



New 2014 Youth Winter Programs

The below programs are additional youth programs that didn't make our 2013-2014 Fall Winter Brochure. Register by mailing or dropping of a registration form to Recreation Office.

Parent and Me Ice Skating

Martina Dvorak, Instructor

Program No: 125316-A

Day & Time: Thursdays – 11:00am to 12:00noon Dates: January 9 – February 13 (6 classes) Site: Bear Mountain Ice Rink Fee: \$205.00 About the program: One hour class time includes 30 minute free skate from 11:00-11:30 followed by 30 minute lesson from 11:30-12:00. **3 to 5 year olds** learn to skate using toys and markers. Participants will explore the ice, make snow, learn to march and slide on their own. Single blades only. Free skate is for participants and parents only. Parents will assist their child in learn to skate and learn how to help their child become independent on the ice. Fee includes entrance, parking and skate rental available starting size 8. Waiver required. Helmets required. One parent per child.

Tot Ice Skating

Martina Dvorak, Instructor

Program No: 125317-A Day & Time: Thursdays – 11:00am to 12:00noon Dates: January 9 – February 13 (6 classes) Site: Bear Mountain Ice Rink Fee: \$205.00 About the program: One hour class time includes 30 minute lesson from 11:00-11:30am followed by 30 minute unsupervised free skate from 11:30-12:00. 3 to 5 year olds learn to skate using toys and markers. Participants will explore the ice, make snow, learn to march and slide on their own. Single blades only. Free skate is for participants and parents only. Fee includes entrance, parking and skate rentals available starting size 8. Waiver required. Helmets required. One parent per child.

TAE KWON DO FOR KIDS
Lorna Groux, Black Belt Instructor
Program No: 122411-A, B, C
Day & Time: A: Tuesdays – 3:30 to 4:30pm (gr. K-1)
B: Mondays – 4:00 to 5:00pm (gr. K-1)
C: Wednesdays – 6:30 to 7:20 (gr. 2-5)
Dates: A: January 7 – March 4 (8 classes) (no class
February 18)
B: January 6 – March 10 (8 classes) (no class
January 20, February 17)
C: January 8 – March 5 (8 classes) (no class
February 19)
Site: PHILAM Self-Defense at 1761 Front Street in
Yorktown
Fee: \$95.00 per program number
About the program: Tae Kwon Do is a martial art form
which uses leg kicks and punches as its predominant
weapons. This class will introduce the students to Tae
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Kwon Do and will consist of learning forms, breaking
boards and sparring without contact. Students will develop
self-discipline and confidence as well as athleticism.