equipment will be provided by BYS.

<b>Day:</b>	<b>Date:</b>	<b>Time:</b>	<b>Location:</b>
A: Saturdays	9/24 to 11/5 (no class: 10/8)	12:00 - 12:45pm	TBD
Fee:	Resident: \$180.00	Nonresident: \$216.00	



## HORSEBACK RIDING 1

Zephyr Farm, Instructor

**Program No: 217-A, B (6 classes)**

**Eligibility: 5-11 years old**

About the program: This class is for students who are beginners and have no previous horseback riding instruction. During the 6-week course, participants will be introduced to the sport in a fun and safe environment. Classes are run in a lighted, indoor arena. Each class will consist of a 40-minute riding lesson that will teach the basic in balance, control, position and safety and a 20-minute discussion. Each class will be held by an instructor and several aides. Students must wear long pants and heeled shoes/boots. Helmets are available for loan. No more than 5 participants per class.

Zephyr Farm is located at 219 Watermelon Hill Road in Mahopac, NY.

Day:	Date:	Time:	Location:
<b>Fall</b>			
A: Sundays	9/18 to 10/30 (no class: 10/9)	12:00 - 1:00pm	Zephyr Farm
B: Sundays	9/18 to 10/30	1:00 - 2:00pm	Zephyr Farm
Fee:	Resident: \$270.00	Nonresident: \$324.00	



## HORSEBACK RIDING 2

Zephyr Farm, Instructor

**Program No: 218-A (6 classes)**

**Eligibility: 5-13 years old**

About the program: This class is for students who have had some riding experience and have taken Horseback Riding I within the last year. During the 6-week course, participants will be introduced to the sport in a fun and safe environment. Classes are run in a lighted, indoor arena. Each class will consist of a 40-minute riding lesson that will teach the basic in balance, control, position and safety and a 20-minute discussion. Each class will be held by an instructor and several aides. Students must wear long pants and heeled shoes/boots. Helmets are available for loan. No more than 5 participants per class. Zephyr Farm is located at 219 Watermelon Hill Road in Mahopac, NY.

Day:	Date:	Time:	Location:
<b>Fall</b>			
A: Sundays	9/18 to 10/30 (no class: 10/9)	2:00 - 3:00pm	Zephyr Farm
Fee:	Resident: \$270.00	Nonresident: \$324.00	

## SONG AND BEAT DRUM VILLAGE

Song and Beat

**Program No: 219-A, B**

**Eligibility: 8-12 years old**

About the program: Interpreting traditional Pan African rhythms into a marching format with a lot of drummers! The musical instruments will be: voice (singing, shouting, beat boxing), djembes, songbas(west African drums) rebolo, tan tan, surdos, atabaques, pandeiro, tamborim, cuica (these are Brazilian drums), bongos, saltenes, maracas, guiros (Caribbean instruments). Students will meet twice a week for 4 weeks and end each session with a performance at a local parade/event.

Day:	Date:	Time:	Location:
<b>Fall</b>			
A: Monday & Wednesday	9/28 to 10/26 (no class: 10/10)	5:00 - 6:00pm	AACCCC
*Performance: Yorktown Lions Halloween Parade, 10/29 at 2:00pm*			
B: Monday & Wednesday	11/2 to 11/30 (no class: 11/23)	5:00 - 6:00pm	AACCCC
*Performance: Holiday Lights Parade, 12/3 at 6:30pm*			
Fee:	Resident: \$240.00	Nonresident: \$288.00	

## SKI, SNOWBOARD, OR FREESTYLE LESSONS

Thunder Ridge Ski Area located in Patterson, NY will continue offering our residents a value pack of ski or snowboard lessons. Details to follow.



# ADULT SPORTS INFORMATION

## MEN'S ADULT SOCCER

Yorktown Parks and Recreation has been offering Men's soccer leagues for the last decade. Monday sessions will start in September at Legacy Field from 8:30 to 10:00pm. Wednesday sessions are currently in progress and will continue through November. Wednesday nights are for elite soccer teams with games held at Legacy Field from 9:00 to 11:00pm. These leagues are meant to provide exercise, competition and a family like feeling amongst all the participants. Leagues will be created based on the competitiveness and quality of each team. There will be separate levels of competition, Monday for competitive and Wednesday for elite. The leagues are run and organized by KIIDS INC. For more information call 914-962-8865 and ask for Rick Romanski or Brandon Paulicelli @ 914-450-3719.

## YORKTOWN FLAG FOOTBALL LEAGUE

Northern Westchester's premier flag football league consists of three divisions of 6 v. 6. League starts September 18th and runs through mid-December (End date depends on number of teams). Games are held on Sundays from 8:00am to 11:30am at the Granite Knolls Facility. League information and registration forms will be posted on our website: [www.yorktownny.org/parksandrecreation](http://www.yorktownny.org/parksandrecreation). League registration deadline: September 7th, 2022. Note: League will not play Columbus Day weekend or Thanksgiving weekend.

Continued on next page



## YORKTOWN WEEKNIGHT SOFTBALL LEAGUES

### Open Competitive, Men's Modified and Coed

Weeknight Fall League offers a 6-game regular season of softball followed by Playoffs with games played at Downing Park. Season starts September 12, 2022. Website: [www.ysaleagues.com/ypr](http://www.ysaleagues.com/ypr). Email: [info@ysaleagues.com](mailto:info@ysaleagues.com).

## PICKLEBALL/TENNIS PASSES

Courts available at Granite Knolls Park and Blackberry Woods Park. All levels welcome. Open from April to late November. Passes are available for purchase on our website: [register.capturepoint.com/Yorktown](http://register.capturepoint.com/Yorktown). Resident: \$40.00 – Nonresident: \$125.00.

# ADULT PROGRAMS

## HIKE TO GRANITE KNOLLS GIANT BOULDER

John E. Schroeder

A hike from Woodlands parking lot, Legacy Field parking lot on Strang Blvd across the Taconic pedestrian bridge, thru Granite Knolls to a large glacial erratic boulder that was partially quarried. Walk by evidence of early quarrying by the Mohegan Granite Company. Wear weather appropriate clothing, sturdy comfortable footwear, bring insect repellent and water. Open to all ages that can walk on rough surfaces for 2-3 hours total. Rain or shine.

Day:	Date:	Time:	Location:
A: Sunday	10/16	1:00pm	Woodlands Parking Lot Legacy Field Parking Lot 3100 Strang Blvd, Yorktown Hts.
Fee:	Resident: No fee	Nonresident: No fee	

## TAEKWONDO FITNESS FOR WOMEN

Lorna Groux, Black Belt Instructor

### Program No: 303-A, B (8 classes)

About the program: Interested in toning your arms, strengthening your core and more? This class reduces the risk of injury and is a great stress reliever. Have fun with Lorna. No experience necessary!

Day:	Date:	Time:	Location:
<b>Fall</b> A: Wednesdays	9/21 to 11/16 (no class: 10/5)	9:30-10:30am	PHILAM Self Defense
<b>Winter</b> B: Wednesdays	1/11 to 3/8 (no class: 2/22)	9:30-10:30am	PHILAM Self Defense
Fee:	Resident: \$150.00	Nonresident: \$180.00	



## TAKE A WALK OR HIKE IN YORKTOWN

Jane and Walt Daniels

Learn where to walk or hike in the more than 60 miles of trails in Yorktown of which ~40 miles are town owned in this free seminar. Jane and Walt Daniels are the authors of Walkable Westchester, a comprehensive guide to over 600 miles of trails in Westchester County. They also are responsible for managing the folks who maintain the trails and do trail repairs.

Day:	Date:	Time:	Location:
A: Wednesdays	9/14	7:30-8:30pm	Sparkle Lake Building

## GENTLE YOGA

Lisa Thomas, Instructor

### Program No: 304-A, B (8 classes)

#### Eligibility: 16 years and up

About the program: A gentle blend of asanas combined with breath and relaxation exercises. Build strength, balance and flexibility. Includes standing, sitting and floor work posture that strengthen and lengthen, while calming the mind. Perfect for all levels. This is a very inclusive safe class with many options and modifications, all with the primary goal for helping people live healthy and happy lives. Participants, please bring mat and water.

Day:	Date:	Time:	Location:
<b>Fall</b> A: Mondays	9/12 to 11/7 (no class: 10/10)	11:00am-12:00pm	Granite Knolls Park
<b>Winter</b> B: Mondays	1/9 to 3/13 (no class: 1/16 and 2/20)	11:00am-12:00pm	AACCCC Room 209
Fee:	Resident: \$132.00	Nonresident: \$158.40	



## KUNG FU: CHINESE KENPO KARATE SELF DEFENSE FOR EVERYONE

Sifu Nat Costanzo, 8th Teng

### Program No: 305-A (4 classes)

#### Eligibility: 12 years and up

About the program: This class is open to all beginners, as well as those who have had experience in any martial art. Tired of paying high prices for Martial Arts and signing contracts? Come and join our Yorktown Program Class and get into shape, plus learn how to defend yourself by learning the ancient secrets of Shaolin. This program will teach basic self-defense stances, blocks, hand weapons and techniques. Simple to intermediate Katas (forms) will be taught, as well as progressive self-defense material. You will also stretch, tone and condition your body and be provided with a challenging workout. Note: This class has sparring. Sifu Nat Costanzo has intensively trained for over 35 years in the five systems of Chinese Kung Fu (Shaolin Chuan, Tai Chi, Pau Kua Chang, Hsing-I Chuan and Shuai Chiao). Nat has been featured in Inside Kung-Fu, Blackbelt, Tai Chi Chi-Kung and most recently, Living and Being magazines.

Day:	Date:	Time:	Location:
A: Wednesdays	11/2 to 11/30 (no class: 11/23)	6:30-7:30pm	Sparkle Lake Building
Fee:	Resident: \$60.00	Nonresident: \$72.00	



## CHANG TAI CHI AND CHI KUNG FOR EVERYONE

Sifu Nat Costanzo, 8th Teng

**Program No: 306-A (4 classes)**

**Eligibility: 12 years and up**

About the program: This class is open to all beginners as well as those who have had experience. Perfected over 2000 years ago, Tai Chi is a low impact workout designed to increase your mental and physical energy. Tai Chi is the most popular Chinese exercise in the world and is practiced daily by millions of people both young and old. The short form will be taught, as well as Chi Kung exercises and stretching to improve one's flexibility, balance and coordination. Chang Style Tai Chi will help you achieve total harmony of body, mind and spirit. The slow rhythmic movements of Tai Chi will tone muscles, improve overall fitness, improve your balance and heighten your senses.

<b>Day:</b>	<b>Date:</b>	<b>Time:</b>	<b>Location:</b>
A: Wednesdays	11/2 to 11/30 (no class: 11/23)	7:30-8:30pm	Sparkle Lake Building
Fee:	Resident: \$60.00	Nonresident: \$72.00	

## PAINTING IN OIL AND ACRYLICS

Terry Fokine, Instructor

**Program No: 307-A, B (10 classes)**

**Eligibility: 13 years & older.**

About the program: This program is for all levels, from beginner to advanced painters. We will cover values, composition, and color using still life, photographic material, and plein air. A complete supply list is available at the recreation office. Participants must bring their own canvas, paints and paper towels.



<b>Day:</b>	<b>Date:</b>	<b>Time:</b>	<b>Location:</b>
<b>Fall</b>			
A: Saturdays	9/10 to 11/12	9:00am - 12:00pm	Sparkle Lake Service Building
<b>Winter</b>			
B: Saturdays	1/7 to 3/11	9:00am - 12:00pm	Sparkle Lake Service Building
Fee:	Resident: \$130.00	Nonresident: \$156.00	

## PILATES

Jennifer Longobardi, Instructor

**Program No: 308-A (10 classes)**

About the program: Class centers around floor exercises where students use their own resistance through a series of exercises ranging from beginner to advanced. Through this great workout, increase your strength and balance while releasing tension in your body.

Improves posture and alignment and can decrease those aches and pains in your back! Zoom classes may be available!

<b>Day:</b>	<b>Date:</b>	<b>Time:</b>	<b>Location:</b>
A: Tuesdays	9/13 to 11/22	6:00 - 7:00pm	AACCC Room 104
Fee:	Resident: \$120.00 (no class: 11/8)	Nonresident: \$144.00	

## INTRODUCTION TO FENCING

Jim Bernitt, Westchester Fencers Club

**Program No: 309-A (6 classes)**

About the program: **For ages 14+.** An introduction to the sport that will last you a lifetime. Instruction includes basic exercises, footwork and mobility, fundamental weapon manipulation and fencing rules. Students work with each other and with the instructor for a total of six sessions. All protective gear (except gloves) and foils are provided. Participants can use either their own leather gloves or purchase their own (from suppliers or through the activity). Instruction is given and gear is supplied under the auspices of Westchester Fencers Club, a member of the United States Fencing Association. Venue rules will be explained at the first session.



<b>Day:</b>	<b>Date:</b>	<b>Time:</b>	<b>Location:</b>
A: Thursdays	9/15 to 10/20	7:00 - 8:00pm	United Methodist Church 1176 E. Main Street, Shrub Oak
Fee:	Resident: \$135.00	Nonresident: \$162.00	

## CO-ED VOLLEYBALL

Christine Heitman, Instructor

**Program No: 310-A, B (8 sessions)**

About the program: Fun adult volleyball pick-up games. Games are meant to be fun in a relaxed environment. Come to the gym, form teams and play volleyball! Volleyball is cancelled when school is closed due to snow!

<b>Day:</b>	<b>Date:</b>	<b>Time:</b>	<b>Location:</b>
<b>Fall</b>			
A: Tuesdays	11/15 to 1/10 (no class: 12/27)	8:00-10:00pm	Mildred E. Strang Middle School
<b>Winter</b>			
B: Tuesdays	1/24 to 3/21 (no class: 2/21)	8:00-10:00pm	Mildred E. Strang Middle School
Fee:	Resident: \$80.00	Nonresident: \$96.00	

## PEN AND INK WITH JUDIKA

Judika Lieberman, Instructor

**Program No: 311-A (6 classes)**

About the program: Discover the beauty of pen & ink drawing. Create dynamic black & white images, figurative, realistic, design or abstracts. Explore the versatility of positive and negative space. Become inspired by the artist, Audrey Beardsley the Art Deco period and more. Learn how to use a crowquill, and/or Micron pen. Various techniques will be demonstrated and taught. Judika Lieberman is an artist by education and profession. Her work has been widely exhibited from East to West coast. A complete supply list is available at the Parks and Recreation office.

<b>Day:</b>	<b>Date:</b>	<b>Time:</b>	<b>Location:</b>
A: Tuesdays	9/13 to 10/18	11:00 - 12:30pm	Sparkle Lake Service Building
Fee:	Resident: \$110.00	Nonresident: \$132.00	

Continued on next page



## BALLROOM DANCE FOR COUPLES

Cameron Kelly, Instructor

### Program No: 313-A, B

About the program: Learn to dance with your special someone or meet new friends! Bring back fun and romance to your life by dancing at parties and weddings instead of sitting on the sidelines. Learn swing, chacha, foxtrot and hustle. Note: Each individual must register.

Day:	Date:	Time:	Location:
<b>Fall</b> A: Tuesdays	9/13 to 11/1 (PLEASE NOTE: 11/1 will be hosted at Granite Knolls Pavilion, all other classes will be at the Gym))	7:30 – 8:30pm	AACCCC Gym/Granite Knolls
<b>Winter</b> B: Tuesdays	1/10 to 2/28	7:30 – 8:30pm	AACCCC Gym
Fee:	Resident: \$142.00	Nonresident: \$170.40	

## COUNTRY LINE DANCE

Cameron Kelly, Instructor

### Program No: 314-A, B (8 classes)

About the program: Line dancing is so much fun and excellent exercise. Dance to country, latin, and pop hits! You don't ever need a partner, easy to learn steps and combinations. Come make some new friends.

Day:	Date:	Time:	Location:
<b>Fall</b> A: Tuesdays	9/13 to 11/1 (PLEASE NOTE: 11/1 will be hosted at Granite Knolls Pavilion, all other classes will be at the Gym))	6:15 - 7:15pm	AACCCC Gym/Granite Knolls
<b>Winter</b> B: Tuesdays	1/10 to 2/28	6:15 - 7:15pm	AACCCC Gym
Fee:	Resident: \$142.00	Nonresident: \$170.40	

## YOGA FOR ALL

Chris Tangerman, Instructor

### Program No: 315-A (8 classes)

About the program: This centuries old practice is today's most popular fitness endeavor. Increase your body's strength and flexibility. As you practice Asanas (postures) along with conscious breathing. You will achieve a sense of calm, balance and well-being. Class ends with deep relaxation. Chris is an experienced and motivational instructor that works with every individual.

Day:	Date:	Time:	Location:
A: Mondays	9/12 to 11/7 (no class: 10/10) (Please note 10/31 and 11/7 will be held in Room 104, all other classes will be at the Gym)	5:00 – 6:00pm	AACCCC Gym/Room 104
Fee:	Resident: \$142.00	Nonresident: \$170.40	



## ZUMBA DANCE WORKOUT

Suzi Tipa, Instructor

### Program No: 316-A, B (8 classes)

About the program: Dance and have fun while you burn calories and get your body moving again. Zumba is the best easy-to-follow fitness program that gets you back into shape fast!

Day:	Date:	Time:	Location:
<b>Fall</b> A: Thursdays	9/15 to 11/3	5:00-6:00pm	Granite Knolls Pavilion
<b>Winter</b> B: Thursdays	1/12 to 3/2	5:00-6:00pm	AACCCC Gym
Fee:	Resident: \$142.00	Nonresident: \$170.40	

## FIT4MOM PROGRAMMING STROLLER STRIDES

Dana Pavella, Instructor

About the program: Stroller strides is a functional, total-body conditioning workout designed for moms with kids in tow. Each 60 minute workout is comprised of strength training, cardio, and core restoration, all while entertaining little ones with songs, activities, and fun! Each Stroller Strides instructor is skilled to meet you where you are mentally and physically. You'll leave class feeling connected, successful and energized! No more mama guilt! This class is about self-care in a supportive and encouraging environment.

Please refer to [www.yorktown.fit4mom.com](http://www.yorktown.fit4mom.com) or call 914-302-9994

Mon., Wed. & Fri at 9:30am - 10:30am.



## BODY BOOST

About the program: A high intensity interval training (HIIT) workout designed to challenge, empower and energize you. Combining cardio, strength training, core work, and meditation. This 60-minute class is just for you and will leave you feeling refreshed and recharged for motherhood and all that comes with it. Please refer to [www.yorktown.fit4mom.com](http://www.yorktown.fit4mom.com). Mondays and Thursdays at 7:30-8:30pm and Saturdays at 7:30 - 8:30am

## RUN CLUB

About the program: Take your running to the next level with our 8 week guided training program. Whether you're training for a specific running goal such as a 5k, 10k or half marathon or simply want the support and structure of a run-training program, we provide at-home and in-person opportunities to train, learn and improve. Included in the 8 weeks are tips for getting started, detailed training plans for a variety of distances or general running, as well as nutrition tips for fueling during training. Each week, you'll receive e-mail support, accountability and progress check-ins from your Run Club Coach.

Please refer to [www.yorktown.fit4mom.com](http://www.yorktown.fit4mom.com). Tuesdays at 7:30 - 8:30pm



# SENIOR CITIZEN PROGRAMS W/ YPR

Senior Citizens are defined as permanent Yorktown residents ages 60 and over.

## SENIOR PAINTING

Kathy Pasquale, Instructor

**Program No: 401-A, B (Fall) 402-A, B (Winter) (10 classes)**

About the program: Come paint with me in acrylics and oils. Two Hour Session (A): Classes include a variety of step by step lessons to build and improve technique and skills. Open to the very beginner or the more seasoned artists. Handouts and painting materials are provided in a fun and relaxed atmosphere. One Hour Session (B): Open studio time. Participants receive one on one guidance and instruction.

**Note: Students must bring their own brushes and canvases. Bringing a reference photo and sketch pad is recommended.**

Day:	Date:	Time:	Location:
<b>Fall</b>			
A: Mondays	9/12 to 11/21 (no class: 10/10)	A: 9:30-11:30am B: 10:30-11:30am	Sparkle Lake Building
<b>Winter</b>			
A: Mondays	12/12 to 2/27 (no class: 12/26, 1/2)	A: 9:30-11:30am B: 10:30-11:30am	Sparkle Lake Building
Fee:	A: Resident: \$50.00 B: Resident: \$10.00	Nonresident: \$60.00 Nonresident: \$30.00	



## CHAIR YOGA (VIRTUAL) ZOOM

Sharron Cohen, Instructor

**Program No: 403-A, B**

About the program: Gentle chair yoga for seniors who may have difficulty getting up and down from the floor. Breathing practice, stretching and flexibility movements, ending with meditation and deep relaxation in the chair.

Day:	Date:	Time:	Location:
<b>Fall</b>			
A: Wednesdays	9/14 to 11/2	10:00 - 11:00am	ZOOM (online)
<b>Winter</b>			
B: Wednesdays	1/11 to 3/1	10:00 - 11:00am	ZOOM (online)
Fee:	Residents: No fee	Nonresident: \$30.00	



## SENIOR LINE DANCING

Betty Boot, Instructor

**Program No: 404-A**

About the program: Come and join Betty Boot in some fun County-Western Line dancing steps.

Day:	Date:	Time:	Location:
A: 1st and 3rd Wednesdays	9/7 to 11/16	12:00-1:00pm	Granite Knolls Pavilion
Fee:	12/7 to 3/15 Resident: No Fee	12:00-1:00pm Nonresident: \$30.00	AACCCC Gym

## FALL PREVENTION

Naomi Cohen PT, Instructor

**Program No: 405-A, B (Fall) 406-A, B (Winter) (8 classes)**

About the program: Classes offer exercises to improve bone density, balance, strength, posture and endurance. Information regarding wellness, nutrition and life style offered as well.

Day:	Date:	Time:	Location:
<b>Fall</b>			
A: Thursdays	9/15 to 11/3	2:30 - 3:30pm	Sparkle Lake Building
B: Fridays	9/16 to 11/4	1:00 - 2:00pm	Sparkle Lake Building
<b>Winter</b>			
A: Thursdays	1/12 to 3/2	2:30 - 3:30pm	Sparkle Lake Building
B: Fridays	1/13 to 3/3	1:00 - 2:00pm	Sparkle Lake Building
Fee:	Resident: No fee	Nonresident: \$30.00	

## SENIOR DANCE & EXERCISE

Cameron Kelly, Instructor

**Program No: 407-A, B (10 classes)**

About the program: Line dancing with some fitness exercise.

Day:	Date:	Time:	Location:
<b>Fall</b>			
A: Fridays	9/9 to 11/18  (no class: 11/11) (Please note 10/28 and 11/4 will be held at Granite Knolls Pavilion, all other classes will be at the Gym)	10:45 - 11:45am	AACCCC Gym/ Granite Knolls Pavilion
<b>Winter</b>			
B: Fridays	1/6 to 3/10	10:45 - 11:45am	AACCCC Gym
Fee:	Residents: No fee	Nonresident: \$30.00	



## BRIDGE CLUB

Mark Lieberman

**Program No: 408-A, B**

Day:	Date:	Time:	Location:
<b>Fall</b>			
A: Wednesdays	9/14 to 12/21	1:00-4:00pm	Sparkle Lake Building
<b>Winter</b>			
B: Wednesdays	1/4 to 3/29 (no class: 2/22)	1:00-4:00pm	Sparkle Lake Building
Fee:	Residents: No fee	Nonresident: \$30.00	

Continued on next page



## MAH JONG CLUB

Betty Amico

Program No: 409-A, B

Day:	Date:	Time:	Location:
<b>Fall</b> A: Tuesdays	9/6 to 12/20	10:00am-12:00pm	AACCCC Room 26
<b>Winter</b> B: Tuesdays	1/3 to 3/28	10:00am-12:00pm	AACCCC Room 26
Fee:	Residents: No fee	Nonresident: \$30.00	

## YORKTOWN SENIOR CENTER

Noreen O'Driscoll, Director • 914-962-7447 • 9:00am-3:00pm

**NUTRITION PROGRAM:** Seniors 60 years and older, join us for lunch at the Yorktown Senior Center. Eat with friends and meet new people! Hot lunch is served in the Senior Center, Monday - Friday at 12 pm. Reservations are required at least one day in advance by 1:00 pm. Suggested donation is \$2.50. Please contact the Senior Center for more information or to make a reservation. Monthly Menu can be found online at [www.yorktownny.org/senior](http://www.yorktownny.org/senior)

**HOMEBOUND MEALS:** A hot meal is delivered to eligible homebound seniors Monday through Friday. There is a suggested contribution for these services. Call the Senior Center for more information. Monthly Menu can be found online at [www.yorktownny.org/senior](http://www.yorktownny.org/senior)

**TRANSPORTATION:** Yorktown Senior Center provides transportation for seniors:

- Weekdays to and from the Senior Nutrition Program -On Tuesdays to local supermarkets
- To medical providers in Yorktown. Requires reservation at least one week in advance. There is a suggested contribution for these services. Call the Senior Center for more information and to make a reservation.

**PROGRAMS:** Yorktown Senior Center provides many different and fun activities, programs and events throughout the year. Programs and activities include but not limited to:

- Card Games & Bingo: Monday - Friday from 10am to 12noon
- Billiards pool table for open play is available between 9:00am to 3:00pm.
- Sugar Screenings
- Exercise Classes
- Blood Pressure Reading
- Monthly Speakers
- Shopping

Please check the calendars in the Senior Newsletter for upcoming events and times

## SENIOR CITIZEN CLUBS

All clubs (except St. Patrick's Seniors & AARP) normally meet at the Albert A. Capellini Community & Cultural Center, Room 16

For questions regarding Nutrition Program: Noreen O'Driscoll, Director 914-962-7447

For questions regarding Senior clubs: James Martorano Jr, Superintendent of Parks & Recreation 914-245-4650

- **Yorktown Chapter I Meetings:** Tuesdays - 10:00am to 2:00pm • President: Janet Novak – 245-7318
- **Shrub Oak Seniors Meetings:** Mondays - 10:00am to 1:00pm • President: Bea Perkins – 302-2708
- **AARP-The American Association of Retired Persons Meetings:** Wednesday (2nd) - 1:30pm in Nutrition Room • President: Julie Nielsen - (914) 522-0702
- **St. Patrick's Seniors Meetings:** Tuesday (3rd) – 10:00am in Parish Center • President: Carol Manse – 245-2953
- **Jefferson Village Travel Club** President: Jim Higgins – 302-2836

## SENIOR NEWSLETTER

The Senior Newsletter is a bi-monthly circular pertaining to Senior Citizens' activities and special events calendars, along with timely articles of interest to Yorktown seniors. Newsletters can be found at Recreation Office, Senior Center, Town Hall, Library or online at [www.yorktownny.org/senior](http://www.yorktownny.org/senior). If you would like to submit any articles or information to the newsletter, please call the Recreation Office at 245-4650

## YORKTOWN SENIOR ADVISORY COMMITTEE

The Town of Yorktown Senior Advisory Committee is a non-political committee, appointed by the Town Board, representing the senior citizens of Yorktown. Meetings for the Yorktown Senior Advisory Committee are held the third Friday of the month at 1:00pm at the Yorktown Town Hall, 363 Underhill Avenue, Yorktown Heights. For additional information on adjusted location, Call Jim Martorano at 914-245-4650x26.



# GOLF

## ADULT BEGINNER GOLF INSTRUCTION

**Program No: 501-A, B, C (5 classes)**

**Eligibility: 18 to 70 years old, Beginner/ Advanced Beginner**

About the program: Instructions for beginners about the game of golf.

Day:	Date:	Time:
<b>A:</b> Tuesdays	9/13 to 10/11	6:00-7:00pm
<b>B:</b> Wednesdays	9/14 to 10/19 (no class: 9/28)	6:00-7:00pm
<b>C:</b> Thursdays	9/15 to 10/13	6:00-7:00pm
Fee:	Resident: \$150.00	Nonresident: \$180.00

**Joseph Raitano PGA, Mohansic Golf Course Driving Range**

**Location:**  
Mohansic Golf Course  
Mohansic Golf Course

Mohansic Golf Course



# TENNIS AND PICKLEBALL

## 5-8 YEAR OLD TENNIS

**Program No: 502-A, B, C (8 classes)**

**Eligibility: 5-8 years old**

About the program: Students start to develop basic essential skills – handling and swinging racquet, throwing, rolling and catching. Students will focus on basic movements: running, jumping and balance. The main goal of the class is to develop body control using tennis-based activities and to have fun! Rain make-up classes will be held on Fridays. Note: students should bring tennis racquet and balls (loaner racquets and balls available)

Day:	Date:	Time:
<b>A:</b> Mondays	9/12 to 11/7 (no class: 10/10)	4:30-5:30pm
<b>B:</b> Tuesdays	9/6 to 10/25	4:30-5:30pm
<b>C:</b> Thursdays	9/8 to 10/27	4:30-5:30pm
Fee:	Resident: \$180.00	Nonresident: \$216.00

**Shrub Oaks Tennis**

## 9-11 YEAR OLD TENNIS

**Program No: 503-A, B, C (8 classes)**

**Eligibility: 9 -11 years old**

About the program: Basic stroke shape will be introduced along with proper movement and recovery. Students will focus on receiving and sending the ball. Players will work together in cooperative activities. Students will be introduced to competitive situations and learn match format and scoring. Rain make-up classes will be held on Fridays. Note: students should bring tennis racquet and balls (loaner racquets and balls available).

Day:	Date:	Time:
<b>A:</b> Mondays	9/12 to 11/7 (no class: 10/10)	5:30-6:30pm
<b>B:</b> Tuesdays	9/6 to 10/25	5:30-6:30pm
<b>C:</b> Thursdays	9/8 to 10/27	5:30-6:30pm
Fee:	Resident: \$180.00	Nonresident: \$216.00

**Shrub Oaks Tennis**



## 12-16 YEAR OLD TENNIS

**Program No: 504-A, B, C (8 classes)**

**Eligibility: 12-16 years old**

About the program: Students will learn basic form and stroke mechanics. The main goal is to establish form and timing of all major shots. Basic foot-work will be emphasized as well. Rain make-up classes will be held on Fridays. Note: students should bring tennis racquet and balls (loaner racquets and balls available).

Day:	Date:	Time:
<b>A:</b> Mondays	9/12 to 11/7 (no class: 10/10)	6:30-7:30pm
<b>B:</b> Tuesdays	9/6 to 10/25	6:30-7:30pm
<b>C:</b> Thursdays	9/8 to 10/27	6:30-7:30pm
Fee:	Resident: \$180.00	Nonresident: \$216.00

**Shrub Oaks Tennis**

## ADULTS BEGINNER/INTERMEDIATE TENNIS

**Program No: 505-A, B (8 classes)**

**Eligibility: 16 years old and up**

About the program: Students will work on generating spins and control power. Singles and doubles strategies will be covered. Students are expected to play out points using a variety of play patterns. Rain make-up classes will be held on Fridays. Note: students should bring tennis racquet and balls (loaner racquets and balls available).

Day:	Date:	Time:
<b>A:</b> Tuesdays	9/6 to 10/25	7:30-8:30pm
<b>B:</b> Thursdays	9/8 to 10/27	7:30-8:30pm
Fee:	Resident: \$200.00	Nonresident: \$240.00

**Shrub Oaks Tennis**

Continued on next page



# PICKLEBALL LEAGUES

All participants must have a Tennis/Pickleball Pass to register for leagues.

## SUNSET PICKLERS

Program No: 510- C

Eligibility: 3.0 to 4.0 / Intermediate skill level only

**Day:** C: Fridays  
**Date:** 9/23 to 10/28  
**Fee:** Resident: \$65.00

**Time:** 5:30-7:30pm  
 Nonresident: \$65.00

Joan McGillicuddy, Instructor

**Location:** Granite Knolls Park Courts 3-6



## E-SPORTS LEAGUES

Join the Yorktown community in playing your favorite esports! Play your favorite video games, meet others, and most of all, have fun. Compete locally against your friends through Yorktown Parks and Recreation's Esports League. Participants can play on teams or individually to gain points that are tracked throughout the 6 week league run time, followed by Playoffs and Championships. Note: Participants must already have access to gaming console, desired game and an internet connection. Fortnite does not have a Youth division league.



**Games Offered:** Mario Kart 8 Deluxe (Nintendo Switch), Super Smash Bros Ultimate (Nintendo Switch), Madden 22 (PS5 and Xbox Series X/S, Fortnite (13+), and Rocket League (13+)

**Divisions:**  
 507-A: Youth (8-12)  
 508-A: Teen (13-18)  
 509-A: Adult (18+)

**A: Fall Season leagues launch 10/3**

**Registration Process:** Visit Yorktown Parks and Recreation Community Pass website to purchase your Season Pass. Upon purchase, you will be sent a Code. Go to GGLeagues.com and create an account or Login. Search for Yorktown, enter the Code and sign up for any leagues you would like to participate in.

**Resident Fee:** \$40.00

**Location:** Comfort of your own home!

**Registration Dates:** 8/30 to 9/19

## AQUATIC PROGRAMS

### COMPETITIVE SWIMMING CLINIC

Beth Kear

Program No: 701-A (Fall) 701-B (Winter) 701-C (Spring) (8 classes)

Eligibility: 8 - 16 years old (under 8 must be evaluated by coach at first session)

About the program: This program will be run as a competitive swim team practice focusing on preparing youngsters for competition. Younger swimmers will be taught the 4 competitive strokes (butterfly, backstroke, breaststroke, freestyle) as well as receiving an introduction to starts and turns. Seasoned swimmers will be geared towards strength, conditioning and speed training. **This is not a beginner's swim lesson program.**

Day:	Date:	Time:	Location:
<b>Fall</b>			
A: Saturdays	9/24 to 11/19 (no class: 10/8)	8:00 - 9:30am	LCBMS Pool
<b>Winter</b>			
B: Saturdays	1/7 to 3/4 (no class: 2/25)	8:00 - 9:30am	LCBMS Pool
<b>Spring</b>			
C: Saturdays	3/18 to 5/13 (no class: 4/8)	8:00 - 9:30am	LCBMS Pool
Fee:	Resident: \$155.00	Nonresident: \$186.00	

### YORKTOWN SWIM & DIVE TEAM

Brian J. Slavin Facility

Participate in a 6-7 week program beginning June 2023. New Swimmer Evaluations will be done at night the first week. All practice sessions are Monday thru Friday emphasizing quality stroke development and competitive diving instruction. All Registration information: Log on to: [www.yorktown.org/](http://www.yorktown.org/) and go to Parks & Recreation page to download the YSDT information/registration form.

Eligibility: Yorktown residency or membership to Town pool facilities is **REQUIRED**. For additional questions regarding the team please call (914) 438.1315.



# COOPERATING AGENCIES

## THE YORKTOWN TEEN CENTER

The Yorktown Teen Center is a positive safe place where teens come together to have fun and form friendships as they develop their self-esteem and learn to give back to their community. It is located in room 102 in the Albert A Capellini Community and Cultural Center and is open to youth in grades 6 to 12 who reside in the Town of Yorktown. For more information about the center, hours, and upcoming events, visit our website at [www.yorktowntc.org](http://www.yorktowntc.org) or call at 302-2123.

## NOR-WEST REGIONAL SPECIAL SERVICES

### Special Recreation for Special Populations

Nor-West Regional Special Services is a social service agency that provides community-based therapeutic recreation programs, respite and transportation services to persons ages 5 to 65 with differing abilities residing in the northwestern portion of Westchester County. For further information and current program information, visit their website: [www.nor-west.org](http://www.nor-west.org)

## SPARC – SPECIAL PROGRAM AND RESOURCE CONNECTION

### Recreation, Social and Therapeutic services

SPARC is a not-for-profit agency that provides adapted and skill based programs to children, teens and adults. Two divisions of services offer: Kids Express, an after school recreation program for all children attending Yorktown and Lakeland elementary schools. Therapeutic Recreation programs serve participants with developmental disabilities. For more information call (914) 243-0583 or visit the websites [www.sparcinc.org](http://www.sparcinc.org) or [www.kids-express-sparc.org](http://www.kids-express-sparc.org)

## NEW YORK-NEW JERSEY TRAIL CONFERENCE

The Trail Conference publishes books and maps that guide public use on trails. In Yorktown, their corps of volunteers maintain trails in Granite Knolls Park, Mohansic Trailway, Rock Hill Park, Sylvan Glen Park Preserve, Turkey Mountain Nature Preserve, Woodlands Legacy Field Park and Yorktown Trailway under a legal agreement with the Town. Westchester Mountain Biking Association (WMBA) volunteers in conjunction with the Trail Conference maintain some trails in Granite Knolls Park and the Yorktown Trailway. WMBA promotes the recreational use of mountain bikes on trails in a safe and environmentally sound manner. For more information about the Trail Conference and WMBA see [nynjtc.org](http://nynjtc.org) and [WMBA.org](http://WMBA.org).

## YORKTOWN TRAIL TOWN COMMITTEE

The Yorktown Trail Town Committee is a 501c3 volunteer based organization that promotes the recreational, health, social, and economic benefits of Yorktown's extensive trail network. The Committee carries out trail related projects and sponsors events, including guided walks, hikes and cycle rides. For more information, see [www.yorktowntrailtown.org](http://www.yorktowntrailtown.org), or visit us on social media at [www.facebook.com/yorktown-trailtown](http://www.facebook.com/yorktown-trailtown) or [www.instagram.com/yttcny](http://www.instagram.com/yttcny).

## TOWN OF YORKTOWN MUSEUM

Located Top Floor in Yorktown Community & Cultural Center The museum has an extensive Library/Research room that includes genealogical and local history information, along with a gift shop that offers reproductions and unique gifts. Museum Hours: Saturdays 12noon to 3:00pm Tuesday & Thursdays 11:00am to 4:00pm Contact: (914) 962-2970 or visit the website at [www.yorktownmuseum.org](http://www.yorktownmuseum.org)

## ALLIANCE FOR SAFE KIDS (ASK)

The Alliance for Safe Kids, Inc. (ASK) is a 501c3 non-profit organization in Yorktown that collaborates with all sectors of the community to provide youth and families with the information and skills needed to support a healthy lifestyle by sharing resources that promote: Youth Mental Health, Prevention of Substance Abuse and Opportunities for Thoughtful Service. For more information and to find out how to get involved, visit our website [www.allianceforsafekids.org](http://www.allianceforsafekids.org).



## YORKTOWN YOUTH SOCCER CLUB

YYSC specializes in the development of youth soccer for boys and girls ages 4 to 14 (must be 4 as of November 30). For additional information please call Rick Romanski at (914) 962-8865 or visit [www.yorktownsoccer.org](http://www.yorktownsoccer.org)

## SHRUB OAK ATHLETIC CLUB

The Shrub Oak Athletic Club is a youth sports organization serving Northern Westchester and Southern Putnam Counties, NY. Our in-house programs focus on the value of teamwork, learning the game, sportsmanship and just having fun. Travel programs are also available. Visit: [www.shruboakac.org](http://www.shruboakac.org)

## YORKTOWN ATHLETIC CLUB

The Yorktown Athletic Club, Inc. provides a variety of organized youth sports. We offer both Recreational and Travel sport programs that are age appropriate and are designed for full participation. Visit: [www.yacsports.com](http://www.yacsports.com)

## THE ENRICHMENT CENTER of YORKTOWN

The Enrichment Center is a non-profit before and after school program for students living in the Yorktown School District. A variety of activities are provided in a safe, nurturing environment, where each child's emotional, social and physical development is encouraged. The programs are located at the Elks Lodge (Grades K-8). To learn more about our programs visit our website: [www.yorktown.org](http://www.yorktown.org) under Community Links or call 302-7977.

## YORKTOWN PARKS AND RECREATION DEPARTMENT

245-4650 • Fax 245-1608

Office Hours: Monday thru Friday, 8:30am to 4:30pm  
Registration Hours: Monday thru Friday, 9:00am to 4:00pm

## ONLINE REGISTRATION

- Go to [www.yorktownny.org/parksandrecreation](http://www.yorktownny.org/parksandrecreation)
- On the left side of the page, click on ONLINE REGISTRATION
- This will bring you to Community Pass
- If an existing user, login to the right
- If a new user, create an account by clicking Create an Account on the left
- Note: All family members in household should be added to the account. To add a family member:
- Click **VIEW ACCOUNT**
- Click **ADD CHILD** or **ADD ADULT** under Individual Information
- Be sure to add correct birth date – some programs are restricted by age
- Once logged in and all family members added, click the gold **CLICK HERE TO REGISTER** button

From here you will be able to scroll through our virtual catalog of programs and events available through Yorktown Parks and Recreation.

- Select your desired program by clicking on the name
- Click **ADD TO CART** on the right
- Select family member(s) to be registered for the program
- When ready to checkout, click **CHECKOUT** in the upper right hand corner

**Checkout will prompt payment with credit card. Registration is not complete until payment is processed. For other payment methods see here: Cash and check payments may be accepted at the Parks and Recreation office. No internet? No problem! Just stop by Yorktown Parks and Recreation office to register: 176 Granite Springs Road Yorktown Heights, NY 10598.**





# LOOKING AHEAD:

## SPRING/SUMMER 2023 REGISTRATION SCHEDULE:

- **Tuesday, March 29th at 9:00am:** General Programming, Sports Camps and Specialty Camps
- **Thursday, March 30th at 9:30am:** Yorktown/Lakeland Full Day Camp, Half Day Camp, Extended Day Camp and Travel Camp
- **Monday, April 24th at 9:30am:** Non-resident for all camps if room available Note: 20% sur-charge
- **Monday, May 1st at 10:00am:** Pool Memberships available online and in-person
- **Friday, May 19th:** Final Day for all Day Camp Registrations

## Prospective Day Camp Dates/Times:

Half Day: Tuesday, June 27th to Friday, July 28th	8:30am-12:00pm
Full Day: Tuesday, June 27th to Friday, July 28th	8:30am-3:00pm
Extended Day: Tuesday, June 27th to Friday, July 28th	3:00pm-6:00pm
Travel Camp: Monday, July 3rd to Thursday, July 27th	*8:45am-3:00pm

\*trip times vary

Camp will not be held Tuesday, July 4th

## Special Events:

Yorktown Lions Easter Egg Hunt: Saturday, April 1st

Registration opens Monday, January 9th on Community Pass

For more details, see page 3





# HALLOWEEN *and* Holiday Fun!! Mark your Calendars!

## Halloween Parade & Carnival

Saturday, October 29th

## Holiday Electric Lights Parade

Saturday, December 3rd





# YORKTOWN PARKS AND AMENITIES

	Playground	Tennis	Pickleball	Baseball	Softball	Soccer/Lacrosse	Basketball	Multipurpose Turf Fields	Fishing	Picnic Area	Pavilion/Gazebo	Public Restrooms	Nature Trails/Wildlife	Exercise Area	Pool Facility	Beachfront	Dog Park	Walk/Run Track	Skate Park	Roller Hockey Rink	Community Garden
<i>Blackberry Woods, Marcy Lane &amp; Cranberry Lane</i>	•	•	•																		
<i>Chelsea Park, Gomer Street</i>					•																
<i>Crystal Lake, Granite Springs Road</i>								•													
<i>Deer Hollow Park, Deer Street</i>	•																				
<i>Downing Park, Route 202</i>	•	•		•	•					•	•	•	•	•							
<i>Fox Den, Field Street &amp; Jacob Road</i>	•						•														
<i>Granite Knolls Sports Complex, Stony Street</i>	•		•	•			•	•		•	•	•	•					•			
<i>Hanover East, Wellington Street</i>	•										•										
<i>Harrison Apar Field of Dreams, Benjamin Blvd</i>				•																	
<i>Hunterbrook Field, Hunterbook Road</i>				•		•															
<i>Ivy Knolls Parks, Ivy Road &amp; Spring St.</i>	•																				
<i>Junior Lake Park &amp; Pool, Edgewater St.</i>	•							•							•						
<i>Kensington Woods, Emma Lane</i>	•						•														
<i>London Woods Field, London Road</i>				•																	
<i>Patriot Skate Park &amp; Garden, Underhill Ave</i>													•						•		
<i>Railroad Park, Underhill Ave &amp; Kear St</i>	•						•			•			•								
<i>Shrub Oak Park &amp; Brian J. Slavin Aquatic Facility, Sunnyside St.</i>	•	•		•			•								•					•	
<i>Sparkle Lake Park &amp; Beach, Granite Springs Rd</i>	•						•	•	•						•						
<i>Sylvan Glen Paw Park &amp; Park Preserve, Morris Ln &amp; Grant Ave</i>								•					•					•			
<i>Turkey Mountain Nature Preserve, Route 118</i>													•								
<i>Walden Woods, Curry St</i>	•									•											
<i>Willow Park, Curry St &amp; Tulip Drive</i>	•			•																	•
<i>Woodlands Legacy Field, Strang Blvd via Route 132</i>				•			•					•	•								
<i>Yorkhill Park, Hawthorne Drive</i>	•									•											
<i>Albert A. Capellini Community &amp; Cultural Center and Jack DeVito Veterans Field, Commerce St &amp; Veterans Rd</i>	•					•					•			•				•			

YORKTOWN  
PARKS & RECREATION DEPARTMENT  
176 Granite Springs Road  
Yorktown Heights, NY 10598

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TOWN OF YORKTOWN  
POSTAL PATRON



## Save the Dates

Yorktown Grange Fair - September 9th, 10th & 11th  
Halloween Parade/Carnival - Saturday October 29th  
Holiday Electric Lights Parade & Tree Lighting - Saturday Dec 3rd  
Easter Egg Hunt - Saturday April 1st

## What's Inside

Don't Miss Out! Registration Begins Tuesday August 30th

### Pre School Programs

Soccer Squirts, Sports Squirts, Tae Kwon Do, T-Ball Squirts, Cooking, Intro to Sports...

### Youth/Teen Programs

Swimming Lesson, Golf, Tennis, Tae Kwon Do, Total Sports, Sewing, Lego Building, Babysitting Course, Art, Engineering, Basketball, Fencing, Soccer, T-Ball, Horseback Riding, Skiing, Pickleball...

### Adult Programs

Golf, Tennis, Sports Leagues, Belly Dance, RPM, After Work Work Out, Yoga, 20/20/20, Zumba, Pilates, Kung-Fu, Tai Chi, Fencing, Painting, Ballroom Dancing, Pickleball...

### ... And Much Much More

Town Parades  
Holiday Break Camps  
Aquatic Facilities  
Senior Programs  
E-Sports



## Don't Trash our Parks!

- Use Designated Trash and Recycling Receptacles When Available
- Carry Out What You Carried In
- Keep it Green, Keep it Clean
- Love Where You Live