

# YORKTOWN

## PARKS & RECREATION

Creating Community Through People, Parks And Programs

### SPRING/SUMMER 2024



General Registration begins March 21<sup>st</sup> | Day Camp Registration Details Page 19  
For more updated information please visit [www.yorktownny.org/parksandrecreation](http://www.yorktownny.org/parksandrecreation)

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## YORKTOWN PARKS & RECREATION

Phone: 245-4650 • Fax: 245-1608

E-Mail: [ypr@yorktownny.org](mailto:ypr@yorktownny.org)

Website: [www.yorktownny.org](http://www.yorktownny.org)

Online Registration: <http://register.capturepoint.com/yorktown>

Office Hours: Monday - Friday, 8:30am to 4:30pm

Program Registration Hours: Monday – Friday, 8:30am to 4:00pm

Pool Pass ID Hours: See page 21



## Stay Connected with Yorktown Recreation

Sign up to receive Rec News e-mails from us regarding programs, special events, camps, facilities and much more!

### 2 easy ways to join our mailing list:

- Visit our website: [www.yorktownny.org/parksandrecreation](http://www.yorktownny.org/parksandrecreation)
- Follow us on Facebook at <https://www.facebook.com/yorktownparksandrecreation>

### JOIN YPR ON SOCIAL MEDIA



## YOU SNOOZE - YOU LOSE



Nothing kills a good program quicker than waiting until the last minute to register for it! Registering at the last minute may mean that the program has already been filled or cancelled due to lack of enrollment.

**PLEASE REGISTER EARLY!**

## NEED A FACILITY?

We've got you covered inside and out!

Call the Parks & Recreation Department for information on rental of:

- \* **Downing Park Pavilion** \*
- \* **Sparkle Lake House** \*
- \* **Pool Parties** \*
- \* **Granite Knolls Pavilion** \*



# TOWN OF YORKTOWN



**Deputy Town Supervisor**  
Ed Lachterman

## BOARD MEMBERS

Patrick Murphy  
Luciana Haughwout  
Sergio Esposito

## RECREATION COMMISSION

Matthew Talbert, Chairperson	John Campobasso, Vice Chairperson
Joseph A. Falcone	Patrick Cumiskey
Diego Jaramillo	Thomas Dunn
Christine Dunn	Luciana Haughwout, Town Board Liaison

## PARKS & RECREATION STAFF

James Martorano, Jr..... Superintendent	Scott Ferreira.....Maintenance Mechanic-Repair
Marissa Lieto ..... Assistant Superintendent	Guido Parks.....Maintenance Mechanic-Repair
Deanna Peterson..... Senior Recreation Leader	Stephen Melillo ..... Maintenance Mechanic
Michael Gould.....Recreation Assistant	Michael Hoek.....HMEO
Patty Marino .....Office Assistant	Eric Hollberg ..... Park Groundskeeper
Kim Hughes ...Senior Office Assistant-Recreation	Richard Williams..... Park Groundskeeper
Dominic Monopoli ..... Parks Foreman	Andrew Bergin ..... Park Groundskeeper
Andrew Cerrato ..... Assistant Parks Foreman	Thomas Fonte ..... Laborer
Robert Alfano.....Maintenance Mechanic-Repair	Donald Hopper ..... Laborer
Steve Proctor.....Maintenance Mechanic-Repair	Matthew Mancuso ..... Laborer

## A LETTER FROM THE DEPUTY TOWN SUPERVISOR

Dear Neighbor,

After a chilly winter of nesting at home, it is time to reengage with the outdoors and get our bodies moving with a thoughtfully curated selection of spring and summer recreational activities by our Parks and Recreation Department.

The activities in this brochure accommodate people of all ages and abilities. Our youth activities range from school vacation camps to beginners' sports for young children, organized sports for older children and events like our annual Fishing Derby. Children who prefer non-competitive activities can participate in Zumba, filmmaking, and arts classes.

Our staff designed adult programming to promote socializing and physical wellness. Activities include organized exercises, martial arts and running. Those seeking activities that are not strenuous can sign up for meditation, yoga, or dancing.

The arrival of warmer weather allows us to enjoy Yorktown's greatest assets—our trails, parks, and

outdoor spaces. Our popular tennis and pickleball clinics allow residents to play at municipal courts at Shrub Oak Park and Granite Knolls, while the municipal golf course, The Links at Valley Field, offers residents affordable golfing options, private lessons, and post-play socializing in the Tee Bar & Grille.

Do not delay in registering for your favorite activities. Many programs have limited enrollments, while others could be at risk of cancellation if our recreation staff does not see robust enrollment as the start dates for the programs approach.

Congratulations to our Parks and Recreation Department for all the creativity and effort they put into these activities. I encourage everyone to use this brochure as a guide to reconnect with neighbors and shake off sedentary winter habits.

Enjoy the great outdoors,

*Ed Lachterman*

# REGISTRATION AND IMPORTANT INFORMATION

- **REGISTER EARLY!!!** Most programs have limited enrollments. Besides not getting into the program, nothing cancels programs more than waiting until the last minute to register as classes may be cancelled due to low enrollment. It is recommended that you register two weeks prior to the start of the program.
- Programs with insufficient registration will be cancelled prior to the program start and refunds issued accordingly.
- **REGISTRATION HOURS:** Monday - Friday from 9:00 am to 4:00pm.
- **ONLINE REGISTRATION AVAILABLE AT ANYTIME AFTER THE REGISTRATION START DATE.** Register on our website: <http://register.capturepoint.com/Yorktown>

**PROGRAM REGISTRATION WILL BEGIN ON  
THURSDAY, MARCH 21, 2024 at 9:00 am  
SUMMER DAY CAMP REGISTRATION WILL BEGIN  
TUESDAY, MARCH 19, 2024 at 9:30am**

Registration is available online or in person at the Recreation office located at:

**176 Granite Springs Road  
Yorktown Heights, NY 10598**

**Note: All participants MUST have a Community Pass account in order to register for any Recreation programs**

- Under no circumstances will anyone be allowed to participate in any of the programs unless the participant first registers with the Yorktown Parks and Recreation Department and pays the appropriate fee. Registration will not be taken at the class by instructors.
- Incomplete registrations will not be processed.
- Checks or Money Orders are to be made payable to the: Town of Yorktown Parks and Recreation Department.
- Discover, Master Card, American Express & Visa credit cards accepted. Convenience fees apply.
- The Department may use photos taken during event programs unless otherwise notified in writing.

## RESIDENCY:

- A resident is defined as one who resides within the town limits at an address that pays Yorktown Town taxes.

## NON-RESIDENTS:

- If space is available in a program two (2) weeks prior to start of that program, non-residents will be allowed to register by paying a 20% surcharge. For non-fee programs, a \$30.00 charge will be assessed unless stated otherwise.

## NEW RESIDENTS AND NEW REGISTRANTS:

- If you have moved into the Town of Yorktown within the last year AND/OR have never registered for a program, **PROOF OF RESIDENCY** is required when registering. All registrations must be accompanied by a driver's license along with a **current** utility bill, property insurance certificate, mortgage statement, or closing papers. Renters must show their rental agreement.

## SENIOR CITIZENS:

- Senior Citizens are defined as permanent Yorktown residents ages 60 and over.

## RETURNED CHECKS:

- A \$20.00 service charge will be assessed for all checks returned to the Recreation Department. Returned checks **cannot be redeposited**. Cash or Money Order will be required to replace the returned check and service charge.
- After three (3) returned checks from a household, all future payments must be made in cash.

## INSURANCE:

- The Town of Yorktown maintains a standard liability insurance policy that does not cover medical costs for anyone injured during the normal course of participation in any Recreation Department program or facility. ALL persons participate at their own risk.

## CANCELLATIONS:

- Information concerning weather related cancellations will be sent via email through Community Pass. Please be sure contact information on the account is accurate and current.
- **PLEASE NOTE:** If public schools are closed, Yorktown Recreation programs held in **school** facilities will also be cancelled. Check with Department for all other cancellations.

**REFUNDS/CREDITS:** Will be given only under the following conditions:

- A full refund/credit will be given if the program is cancelled by the Parks and Recreation Department prior to the program starting.
- All refund/credit requests stating the reason for the refund/credit must be made in writing, by the halfway point of the program, to the Superintendent of Parks & Recreation for consideration only. **If a refund/credit is granted, it will be pro-rated on the date the request is received also minus fees. Refund requests may be sent to [ypr@yorktownny.org](mailto:ypr@yorktownny.org).**
- Refunds of \$10.00 or less will be maintained as a credit to the participant's account.
- No refund/credit will be considered once a program is half over.
- **A \$20.00 processing fee for all approved refunds will be assessed, except for programs cancelled by the Parks & Recreation Department.**
- **A \$10.00 processing fee for all approved credits will be assessed, except for programs cancelled by the Parks & Recreation Department.**
- If a participant becomes ill or injured for an extended period of time, a full or pro-rated refund/credit (**less processing fee**) will be made based on the date the written request is received. A doctor's medical note must accompany the request, and the request must be made prior to the end of the program.
- If materials are included in the program fee they must be returned with your written request for a refund or their cost will be deducted from your credit/refund.
- **Refunds/Credits will not be given for scheduling conflicts.**

## DAY CAMP/EXTENDED DAY CAMP REFUND POLICY:

- Refund requests received by May 31st will be issued for 90% of the fee.
- Refund requests received between June 1st and prior to the first day of camp will be issued for 50% of the fee.
- There will be **NO** refund for requests received on or after the first day of camp.
- A \$20.00 processing fee will be assessed for all approved refunds.
- A \$10.00 processing fee will be assessed for all approved credits.
- Camp will be subject to cancel due to inclement weather or Covid-19 exposures with **no refund**.

## TRAVEL CAMP REFUND POLICY:

- Refund requests received by June 1st will be issued for 90% of the fee.
- No refunds will be issued after June 2nd
- A \$20.00 processing fee will be assessed for all approved refunds.
- A \$10.00 processing fee will be assessed for all approved credits.

Town of Yorktown Parks and Recreation facilities are accessible to the physically disabled. Any disabled resident needing special assistance should call the Recreation Department.

# SPECIAL EVENTS

## DECORATED EGG CONTEST FROM HOME

**Grades K-5**

Children grades K through 5th can decorate a paper egg provided by the Recreation Department. This paper egg form must be used by the participant (No parents please), and will be available online and at the Recreation Office by the end of January. Entries may be mailed or brought to the Recreation Office by **Friday, March 22nd**. Please include contact information on the back of the submission. Winners will be announced and posted on our Facebook page Tuesday, March 26th. Place ribbons will available for pick up in the Recreation Department.

## YORKTOWN LIONS EASTER EGG HUNT

**Ages 12 and under**

**Co-sponsored by Yorktown Parks and Recreation**

Children 12 years old and under will participate in Jelly Bean guess, have their picture taken with the Easter Bunny and other characters, and enjoy hunting for colored eggs. Prizes will be provided to all participants, with special prizes for the finders of the special eggs.

**FEES:** Resident: \$0, Nonresident: \$5

**LOCATION:** 202 Fields at Downing Park

**DATES:** **Saturday, March 23rd**  
(rain date March 30th)

**Session 1: 9:30 am**

**Session 2: 10:30 am**

**Session 3: 11:30 am**

## ARBOR DAY

Plant, nurture, and celebrate trees this year! Arbor Day recognizes the care for trees, roadside beautification, and environmental stewardship across the country. Join us here in Yorktown to celebrate.

**LOCATION:** Patriot Garden

**DATE:** **Friday, April 26th 4:00 pm**

## RELAY FOR LIFE

**Sponsored by the American Cancer Society**

Relay for Life is an overnight event, that celebrates the victories of cancer survivors, remembers those who were lost to cancer and sees a community fight back together against cancer. To register and for more information go to [relayforlife.org/yorktownny](http://relayforlife.org/yorktownny)

**LOCATION:** Jack DeVito Veterans Memorial Field & Track

**DATES:** **Friday, June 14th**

## SCREENING UNDER THE STARS: YORKTOWN'S OUTDOOR MOVIE NIGHTS!

Movie begins at sunset. Check the Parks and Recreation website for movie details.

**LOCATION:** Jack DeVito Veterans Memorial Field & Track

**DATES:** **Fridays, June 21, July 26, August 30**

## 29th ANNUAL SUMMER CONCERT SERIES

Join the Yorktown Lions Club and the Yorktown Parks and Recreation Department for a fabulous line-up of summer performers as part of the FREE annual summer concert series. Shows will be held at the Jack DeVito Field on Sundays at 6:00pm. Note: the final concert will begin at 5:00pm. If raining, the concert will be held at the Yorktown Stage Theatre. Artisan vendors and food trucks will be on site.

**LOCATION:** Jack DeVito Veterans Memorial Field & Track

**DATES:** **Sundays**

**June 30:** Probable Cause

**July 14:** Don Jovi - Bon Jovi Tribute

**July 28:** AM Gold Yacht Rock

**August 11:** RockSteady Dance Band

**August 18:** All Revved Up- Meatloaf Tribute

**August 25:** Rusty Spur

## FISHING DERBY

**Ages 5-14**

Award Certificates will be given out for various categories. Participants must supply their own drop line/fishing pole and hooks. A limited selection of bait is available from the Recreation Department during the event. **Children under 9 must be accompanied by an adult.**

**FEES:** Resident: \$5, Nonresident: \$10

**LOCATION:** Sparkle Lake

**DATES:** **Saturday, May 11**

**8:30 am – 11:30 am**

## YORKTOWN GRANGE FAIR

Since the Grange Fair began, the purpose has been to provide a showcase for the community to "show off" their home grown (or homemade) goods, whether vegetables, flowers, needlework, baking, photography, livestock or poultry. In addition to the entertainment on our stage and blacktop, the fair will be filled with fun and activities for the entire family, including the livestock show, the flower and produce show, rides, contests and competitions. Check out our website ([yorktowngrangefair.org](http://yorktowngrangefair.org)) for further details and updates!

**LOCATION:** Yorktown Grange

**DATES:** **September 6, 7 & 8**

## YPR CAR CRUISE

Yorktown Parks and Recreation are happy to present our 2nd Annual Car Cruise! This family-friendly event brings car lovers of all ages together to enjoy a variety of classic cars in our community. There will be food trucks and music to add to the fun! To register your car, please visit the recreation website or call the office at 914-245-4650. Walk-ins welcome, but will be cash only.

**FEES:** Classic Cars: \$5

**Spectators:** FREE

**LOCATION:** Jefferson Valley Mall

**DATES:** **Saturday, September 14th**

**Rain Date: September 15th**

**10:30am-1:00pm**

# TOWN PARADES

## MEMORIAL DAY PARADE

Sponsored by the Veterans of Foreign Wars, the American Legion, and the Town of Yorktown.

Join in the tradition of Memorial Day as we actively remember our ancestors, our family members, our loved ones, our neighbors, and our friends who have given the ultimate sacrifice in conflicts and in wars.

**DATES:** Monday, 5/27 at 11:00 am

**LOCATION:** Parade will start at Town Hall, travel down Underhill Avenue, continue onto Commerce Street and follow to Yorktown Fire House, make a left to stay on Commerce Street and lastly make a right onto Veterans Road. Parade will end at the Jack DeVito Veterans Memorial Field.

## YORKTOWN HEIGHTS ENGINE Co.#1 FIRE DEPARTMENT PARADE & CARNIVAL

The carnival will commence immediately after the parade on June 26 and run through June 30. Enjoy this family event filled with rides, games and plenty of food!

**DATES:** Wednesday-Sunday, June 26th-30th, 7:00pm

**LOCATION:** Yorktown Heights Fire Department

## GRANGE ANTIQUE TRACTOR & VEHICLE PARADE

**Sponsored by:** Yorktown Grange Tractor Club

The parade route will begin on Veterans Road and end at Grange Fairgrounds. Open to all tractors and antique vehicles. Entries may contact: yorktowngrangetractorclub@gmail.com

**DATES:** Saturday, September 7 12:00pm

**LOCATION:** Yorktown Heights

# SCHOOL VACATION CAMPS

## SCHOOL'S OUT CAMP

Ages 5-12

This program offers your child a day of activity which may include; basketball, soccer, kickball, running bases, gym games and swimming. Children may bring a packed lunch or purchase lunch from our café. If your child intends to swim, please remember to pack their suit. No need to pack a towel, we will provide. Children must wear sneakers to participate in any gym activity. **Instructor: Club Fit**

Early drop off is available from 8:00am for \$10/day directly through Club Fit. Must sign up for **each date**.

**FEES:** Resident: \$80 per date  
Nonresident: \$96 per date

**LOCATION:** Club Fit

**801 DATES:** 9:30am – 3:30pm  
4/1, 4/2, 4/3, 4/4, 4/5, 5/24, 6/19, 7/5

## X in 1 RENEWABLE ENERGY KIT

Ages 6-10

Assemble up to five different vehicles, three different dinosaurs, and two windmills as you work on and take home your very own Renewable Energy Kit! With the aid of your instructor, you will utilize the colored instruction manual and work with over 115 pieces to build up to ten exciting models! What is most important, no batteries are required. Indoors or out, this kit operates 100% on renewable energy. Please visit Community Pass for a more detailed description.

**Instructor: Minds in Motion**

**FEES:** Resident: \$215, Nonresident: \$258

**LOCATION:** AACCCC Room 223

**802-A DATES:** Monday-Friday, 9:00am – 12:00pm  
4/1 – 4/5

## OUTER SPACE & PHYSICS FUN

Ages 6-10

Come join an exciting world of space exploration as you build and take home your very own Solar System Kit! You will assemble your own model, learn all about our planetary neighborhood, and watch the planets move around the sun powered by battery or solar power.

Please visit Community Pass for a more detailed description.

**Instructor: Minds in Motion**

**FEES:** Resident: \$215, Nonresident: \$258

**LOCATION:** AACCCC Room 223

**802-B DATES:** Monday-Friday, 12:30pm – 3:30pm  
4/1 – 4/5



# YOUTH PROGRAMS

## TAEKWONDO TOTS

Ages 2-5

This class provides an excellent opportunity to learn basics of Taekwondo, including defense, offense, punches, kicking, blocking, and stances. Taekwondo also helps develop self-assurance in shy children, teaches concentration and discipline and teaches children how to interact with others, calming the aggressive child and learning self-defense. Parental participation is encouraged. PHILAM Self-Defense at 1761 Front Street, Yorktown Heights. Note: child should be dressed in sweatpants.

**Instructor: Lorna Groux, Black Belt Instructor**

**FEES:** Resident: \$125, Nonresident: \$150

**LOCATION:** PHILAM Self Defense

**101-A DATES:** **Thursdays, 10:00-10:50am**

4/11 to 5/30

**101-B DATES:** **Thursdays, 12:30-1:20pm**

4/11 to 5/30

## TAEKWONDO FOR KIDS

Grades K-2

Taekwondo is a martial art form which uses leg kicks and punches as its predominant weapons. This class will provide an opportunity to learn the basics of Taekwondo: defense, offense, punches, kicking, blocking, stances and forms. Students will develop self-discipline, confidence and athleticism. PHILAM Self-Defense at 1761 Front Street, Yorktown Heights. Note: Child should be dressed in sweatpants. **Instructor: Lorna Groux, Black Belt Instructor**

**FEES:** Resident: \$130, Nonresident: \$156

**LOCATION:** PHILAM-Self Defense

**102-A DATES:** **Mondays, 4:30-5:30pm**

4/8 to 6/3, no class 5/27

## MINDFULNESS FOR MINIS

Ages 3-5

This program is designed to help children learn ways to identify and explore emotions through music, stories, and activities/crafts. Through mindfulness practices, children will develop emotional regulations tools. It will give them the opportunity to increase their empathy and curiosity in a social environment. This is led by a Licensed Clinical Social Worker and local mother who wanted to share her passion of promoting mental health awareness within our community. It is designed for children ages 3-5 with their adult caregivers. **Instructor: Selina Toppin, LCSW**

**FEES:** Resident: \$72, Nonresident: \$86.40

**LOCATION:** AACCCC Room 209

**105-A DATES:** **Saturdays, 9:00-9:45am**

4/13 to 5/18

## KIDS ZUMBA

Ages 5-10

Zumba® Kids classes feature kid-friendly routines based on original Zumba® choreography. We break down the steps, add games, activities and cultural exploration elements into the class structure. Helps develop a healthy lifestyle and incorporate fitness as a natural part of children's lives by making fitness fun. Classes incorporate key childhood development elements like leadership, respect, team work, confidence, self-esteem, memory, creativity, coordination, and cultural awareness. There will be a performance for the parents at the end of the session. **Instructor: Bernadette Matta, Club Fit Instructor**

**FEES:** Resident: \$150, Nonresident: \$180

**LOCATION:** Club Fit

**103-A DATES:** **Mondays, 4:30-5:15pm**

4/8 to 6/3 (no class 5/27)

## KIDS YOGA

Ages 5-10

Build a solid foundation for a lifetime of health and wellness by introducing life skills (creativity, motor skill development, sense of identity, healthy body image, sense of personal safety, and regulation of emotions) through movement and play. **Instructor: Cathleen Baker, Club Fit Instructor**

**FEES:** Resident: \$150, Nonresident: \$180

**LOCATION:** Club Fit

**104-A DATES:** **Tuesdays, 4:30-5:15pm**

4/9 to 5/28

## LITTLE GREEN HEARTS

Ages 2 - 8

Little Green Hearts is an outdoor nature-play class that parents/caregivers attend with their child(ren). Kids will explore nature, experiment with sensory-rich materials and collaborate with one another while parents/caregivers connect and learn about how kids learn through play. The guided activities are fun and support children's language, physical, social, and brain development. Kate Lanfer has been leading outdoor nature play classes in the community since 2017. Email Kate with any questions to [lilgreenhearts@gmail.com](mailto:lilgreenhearts@gmail.com).

\*Discount for multiple children

**Instructor: Kate Lanfer, Little Green Hearts**

Spring:

**FEES:** Resident: \$250 1st child/\*\$225 2nd + child

Nonresident: \$300 1st child/\*\$275 2nd+

child

**LOCATION:** Downing Park

**110-A DATES:** **Mondays, 10:00-11:30am**

(8 classes)

4/8 to 6/3, no class 5/27

**110-B DATES:** **Wednesdays, 10:00-11:30am**

(8 classes)

4/10 to 5/29

Summer:

**FEES:** Resident: \$170 1st child/\*\$150 2nd + child

Nonresident: \$204 1st child/\*\$184 2nd+ child

Downing Park

**LOCATION:** **Monday-Friday, 10:00-11:30am**

(5 classes)

7/15 to 7/19

## EARTH DAY PLAYDATE IN THE PARK

Celebrate Earth Day with some nature play and Little Green Hearts! This free playdate at Downing Park is designed to connect families to nature and one another through playful outdoor learning. We'll use the classic tale of "Stone Soup" as inspiration to play and celebrate. Bring an old pot or container. Event is free and materials will be provided to those who register. All ages welcome. **Instructor: Kate Lanfer, Little Green Hearts**

**LOCATION:** Downing Park

**112-A DATES:** **Sunday, April 21st at 11:00am**

## BIZZY GIRLS ENTREPRENEUR PROGRAM

**Ages 7-12**

Start Your Own Biz. Calling all young entrepreneurs. Create a business doing what you love! A food business, slime, beauty products, jewelry, it's up to you. At Bizzy Girls each student creates their own product, logo and signage. They learn biz skills, marketing, cost/profit, and sales. The program is project based, hands on, creative and fun. Students hold a pop-up store during the last class, learning to engage with customers, sell their products, and keep their earnings.

Upon enrolling, students will be sent a welcome letter with a link to product ideas they can use if they don't already have a product in mind. For those who love cooking we have many non-baking food biz ideas. Supplies for the products should be under \$20. Returning students learn new skills.

We look forward to working with our new entrepreneurs!

<http://www.bizzygirls.com> Instagram @bizzygirls

**Instructor: Karen Espinoza, Bizzy Girls Instructor**

**FEES:** Resident: \$290, Nonresident: \$348

**LOCATION:** AACCCC Room 223

**115-A DATES:** **Tuesdays, 4:15-5:30pm**  
4/16 to 6/4

## \*NEW\* TINY FEET DANCE **Ages 12 months-4 years**

Is your child filled with boundless energy and a natural sense of rhythm? Are they excited to jingle, jangle, and jazz it up with fun tunes? Look no further than our Tiny Feet Dance Class, specially designed for children aged 12 months to 4 years old. This engaging class is the perfect introduction to the world of dance and music for your little one. In a lively and rhythmic environment, we nurture your tiny dancers' coordination, team-building, active listening, and safe play skills. Through creative stimulation, we make sure they have a blast while learning! Join us for a delightful journey of music, movement, and fun! **Instructor: Universal Moms**

**FEES:** Resident: \$250, Nonresident: \$300

**LOCATION:** AACCCC Room 104

**116-A DATES:** **Wednesdays, 11:30am-12:15pm**  
4/10 to 6/5 (No class 5/1)

## \*NEW\* UM MOMMY & ME FITNESS BOND

**Ages 3 months – 2 years with Adult Caregiver**

Our Mommy & Me Fitness Bond Program, is a special class designed for parents and their little ones aged 3 months to 2 years. Taking that first step towards getting fit after having a baby can feel overwhelming, but we're here to make it easier and more enjoyable for you and your little sidekick. In this program, our experienced instructors will guide you through a range of exercises that incorporate resistance bands, cardio, strength training, and core work. While you work on your fitness goals, our instructors will keep your little one entertained and engaged, ensuring that both of you have a great time. No need to worry about judgment here - our classes are held in a completely judgment-free zone. The emphasis is on having fun, bonding with your child, and building a supportive community of fellow parents. So, come as you are and join us in creating a village of like-minded individuals who are all on this fitness journey together. It's time for you and your little one to step out of the house, get fit, and have fun together. **Instructor: Universal Moms**

**FEES:** Resident: \$250, Nonresident: \$300

**LOCATION:** AACCCC Room 104

**117-A DATES:** **Thursdays, 10:45-11:30am**  
4/11 to 5/30

## \*NEW\* HULA HOOPING FOR KIDS **Ages 5-10**

Learn the basics of hula hooping and hoop dance with Cait! This class is for kids ages 5-10. It is the perfect program to keep your children active and engaged in a playful and creative way. Cait is a self-taught hoop dancer of 10 years. In this one hour class, she will teach kids the hula hooping basics, encourage creativity through hoop dance routines and foster teamwork and social skills. It's an opportunity for your kids to build confidence, make new friends, and embark on an exciting journey of physical activity. **Instructor: Caitlin Cuevo**

**FEES:** Resident: \$150, Nonresident: \$180

**LOCATION:** Sparkle Lake Building

**118-A DATES:** **Wednesdays, 6:30pm-7:30pm**  
4/3 to 5/1

# YOUTH SPORTS

## SKYHAWKS SOCCER TOTS

**Ages 2 & 3**

These soccer-themed motor skill classes are very easy for youngsters to get into. Younger groups focus on developing motor skills and self-confidence; older classes focus more on developing core soccer skills and personal focus and introduce an element of light competition. Instructor-to-student ratio is kept small to maximize individual development, and above all else we promote fun, fun, fun! Note: Parent participation required for ages 2-3.5 years.

**Instructor: Skyhawks**

**FEES:** Resident: \$159, Nonresident: \$190.80

**LOCATION:** Hunterbrook Lower Field

Age 2:

**201-A DATES:** **Saturday, 9:00-9:50 am**  
4/20 to 5/25

Age 3:

**202-A DATES:** **Saturday, 10:00-10:50 am**  
4/20 to 5/25

## SKYHAWKS SOCCER

**Ages 4-5 & 6-8**

Your young athlete will gain the technical skills and sport knowledge required for their next step into soccer. Areas of focus are dribbling, passing, shooting and ball control. By the end of the program, your child will have learned new life skills such as teamwork and sportsmanship, made new friends and improved their soccer skills. **Instructor: Skyhawks**

**FEES:** Resident: \$159, Nonresident: \$190.80

**LOCATION:** Hunterbrook Field

Ages 4-5:

**203-A DATES:** **Saturday, 11:00-12:00 pm**  
4/20 to 5/25

Ages 6-8:

**204-A DATES:** **Saturday, 12:15-1:15 pm**  
4/20 to 5/25



## SKYHAWKS FLAG FOOTBALL **Ages 6-8 & 9-12**

Give your child perfect introduction to America's favorite game with Skyhawks Flag Football Fueled by USA Football. Campers learn fundamentals like passing, receiving, kicking and flag pulling in a fun, positive environment. Parents, please note that this is a drop-off program. **Instructor: Skyhawks**

**FEES:** Resident: \$159, Nonresident: \$190.80

**LOCATION:** London Woods Park

Ages 6-8:

**205-A DATES:** **Tuesdays, 4:30-5:30 pm**  
4/16 to 5/21

Ages 9-12

**206-A DATES:** **Tuesdays, 5:45-6:45 pm**  
4/16 to 5/21

## SKYHAWKS VOLLEYBALL **Ages 7-10 & 11-14**

Skyhawks Volleyball takes the energy and excitement of this great team sport and puts it all together into one fun-filled program. All aspects of the game are taught through drills and exercises that focus on bumping, setting, spiking, hitting and serving. This program is designed for the beginning to intermediate player and includes a focus on critical life skills such as leadership and teamwork. **Instructor: Skyhawks**

**FEES:** Resident: \$159, Nonresident: \$190.80

**LOCATION:** Woodlands Baseball Field

Ages 7-10:

**207-A DATES:** **Thursdays, 4:30-5:30 pm**  
4/18 to 5/23

Ages 11-14:

**208-A DATES:** **Thursdays, 5:45-6:45 pm**  
4/18 to 5/23

## INTRO TO SPORTS **Ages 3-5**

This is a 10-week program, one hour class. Learn the basics of the following sports and their specific skills through fun games and drills which will keep the kids engaged, healthy and active; lacrosse, t-ball, soccer, basketball and floor hockey. All skill levels may participate. Coach Cathy has been involved with sports her entire life, playing field hockey and lacrosse throughout high school and college, as well as teaching physical education at Marymount College and coaching HS lacrosse and field hockey. Her experience and teaching ability make her an excellent instructor for your child. **Instructor: Coach Cathy Cousin, Club Fit Instructor**

**FEES:** Resident: \$240, Nonresident: \$288

**LOCATION:** Club Fit

**209-A DATES:** **Mondays, 10:00-11:00am**  
4/8 to 6/17 (no classes: 5/27)

**209-B DATES:** **Mondays, 1:00-2:00pm**  
4/8 to 6/17 (no classes: 5/27)

**209-C DATES:** **Mondays, 4:30-5:30pm**  
4/8 to 6/17 (no classes: 5/27)

**210-A DATES:** **Tuesdays, 10:00-11:00am**  
4/9 to 6/11

**210-B DATES:** **Tuesdays, 1:00-2:00pm**  
4/9 to 6/11

## INTRO TO SPORTS - Thursdays **Ages 3-5**

This is an 8-week program, one hour class. Learn the basics of the following sports and their specific skills through fun games and drills which will keep the kids engaged, healthy and active; lacrosse, t-ball, soccer, basketball and floor hockey. All skill

levels may participate. Mike has joined Club Fit as a sports instructor. He is a 10-year Elementary Physical Education teacher. He is a SUNY Cortland graduate who enjoys playing sports, working out and playing outside with his two sons.

**Instructor: Mike McGovern, Club Fit Instructor**

**FEES:** Resident: \$195, Nonresident: \$234

**LOCATION:** Club Fit

**211-A DATES:** **Thursdays, 5:00-6:00pm**  
4/11 to 6/6 (no classes: 5/2)

## STEP UP YOUR SPORT **Ages 5-7**

This is a 10-week, one hour program. It is the next step up from our Intro to Sports class. Improving on the skills for soccer, basketball, t-ball, lacrosse and field hockey. Coach Cathy has been involved with sports her entire life, playing field hockey and lacrosse throughout high school and college, as well as teaching physical education at Marymount College and coaching HS lacrosse and field hockey. Her experience and teaching ability make her an excellent instructor for your child.

**Instructor: Coach Cathy Cousin, Club Fit Instructor**

**FEES:** Resident: \$240, Nonresident: \$288

**LOCATION:** Club Fit

**218-A DATES:** **Tuesdays, 4:30-5:30pm**  
4/9 to 6/11

## HOOPSTERS **Ages 7-9 & 9-12**

This one-hour co-ed program is designed to focus on developing basketball skills as well as sport specific conditioning, teaching dribbling, passing, pivoting, shooting, layups, jump stops, and defense and offensive moves. Learn basketball the fun and right way. **Instructor: Coach John Rotando, Club Fit Instructor**

**FEES:** Resident: \$195, Nonresident: \$234

**LOCATION:** Club Fit

Ages 7-9:

**212-A DATES:** **Tuesdays, 5:30 -6:30pm**  
4/9 to 5/28

Ages 9-12:

**213-A DATES:** **Thursdays, 5:30 -6:30pm**  
4/11 to 5/30

## PARENT ASSISTED SQUIRTS T-BALL **Ages 3-4**

Parents will assist children in learning the sport of T-Ball. This program will aim to prepare children to be more independent for our Squirts T-Ball programs. Fun, positive introduction to t-ball for children ages 3 to 4.5 and their parents. Kids will learn the fundamental skills of t-ball through a program of structured activities, fun based games, and scrimmages.

**Instructor: USA Sports Group**

Spring:

**FEES:** Resident: \$199, Nonresident: \$238.80

**LOCATION:** Shrub Oak Park – Grassy Knoll

**214-A DATES:** **Sundays, 2:00-2:45pm**  
(8 weeks) 4/14 to 6/9 (No class 5/26)

**214-B DATES:** **Sundays, 3:40-4:25pm**  
(8 weeks) 4/14 to 6/9 (No class 5/26)

Summer:

**FEES:** Resident: \$179, Nonresident: \$214.80

**LOCATION:** London Woods Field

**215-A DATES:** **Sundays, 2:00-2:45pm**  
(6 weeks) 7/14 to 8/18

**215-B DATES:** **Sundays, 3:40-4:25pm**  
(6 weeks) 7/14 to 8/18

## SQUIRTS T-BALL

**Ages 3-5.5**

Great way to introduce children to the sport of T-Ball. This program will develop the child's skills in hitting, throwing, base running and fielding. At the end of each session, participants will apply these skills into realistic mini games situations. Children will also work on hand/eye coordination and team work.

**Instructor: USA Sports Group**

**Spring:**

**FEES:** Resident: \$199, Nonresident: \$238.80

**LOCATION:** Shrub Oak Park – Grassy Knoll

**216-A DATES:** **Sundays, 2:50-3:35pm**

(8 weeks)

**216-B DATES:**

(8 weeks)

**Summer:**

**FEES:**

**LOCATION:**

**217-A DATES:**

(6 weeks)

**217-B DATES:**

(6 weeks)

4/14 to 6/9 (No class 5/26)

**Sundays, 4:30-5:15pm**

4/14 to 6/9 (No class 5/26)

Resident: \$179, Nonresident: \$214.80

London Woods Field

**Sundays, 2:50-3:35pm**

7/14 to 8/18

**Sundays, 4:30-5:15pm**

7/14 to 8/18

## TEEN PROGRAMS & EVENTS

### STRENGTH PROGRAM

**Ages 14-18**

We will teach participants the mechanics necessary for better technique in the gym to help build muscle and get stronger in a controlled, safe environment. We will focus on compound movements, such as the squat, bench, and deadlift, as well as many other exercises. Learn how to train correctly from someone who has been teaching for over 20 years and has worked with All Time Powerlifting World Record holders. Students may register for 1, 2, or 3 classes (113-A, B, C). Pre-register for all 3 dates for a discounted price (114-A).

**Instructor: James Moritz, Rhino Strong Gym**

**LOCATION:** Rhino Strong Gym

**FEES:** Resident: \$45/class, Nonresident: \$54/class

**113-A DATES:** **Saturday 7/13, 2:00-3:30pm**

**113-B DATES:** **Saturday 7/20, 2:00-3:30pm**

**113-C DATES:** **Saturday 7/27, 2:00-3:30pm**

**FEES:** Resident: \$120 for all 3 classes

Nonresident: \$144 for all 3 classes

**114-A DATES:** **Saturdays, 2:00-3:30pm**

7/13, 7/20 & 7/27

### THE YORKTOWN TEEN CENTER

The Yorktown Teen Center is a positive safe place where teens come together to have fun and form friendships as they develop their self-esteem and learn to give back to their community. It is located in room 102 in the Albert A Capellini Community and Cultural Center and is open to youth in grades 6 to 12 who reside in the Town of Yorktown. For more information about the center, hours, and upcoming events, visit our website at [www.yorktowntc.org](http://www.yorktowntc.org) or call at 302-2123.

### OPEN GYM AT YTC

The Yorktown Teen Center will be open every Friday from 5:30-9:30PM. The \$10 entry fee includes open gym, one slice of pizza, snacks and bottled water. Additional pizza slices and Gatorade will be available for \$1.00 each. Come enjoy games or play basketball in the gym, have snacks in the lounge, play pool, Xbox or on the computers. Bring a friend! For more information about the center, hours, and upcoming events, visit our website at [www.yorktowntc.org](http://www.yorktowntc.org)

### YTC presents TRIVIA NIGHT

Assemble your team to test your knowledge in the Yorktown Teen Center's Trivia Night! All ages welcome. There will be food and drink available. Date, time and registration information will be made available on the Teen Center website: [www.yorktowntc.org](http://www.yorktowntc.org)

### YTC presents

### SUPER SMASH BROS TOURNAMENT

Think you have what it takes to be crowned Champion? Join the Teen Center for a Super Smash Bros Tournament and find out! For grades 6-12. There will be food and drink available. Date, time and registration information will be made available on the Teen Center website: [www.yorktowntc.org](http://www.yorktowntc.org)

## ADULT PROGRAMS

### TORTOISE TAEKWONDO

**Ages 18+**

Looking for a gentle way to improve balance and flexibility with fun, graceful, low-impact movement? This class brings an awareness of mind/body connection to the basics of ancient martial arts. Condition and strengthen the core, elevate the heart rate and promote healthy joints. Emphasis is on good posture and form, beginning each movement at the center of

our energy (chi) and awareness of breathing. PHILAM Self Defense is located at 1761 Front Street in Yorktown Heights.

**Instructor: Lorna Groux, Black Belt Instructor**

**FEES:** Resident: \$150, Nonresident: \$180

**LOCATION:** PHILAM Self Defense

**301-A DATES:** **Wednesdays, 9:30-10:30am**

4/10 to 5/29

## PAINTING IN OIL OR ACRYLICS Ages 13+

This program is for all levels, beginners to advanced. We will cover values, composition, and color using still life, photographic material, and plein air. A complete supply list is available at the Recreation Office. Please bring to class all materials, paints, canvas and paper towels. **Instructor: Terry Fokine**

**FEES:** Resident: \$140, Nonresident: \$168

**LOCATION:** Sparkle Lake Building

**302-A DATES:** **Saturdays, 9:00am-12:00pm**  
4/6 to 6/8

## KUNG FU: CHINESE KENPO KARATE SELF DEFENSE FOR EVERYONE Ages 18+

This class is open to all beginners, as well as those who have had experience in any martial art. Tired of paying high prices for Martial Arts and signing contracts? Come and join our Yorktown Program Class and get into shape, plus learn how to defend yourself by learning the ancient secrets of Shaolin. This program will teach basic self-defense stances, blocks, hand weapons and techniques. Simple to intermediate Katas (forms) will be taught, as well as progressive self-defense material. You will also stretch, tone and condition your body and be provided with a challenging workout. Note: This class has NO sparring. Sifu Nat Costanzo has intensively trained for over 35 years in the five systems of Chinese Kung Fu (Shaolin Chuan, Tai Chi, Pau Kua Chang, Hsing-I Chuan and Shuai Chiao). Nat has been featured in Inside Kung-Fu, Blackbelt, Tai Chi Chi-Kung and most recently, Living and Being magazines.

**Instructor: Sifu Nat Costanzo, 8th Teng**

**FEES:** Resident: \$60, Nonresident: \$72

**LOCATION:** Sparkle Lake - Outdoors

**303-A DATES:** **Wednesdays, 6:30 - 7:30pm**  
5/29 to 6/26, no class 6/19

## CHANG TAI CHI AND CHI KUNG Ages 18+

This class is open to all beginners as well as those who have had experience. Perfected over 2000 years ago, Tai Chi is a low impact workout designed to increase your mental and physical energy. Tai Chi is the most popular Chinese exercise in the world and is practiced daily by millions of people both young and old. The short form will be taught, as well as Chi Kung exercises and stretching to improve one's flexibility, balance and coordination. Chang Style Tai Chi will help you achieve total harmony of body, mind and spirit. The slow rhythmic movements of Tai Chi will tone muscles, improve overall fitness, improve your balance and heighten your senses.

**Instructor: Sifu Nat Costanzo, 8th Teng**

**FEES:** Resident: \$60, Nonresident: \$72

**LOCATION:** Sparkle Lake - Outdoors

**304-A DATES:** **Wednesdays, 7:30 - 8:30pm**  
5/29 to 6/26, no class 6/19

## I LOVE ART Ages 18+

Bring your favorite art materials: Acrylics, Watercolors, Colored Pencils, Pens, Ink, canvases and come create! I will bring lots of materials for inspiration and play quiet music. Let's be creative together! **Instructor: Judika Lieberman**

**FEES:** Resident: \$125, Nonresident: \$150

**LOCATION:** Sparkle Lake Building

**305-A DATES:** **Wednesdays, 11:00am-12:30pm**  
6/12 - 7/24 (No class 6/19)

## CRAFTY WORKSHOPS Ages 18+

Create a different craft each class. We will paint on glass, do decoupage, create spring wreaths and decorate planters. Let's be creative together! **Instructor: Judika Lieberman**

**FEES:** Resident: \$125, Nonresident: \$150

**LOCATION:** Sparkle Lake Building

**306-A DATES:** **Fridays, 11:00am-12:30pm**  
4/5, 4/12, 5/10 & 5/17

## YOGA PAUSE and DRAW Ages 16+

A gentle exploration within the science of Yoga, which includes postures, breath and meditation to the creation of art on your mat. Each class will include a gentle Yoga practice and a journey to your creative side with sketches to design your mat with markers and paint. You don't have to be an artist to create, I will guide you through a simple enjoyable meditative process. A mind body experience inspired and supported by Yoga. Yoga mats can be purchased from the teacher for \$25. Melissa has completed and achieved Certification as a 500 HR Certified Yoga teacher. She is also a local artist whom works have been displayed and purchased both locally and beyond. **Instructor: Melissa Feinberg**

**FEES:** Resident: \$175, Nonresident: \$210

**LOCATION:** AACCCC Room 122

**307-A DATES:** **Wednesdays, 6:30-7:30pm**  
4/10 to 6/12

## PILATES Ages 18+

Class centers around floor exercises where students use their own resistance through a series of exercises ranging from beginner to advanced. Through this great workout, increase your strength and balance while releasing tension in your body. Improves posture and alignment and can decrease those aches and pains in your back! Please bring water and a mat to each class.

**Instructor: Jennifer Longobardi**

**FEES:** Resident: \$130, Nonresident: \$156

**LOCATION:** AACCCC Nutrition Room

Spring:

**308-A DATES:** **Tuesdays, 6:00-7:00pm**  
4/16 to 6/25 (no class 4/23)

Summer:

**FEES:** Resident: \$52, Nonresident: \$62.40  
**308-B DATES:** **Tuesdays, 6:00-7:00pm**  
7/2 to 7/30 (no class 7/9)

## COUNTRY LINE DANCE Ages 18+

Line dancing is so much fun and excellent exercise. Join Erin and learn some line dances to country, latin, and pop hits! You don't ever need a partner to dance and have a blast. Make some new friends. Erin will let you know where you can go and dance all week long.

**Instructor: Erin McMahon**

**FEES:** Resident: \$152, Nonresident: \$182.40

**LOCATION:** AACCCC Gym

Spring:

**311-A DATES:** **Tuesdays, 6:15-7:15 pm**  
4/16 to 6/4

Summer:

**311-B DATES:** **Tuesdays, 6:15-7:15 pm**  
6/18 to 8/6  
(6/18 & 6/25 will be held at Granite Knolls Pavilion)

## ZUMBA DANCE WORKOUT

Ages 18+

Slim down, tone up, have fun and get your energy going again with Zumba. Suzi leads you through simple, energetic routines to the best music that will get you up dancing, sweating and having a blast!

**Instructor: Suzi Tupa**

**FEES:** Resident: \$152, Nonresident: \$182.40

**LOCATION:** TBD

**Spring:**

**312-A DATES:** **Thursdays, 5:00-6:00pm**  
4/18 to 6/6

**Summer:**

**312-B DATES:** **Thursdays, 5:00-6:00pm**  
6/20 to 8/15 (No class 7/4)

**20/20/20**

Ages 18+

Energizing classic low impact cardio with intervals of mobility exercises using resistance from weights, bands, and body weight. This class is designed to have you sweat, firm up, burn lots of calories, and have FUN! Please bring a mat, a set of weights, and your water bottle.

**Instructor: Michelle A. Sacurato**

**FEES:** Resident: \$128, Nonresident: \$153.60

**LOCATION:** AACCCC Gym

**Spring:**

**309-A DATES:** **Wednesdays, 11:00am-12:00pm**  
4/17 to 6/5

**Summer:**

**309-B DATES:** **Wednesdays, 11:00am-12:00pm**  
6/12 to 8/7 (No class 6/19)  
(7/24 will be at Granite Knolls Pavilion)

## TOTAL BODY

Ages 18+

A full body conditioning workout using resistance from weights, bands and body weight. The class is designed to strengthen and tone all major muscle groups with cardiovascular properties incorporated. Abs and stretching on floor included. Please bring a mat, set of weights, and a water bottle.

**Instructor: Michelle A. Sacurato**

**FEES:** Resident: \$128, Nonresident: \$153.60

**LOCATION:** AACCCC Gym

**Spring:**

**310-A DATES:** **Mondays, 11:15am-12:15pm**  
4/8 to 6/3 (No class 5/27)

**Summer:**

**310-B DATES:** **Mondays, 11:15am-12:15pm**  
6/10 to 7/29  
(7/22 will be held at Granite Knolls Pavilion)

## INTRO TO FENCING -ADULTS

Ages 21+

Ages 21+. An introduction to the sport that will last you a lifetime. Instruction includes basic exercises, footwork and mobility, fundamental weapon manipulation and fencing rules. Students work with each other and with the instructor for a total of six sessions. All protective gear (except gloves) and foils are provided. Participants can use either their own leather gloves, borrow from the limited supply available, or purchase their own (from suppliers or through the activity). Instruction is given and gear is supplied under the auspices of Westchester Fencers Club, a member of the United States Fencing Association.

**Instructor: James Bernitt**

**FEES:** Resident: \$150, Nonresident: \$180

**LOCATION:** United Methodist Church/Westchester Fencers Club

**312-A DATES:** **Saturdays, 9:30am – 10:30am**  
4/13 to 5/18

# FIT4MOM PROGRAMMING

**Instructor: Dana Pavella**

## STROLLER STRIDES

Stroller strides is a functional, total-body conditioning workout designed for moms with kids in tow. Each 60 minute workout is comprised of strength training, cardio, and core restoration, all while entertaining little ones with songs, activities, and fun! Each Stroller Strides instructor is skilled to meet you where you are mentally and physically. You'll leave class feeling connected, successful and energized! No more mama guilt! This class is about self-care in a supportive and encouraging environment. Please refer to [www.yorktown.fit4mom.com](http://www.yorktown.fit4mom.com) or call 914-302-9994.

**DATES: Mon, Wed, Fri, 9:30 am**

## BODY BOOST

A high intensity interval training (HIIT) workout designed to challenge, empower and energize you. Combining cardio, strength training, core work, and meditation. This 60-minute class is just for you and will leave you feeling refreshed and recharged for motherhood and all that comes with it.

Please refer to [www.yorktown.fit4mom.com](http://www.yorktown.fit4mom.com)

**DATES: Thursdays, 7:30pm**

**DATES: Saturdays, 7:30am**

## RUN CLUB

Take your running to the next level with our 8 week guided training program. Whether you're training for a specific running goal such as a 5k, 10k or half marathon or simply want the support and structure of a run-training program, we provide at-home and in-person opportunities to train, learn and improve. Included in the 8 weeks are tips for getting started, detailed training plans for a variety of distances or general running, as well as nutrition tips for fueling during training. Each week, you'll receive e-mail support, accountability and progress check-ins from your Run Club Coach. Please refer to [www.yorktown.fit4mom.com](http://www.yorktown.fit4mom.com).

**DATES: Tuesdays, 7:30pm**

# ADULT SPORTS INFORMATION

## ADULT WEEKNIGHT SOFTBALL LEAGUES

### Managed by Yorkville Sports Association

Men's Modified and Coed Slow Pitch. 12 regular season games of competitive and recreational softball played random nights Monday through Thursday at Downing Park on Route 202. Season runs from April 15th to mid-July, followed by Playoffs. Please visit the website at: [www.ysaleagues.com](http://www.ysaleagues.com) for more information and to register your team. Any questions email, [info@ysaleagues.com](mailto:info@ysaleagues.com).

## 60+ SUNDAY SOFTBALL LEAGUE

### Managed by Yorkville Sports Association

12 regular season games played at Shrub Oak Memorial Park. Season runs from April 14th to mid-July, followed by Playoffs. Please visit the website at: [www.ysaleagues.com](http://www.ysaleagues.com) for more information and to register your team. Any questions email, [info@ysaleagues.com](mailto:info@ysaleagues.com).

## MEN'S ADULT SOCCER

Yorktown Parks and Recreation been offering Men's soccer leagues for the last decade. Sessions will be held on Wednesdays at Legacy Field. These leagues are meant to provide exercise, competition and a family like feeling amongst all the participants. All ages are welcome. Leagues will be created based on the competitiveness and quality of each team. There will be separate levels of competition. Wednesday league will begin April 10th, 2024 with game times starting at 9:00pm.

The leagues are run and organized by KIIDS INC. For more information call 914-400-5871 and ask for Rick Romanski or Brandon Paulicelli @ 914-450-3719 or visit [kiidssports.com](http://kiidssports.com).

## MEN'S 40+ SUNDAY SOFTBALL LEAGUE

### Managed by Yorktown Parks and Recreation

Season will be 12-14 weeks with playoffs to determine a league champion. Games will be held on Sunday mornings at the Rt. 202 fields beginning in April. Champion team will be awarded champion t-shirts. To register: Blank registration forms and team rosters are available on the Yorktown Parks and Recreation website.

# SENIOR PROGRAMS

Senior Citizens are defined as permanent Yorktown residents ages 60 and over

## SENIOR PAINTING

Ages 60+

Come paint with me in acrylics and oils. Two Hour session (A): Classes include a variety of step-by-step lessons to build and improve technique and skill. One hour Session (B): Open studio time. Participants receive one-on-one guidance as needed. Students must bring their own brushes and canvases. Reference photos and sketch book are recommended.

### Instructor: Kathleen Pasquale

**FEES:** Resident: \$50 Nonresident: \$60

**LOCATION:** Sparkle Lake Building

**401-A DATES:** Mondays, 9:30-11:30am

4/8 to 6/17 (no class 5/27)

**FEES:** Resident: \$10 Nonresident: \$30

**401-B DATES:** Mondays, 10:30-11:30am

4/8 to 6/17 (no class 5/27)

## FOREVER FIT

Ages 60+

Forever Fit will provide senior citizens 30 minutes of easy to follow, low impact aerobics and 30 minutes of strength and stability training. Improve your fitness level and have fun while working out to music from the 50's, 60's, and 70's. Chairs provided. A pair of 2-4 pound weights are recommend. Sneakers and water are mandatory. **Instructor: Stacey Thompson, AFAA Certified Fitness Instructor**

**FEES:** Resident: \$8, Nonresident: \$30

**LOCATION:** AACCCC Gym

**407-A DATES:** Tuesdays, 10:45-11:45am

4/16 to 6/11 (No class 5/14)

## SENIOR LINE DANCING

Ages 60+

Come and join Betty Boot in some fun County-Western Line dancing steps. **Instructor: Betty Boot**

**FEES:** Resident: No Fee, Nonresident: \$30

**LOCATION:** AACCCC Gym or Granite Knolls Pavilion

**403-A DATES:** Wednesdays, 12:00-1:00pm

4/3 to 8/28

(6/19 and 7/24 will be at Granite Knolls Pavilion)

## SENIOR DANCE & EXERCISE

Ages 60+

Line dancing with some fitness exercise. **Instructor: Cameron Kelly**

**FEES:** Resident: No fee, Nonresident: \$30

**LOCATION:** AACCCC Gym/Granite Knolls

**405-A DATES:** Fridays, 10:45-11:45am

4/12 to 6/14

(6/14 will be at Granite Knolls Pavilion)

**405-B DATES:** Fridays, 10:45-11:45am

6/28 to 8/30

(7/26 will be at Granite Knolls Pavilion)



## CHAIR YOGA

Ages 60+

In this class you will learn how to practice Yoga safely. Yoga can help prevent and potentially reverse bone loss. We will combine the benefits of chair yoga while encouraging muscle and bone strength, which has a positive effect on your balance, posture, and stability. If you would like to: increase joint flexibility; expand range of motion; strength the muscles; improve balance and coordination; reduce risk of fracture; improve breathing and circulation calm the mind, release tension, and elevate your mood. Then this is the class for you!

Chair yoga postures are performed seated and standing and will be adapted for participants of all ages and abilities. No prior yoga experience is necessary. **Instructor: Lisa Thomas, Certified Yoga Instructor**

**FEES:** Resident: \$8, Nonresident: \$30  
**LOCATION:** AACCCC Room 209  
**402-A DATES:** **Mondays, 9:30-10:30am**  
4/8 – 6/17 (no class 4/22, 5/6 & 5/27)

## FALL PREVENTION

Ages 60+

This class involves balance and bone strengthening exercises. Information is provided on nutrition and lifestyle habits to benefit bone health and density. **Instructor: Naomi Cohen, PT**

**FEES:** Resident: No fee, Nonresident: \$30.00  
**LOCATION:** Sparkle Lake Building  
**404-A DATES:** **Thursdays, 2:30- 3:30pm**  
4/18 to 6/6  
**404-B DATES:** **Fridays, 1:00- 2:00pm**  
4/19 to 6/7

## MAH JONGG

Ages 60+

If you can play 500 Rummy you can play Mah Jongg. Cards will be provided. **Instructor: Betty Amico**

**FEES:** Resident: No Fee, Nonresident: \$30  
**LOCATION:** AACCCC Room 26  
**406-A DATES:** **Wednesdays, 10:00am – 12:00pm**  
4/3 to 8/28 (No class 6/19)

## SENIOR SWIM

Residents Ages 60+

Open swim for all resident seniors. Membership required. Must present pool pass at the gate for entry.

**LOCATION:** Brian J. Slavin Facility  
**DATES:** **Tuesday & Thursday, 10:30-12:00pm**  
6/28 to 8/16

**LOCATION:** Junior Lake Facility  
**DATES:** **Mon, Wed, Fri, 10:00 am-12:00 pm**  
8/5 to 8/16

## KNITTING CLUB

Ages 60+

Free for resident Seniors ages 60 and over. Join us each Thursday from 10am to 12pm in AACCCC Room 16. Bring your supplies and current project and enjoy a morning of knitting.

**FEES:** Resident: No Fee, Nonresident: \$30  
**LOCATION:** AACCCC Room 16  
**408-A DATES:** **Thursdays, 10:00am -12:00pm**  
4/4 to 9/5

## YORKTOWN SENIOR ADVISORY COMMITTEE

The Town of Yorktown Senior Advisory Committee is a non-political committee, appointed by the Town Board, representing the senior citizens of Yorktown. Meetings for the Yorktown Senior Advisory Committee are held the third Friday of the month at 1:00pm at the Yorktown Town Hall, 363 Underhill Avenue, Yorktown Heights.

## SENIOR NEWSLETTER

The Senior Newsletter is a bi-monthly circular pertaining to Senior Citizens' activities and special events calendars, along with timely articles of interest to Yorktown seniors. Newsletters can be found at Recreation Office, Senior Center, Town Hall, Library or online at [www.yorktownny.org/senior](http://www.yorktownny.org/senior). If you would like to submit any articles or information to the newsletter, please call the Recreation Office at 245-4650.

# YORKTOWN SENIOR CENTER

Noreen O'Driscoll, Director 914-962-7447 9:00am-2:00pm

## NUTRITION PROGRAM

Seniors 60 years and older, join us for lunch at the Yorktown Senior Center. Eat with friends and meet new people! Hot lunch is served in the Senior Center, Monday - Friday at 12 pm. Reservations are required at least one day in advance by 1:00 pm. Suggested donation is \$3.00. Please contact the Senior Center for more information or to make a reservation. Monthly Menu can be found online at [www.yorktownny.org/senior](http://www.yorktownny.org/senior)

## TRANSPORTATION

Yorktown Senior Center provides transportation for seniors:

- Weekdays to and from the Senior Nutrition Program
- On Tuesdays to local supermarkets

There is a suggested contribution for these services. Call the Senior Center for more information and to make a reservation.

## HOMEBOUND MEALS

A hot meal is delivered to eligible homebound seniors Monday through Friday. There is a suggested contribution for these services. Call the Senior Center for more information. Monthly Menu can be found online at [www.yorktownny.org/senior](http://www.yorktownny.org/senior)

## PROGRAMS

Yorktown Senior Center provides many different and fun activities, programs and events throughout the year. Programs and activities include but not limited to:

### Card Games & Bingo –

Monday - Friday from 10:00am to 12noon

- Sugar Screenings Exercise Classes
- Blood Pressure Reading Monthly Speakers
- Shopping

Programs are funded through the Department of Health & Human Services, N.Y. State Office of Aging, Westchester County Department of Senior Programs & Services, and The Town of Yorktown.

# SENIOR CITIZEN CLUBS

For questions regarding Nutrition Program: Noreen O'Driscoll, Director 914-962-7447 For questions regarding Senior clubs: James Martorano Jr, Superintendent of Parks & Recreation 914-245-4650

## SHRUB OAK SENIORS

**President:** Bea Perkins, 845-661-5479

**LOCATION:** Albert A. Capellini Community & Cultural Center, Room 16

**DATES:** Mondays, 10:00 am – 1:00 pm

## AARP –

## The American Association of Retired Persons

**President:** Patricia Fraleigh, 914-293-7508

**LOCATION:** Albert A. Capellini Community & Cultural Center, Nutrition Room

**DATES:** 2nd Wednesday, 2:00 pm

## JEFFERSON OWNERS FOUNDATION TRAVEL CLUB

**President:** Jim Higgins, 914-302-2836

## ST. PATRICK'S SENIORS

**President:** Carol Manse, 914-245-2953

**LOCATION:** Parish Center

**DATES:** 3rd Tuesday, 10:00 am

## ST. PATRICK'S WIDOWS & WIDOWERS CLUB

**President:** Ada Ereno, 914-214-8060 or Joan Evers, 845-628-4279

**LOCATION:** Parish Center

**DATES:** 1st Tuesday of the month, 1:00 pm

# GOLF, TENNIS & PICKLEBALL

## ADULT GOLF CLINIC

Ages 18+

Introduction to golf for beginner/intermediate players. Topics include the proper fundamentals of the long game and the short game. Golf equipment will be provided in needed. **Instructor:** Joseph Raitano PGA, Mohansic Golf Course Driving Range

**FEES:** Resident: \$175, Nonresident: \$210

**LOCATION:** Mohansic Golf Course

**501-A DATES:** Tuesday, 6:00 – 7:00 pm  
4/9 to 5/7

**501-B DATES:** Wednesdays, 6:00 - 7:00pm  
4/10 to 5/8

**501-C DATES:** Thursdays, 6:00 - 7:00pm  
4/11 to 5/9

## LOLLIPOP TENNIS

Ages 4-6

Students will develop basic essential skills – handling and swinging racquet, throwing, rolling and catching. Students will focus on basic movements: running, jumping, and balance. The main goal is to develop body control and have fun! Note: Students should bring their own racquets and balls – loaners also available. **Instructor:** Luis M. Jimenez, Shrub Oak Tennis Inc.

**FEES:** Resident: \$250, Nonresident: \$300

**LOCATION:** Shrub Oak Park Courts

Spring:

**503-A DATES:** Monday, 4:30 – 5:30 pm  
4/8 – 6/3, no class 5/27

**503-B DATES:** Tuesday, 4:30 – 5:30 pm  
4/9 – 6/4, no class 4/23

**503-C DATES:** Thursday, 4:30 – 5:30 pm  
4/11 – 5/30

Summer:

**503-D DATES:** Monday, 4:30 – 5:30 pm  
6/24 – 8/12

**503-E DATES:** Tuesday, 4:30 – 5:30 pm  
6/25 – 8/13

**503-F DATES:** Thursday, 4:30 – 5:30 pm  
6/27 – 8/22, no class 7/4

## JUNIOR GOLF CAMP

Ages 8-16

Introduction to the game of golf for juniors interested in learning the game. Golf equipment will be provided if needed. **Instructor:** Joseph Raitano PGA, Mohansic Golf Course Driving Range

**FEES:** Resident: \$350, Nonresident: \$420

**LOCATION:** Mohansic Golf Course

**502-A DATES:** Wednesdays, 9:00 am-11:00 am  
6/26 to 7/24

## PEEWEE TENNIS

Ages 7-10

Basic stroke shape will be introduced along with proper movement and recovery. Students will focus on receiving and sending the ball. Players work together in cooperative activities. Students will be introduced to competitive situations and learn match format and scoring. Note: Students should bring their own racquets and balls – loaners also available. **Instructor:** Luis M. Jimenez, Shrub Oak Tennis Inc.

**FEES:** Resident: \$250, Nonresident: \$300

**LOCATION:** Shrub Oak Park Courts

Spring:

**504-A DATES:** Monday, 5:30 – 6:30 pm  
4/8 – 6/3, no class 5/27

**504-B DATES:** Tuesday, 5:30 – 6:30 pm  
4/9 – 6/4, no class 4/23

**504-C DATES:** Thursday, 5:30 – 6:30 pm  
4/11 – 5/30

Summer:

**504-D DATES:** Monday, 5:30 – 6:30 pm  
6/24 – 8/12

**504-E DATES:** Tuesday, 5:30 – 6:30 pm  
6/25 – 8/13

**504-F DATES:** Thursday, 5:30 – 6:30 pm  
6/27 – 8/22, no class 7/4

## JUNIOR BEG/INT TENNIS

Ages 11-17

Students will learn basic form and stroke mechanics. The main goal is to establish form and timing of all major shots. Basic footwork will be emphasized as well. Note: Students should bring their own racquets and balls – loaners also available.

**Instructor:** Luis M. Jimenez, Shrub Oak Tennis Inc.

**FEES:** Resident: \$250, Nonresident: \$300

**LOCATION:** Shrub Oak Park Courts

Spring:

**505-A DATES:** Monday, 6:30 – 7:30 pm  
4/8 – 6/3, no class 5/27

**505-B DATES:** Tuesday, 6:30 – 7:30 pm  
4/9 – 6/4, no class 4/23

**505-C DATES:** Thursday, 6:30 – 7:30 pm  
4/11 – 5/30

Summer:

**505-D DATES:** Monday, 6:30 – 7:30 pm  
6/24 – 8/12

**505-E DATES:** Tuesday, 6:30 – 7:30 pm  
6/25 – 8/13

**505-F DATES:** Thursday, 6:30 – 7:30 pm  
6/27 – 8/22, no class 7/4

## EVENING ADULT BEG/INT TENNIS

Ages 18+

Students will work on generating spins and control power. Singles and doubles strategies will be covered. Students will be expected to play out points. Note: Students should bring their own racquets and balls – loaners also available. **Instructor:**

**Luis M. Jimenez, Shrub Oak Tennis Inc.**

**FEES:** Resident: \$250, Nonresident: \$300

**LOCATION:** Shrub Oak Park Courts

Spring:

**506-A DATES:** Monday, 7:30 – 8:30 pm  
4/8 – 6/3, no class 5/27

**506-B DATES:** Tuesday, 7:30 – 8:30 pm  
4/9 – 6/4, no class 4/23

**506-C DATES:** Thursday, 7:30 – 8:30 pm  
4/11 – 5/30

Summer:

**506-D DATES:** Monday, 7:30 – 8:30 pm  
6/24 – 8/12

**506-E DATES:** Tuesday, 7:30 – 8:30 pm  
6/25 – 8/13

**506-F DATES:** Thursday, 7:30 – 8:30 pm  
6/27 – 8/22, no class 7/4

## SATURDAY POINT PLAY for

Ages 10-17

Doubles/Singles and/or mixed & flexible matches for intermediate to advanced tennis players ages 10 to 17. Players must be able to rally, know basic rules, keep score unassisted, call own lines, hit forehands, backhands, serve overhand and volley with moderate success. Matches will be run by a Shrub Oak Tennis coordinator. This is a 6-week program.

**Coordinator:** Shrub Oak Tennis Inc.

**FEES:** Resident: \$150, Nonresident: \$180

**LOCATION:** Shrub Oak Park Courts

**513-A DATES:** Saturdays, 4:00 – 6:00 pm  
4/20 - 5/25

## SATURDAY MATCH PLAY for

Ages 18+

Doubles/Singles and/or mixed & flexible matches for intermediate to advanced tennis players ages 18 and above. Players must be able to rally, know basic rules, keep score unassisted, call own lines, hit forehands, backhands, serve overhand and volley with moderate success. Matches will be run by a Shrub Oak Tennis coordinator. This is a 6-week program. **Coordinator:**

**Shrub Oak Tennis Inc.**

**FEES:** Resident: \$150, Nonresident: \$180

**LOCATION:** Shrub Oak Park Courts

**514-A DATES:** Saturdays, 6:00 – 8:00 pm  
4/20 - 5/25

## MORNING ADULT TENNIS CLINICS

Ages 18+

Students will work on generating spins and control power. Singles and doubles strategies will be covered. Students will be expected to play out points. Note: Students should bring their own racquets and balls – loaners also available. **Instructor:**

**Luis M. Jimenez, Shrub Oak Tennis Inc.**

**FEES:** Resident: \$190, Nonresident: \$228

**LOCATION:** Shrub Oak Park Courts

Spring:

Beginners:

**507-A DATES:** Tuesday, 9:00 – 10:00 am  
4/16 – 5/28, no class 4/23

**507-B DATES:** Thursday, 9:00 – 10:00 am  
4/18 – 5/23

Intermediate:

**508-A DATES:** Tuesday, 10:00 – 11:00 am  
4/16 – 5/28, no class 4/23

**508-B DATES:** Thursday, 10:00 – 11:00 am  
4/18 – 5/23

Advanced:

**509-A DATES:** Tuesday, 11:00 am – 12:00 pm  
4/16 – 5/28, no class 4/23

**509-B DATES:** Thursday, 11:00 am – 12:00 pm  
4/18 – 5/23

Summer:

Beginners:

**510-A DATES:** Tuesday, 9:00 – 10:00 am  
7/2 – 8/6

**510-B DATES:** Thursday, 9:00 – 10:00 am  
7/11 – 8/15

Intermediate:

**511-A DATES:** Tuesday, 10:00 – 11:00 am  
7/2 – 8/6

**511-B DATES:** Thursday, 10:00 – 11:00 am  
7/11 – 8/15

Advanced:

**512-A DATES:** Tuesday, 11:00 am – 12:00 pm  
7/2 – 8/6

**512-B DATES:** Thursday, 11:00 am – 12:00 pm  
7/11 – 8/15

## PICKLEBALL & TENNIS PASS

Tennis Courts available at Shrub Oak Park and Downing Park. Pickleball Courts available at Granite Knolls Park and Blackberry Woods Park. All levels welcome. Season runs from April through November.

**FEES:** Resident: \$40, Nonresident: \$125



## HUMP DAY DINKERS Levels 4.0+

Advanced level Pickleball league – must be 4.0 rating or above. 3 courts each night. 12 player maximum per session. Available to Tennis/Pickleball Passholders only. **Instructor: Mike Verrino, Instructor**

**FEES:** \$65  
**LOCATION:** Granite Knolls Courts 1,2 & 3  
**515-A DATES:** **Wednesdays, 6:00-8:00pm**  
5/22 to 6/26  
**515-B DATES:** **Wednesdays, 6:00-8:00pm**  
7/17 to 8/21

## PICKLEBALL BEGINNER CLINIC Ages 18+

Pickleball instructional classes for beginners rated 1.0-2.0 level and those new to pickleball. Students will learn: the basic rules of pickleball; how to dink down the line both forehand and backhand; how to dink cross court both forehand and backhand; how to perform forehand and backhand ground strokes; how to volley; and how to serve. Part 2 includes drills & guided play.

**Instructor: Jerome Cabuhat, Certified Pickleball Instructor**

**LOCATION:** Granite Knolls Courts 1,2 & 3  
**FEES:** Resident: \$240, Nonresident: \$288  
**516-A DATES:** **Wednesdays, 1:00-2:00pm**  
(6 classes) 4/10 to 5/15

Part 2:

**FEES:** Resident: \$160, Nonresident: \$192  
**516-B DATES:** **Wednesdays, 1:00-2:00pm**  
(4 classes) 5/29 to 6/19

## PICKLEBALL ADVANCED BEGINNER CLINICS

Ages 18+

Pickleball instruction for beginners around the 2.0-3.0 level. Students will learn: basic pendulum swing on the forehand and backhand; proper side step movement while staying balanced at NVZ (non volley zone) line; how to punch volley, how to perform an overhead with proper sideways turn; to control forehand and backhand groundstrokes; and how to perform 3rd shot drop by long dinking. Part 2 includes drills & guided play.

**Instructor: Jerome Cabuhat, Certified Pickleball Instructor**

**LOCATION:** Granite Knolls Courts 1,2 & 3  
**FEES:** Resident: \$360, Nonresident: \$432  
**517-A DATES:** **Wednesdays, 2:00-3:30pm**  
(6 classes) 4/10 to 5/15  
**518-A DATES:** **Wednesdays, 3:30-5:00pm**  
(6 classes) 4/10 to 5/15

Part 2:

**FEES:** Resident: \$240, Nonresident: \$288  
**517-B DATES:** **Wednesdays, 2:00-3:30pm**  
(4 classes) 5/29 to 6/19  
**518-B DATES:** **Wednesdays, 3:30-5:00pm**  
(4 classes) 5/29 to 6/19

# SUMMER YOUTH SPORTS CAMPS

## BLUEPRINT BASEBALL SUMMER TRAINING CAMPS Entering Grades K-9

Join Blueprint for another tech-savvy summer baseball camp experience! Parents watch their aspiring ballplayer camp-it-up on their LIVE STREAM & stay in touch w/text updates sent directly to their phone! Also, daily posts on Facebook & Instagram - Check out pix & vids from last summer's exciting event! Campers get to see themselves in action on our "training tablets" and receive real-time skill feedback-right on the field! All campers receive Blueprint swag gear & compete for daily prizes, all while training in a hybrid training/game setting! Camp Director Bill Consiglio, YHS graduate & former NCAA Division I coach. Under his guidance since 2006, Blueprint & its trainers have coached over 300 players who've signed pro! To register or more info, visit [www.BlueprintBB.com](http://www.BlueprintBB.com). All registration occurs online. Discounts for those who register early, multi-week, siblings & more! Multiple field sizes @ Granite Knolls Turf, incl. 46/60, 50/70 and 60/90, ensures campers will train with their peers-GUARANTEED!

**Instructor: Bill Consiglio, Blueprint Baseball Camp Director**

**FEES:** Visit [www.BlueprintBB.com](http://www.BlueprintBB.com) for more info; Discounts for early registration, siblings, multi-week.... even for just returning again this year!

**LOCATION:** Granite Knolls Sports Complex  
**DATES:** **Mon-Thurs, 9:00am – 1:00pm**  
7/8 to 7/11

**DATES:** **Mon-Thurs, 9:00am – 1:00pm**  
7/15 to 7/18

**DATES:** **Mon-Thurs, 9:00am – 1:00pm**  
7/22 to 7/25

## New York City Football Club SOCCER SUMMER CAMPS Ages 8-14

Our NYCFC camps are a week-long program which provides players of all skill a chance to enhance their abilities. With our programs we look to nurture the fundamental skills needed in soccer. Providing players with daily topics such as dribbling, shooting, passing and receiving. Adding challenges throughout the week to give players an opportunity to win awards and test their abilities. We also look to incorporate daily values to promote positive character development and daily health and wellness components to promote a healthy lifestyle. Our camps cater to ages 8-14 and ensures the best experience for everyone. To register, please visit: [www.nycfc.com/youth/soccer-camps](http://www.nycfc.com/youth/soccer-camps)

**LOCATION:** Granite Knolls Sports & Recreation Complex

**DATES:** **Mon-Fri, 9:00am-3:00pm**  
7/15 to 7/19

**DATES:** **Mon-Fri, 9:00am-3:00pm**  
7/22 to 7/26

## KIIDS SUMMER SOCCER CAMPS **Ages 4-14**

This program meets the needs of each age group from Pre K to the 8th grade player. Trainers are licensed, have passed a background check and are insured by KIIDS Inc. Our camps are designed to ensure SAFETY, and that the player experiences a sense of accomplishment, and learns the game of soccer in a secure, controlled, fun filled environment. Each camper will receive a camp t-shirt. Water will be provided. Ice pop days and pizza on the last day! **Directors: Rocky Bujar and Michael Romanski**

**LOCATION:** Jack DeVito Field

### Full Day

**FEES:** Resident: \$250, Nonresident: \$300

**509-A DATES:** **Monday-Friday, 9:30am-3:30pm**  
8/5 to 8/9

**510-A DATES:** **Monday-Friday, 9:30am-3:30pm**  
8/12 to 8/16

### Half Day

**FEES:** Resident: \$150, Nonresident: \$180

**509-B DATES:** **Monday-Friday, 9:30am-12:00pm**

**509-C DATES:** **Monday-Friday, 12:30pm-3:30pm**  
8/5 to 8/9

### Half Day

**FEES:** Resident: \$150, Nonresident: \$180

**510-B DATES:** **Monday-Friday, 9:30am-12:00pm**

**510-C DATES:** **Monday-Friday, 12:30am-3:30pm**  
8/12 to 8/16

## BRAZILIAN UNITED SOCCER CAMP **Ages 7-14**

At Brazilian United Soccer Academy, we are dedicated to giving young athletes the chance to excel and achieve their full athletic potential through our top-notch soccer program. Our unique approach, known as the Beyondsoccer method, not

only hones players' technical abilities but also prioritizes their mental, physical, and social growth. Our ultimate goal is to not just create skilled players, but also well-rounded individuals who embody a deep passion for the world around them. Join us in shaping tomorrow's exceptional leaders on and off the field. Turning passion into skill one kick at a time, while having fun the Brazilian way! **Instructor: Pedro Drager**

**LOCATION:** Granite Knolls Sports & Recreation Complex

**DATES:** 8/12 – 8/16

**511-A Mon-Fri, 9:00am - 3:00pm**

**FEES:** Resident: \$269.00, Nonresident: \$322.80

**DATES:** 8/12 – 8/16

**511-B Mon-Fri, 9:00am – 12:00pm**

**FEES:** Residents \$229.00, Nonresident: \$274.80

## BRAZILIAN UNITED SOCCER CAMP, **Ages 4-6** FUTURE STARS

At Brazilian United Soccer Academy, we are dedicated to giving young athletes the chance to excel and achieve their full athletic potential through our top-notch soccer program. Our unique approach, known as the Beyondsoccer method, not only hones players' technical abilities but also prioritizes their mental, physical, and social growth. Our ultimate goal is to not just create skilled players, but also well-rounded individuals who embody a deep passion for the world around them. Join us in shaping tomorrow's exceptional leaders on and off the field. Turning passion into skill one kick at a time, while having fun the Brazilian way! **Instructor: Pedro Drager**

**LOCATION:** Granite Knolls Sports & Recreation Complex

**DATES:** 8/12 - 8/16

**512 Mon-Fri, 3:00am - 4:00pm**

**FEES:** Resident: 125.00, Nonresident: \$150.00

# SUMMER YOUTH SPECIALTY CAMPS

## NINJA TAEKWONDO CAMP **Ages 4-8**

Has your child dreamed of being a superhero? This camp provides an opportunity to learn the basics of Taekwondo: defense, offense, punches, kicking, blocking and stances. Goals include: developing the child's intelligence, balance, coordination, social skills, concentration, discipline and athleticism. Camp will also include superhero activities, jousting competition, Sumo mania, arts and crafts, snacks and more. PHILAM Self-Defense is located at 1761 Front Street in

Yorktown. Students should wear short pants. **Instructor: Lorna Groux, Black Belt Instructor**

**FEES:** Resident: \$220, Nonresident: \$264

**LOCATION:** PHILAM-Self Defense

**601-A DATES:** **Mon-Fri, 9:00 am – 12:00 pm**  
7/29 to 8/2

**601-B DATES:** **Mon-Fri, 9:00 am – 12:00 pm**  
8/5 to 8/9

**601-C DATES:** **Mon-Fri, 9:00 am – 12:00 pm**  
8/12 to 8/16

# WEEK OF AUGUST 5TH TO AUGUST 9TH

## CRAYOLA IMAGINE ARTS ACADEMY presents: ARTIST'S PASSPORT **Grades 1-4**

Embark on an around-the-world cultural adventure – explore far-off places and learn about the people who live there, from the Americas to Polynesia, from cosmopolitan to the countryside. Experiment with Crayola products, while trying art techniques developed by local artists and artisans. Make different masterpieces daily such as drums, masks, canvases, prints, buses, and more! Then bring your unique creations home, where you can build a globally-inspired art gallery. **Instructor:**

**Crayola Imagine Arts Academy Staff**

**FEES:** Resident: \$415, Nonresident: \$498

**LOCATION:** AACCC Room 223

**602-A DATES:** **Mon-Fri, 9:00 am – 3:00 pm**  
8/5 to 8/9

## FUN4ALL SLIME WEEK **Grades 1-6**

It's slime time as we spend a week with students to create new slime recipes that are only limited to your imagination! Our popular Slime Week teaches students the basics of how to make their own slime, and then shows students some of the most popular and trending slime recipes. Some of the slime is even edible! Our coordinators show students the latest slime tips and tricks and encourage creative thinking and working with friends. Students can customize their own slime by adding colors, scents, and textures. Once the slime is made, students can mold and play with their new creations. Slime week lets kids get their hands dirty and have fun, but leaves the mess in the classroom and out of the care and home! **Instructor: Fun4All LLC**

**FEES:** Resident: \$345, Nonresident: \$414

**LOCATION:** Sparkle Lake Building

**603-A DATES:** **Mon-Fri, 9:00am-3:00pm**  
8/5 to 8/9

## ANIMATION FLIX (AM)

### ACTION STOP MOTION FLIX (PM) Ages 7-13

A: In this fast paced class, you'll create up to four new stop motion movies using a different medium each day! Animate cars, film with green screen, and new for 2024 you create a 2D Mario movie, and more!

B: Use stop motion tricks to create fires, explosions, and even floods, as your characters can battle it out or work together to save the day in this action packed stop motion class. You'll work in small groups to storyboard, create the action, film, and voice-over these exciting movies.

C: Join us for the full day combo for a discount! Bring snacks, lunch and drink, lunch supervision will be provided. Please see

both half day descriptions. **Instructor: IncrediFlix Inc.** Production Fees are included in the price. Flix emailed within a month after program ends.

**FEES:** Resident: \$257, Nonresident: \$308.40

**LOCATION:** AACCCC Room 227/228

**604-A DATES:** **Mon-Fri, 9:00 am – 12:00 pm**  
8/5 to 8/9

**604-B DATES:** **Mon-Fri, 1:00 pm – 4:00 pm**  
8/5 to 8/9

**FEES:** Resident: \$488, Nonresident: \$585.60

**604-C DATES:** **Mon-Fri, 9:00 am – 4:00 pm**  
8/5 to 8/9

## WEEK OF AUGUST 12TH TO AUGUST 16TH

### FUN4ALL LEGOS WEEK

Grades 1-6

Are you passionate about creativity, problem solving and building? Fun4All's LEGO Engineering program is a week-long journey into the exciting world of engineering and innovation through the lens of LEGO bricks! Designed for young engineers, this immersive program offers a unique blend of fun and hands-on learning. Our instructors will foster creativity as students use LEGOs to design mazes, cars, and design solutions to challenges. **Instructor: Fun4All LLC**

**FEES:** Resident: \$345, Nonresident: \$414

**LOCATION:** Sparkle Lake Building

**605-A DATES:** **Mon-Fri, 9:00am-3:00pm**  
8/12 to 8/16

**Production Fees are included in the price. Flix emailed within a month after program ends.**

**FEES:** Resident: \$257, Nonresident: \$308.40

**LOCATION:** AACCCC Room 227/228

**606-A DATES:** **Mon-Fri, 9:00 am – 12:00 pm**  
8/12 to 8/16

**606-B DATES:** **Mon-Fri, 1:00 pm – 4:00 pm**  
8/12 to 8/16

**FEES:** Resident: \$488, Nonresident: \$585.60

**606-C DATES:** **Mon-Fri, 9:00 am – 4:00 pm**  
8/12 to 8/16

### SPECIAL EFFECTS MOVIE FLIX (AM)

### MINECRAFT vs ROBLOX FLIX (PM) Ages 7-13

A: Explosions, tornados, meteors! In these high intensity live action movies, the special effects will blow your mind. In groups, you'll get to direct, act, and even choose special effects to incorporate into your movies. Make a movie that will surprise all your friends and family!

B: Make a Minecraft movie, a Roblox movie, or make a mashup movie! Work in groups to create a stop-motion movie full of games or challenges for your character to overcome. Students will create their sets out of constructions paper, make their Minecraft blocks, film, add some cool effects, and do voice-overs!

C: Join us for the full day combo for a discount! Bring snacks, lunch and drink, lunch supervision will be provided. Please see both half day descriptions. **Instructor: IncrediFlix Inc.**

### CHESS WIZARDS

Ages 6-12

Join this summer for tons of challenging lessons, exciting games, and cool prizes. You'll improve your chess skills, and work out your most powerful muscle – your brain! Our camps include fun team chess games (like Corner Chess), recess time (of course), snacks, tournaments, and puzzles. Each camper receives a t-shirt, trophy, and puzzle folder. We include all the materials necessary for your child to participate, but full day kids should bring a lunch. Unleash your brain power and spend part of your vacation with Chess Wizards. **Instructor: Chess Wizards**

**FEES:** Resident: \$320, Nonresident: \$384

**LOCATION:** AACCCC Room 223

**607-A DATES:** **Mon-Fri, 9:00 am – 12:00 pm**  
8/12 to 8/16

**607-B DATES:** **Mon-Fri, 12:00 pm – 3:00 pm**  
8/12 to 8/16

**FEES:** Resident: \$465, Nonresident: \$558

**607-C DATES:** **Mon-Fri, 9:00 am – 3:00 pm**  
8/12 to 8/16

## WEEK OF AUGUST 19TH TO AUGUST 23RD

### FUN4ALL OUTSIDE THE LINES ART WEEK

Grades 1-6

Get your creativity on with Fun4All's Outside the Lines Art Week! Pack your bags for a summer vacation – each jam packed day will have a different theme including a trip to the zoo, beach day and bored at home to explore art through many types of mediums! Our instructors will combine brief art lessons with fun

projects that are sure to give kids a great summer experience. **Instructor: Fun4All LLC**

**FEES:** Resident: \$345, Nonresident: \$414

**LOCATION:** Sparkle Lake Building

**608-A DATES:** **Mon-Fri, 9:00am-3:00pm**  
8/19 to 8/23

## RE/CO ROBOT (AM) FUTURE ENGINEERS (PM)

Ages 8-12

A: Build and take home your very own RE/CO Robot! RE/CO robot is a mechanical off-roading adventure! It comes equipped with an infrared sensor and artificial intelligence. Its ability to be controlled wirelessly, and its tank-like tracks, make it perfect for rugged conditions! See Community Pass for a full description.

B: If you like to create and build things, this program is for you! Take home your very own engineering kit! You will build up to 8 working models including a material lift, stationary bike, crane bridge, construction crane, and a windmill! With the aid of your instructor and the easy-to-follow manual, you will learn different scientific principles involving pulleys and mechanics. See Community Pass for a full description.

**Instructor: Minds in Motion of NJ LLC**

**FEES:** Resident: \$215, Nonresident: \$258

**LOCATION:** AACCCC Room 227/228

**609-A DATES:** **Mon-Fri, 9:00 am – 12:00 pm**  
8/19 to 8/23

**609-B DATES:** **Mon-Fri, 12:30 pm – 3:30 pm**  
8/19 to 8/23

## BIZZY GIRLS ENTREPRENEUR CAMP

Ages 7-12

Start Your Own Biz. Calling all young entrepreneurs. Create a business doing what you love! A food business, slime, beauty products, jewelry, it's up to you. At Bizzy Girls each student creates their own product, logo and signage. They learn biz skills, marketing, cost/profit, and sales. The program is project based, hands on, creative and fun. Students hold a pop-up store during the last class, learning to engage with customers, sell their products, and keep their earnings.

Upon enrolling, students will be sent a welcome letter with a link to product ideas they can use if they don't already have a product in mind. For those who love cooking we have many non-baking food biz ideas. Supplies for the products should be under \$20. Returning students learn new skills.

We look forward to working with our new entrepreneurs! <http://www.bizzygirls.com> Instagram @bizzygirls

**Instructor: Bizzy Girls Instructor**

**FEES:** Resident: \$395, Nonresident: \$474

**LOCATION:** AACCCC Room 223

**610-A DATES:** **Mon-Fri, 9:30 am – 2:30 pm**  
8/19 to 8/23

## WEEK OF AUGUST 26TH TO AUGUST 30TH

### SEWING CAMP (AM) JEWELRY DESIGN CAMP (PM)

Ages 8-12

A: This camp is for those who want to learn to sew on a sewing machine as well as those with some experience. All materials are included and sewing machines are provided for use. Projects include pillow, tote bag, apron and pajama shorts.

B: Participants in this camp will learn to create unique jewelry using beautiful novelty beads and various findings. Participants will learn to use pliers, wires and more. There is no limit to what you can make!

**Instructor: Vivian Burns, So You Studio**

**FEES:** Resident: \$275, Nonresident: \$330

**LOCATION:** Sparkle Lake Building

**611-A DATES:** **Mon-Fri, 9:00 am – 12:00 pm**  
8/26 to 8/30

**611-B DATES:** **Mon-Fri, 1:00 pm – 4:00 pm**  
8/26 to 8/30

### CRAYOLA IMAGINE ARTS ACADEMY presents: WORLD OF DESIGN

Grades 1-4

Take a journey to the farthest reaches of the imagination while learning about the ocean, Mars, a futuristic city, and more! We'll create movie posters, map out universal treehouses, develop comic book characters and much more. Spend the week experimenting with Crayola products and many art techniques like sculpting, collage and mixed media. Discover different design careers, and use the design thinking process to solve real-world problems. **Instructor: Crayola Imagine Arts Academy Staff**

**FEES:** Resident: \$415, Nonresident: \$498

**LOCATION:** AACCCC Room 223

**612-A DATES:** **Mon-Fri, 9:00 am – 3:00 pm**  
8/26 to 8/30

### CYBERCRAWLER ROBOT (AM) HANDS-ON HYDROPOWER (PM)

Ages 7-11

A: Build and take home your very own Cyber-Crawler Robot! This smart coding robotics kit entertains and teaches programming skills to inquisitive young future robotic engineers! With the aid of your instructor, you will each assemble your own robot that consists of 76 pieces. Once completed, a simple push-button programming keypad embedded on its cranium will send your Cyber-Crawler on its way! See Community Pass for full description.

B: Come explore the power of water by building models and conducting experiments with your very own Hydropower kit! With your renewable energy kit that you keep and take home, you can assemble up to 12 working experiments. Learn how different devices are used to extract useful energy, from a waterwheel in a small stream to a giant turbine in a tidal power station! See Community Pass for full description.

**Instructor: Minds in Motion of NJ LLC**

**FEES:** Resident: \$215, Nonresident: \$258

**LOCATION:** AACCCC Room 227/228

**613-A DATES:** **Mon-Fri, 9:00 am – 12:00 pm**  
8/26 to 8/30

**613-B DATES:** **Mon-Fri, 12:30 pm – 3:30 pm**  
8/26 to 8/30

# SUMMER DAY CAMP INFORMATION

## 2024 Registration Schedule

- Yorktown/Lakeland Half Day, Full Day, Extended Day Camp, Travel Camp: Tuesday, March 19th at 9:30am
- Non-Residents All Camps (If room is available): Monday, April 22th at 9:30am (20% surcharge will be applied to listed fees)
- General Programming, Sports Camps & Specialty Camps: Thursday, March 21st at 9:00am
- Last day to register for Day Camps (if space permits): Friday, May 17th Note: Registration closes at 4:00pm

## GENERAL REGISTRATION INFORMATION

- Registration must be done by a parent/guardian of the child.
- Enrollment for all camps is limited. Once a camp has reached maximum capacity an alternate camp may be selected, or you may choose to be placed on a wait-list.
- Requests for a child's placement with a friend can only be made on the "Day Camp Registration Form". No separate requests via fax, e-mail, standard mail or drop off will be accepted. THERE IS NO GUARANTEE THAT THESE WISHES WILL BE MET.
- All camp forms must be completed in FULL. A space in camp cannot be held without a completed "Day Camp Registration Form", "Camp Medical Form" and the Immunization Documentation. Each camper needs a separate registration and medical form. The EXACT DATE (month, day, and year) is REQUIRED for all immunization doses.
- Complete registration is required for all camp programs. Complete Registration includes online registration AND the submission of the "Day Camp Registration Form", "Camp Medical Form" and the Immunization Documentation from your child's Physician. Under no circumstances will registration be accepted prior to the established registration schedule and/or at the day camp location.
- \*School District Residents\*: Those attending the Lakeland and the Yorktown Schools that do not pay Town of Yorktown taxes or do not reside within the Town of Yorktown's town limits may attend our Yorktown/Lakeland Full or Half Day Camp programs at no extra fee. School District Residents must register IN-PERSON at the Parks and Recreation office and MUST provide proof of residency in the school district. Examples of acceptable proofs of residency are an ORIGINAL report card or school tax bill for 2023-2024.

**Please See Page 2 for Camp Refund/Credit Policy.**

## CAMP REGISTRATION STEPS:

1. Register your child for the camp of your choice using our Community Pass online registration system: [register.capturepoint.com/Yorktown](https://register.capturepoint.com/Yorktown)
2. Complete all required forms, including:
  - Camp Registration Form (required for all camps)
  - Sunscreen/Bug Repellent Authorization Form (required for all camps)
  - Off-Site Swimming Permission Slip (required for Full Day and Travel Camp)
  - Medication Permission Form (required for campers bringing medication to camp)Please be sure to accurately and completely complete these forms, including all immunization records with correct dates. All series of immunizations are required.
3. Obtain official immunization records from your doctor. This record must list your child's current immunizations, dates they were administered, and be signed and/or stamped by the doctor.
4. Submit your Community Pass registration receipt, ALL required forms, and signed immunization record to the

Recreation Department at:  
176 Granite Springs Rd. Yorktown Heights, NY 10598.  
REGISTRATION PAPERWORK WILL NOT BE ACCEPTED VIA EMAIL.

## MEDICAL INFORMATION

As required by the Department of Health, your child's immunization record is mandatory at the time of registration. Any child required to take medication at camp must complete a special medical form requiring a doctor's signature. If needed, please request a form at time of registration. \*To attend Day Camp; the Department of Health REQUIRES BOTH a Signed or Stamped Medical Immunization Documentation Form AND the additional immunization information completely filled out on the "Day Camp Registration/Medical Form".\* Registration will be considered INCOMPLETE until all necessary paperwork has been submitted to the Yorktown Parks and Recreation office.

## HALF DAY CAMP Grades K-6

**All registrants must be enrolled in same program number to receive multi-child discount.**

Campers will enjoy art, nature, sports, free play activities and a wonderful staff encouraging participation and fun for all. Camp-wide special events and themes encourage equal fun and amusement. Fee includes a camp T-shirt. Transportation and snack are the responsibility of the camper. Camp will be rain or shine.

**FEES:** \$555/\$545/\$535/\$525  
1st child/2nd child/3rd child/4th child in family

**901-A DATES:** **Monday – Friday, 8:30am to 12:00pm**  
**Tuesday, July 1st – Friday, August 2nd**  
(No camp July 4)

**LOCATION:** TBD

## FULL DAY CAMPS Grades 1-6

**All registrants must be enrolled in same program number to receive multi-child discount.**

Campers will spend the day following a structured schedule filled with sports, arts and crafts, nature activities, water activities, camp-wide special events and themes encouraging equal fun and amusement. Free swim (no lessons) will take place at the Brian J. Slavin Aquatic Facility at Shrub Oak Park or Junior Lake Pool. Fee includes a camp T-shirt. Transportation and lunch are the responsibility of the camper. Camp will be rain or shine.

**FEES:** \$965/\$955/\$945/\$935  
1st child/2nd child/3rd child/4th child

**DATES:** **Monday through Friday 8:30am to 3:00pm**  
(No camp July 4)

**LOCATIONS:**  
**902-A:** Lakeland Full Day Camp: TBD  
**903-A:** Yorktown Full Day Camp: Crompond Elementary School

## EXTENDED DAY CAMP PROGRAM Grades 1-6

Extended Day Camp Program is available to Full Day Campers.

**FEES:** \$450/\$440/\$430/\$420  
1st child/2nd child/3rd child/4th child in family

**904-A DATES:** **Monday – Friday, 3:00pm to 6:00pm**  
**Tuesday, July 1st – Friday, August 2nd**  
(No camp July 4)

**LOCATION:** TBD

## TRAVEL CAMP

Grades 6-9

Travel Camp will meet four (4) days a week. Monday thru Thursday, with trips to some of the most exciting amusement and entertainment location in the area.

Trips will be planned daily. Examples of trips may include Lake Compounce, Dorney Park, Six Flags and Adventure Park. A detailed trip schedule is available at the Recreation Office and on our website. Each camper will need to be swim tested before the start of camp.

**All campers must be swim tested on one of these dates**

**TESTING** will take place prior to the first day of camp this year. We will hold the tests on the following three (3) dates:  
**SATURDAY, JUNE 15th** 11:00am-4:00pm Shrub Oak Pool  
**SATURDAY, JUNE 22nd** 11:00am-4:00pm Shrub Oak Pool  
**SATURDAY, JUNE 29th** 11:00am-4:00pm Shrub Oak Pool  
Registration: Campers may register for the full four (4) week session, or a two (2) week session.

There will be a limited number of campers per session.

\*Camp fee includes admission fees and transportation to all event sites.

**FEES:** Full Session: \$1,575.00  
Session 1: \$855.00  
Session 2: \$855.00

**DATES:** **Monday- Thursday, 8:45am to 3:00pm**  
**(trip times vary)**  
**905-A** Full Session: July 8th to August 1st  
**905-B** Session 1: July 8th to July 18th  
**905-C** Session 2: July 22nd to August 1st

**LOCATION:** TBD

# AQUATIC PROGRAMS

## TADPOLES– PRE SCHOOLERS

Ages 3-4

Children learn to adjust to the water and explore safety and survival skills. For children with little to no water experience, they will be introduced to the basic concepts of swimming focusing on fun and skills like kicking and coordinated arm movements as well as submerging head and safe entry/exit. Max 10 children per session. **Instructor: Erica Burlenski, WSI**

**FEES:** Resident: \$80, Nonresident: \$96

**LOCATION:** Brian J Slavin Facility

**701-A DATES:** **Sundays, 9:30-10:00am**  
6/30 to 8/4

**701-B DATES:** **Sundays, 10:00-10:30am**  
6/30 to 8/4

**701-C DATES:** **Sundays, 10:30-11:00am**  
6/30 to 8/4

## SWIM TEAM PREP CLINIC

Residents Entering Grades 1-8 2024/2025 School Year

This program prepares young swimmers to develop the 4 competitive strokes (butterfly, backstroke, breaststroke, freestyle), in hopes to become proficient enough to join a competitive team. Note: Arrival time is 7:00am, instruction begins at 7:15am. Participants will be eligible to compete in Yorktown Swim and Dive Team B-Meets.

**FEES:** 705-A: \$140 705-B-D: \$80

**LOCATION:** Brian J Slavin Facility

**705-A DATES:** **Mon-Fri, 7:00-8:00am**  
7/1 to 7/12 (No class 7/4)

**705-B DATES:** **Mon-Fri, 7:00-8:00am**  
7/15 to 7/19

**705-C DATES:** **Mon-Fri, 7:00-8:00am**  
7/22 to 7/26

**705-D DATES:** **Mon-Fri, 7:00-8:00am**  
7/29 to 8/2

## LEARN TO SWIM-YOUTH

Entering Grades K-8 2024/2025 School Year

Learning to swim promotes confidence, water awareness, and is great for overall health. The local swim team and swim lessons will be sharing the pool facility. Lessons will occupy the diving well and part of the lap lanes. This is an introduction to Water, Beginner, Advanced Beginner, Intermediate and Swimmer according to Red Cross classifications (Level 1, 2, 3, 4). The first class is a swim test (See dates below), followed by 9 swim lesson classes.

**Class Times:** Each participant will be assigned to a 30-minute class between 9:30am and 11:30am according to his/her ability after testing on the first day by the instructors.

A: Grades K and 1 B: Grades 2 and 3

C: Grades 4 and 5 D: Grades 6 to 8

**FEES:** Resident: \$120, Nonresident: \$144

**LOCATION:** Brian J Slavin Facility

**702 DATES:** **Mon-Fri, 9:30-11:30am**  
7/1 to 7/12 (No class 7/4)

**Test Date:** 6/28, 3:30 pm

**703 DATES:** **Mon-Fri, 9:30-11:30am**  
7/15 to 7/26

**Test Date:** 7/15, 9:30 am

**704 DATES:** **Mon-Fri, 9:30-11:30am**  
7/29 to 8/9

**Test Date:** 7/29, 9:30 am

## YORKTOWN SWIM & DIVE TEAM

Join the Yorktown Swim & Dive Team for the 2024 season! Participate in a 5-6 week program beginning Thursday June 20, 2024. The schedule for the first week of practice will be: Returning Swimmers and Divers, 11yrs. and over, 6:00-7:30pm on 6/20, 6/21, 6/24, 6/25, 6/26. Regular practice schedule will begin Thursday, June 27th:

11 and older swimmers: 8:00 – 9:30 am

10 and under swimmers: 9:30 – 10:30 am

Dive: 7:00 – 8:30 am

New Swimmer Evaluations will be announced. All practice

sessions are Monday thru Friday emphasizing quality stroke development and competitive diving instruction. Yorktown residency is **REQUIRED**.

**Mail in Registration Deadline Friday, April 26, 2024**

Check or Money order made payable to Yorktown Swim & Dive Team and mailed to:

Yorktown Swim & Dive Team

c/o Sara Numme

3617 Dane Street

Shrub Oak, NY 10588

Other payment options may be available, check website for more information

**LOCATION:** Brian J Slavin Facility

**FEES:** \$225.00 for 1st and 2nd child received before May 1st  
\$250.00 for 1st and 2nd child received after May 1st  
\$550.00 for family of 3 children  
\$25.00 for each additional child after 3

**Registration Information:** Log on to: [www.yorktownny.org/](http://www.yorktownny.org/) and go to Parks & Recreation page to download the YSDT information/registration form. There is an additional \$25.00 fee per family if registration is not received by deadline. For additional or questions regarding the team please call Brian Fagan at (914) 438.1315 or visit the team website at [www.yorktownswimanddive.org](http://www.yorktownswimanddive.org)

## AQUATIC FACILITY INFORMATION AND HOURS

A valid Parks & Recreation Department Pool Membership must be obtained and ID card presented at each pool facility in order to gain access. Our pass system allows for increased efficiency and the ability to capture important user information at our facilities.

### FACILITY HOURS

#### JUNIOR LAKE POOL at Memorial Park

Phone: 914-962-4200

**DATES:** 5/25 to 8/18

**HOURS:** Weekends & Holidays 11:00am-7:00pm

Weekdays, 6/10-6/26 3:00pm-7:00pm

Weekdays, 6/27-8/16 12:00pm-7:00pm

Slide Pool: Children must be 41" tall or be accompanied by an adult

#### BRIAN J SLAVIN AQUATIC FACILITY

Phone: 914-352-7279

**DATES:** 6/1 to 9/2

**HOURS:** Weekends & Holidays 11:00am-7:00pm

Weekdays, 6/10-6/26 3:00pm-7:00pm

Weekdays, 6/27-8/30 12:00pm-7:00pm

Interactive Pool: Children must be 41" tall or be accompanied by an adult

#### SPARKLE LAKE BEACH – Residents Only

Phone: 914-245-5060

**DATES:** 6/15 to 8/4

**HOURS:** 11:00am-6:00pm Daily

#### SENIOR SWIM HOURS Residents Ages 60+

Open swim for all resident seniors. **Membership required.** Must present pool pass at the gate for entry.

**LOCATION:** Brian J. Slavin Facility

**DATES:** **Tuesday & Thursday, 10:30-12:00pm**  
6/25 to 8/15

**LOCATION:** Junior Lake Facility

**DATES:** **Mon, Wed, Fri, 10:00 am-12:00 pm**  
8/5 to 8/16

#### ADDITIONAL FACILITY INFORMATION

- Areas will be **closed or will close early** on days of inclement weather.
- Children must be at least **14 YEARS OLD** in order to utilize the facilities without adult supervision.
- Only US Coast Guard approved Type III lifesaving devices are allowed at our Town pools. Although US Coast Guard approved Type III devices are allowable this does not replace the role of parental supervision of their

child. All parents must directly supervise their child in and around the water. No other device can be used unless for medical reasons.

- Please Note: The Junior Lake Pool will be closing for the season on **August 18th, 2024**.
- There will be times when the pools will be closed due to swim meets in accordance with our Town swim team participating in the Northern Westchester Swim Conference. A schedule of the pool closures will be posted at the Brian J. Slavin Pool and available online.
- Slide & Interactive Pools – If a child does not meet the minimum height, they will need to be accompanied by an adult.
- Both the Brian J. Slavin and Junior Lake Pool Facilities are utilized for multiple purposes including summer day camp use, swim lessons, senior swim hours, swim team practice and meets in addition to public use hours. Please be courteous to others utilizing the pool facilities

### POOL MEMBERSHIPS

All pool members 3 years of age and older are required to have a photo ID card. Photo ID's can be taken at the Yorktown Parks and Recreation ID office. If you obtained a photo ID in 2021 or more recently, you do not need a new ID card and you may renew your membership online. If obtaining a new photo ID, you may apply online before visiting the Parks and Recreation office to be issued the ID in person. First time applicants will need to bring Proof of Residency. Note: Each family member must be present in order to have their photo ID issued.

- **NO REFUNDS** will be given for pool permits.
- Lost Cards: There is a **\$5.00 charge** for any card that needs to be replaced due to loss.
- For pass purposes, the following definitions are applicable:  
**Family:** includes the immediate, nuclear family only (parents and children 22 years of age and under). Grandparents, aunts, uncles, nieces, nephews, cousins, houseguests, au pairs and babysitters are NOT included.  
**Adult:** individual 18+ years  
**Child:** individual 3 – 17 years  
**Couple:** 2 adults living in the same household (married or domestic partners)

**POOL MEMBERSHIP SEASONAL FEES:**

**RESIDENT FAMILY POOL PASS**

Family \$490.00  
Couple \$405.00  
School District Family \$810.00

**NONRESIDENT FAMILY POOL PASS**

Only pass option made available to nonresidents  
LIMITED Number of Nonresident passes sold  
Non-Resident Family \$1250.00

**RESIDENT INDIVIDUAL POOL PASS**

Child \$160.00  
Adult \$235.00  
Senior (ages 60-64) \$37.00  
Senior (ages 65-69) \$21.00  
Senior (70+) Free

**RESIDENT DAILY POOL PASS**

Ages 3 and over \$90.00\*  
\*Pass also has a gate fee per visit.  
\*Gate Fee: Child \$5.00  
\*Gate Fee: Adult \$10.00

**GUEST POLICY**

Pool members are allowed two (2) guests per pass.  
Note: Family Passes count as two (2) passes and are allowed 4 guests total.

Child: \$10.00  
Adult: \$15.00  
Senior (60+): \$10.00

**HOURS FOR PASS REGISTRATION AND RENEWALS:**

LOCATION: Parks and Recreation Administration Building at Sparkle Lake.

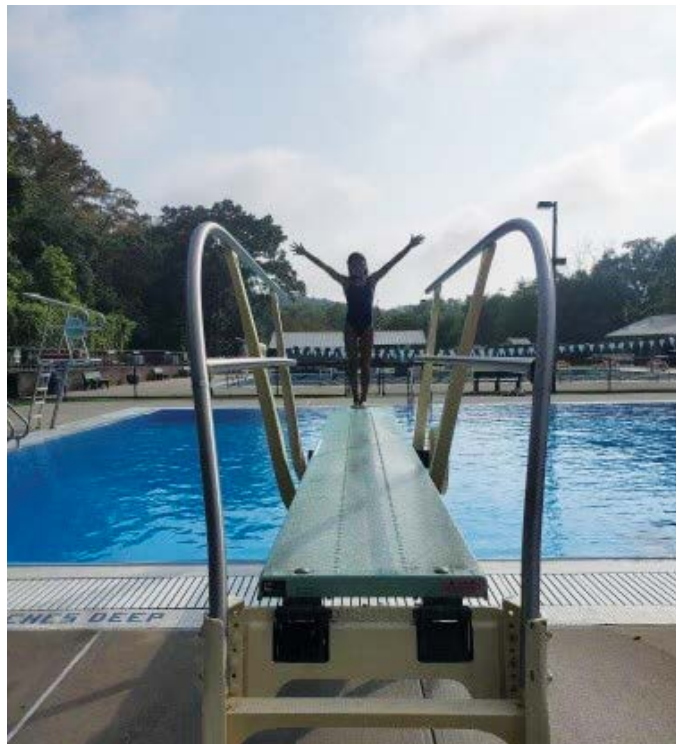
**WEEKDAYS:** MONDAY-FRIDAY  
MAY 6 – AUG 30 10:00AM-4:00PM

**EVENINGS:** TUESDAY-WEDNESDAY  
MAY 7 – JUNE 27 6:00PM-8:00PM

**SATURDAYS:**  
MAY 11 - JUNE 22 10:30AM – 2:00PM

**SUNDAYS:** CLOSED

**\*\*I.D. OFFICE WILL BE CLOSED MAY 27TH \*\***



**PROOF OF RESIDENCY**

**Acceptable proof of residency:** All residents applying for a pass must show ONE proof from the first column and TWO proofs from the second column. Renters must show rental agreement with proof. All documents must be ORIGINALS.

\*Children 18-22 years of age must show proof of residing in the household.

**The burden of proof of residency rests with the person making the application.  
Previously issued ID cards are not acceptable as current Proofs of Residency.**

**One (1) Photo with street address:**

Driver's License  
Learner's Permit  
Non-Driver Photo ID (DMV)  
Citizen ID Card

**Two (2) Dated Bill with street address**

2024 Yorktown TOWN Tax Bill  
2024 Utility Bill (home phone, gas, electric, cable)  
2024 Mortgage Statement or Rent Statement  
2024 Fuel Oil Bill  
2024 Property Insurance Certificate  
Voter Registration

If you have any questions regarding acceptable proofs, please contact the Recreation Department at 245-4650, ext.0, 8:30am to 4:30pm, Monday thru Friday.



# COOPERATING AGENCIES

## THE YORKTOWN TEEN CENTER

The Yorktown Teen Center is a positive safe place where teens come together to have fun and form friendships as they develop their self-esteem and learn to give back to their community. It is located in room 102 in the Albert A Capellini Community and Cultural Center and is open to youth in grades 6 to 12 who reside in the Town of Yorktown. For more information about the center, hours, and upcoming events, visit our website at [www.yorktowntc.org](http://www.yorktowntc.org) or call at 302-2123.

## NOR-WEST REGIONAL SPECIAL SERVICES

Special Recreation for Special Populations  
Nor-West Regional Special Services is a social service agency that provides community-based therapeutic recreation programs, respite and transportation services to persons ages 5 to 65 with differing abilities residing in the northwestern portion of Westchester County. For further information and current program information, visit their website: [www.nor-west.org](http://www.nor-west.org)

## SPARC – SPECIAL PROGRAM AND RESOURCE CONNECTION

Recreation, Social and Therapeutic services  
SPARC is a not-for-profit agency that provides adapted and skill based programs to children, teens and adults. Two divisions of services offer: Kids Express, an after school recreation program for all children attending Yorktown and Lakeland elementary schools. Therapeutic Recreation programs serve participants with developmental disabilities. For more information call (914) 243-0583 or visit the websites [www.sparcinc.org](http://www.sparcinc.org) or [www.kids-express-sparc.org](http://www.kids-express-sparc.org)

## NEW YORK-NEW JERSEY TRAIL CONFERENCE

The Trail Conference publishes books and maps that guide public use on trails. In Yorktown, their corps of volunteers maintain trails in Granite Knolls Park, Mohansic Trailway, Rock Hill Park, Sylvan Glen Park Preserve, Turkey Mountain Nature Preserve, Woodlands Legacy Field Park and Yorktown Trailway under a legal agreement with the Town. Westchester Mountain Biking Association (WMBA) volunteers in conjunction with the Trail Conference maintain some trails in Granite Knolls Park and the Yorktown Trailway. WMBA promotes the recreational use of mountain bikes on trails in a safe and environmentally sound manner. For more information about the Trail Conference and WMBA see [nynjtc.org](http://nynjtc.org) and [WMBA.org](http://WMBA.org).

## YORKTOWN TRAIL TOWN COMMITTEE

The Yorktown Trail Town Committee is a 501c3 volunteer based organization that promotes the recreational, health, social, and economic benefits of Yorktown's extensive trail network. The Committee carries out trail related projects and sponsors events, including guided walks, hikes and cycle rides. For more information, see [www.yorktowntrailtown.org](http://www.yorktowntrailtown.org), or visit us on social media at [www.facebook.com/yorktowntrailtown](http://www.facebook.com/yorktowntrailtown) or [www.instagram.com/yttcny](http://www.instagram.com/yttcny).

## TOWN OF YORKTOWN MUSEUM

Located Top Floor in Yorktown Community & Cultural Center  
The museum has an extensive Library/Research room that includes genealogical and local history information, along with a gift shop that offers reproductions and unique gifts.  
Museum Hours: Saturdays 12noon to 3:00pm  
Tuesday & Thursdays 11:00am to 4:00pm  
Contact: (914) 962-2970 or visit the website at [www.yorktownmuseum.org](http://www.yorktownmuseum.org)

## ALLIANCE FOR SAFE KIDS (ASK)

The Alliance for Safe Kids, Inc. (ASK) is a 501c3 non-profit organization in Yorktown that collaborates with all sectors of the community to provide youth and families with the information and skills needed to support a healthy lifestyle by sharing resources that promote: Youth Mental Health, Prevention of Substance Abuse and Opportunities for Thoughtful Service. For more information and to find out how to get involved, visit our website [www.allianceforsafekids.org](http://www.allianceforsafekids.org).



## YORKTOWN YOUTH SOCCER CLUB

YYSC specializes in the development of youth soccer for boys and girls ages 4 to 14 (must be 4 as of November 30). For additional information please call Rick Romanski at (914)962-8865 or visit [www.yorktownsoccer.org](http://www.yorktownsoccer.org)

## SHRUB OAK ATHLETIC CLUB

The Shrub Oak Athletic Club is a youth sports organization serving Northern Westchester and Southern Putnam Counties, NY. Our in-house programs focus on the value of teamwork, learning the game, sportsmanship and just having fun. Travel programs are also available. Visit: [www.shrubaokac.org](http://www.shrubaokac.org)

## YORKTOWN ATHLETIC CLUB

The Yorktown Athletic Club, Inc. provides a variety of organized youth sports. We offer both Recreational and Travel sport programs that are age appropriate and are designed for full participation. Visit: [www.yacsports.com](http://www.yacsports.com)

## THE LINKS AT VALLEY FIELDS

A UNIQUE PAR 3 GOLF COURSE IN WESTCHESTER!

9 Hole Round

Yorktown Resident \$35.00

Non-Resident \$40.00

Senior (62) Veteran \$30.00

Youth (12 & Under) \$23.00

**Golf:** Sunrise to Sunset

**Food:** Sun-Mon 11am-9pm. Tue-Sat 11am-10pm

**Bar:** Mon-Sun: 10am-Until...

795 Rt. 6 Shrub Oak NY 10588

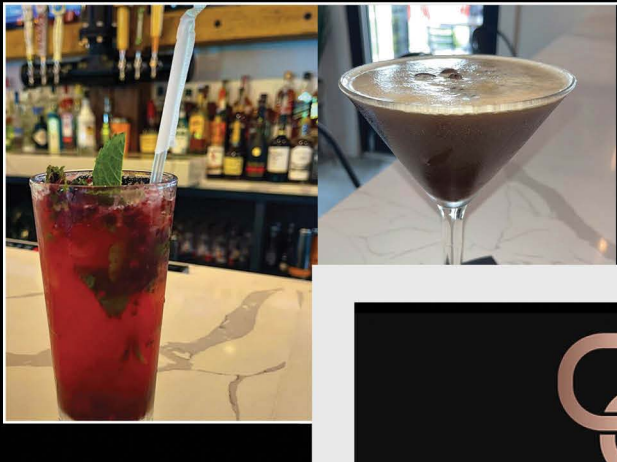
[www.linksyorktown.com](http://www.linksyorktown.com)

914-302-2851



TEE BAR & GRILLE

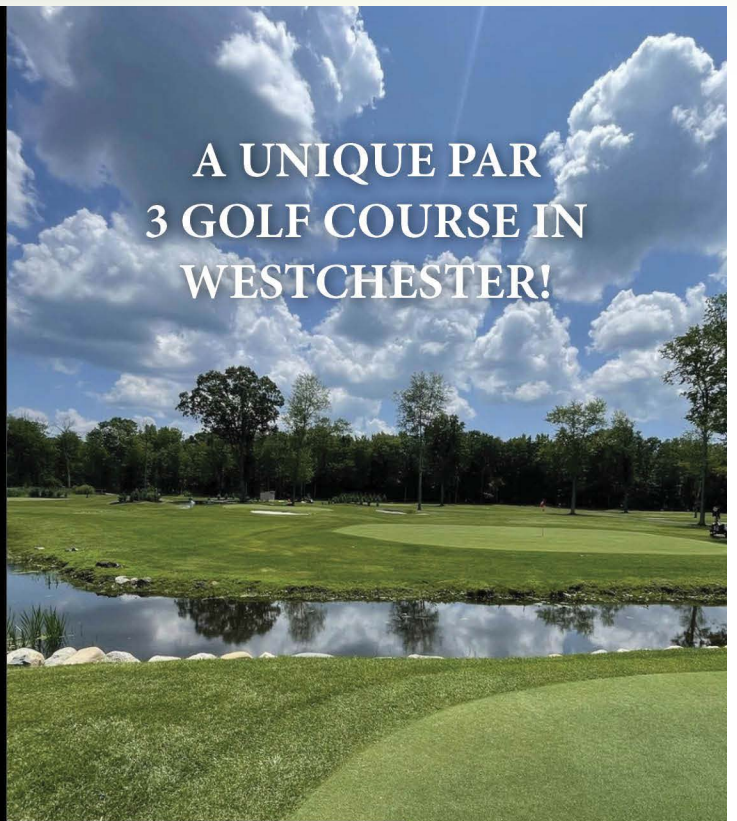
Tee Bar & Grille a modern American Bistro  
 Where delicious food meets the ambiance of the sport.  
 Whether you're a golf enthusiast, a local foodie, or simply seeking a memorable meal in a picturesque setting, our bistro is the perfect destination.



HAPPY HOUR • FOOD & DRINKS  
 Monday to Friday 3pm-6pm

795 Route 6 Shrub Oak, NY 10588  
 914.302.2850

A UNIQUE PAR  
 3 GOLF COURSE IN  
 WESTCHESTER!



THE LINKS

@ VALLEY FIELDS

LINKSYORKTOWN.COM



Non Yorktown Residents \$40    Yorktown Residents \$35  
 Seniors & Veterans            \$30    Push Carts for Rent \$5

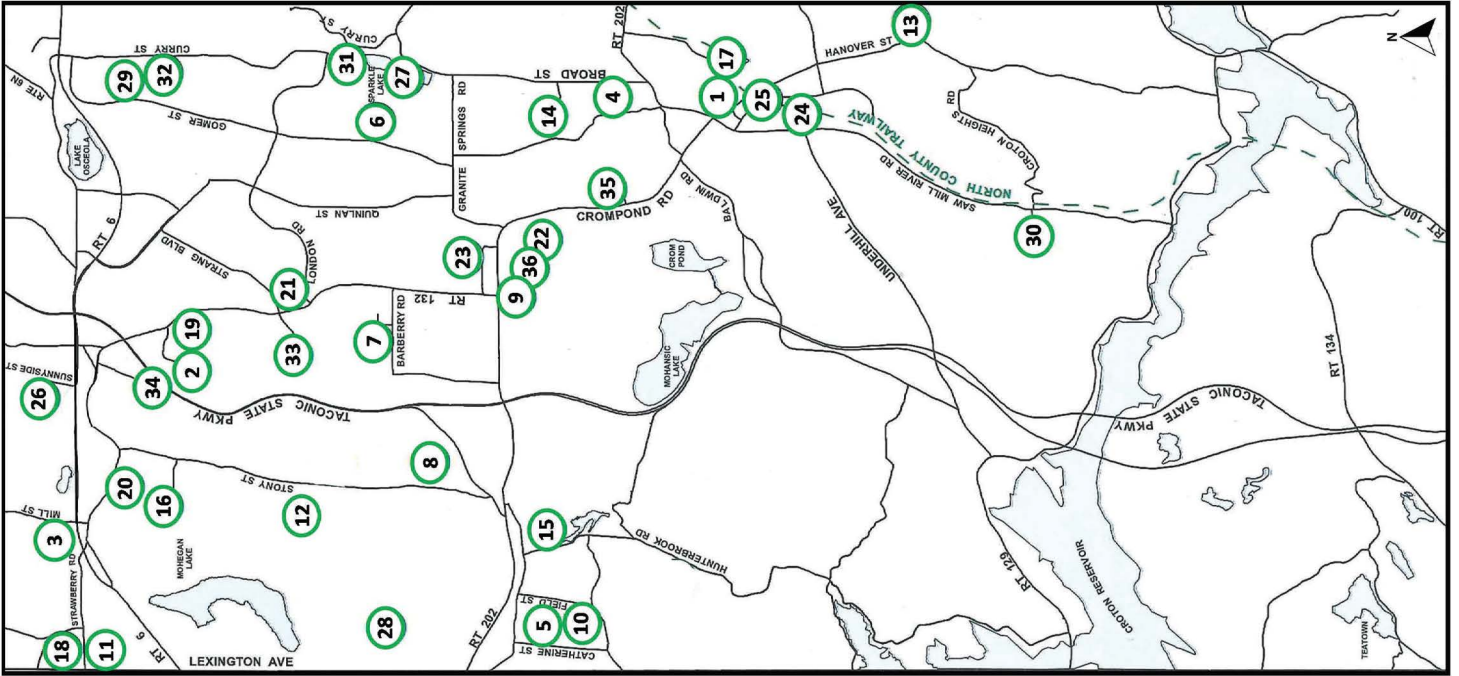
Mon - Sun: 8:00 am - Sundown  
 Night Golf: Thur - Sat 10pm last tee time

Online Booking Coming Soon! Call  
 Golf Reservations  
 914-302-2851



# TOWN OF YORKTOWN FACILITIES AT TOWN SITES

	TRACK WALK/RUN	TENNIS	SOFTBALL	SOCCER/LACROSSE	SKATE PARK	ROLLER HOCKEY	PUBLIC RESTROOMS	POOL FACILITIES	PLAYGROUND	PICNIC AREA	PICKLEBALL	PAVILION/GAZEBO	NATURE TRAILS	MULTI PURP TURF FIELD	FISHING	EXERCISE AREA	DOG PARK	COMMUNITY GARDEN	BOCCI COURTS	BEACH AREA	BASKETBALL	BASEBALL		
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Park Hours: Facilities, with the exception of those with lights, are open 1/2 hour before dawn until 1/2 hours after dusk. The Town of Yorktown gratefully acknowledges the cooperation extended by the Yorktown Central School district, and the Yorktown Community & Cultural Center with regard to the use of the facilities.

YORKTOWN  
PARKS & RECREATION DEPARTMENT  
176 Granite Springs Road  
Yorktown Heights, NY 10598

Presorted  
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U.S. POSTAGE  
**PAID**  
Graphic Image  
06460

ECRWSS

## TOWN OF YORKTOWN POSTAL PATRON

### Save the Dates

Easter Egg Hunt - Saturday, March 23rd

Fishing Derby - Saturday, May 11th

Outdoor Movie Night - June 21st, July 26th & August 30th

Summer Concert Series - Sundays (see page 3)



### What's Inside

#### Pre School Programs

Soccer Squirts, Sports  
Squirts, Tae Kwon Do,  
T-Ball Squirts, Intro to  
Sports...

#### Youth/Teen Programs

Swimming Lesson, Golf,  
Tennis, Tae Kwon Do,  
Total Sports, Sewing, Lego  
Building, Art, Engineering,  
Basketball, Fencing, Soccer,  
T-Ball, Pickleball...

#### Adult Programs

Golf, Tennis, Sports  
Leagues, Yoga, 20/20/20,  
Zumba, Pilates,  
Kung-Fu, Tai Chi, Fencing,  
Painting, Pickleball...

#### ...And Much More!

Town Parades Holiday Break  
Camps Aquatic Facilities  
Senior Programs  
E-Sports



### Don't Trash Our Parks!

- Use Designated Trash and Recycling Receptacles When Available
- Carry Out What You Carried In
- Keep it Green, Keep it Clean
- Love Where You Live