YORKTOWN PARKS & RECREATION

Creating Community Through People, Parks And Programs

SPRING/SUMMER 2023



General Registration Begins March 13th! | Day Camp Registration Details Page 14 For more updated information please visit www.yorktownny.org/parksandrecreation





YORKTOWN RECREATION DEPARTMENT

NOW HIRING FOR SUMMER EMPLOYMENT!



CAMPS & POOLS



TO APPLY, PLEASE VISIT:
YORKTOWNNY.ORG/JOBS OR CALL
914-245-4650





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Cover photos provided by Halston Media

YORKTOWN PARKS & RECREATION

Phone: 245-4650 Fax: 245-1608 E-Mail: ypr@yorktownny.org Website: www.yorktownny.org

Online Registration: http://register.capturepoint.com/yorktown

Office Hours: Monday - Friday, 8:30am to 4:30pm Program Registration Hours: Monday - Friday, 8:30am to 4:00pm Pool Pass ID Hours: See page 17

STAY CONNECTED WITH YORKTOWN RECREATION

Subscribe

To News

Sign up to receive Rec News e-mails from us regarding programs, special events, camps, facilities and much more!

2 easy ways to join our mailing list:

- Visit our website: www.yorktownny.org/parksandrecreation
- Follow us on Facebook at https://www.facebook.com/yorktownparksandrecreation

JOIN YPR ON SOCIAL MEDIA







YOU SNOOZE - YOU LOSE



Nothing kills a good program quicker than waiting until the last minute to register for it! Registering at the last minute may mean that the program has already been filled or cancelled due to lack of enrollment.

Please register early!

NEED A FACILITY?

We've got you covered inside and out!

Call the Parks & Recreation Department for information on rental of:

- * Downing Park Pavilion *
 - * Sparkle Lake House *
 - * Pool Parties *
- * Granite Knolls Pavilion *

TOWN SUPERVISOR

Tom Diana



BOARD MEMBERS

Mary Capoccia Ed Lachterman Luciana Haughwout Sergio Esposito



RECREATION COMMISSION

Matthew Talbert, Chairperson
Joseph A. Falcone
Diego Jaramillo
Christine Dunn

Patrick Cumiskey, Vice Chairperson John Campobasso Thomas Dunn Luciana Haughwout, Liaison

PARKS & RECREATION STAFF

James Martorano, Jr	Superintendent	Andrew Bergin
Marissa Lieto	Assistant Superintendent	Scott Ferreira
Deanna Peterson	Senior Recreation Leader	Michael Hoek
Patty Marino	Office Assistant	Eric Hollberg
Erin Moran	Recreation Assistant	Stephen Melillo
Dominic Monopoli	Parks Foreman	Guido Parks
Andrew Cerrato	Assistant Parks Foreman	Thomas Fonte
Robert Alfano	Maintenance Mechanic–Repair	David Nikisher
Richard Williams	Park Groundskeeper	

Andrew Bergin	Park Groundskeeper
Scott Ferreira	Maintenance Mechanic-Repair
Michael Hoek	HMEO
Eric Hollberg	Park Groundskeeper
Stephen Melillo	Maintenance Mechanic
Guido Parks	Maintenance Mechanic-Repair
Thomas Fonte	Laborer
David Nikisher	Laborer

LETTER FROM THE TOWN SUPERVISOR

Dear Neighbor,

We are very excited to give our residents a new season of safe, healthy and entertaining programming for all ages as the warmer temperatures approach. After years of disruption, it is safe to state that our Town's beloved outdoor activities will resume in the same way we all remember bygone summers.

I urge all of you to embrace Yorktown's greatest assets: our amazing trails, parks, and outdoor spaces. On a national scale, our society has acquired a heightened appreciation for the value of outdoor spaces. Our more than 40 miles of nature trails, lakes, farms, and state-of-the-art Granite Knolls Sports Complex are extremely desirable assets that allow all of us to find tranquility and mentally recharge alone or with family and friends.

Whether you love aquatics, camps, or tennis, we will deliver all these activities in the same, secure way that we did in previous summers.

Almost every week we might read or hear new reports about the health benefits of active lifestyles. Through thoughtful planning, our staff is committed to helping Yorktown become one of the healthiest communities in Westchester County. I hope you will enjoy these programs in the coming months.

Best Wishes,

Tom Diana

REGISTRATION AND IMPORTANT INFORMATION

- **REGISTER EARLY!!!** Most programs have limited enrollments. Besides not getting into the program, nothing cancels programs more than waiting until the last minute to register as classes may be cancelled due to poor enrollment. It is recommended that your registration form and fee be received two weeks prior to the start of the program.
- Programs with insufficient registration will be cancelled three (3) business days prior to the program starting date.
 - REGISTRATION HOURS: Monday Friday from 9:00am to 4:00pm.
 ONLINE REGISTRATION AVAILABLE AT ANYTIME AFTER THE
 REGISTRATION START DATE
 REGISTER ON OUR NEW WEBSITE:
 http://register.capturepoint.com/Yorktown

REGISTRATION WILL BEGIN ON Monday, March 13, 2023

Registration is available online or in person at the Recreation office located at:

Yorktown Parks and Recreation Department 176 Granite Springs Road Yorktown Heights, NY 10598

(Note: All participants must have a Community Pass account in order to register for any Recreation programs)

Please Note: Pool registrations <u>CANNOT BE MAILED</u>. See Pool sections for details.

- Under no circumstances will anyone be allowed to participate in any of the programs unless he/she first registers with the Yorktown Parks and Recreation Department and pays the appropriate fee. Registration will not be taken at the class by instructors.
- · Incomplete registrations will not be processed.
- · Phone registrations WILL NOT be accepted for fee-based programs.
- Checks or Money Orders are to be made payable to the: Town of Yorktown Parks and Recreation Department.
- Discover, Master Card, American Express & Visa credit cards accepted. Convenience fees apply.
- The Department may use photos taken during event programs unless otherwise notified in writing.

RESIDENCY:

 A resident is defined as one who resides within the town limits at an address that pays Yorktown Town taxes.

NON-RESIDENTS:

• If space is available in a program two (2) weeks prior to start of that program, non-residents will be allowed to register by paying a 20% surcharge. For non-fee programs, a \$10.00 charge will be assessed unless stated otherwise.

NEW RESIDENTS AND NEW REGISTRANTS:

• If you have moved into the Town of Yorktown within the last year AND/OR have never registered for a program, **PROOF OF RESIDENCY** is required when registering. All <u>mail-in</u> and <u>walk-in</u> registrations must be accompanied by a driver's license along with a **current** utility bill, property insurance certificate, mortgage statement, or closing papers. Renters must show their rental agreement.

SENIOR CITIZENS:

• Senior Citizens are defined as permanent Yorktown residents ages 60 and over.

CANCELLATIONS:

• Information concerning weather related cancellations will be put on our answering machine (914-245-4650 ext.2) after 4:30pm.

RETURNED CHECKS:

- A \$20.00 service charge will be assessed for all checks returned to the Recreation Department. Returned checks **cannot be redeposited**. Cash or Money Order will be required to replace the returned check and service charge.
- After three (3) returned checks from a household, all future payments must be made in cash.

INSURANCE:

• The Town of Yorktown maintains a standard liability insurance policy that does not cover medical costs for anyone injured during the normal course of participation in any Recreation Department program or facility. ALL persons participate at their own risk.

PLEASE NOTE: IF PUBLIC SCHOOLS ARE CLOSED, YORKTOWN RECREATION PROGRAMS HELD IN SCHOOL FACILITIES WILL ALSO BE CANCELLED. CHECK WITH DEPARTMENT FOR ALL OTHER CANCELLATIONS.

REFUNDS/CREDITS:

Will be given only under the following conditions:

- A full refund/credit will be given if the program is cancelled by the Parks and Recreation Department prior to the program starting.
- All refund/credit requests stating the reason for the refund/credit must be made in writing, by the halfway point of the program, to the Superintendent of Parks & Recreation for consideration. If a refund/credit is granted, it will be pro-rated on the date the request is received also minus fees.
- Refunds of \$10.00 or less will be maintained as a credit to the participant's account.
- No refund/credit will be considered once a program is half over.
- A \$20.00 processing fee for all approved refunds will be assessed, except for programs cancelled by the Parks & Recreation Department.
- A \$10.00 processing fee for all approved credits will be assessed, except for programs cancelled by the Parks & Recreation Department.
- If a participant becomes ill or injured for an extended period of time, a full or pro-rated refund/credit (less processing fee) will be made based on the date the written request is received. A doctor's medical note (no faxes, e-mails or copies) must accompany the request, and the request must be made prior to the end of the program.
- If materials are included in the program fee they must be returned with your written request for a refund or their cost will be deducted from your credit/refund.
- · Refunds/Credits will not be given for scheduling conflicts.

DAY CAMP/EXTENDED DAY CAMP REFUND POLICY:

- Refund requests received by May 31st will be issued for 90% of the fee.
- Refund requests received between June 1st and prior to the first day of camp will be issued for 50% of the fee.
- There will be **NO** refund for requests received on or after the first day of camp.
- · A \$20.00 processing fee will be assessed for all approved refunds.
- A \$10.00 processing fee will be assessed for all approved credits.

Camp will be subject to cancel due to inclement weather or Covid-19 exposures with no refund.

TRAVEL CAMP REFUND POLICY:

Refund requests received by June 1st will be issued for 90% of the fee.

- No refunds will be issued after June 2nd.
- A \$20.00 processing fee will be assessed for all approved refunds.
- A \$10.00 processing fee will be assessed for all approved credits.

Town of Yorktown Parks and Recreation facilities are accessible to the physically disabled. Any disabled resident needing special assistance should call the Recreation Department.

Watch out for our 2023/2024 Fall/Winter brochure to be mailed in August.

SPECIAL EVENTS

DECORATED EGG CONTEST FROM HOME!

Children grades K through 5th can decorate a paper egg provided by the Recreation Department. This paper egg form must be used by the participant (No parents please), and will be available online and at the Recreation Office by the end of February. Entries may be mailed or brought to the Recreation Office by Wednesday, March 29th. Place ribbons will be awarded by age group and handed out at the Easter Egg Hunt or may be picked up in the Recreation department the Monday after the event.

YORKTOWN LIONS EASTER EGG HUNT

Co-sponsored with the Yorktown Parks and Recreation

Children 12 years old and under will participate in Jelly Bean guess, have their picture taken with the Easter Bunny and other characters, and enjoy hunting for colored eggs. Prizes will be provided to all participants, with special prizes for the finders of the special eggs.

FEES: Resident: \$0, Nonresident: \$5 LOCATION: 202 Fields at Downing Park

DATES: Saturday April 1st

SESSION 1: 9:30 AM SESSION 2: 10:30 AM SESSION 3: 11:30 AM

ARBOR DAY

Plant, nurture, and celebrate trees this year! Arbor Day recognizes the care for trees, roadside beautification, and environmental stewardship across the country. Join us here in Yorktown to celebrate.

LOCATION: Patriot Garden

DATES: Friday, April 28th at 4:00 pm

SUPPORT CONNECTION/ YORKTOWN TRAIL TOWN COMMITTEE SPONSORED HIKE IN SYLVAN GLEN PARK

A guided 3.5 mile fund-raising hike on easy trails through Sylvan Glen's woodlands, including the abandoned Mohegan Quarry where you'll discover echoes of Yorktown's industrial past. An ideal family activity (suggested for kids 8+). All proceeds will go to Support Connection, a not-for-profit organization that provides free emotional, social, and educational support to people impacted by breast, ovarian, or any other gynecological cancer. The guided hike will leave every 20 minutes between 8:30 and 9:30am. Allow 2 hours for the round trip.

Wear sturdy footwear. Rain or shine.

To preregister online, visit www.supportconnection.org.

FEES: Adult: \$20; Child/Student: \$10; Family: \$50

LOCATION: Granite Knolls Sports Complex parking lot,

Stony Street
Sunday, May 7

8:30 am - 12:00 pm

RELAY FOR LIFE

DATES:

Sponsored by the American Cancer Society

Relay for Life is an overnight event, that celebrates the victories of cancer survivors, remembers those who were lost to cancer and sees a community fight back together against cancer.

LOCATION: Jack DeVito Field/Track

DATES: Friday, June 9th

SCREENING UNDER THE STARS: YORKTOWN'S OUTDOOR MOVIE NIGHT!

Movie begins at sunset. Check the Parks and Recreation website for movie details.

LOCATION: Jack DeVito Field

DATES: Fridays:

6/30, 7/28, 8/25

28TH ANNUAL SUMMER CONCERT SERIES

Join the Yorktown Lions Club and the Yorktown Parks and Recreation Department for a fabulous line-up of summer performers as part of the FREE annual summer concert series. Shows will be held at the Jack DeVito Field on Sundays at 6:00pm. Note: the final concert will be begin at 5:00pm. If raining, the concert will be held at the Yorktown Stage Theatre. Artisan vendors and food trucks will be on site.

LOCATION: Jack DeVito Field DATES: Sundays:

July 9: Rusty Spur

July 16: The Jersey Tenors
July 23: Back to the Garden 1969,
A Tribute to Woodstock
August 6: RockSteady Dance Band

August 20: Group De Jour

August 27: Military Tribute Concert with Jessica Lynn. Concert will start at 5pm. Special guests Alyssa Martin and The Golden Apple Chorus.

YORKTOWN GRANGE FAIR

Since the Grange Fair began, the purpose has been to provide a show-case for the community to "show off" their home grown (or homemade) goods, whether vegetables, flowers, needlework, baking, photography, livestock or poultry. In addition to the entertainment on our stage and blacktop, the fair will be filled with fun and activities for the entire family, including the livestock show, the flower and produce show, rides, contests and competitions. Check out our website (yorktowngrangefair.org) for further details and updates!

LOCATION: Yorktown Grange

DATES: September 8 to 10

FISHING DERBY

Ages 5-14

Award Certificates will be given out for various categories. Participants must supply their own drop line/fishing pole and hooks. A limited selection of bait is available from the Recreation Department during the event. Children under 9 must be accompanied by an adult.

FEES: Resident: \$5, Nonresident: \$10

LOCATION: Sparkle Lake

DATES: Saturday, May 13 8:30 am - 11:30 am

YPR PRESENTS: 1ST CAR SHOW

Yorktown Parks and Recreation are happy to present our Inaugural Car Show! This family-friendly event brings car lovers of all ages together to enjoy a variety of classic cars in our community. There will be food trucks and music to add to the fun! To register your car, please visit the recreation website or call the office at 914-245-4650. Spectators can sign up online prior to event. Walk-ins welcome, but will be cash only.

FEES: TBD LOCATION: TBD

DATES: Saturday, May 20th 8:30am-1:00pm

TOWN PARADES

MEMORIAL DAY PARADE

Sponsored by the Veterans of Foreign Wars, the American Legion, and the Town of Yorktown. Join in the tradition of Memorial Day as we actively remember our ancestors, our family members, our loved ones, our neighbors, and our friends who have given the ultimate sacrifice in conflicts and in wars.

DATES: Monday, 5/29 at 11:00 am

LOCATION: Parade will start at Town Hall, travel down Underhill

Avenue, continue onto Commerce Street and follow to Yorktown Fire House, make a left to stay on Commerce Street and lastly make a right onto Veterans Road. Parade will end at the Jack DeVito Veterans Memorial Field.

YORKTOWN HEIGHTS ENGINE CO.#1 FIRE DEPARTMENT PARADE

The carnival will commence immediately after the parade on June 21 and run through June 25. Enjoy this family event filled with rides, games and plenty of food!

DATES: Wednesday-Sunday, June 21st-25th

7:00pm

LOCATION: Yorktown Heights Fire Department

GRANGE ANTIQUE TRACTOR & VEHICLE PARADE

Sponsored by: Yorktown Grange Tractor Club

The parade route will begin on Veterans Road and end at Grange Fairgrounds. Open to all tractors and antique vehicles. Entries may contact: yorktowngrangetractorclub@gmail.com

DATES: LOCATION: Saturday, September 9 12:00pm

Yorktown Heights



SCHOOL VACATION CAMPS

SCHOOL'S OUT CAMP

Ages 5-12

This program offers your child a day of activity which may include; basketball, soccer, kickball, running bases, gym games and swimming. Children may bring a packed lunch or purchase lunch from our café. If your child intends to swim, please remember to pack their suit. No need to pack a towel, we will provide. Children must wear sneakers to participate in any gym activity.

Instructor: Club Fit

Early drop off is available from 8:00am for an additional \$10/day. Registration is for **ONE DAY** out of the listed dates.

FEES: Resident: \$80. Nonresident: \$96

LOCATION: Club Fit

801-A DATES: Monday-Friday, 9:30am - 3:30pm

4/3 - 4/7

801-B DATES: Monday-Friday, 8:00 am (Early Drop Off)

4/3 - 4/7



YOUTH PROGRAMS

LIL' COOKS

Ages 3-5

TAEKWONDO TOTS

Ages 2-5

This program is for 3, 4 and 5 year olds. This introduces the children to the art of cooking and baking! Children will prepare, cook and eat their own foods. This program will also enhance many skills such as early math skills, pre-reading skills, and language skills as children learn about measuring, counting, word and symbol recognition, and predicting outcomes of what they are making. If time permits, a related craft and story will be included, along with a take home recipe. This is a drop-off class. Advise recreation office of any food allergies.

Instructors: Rosa Carra, Head Chef and Rosalie Fierro, Asst. Chef.

FEES: Resident: \$165, Nonresident: \$198

LOCATION: Sparkle Lake Building
101-A DATES: Mondays, 1:00 – 2:00pm

4/17 to 5/22

This class provides an excellent opportunity to learn basics of Taekwondo, including defense, offense, punches, kicking, blocking, and stances. Taekwondo also helps develop self-assurance in shy children, teaches concentration and discipline and teaches children how to interact with others, calming the aggressive child and learning self-defense. Parental participation is encouraged. PHILAM Self-Defense at 1761 Front Street, Yorktown Heights. Note: child should be dressed in sweatpants.

Instructor: Lorna Groux, Black Belt Instructor

FEES: Resident: \$120, Nonresident: \$144

LOCATION: PHILAM Self Defense
102-A DATES: Thursdays, 10:00-10:50am

4/13 to 6/1

102-B DATES: Thursdays, 12:30-1:20pm

4/13 to 6/1

YOUTH PROGRAMS

TAEKWONDO FOR KIDS

Grades K-2 KIDS YOGA

FEES:

LOCATION:

106-A DATES:

Ages 6-12

Taekwondo is a martial art form which uses leg kicks and punches as its predominant weapons. This class will provide an opportunity to learn the basics of Taekwondo: defense, offense, punches, kicking, blocking, stances and forms. Students will develop self-discipline, confidence and athleticism. PHILAM Self-Defense at 1761 Front Street, Yorktown Heights. Note: Child should be dressed in sweatpants.

Instructor: Lorna Groux, Black Belt Instructor

FEES: Resident: \$125, Nonresident: \$150

LOCATION: PHILAM Self Defense

103-A DATES: Mondays, 4:00-5:00pm

4/17 to 6/12, no class 5/29

ZUMBA JUNIOR

Ages 7-12

INTRODUCTION TO FENCING Ages 11-13

Instruction includes basic exercises, footwork and mobility, fundamental weapon manipulation and fencing rules. Students work with each other and with the instructor for a total of six sessions. All protective gear (except gloves) and foils are provided. Participants can use either their own leather gloves, borrow from the limited supply available, or purchase their own (from suppliers or through the activity). Instruction is given and gear is supplied under the auspices of Westchester Fencers Club, a member of the United States Fencing Association.

Instructor: Jim Bernitt, Westchester Fencers Club
FEES: Resident: \$120, Nonresident: \$144
LOCATION: 1176 E. Main Street, Shrub Oak
105-A DATES: Thursdays, 6:00 - 7:00pm

4/20 to 5/25

Instructor: Bernadette Matta, Club Fit Instructor
FEES: Resident: \$125, Nonresident: \$150

LOCATION: Club Fit

 108-A DATES:
 Mondays, 4:45-5:30pm

 (8 classes)
 4/17 to 6/12 (no class 5/29)

 FEES:
 Resident: \$90, Nonresident: \$108

108-B DATES: Mondays, 4:45-5:30pm 6/19 to 7/31 (no class 7/3)

KIDS ZUMBA

Ages 4-6

Zumba® Kids classes feature kid-friendly routines based on original Zumba® choreography. We break down the steps, add games, activities and cultural exploration elements into the class structure. Helps develop a healthy lifestyle and incorporate fitness as a natural part of children's lives by making fitness fun. Classes incorporate key childhood development elements like leadership, respect, team work, confidence, self-esteem, memory, creativity, coordination, and cultural awareness. There will be a performance for the parents at the end of the session.

Instructor: Bernadette Matta, Club Fit Instructor

FEES: Resident: \$125, Nonresident: \$150

LOCATION: Club Fit

107-A DATES: Mondays, 4:00-4:30pm

(8 classes) 4/17 to 6/12 (no class 5/29) FEES: Resident: \$90, Nonresident: \$108

107-B DATES: Mondays, 4:00-4:30pm

(6 classes) 6/19 to 7/31 (no class 7/3)

SONG AND BEAT DRUM VILLAGE Ages 8-12

For children 6 to 10 years old. Build a solid foundation for a lifetime of

development, sense of identity, healthy body image, sense of personal

Zumba® Kids Jr. classes feature kid-friendly routines based on original Zumba® choreography. We break down the steps, add games, activities

and cultural exploration elements into the class structure. Helps develop a healthy lifestyle and incorporate fitness as a natural part of children's

development elements like leadership, respect, team work, confidence,

self-esteem, memory, creativity, coordination, and cultural awareness.

There will be a performance for the parents at the end of the session.

Resident: \$125, Nonresident: \$150

health and wellness by introducing life skills (creativity, motor skill

safety, and regulation of emotions) through movement and play.

Tuesdays, 4:45-5:30pm

lives by making fitness fun. Classes incorporate key childhood

Instructor: Diana Morgan, Club Fit Instructor

4/18 to 6/6

Interpreting traditional Pan African rhythms into a marching format with a lot of drummers! The students will meet with me at least twice a week. Preferred ages are 8 to 12. Younger or older are welcomed. Special needs are welcome. We want to represent our community diversity! The musical instruments will be: voice (singing, shouting, beat boxing), djembes, songbas(west African drums) rebolo, tan tan, surdos, atabaques, pandeiro, tamborim, cuica (these are Brazilian drums), bongos, saltenes, maracas, guiros (Caribbean instruments). We would participate in performances throughout the year. Parades, festivals, school activities, sporting events, etc. The students would also go on trips to see different ensemble performances. This spring we will be participating in the International Day at George Washington Elementary. Instructor: Song and Beat

FEES: Resident: \$120, Nonresident: \$144

LOCATION: AACCCC Room 209
109-A DATES: Mondays, 5:00-6:00pm

3/20 to 5/8

6 IN 1 SPACE FLEET ROBOT Ages 6-11

Build and take home your very own Solar Space Fleet Robot! The Solar Space Fleet Kit is an innovative solar powered science kit that can transform into six different lunar modules. Using your own mini solar panel, watch as direct sunlight brings the kit to life! Come and create six different working models including a Space Station, Space Rover, Space Explorer, Astronaut, Space Shuttle, and Space Dog.

Instructor: Minds in Motion

FEES: Resident: \$186, Nonresident: \$223.20

LOCATION: Sparkle Lake

104-A DATES: Tuesdays, 4:00pm-5:00pm

4/11 to 5/30

NEW LITTLE GREEN HEARTS Ages 18 months - 8

Little Green Hearts is an outdoor nature-play class that parents/caregivers attend with their child(ren). Kids will explore nature treasures, examine creatures, and play with engaging materials. The guided activities are fun and support children's language, physical, social, and brain development. Parents/caregivers will connect and get the opportunity to learn how kids learn through play! Kate Lanfer has been leading outdoor nature play classes in the community since 2017. Email Kate with questions: lilgreenhearts@gmail.com. Instructor: Kate Lanfer

FEES: Resident: \$240, Nonresident: \$288

LOCATION: Downing Park

110-A DATES: Tuesdays, 10:00-11:30am

(8 classes) 4/18 to 6/6

FEES: Resident: \$156, Nonresident: \$187.20
110-B DATES: Monday-Friday, 10:00-11:30am

(5 classes) 6/26 to 6/30

YOUTH SPORTS

NEW SKYHAWKS SOCCER TOTS

Ages 2

NEW SKYHAWKS FLAG FOOTBALL Ages 5-10

SoccerTots is our flagship program! These soccer-themed motor skill classes are very easy for youngsters to get into. Younger groups focus on developing motor skills and self-confidence; older classes focus more on developing core soccer skills and personal focus and introduce an element of light competition. Instructor-to-student ratio is kept small to maximize individual development, and above all else we promote fun, fun, fun! Instructor: Skyhawks

FEES: Resident: \$159, Nonresident: \$190.80

LOCATION: Hunterbrook Field

201-A DATES: Saturday, 9:00-9:50 am

4/15 to 6/3 (no class 5/27)

NEW SKYHAWKS SOCCER TOTS Ages 3

SoccerTots is our flagship program! These soccer-themed motor skill classes are very easy for youngsters to get into. Younger groups focus on developing motor skills and self-confidence; older classes focus more on developing core soccer skills and personal focus and introduce an element of light competition. Instructor-to-student ratio is kept small to maximize individual development, and above all else we promote fun, fun, fun! Instructor: Skyhawks

FEES: Resident: \$159, Nonresident: \$190.80

LOCATION: Hunterbrook Field

202-A DATES: Saturday, 10:00-10:50 am

4/15 to 6/3 (no class 5/27)

NEW SKYHAWKS SOCCER TOTS Ages 4

SoccerTots is our flagship program! These soccer-themed motor skill classes are very easy for youngsters to get into. Younger groups focus on developing motor skills and self-confidence; older classes focus more on developing core soccer skills and personal focus and introduce an element of light competition. Instructor-to-student ratio is kept small to maximize individual development, and above all else we promote fun, fun, fun! Instructor: Skyhawks

FEES: Resident: \$159, Nonresident: \$190.80

LOCATION: Hunterbrook Field

203-A DATES: Saturday, 11:00-11:50 am

4/15 to 6/3 (no class 5/27)

NEW SKYHAWKS SOCCER Ages 5-7

Your young athlete will gain the technical skills and sport knowledge required for their next step into soccer. Areas of focus are dribbling, passing, shooting and ball control. By the end of the program, your child will have learned new life skills such as teamwork and sportsmanship, made new friends and improved their soccer skills. Instructor: Skyhawks

FEES: Resident: \$159, Nonresident: \$190.80

LOCATION: Hunterbrook Field
204-A DATES: Saturday, 12:00-12:50 am
4/15 to 6/3 (no class 5/27)

NEW SKYHAWKS SOCCER Ages 8-10

Your young athlete will gain the technical skills and sport knowledge required for their next step into soccer. Areas of focus are dribbling, passing, shooting and ball control. By the end of the program, your child will have learned new life skills such as teamwork and sportsmanship, made new friends and improved their soccer skills! Instructor: Skyhawks

FEES: Resident: \$159, Nonresident: \$190.80

LOCATION: Hunterbrook Field
205-A DATES: Saturday, 1:00-2:00 pm

4/15 to 6/3 (no class 5/27)

Give your child perfect introduction to America's favorite game with Skyhawks Flag Football Fueled by USA Football. Campers learn fundamentals like passing, receiving, kicking and flag pulling in a fun, positive environment. Parents, please note that this is a drop-off program.

Instructor: Skyhawks

Resident: \$159, Nonresident: \$190.80

LOCATION: TBA

206-A DATES: Thursday, 3:45-4:45 pm

Ages 5-7 4/13 to 5/25

206-B DATES: Thursday, 5:00-6:00 pm

Ages 8-10 4/13 to 5/25

SPECIAL NEEDS MULTISPORT

Ages 5-18

Our program offers special needs children, ages 5-18, a safe and appropriately competitive program to learn and enjoy team sports. The activities focus on athletic development skills while stressing proper behaviors required for optimal group participation and cooperation. 1:1 teaching ratio with a professionally designed curriculum.

Instructor: Backyard Sports

FEES: Resident: \$180, Nonresident: \$216

LOCATION: Willow Park

207-A DATES: Saturdays, 11:00am-11:45 pm

4/15 to 5/20

BACKYARD SPORTS SPRING MULTISPORT

Ages 4-6

Backyard Sports offers children ages 4-6 years old a fun, engaging and age appropriate introduction to spring sports. This program is staffed by local teachers and coaches with 10+ years working with children in the 4-6 year old age range and ability level. Spring sports may include tee ball, flag football, soccer and pillow hockey. Equipment will be provided by BYS.

Instructor: Backyard Sports

FEES: Resident: \$180, Nonresident: \$216

LOCATION: Willow Park

208-A DATES: Saturdays, 12:00-12:45 pm

4/15 to 5/20

INTRO TO SPORTS

Ages 3-5

10-week program. Learn the basics of the following sports and their specific skills through fun games and drills which will keep the kids engaged, healthy and active; lacrosse, t-ball, soccer, basketball and floor hockey. All skill levels may participate. Coach Cathy has been involved with sports her entire life, playing field hockey and lacrosse throughout high school and college, as well as teaching physical education at Marymount College and coaching HS lacrosse and field hockey. Her experience and teaching ability make her an excellent instructor for your child

Instructor: Coach Cathy Cousin, Club Fit Instructor

FEES: Resident: \$225, Nonresident: \$270

LOCATION: Club Fit

209-B DATES:

209-C DATES:

209-D DATES:

209-A DATES: Mondays, 10:00-11:00am

4/10 to 6/19 (no classes: 5/29) **Mondays, 1:00-2:00pm**

4/10 to 6/19 (no classes: 5/29)

Mondays, 4:30-5:30pm

4/10 to 6/19 (no classes: 5/29) **Tuesdays, 10:00-11:00am**

4/11 to 6/13

209-E DATES: Tuesdays, 1:00-2:00pm

4/11 to 6/13

YOUTH SPORTS

STEP UP YOUR SPORT

PARENT & ME T-BALL Ages 5-7

Ages 2-3

10-week program. Next step up from our Intro to Sports class. Improving on the skills for soccer, basketball, t-ball, lacrosse and field hockey. Coach Cathy has been involved with sports her entire life, playing field hockey and lacrosse throughout high school and college, as well as teaching physical education at Marymount College and coaching HS lacrosse and field hockey. Her experience and teaching ability make her an excellent instructor for your child.

Instructor: Coach Cathy Cousin, Club Fit Instructor **FFFS** Resident: \$225, Nonresident: \$270

LOCATION: Club Fit

210-A DATES: Tuesdays, 4:30-5:30pm

4/11 to 6/13

HOOPSTERS Ages 7-10

This one-hour co-ed program is designed to focus on developing basketball skills as well as sport specific conditioning. These sessions will cover but are not limited to; speed and agility, shooting, passing, dribbling, and game play.

Instructor: Coach John Rotando, Club Fit Instructor Resident: \$180, Nonresident: \$216

LOCATION: Club Fit

211-A DATES: Tuesdays, 5:30 -6:30pm

4/11 to 5/30

HOOPSTERS Ages 9-13

This one-hour co-ed program is designed to focus on developing basketball skills as well as sport specific conditioning. These sessions will cover but are not limited to; speed and agility, shooting, passing, dribbling, and game play.

Instructor: Coach Jen Ritz, Club Fit Instructor FFFS: Resident: \$180, Nonresident: \$216

LOCATION: Club Fit

Thursdays, 5:30 -6:30pm **212-A DATES:**

4/13 to 6/1

NEW YORK EMPIRE: ULTIMATE ACADEMY

Ages 11-18

Empire Ultimate Academy is offering a 5-week long summer clinic for 90 minutes each week. Our goal is to teach and grow the sport of ultimate frisbee for youth players in the Yorktown area. Each session will be coached by New York Empire players and partners. The Empire are a professional ultimate frisbee team based here is Westchester, NY! Each week will teach a new topic and expand on the topics learned in previous sessions. Instructor: Jeffrey Babbitt, New York Empire

FEES: Resident: \$300, Nonresident: \$360

LOCATION: TBA

213-A DATES: Tuesdays, 9:30-11:00am Ages 11-13 6/13 to 7/18 (No Class 7/4) **213-B DATES:** Tuesdays, 11:00am-12:30pm Ages 14-18 6/13 to 7/18 (No Class 7/4)

Parent & Me T-Ball is a fun and positive introduction to t-ball for young children with a helping hand from Mom or Dad! With a parent participating by their side, kids will have fun learning the fundamental skills of t-ball through structured activities, fun based games, and scrimmages.

Instructor: U.S. Sports Institute

FFFS: Resident: \$195, Nonresident: \$234

LOCATION:

214-A DATES: Sundays, 3:00-3:50pm (8 weeks) 4/23 to 6/18 (No class 5/28) **FEES:** Resident: \$155, Nonresident: \$186

214-B DATES: Sundays, 3:00-3:50pm

7/9 to 8/13 (6 weeks)

SQUIRTS T-BALL

Ages 3-4

The Squirts T-Ball program is open to both boys and girls. There's no better introduction to the sports of baseball or softball! Skills covered include hitting, throwing, catching, base running, fielding, and more. Each session is taught through structured activities, fun games, and scrimmages designed to ensure learning and most importantly: fun fun fun!

Instructor: U.S. Sports Institute

FEES: Resident: \$195, Nonresident: \$234

LOCATION: TBD

215-A DATES: Sundays, 4:00-4:50pm 4/23 to 6/18 (No class 5/28) (8 classes) FEES: Resident: \$155, Nonresident: \$186

215-B DATES: Sundays, 4:00-4:50pm

(6 classes) 7/9 to 8/13

SENIOR SQUIRTS T-BALL

Ages 5-6

This T-Ball program is a great way to introduce your young slugger to this exciting game. Players will focus on learning the rules and developing their skills in hitting, throwing, base running and fielding. Each session, players will apply what they have learned into a T-Ball scrimmage. Note: participants are required to provide their own glove for this program!

Instructor: U.S. Sports Institute

FFFS. Resident: \$195, Nonresident: \$234

LOCATION: TRD

216-A DATES: Sundays, 5:00-5:50pm (8 classes) 4/23 to 6/18 (No class 5/28) Resident: \$155, Nonresident: \$186 FEES:

216-B DATES: Sundays, 5:00-5:50pm

(6 classes) 7/9 to 8/13

ADULT PROGRAMS

COUNTRY LINE DANCE

BALLROOM DANCE Ages 18+

Ages 18+

Line dancing is so much fun and excellent exercise. Join Erin and learn some line dances to country, latin, and pop hits! You don't ever need a partner to dance and have a blast. Make some new friends. Erin will let you know where you can go and dance all week long.

Instructor: Erin McMahon

Resident: \$142, Nonresident: \$170.40 FEES:

LOCATION: AACCCC Gym

301-A DATES: Tuesdays, 6:15-7:15 pm

4/11 to 5/30

Tuesdays, 6:15-7:15 pm **301-B DATES:**

6/13 to 8/1

Learn to dance with your special someone or come meet new friends. Bring fun, romance and music back into your life! Dance at parties and weddings instead of sitting on the sidelines. Learn swing, cha cha, waltz and hustle. Each individual in a couple must register.

Instructor: Cameron Kelly

Resident: \$142, Nonresident: \$170.40 FEES:

LOCATION: AACCCC Gym

302-A DATES: Tuesdays, 7:30-8:30 pm

4/11 to 5/30

302-B DATES: Tuesdays, 7:30-8:30 pm

6/13 to 7/25 (no class 7/4)

Continued on next page

ADULT PROGRAMS

ZUMBA DANCE WORKOUT

Ages 18+ GENTLE YOGA

Ages 16+

Slim down, tone up, have fun and get your energy going again with Zumba. Suzi leads you through simple, energetic routines to the best music that will get you up dancing, sweating and having a blast! **Instructor: Suzi Tipa**

FEES: Resident: \$142, Nonresident: \$170.40

LOCATION: AACCCC Gym

303-A DATES: Thursdays, 5:00-6:00pm

4/13 to 6/1

303-B DATES: Thursdays, 5:00-6:00pm

6/15 to 8/3

YOGA FOR ALL Ages 18+

Become a new 'you' with yoga. Feel better, tone up and become relaxed yet truly energized in your life. Chris is a very experienced yoga teacher who will lead you through the asanas and coordinated breathing exercises as she encourages you to be your best self!

Instructor: Chris Tangerman

FEES: Resident: \$142, Nonresident: \$170.40

LOCATION: AACCCC Gym

304-A DATES: Mondays, 5:00 - 6:00pm

4/10 to 6/5 (no class 5/29) Mondays, 5:00 - 6:00pm

304-B DATES: Mondays, 5:00 - 6:00pm 6/12 to 8/7 (no class 6/19)

PILATES Ages 18+

Class centers around floor exercises where students use their own resistance through a series of exercises ranging from beginner to advanced. Through this great workout, increase your strength and balance while releasing tension in your body. Improves posture and alignment and can decrease those aches and pains in your back! Please bring water and a mat to each class!

Instructor: Jennifer Longobardi

FEES: Resident: \$120, Nonresident: \$144

LOCATION: AACCCC Room 104
305-A DATES: Tuesdays, 6:00-7:00pm

4/11 to 6/13

TAEKWONDO FITNESS

Women Ages 18+

Interested in toning your arms, strengthening your core and more? This class reduces the risk of injury and is a great stress reliever. Have fun with Lorna. No experience or equipment necessary. Bring a towel. PHILAM Self Defense is located at 1761 Front Street in Yorktown Heights!

Instructor: Lorna Groux, Black Belt Instructor

FEES: Resident: \$150, Nonresident: \$180

LOCATION: PHILAM Self Defense
306-A DATES: Wednesdays, 9:30-10:30am

4/12 to 5/31

PAINTING IN OIL OR ACRYLICS Ages 13+

This program is for all levels, beginners to advanced. We will cover values, composition, and color using still life, photographic material, and plein air. A complete supply list is available at the Recreation Office. No materials supplied, bring your own paints, canvas and paper towels!

Instructor: Terry Fokine

FEES: Resident: \$130, Nonresident: \$156

LOCATION: Sparkle Lake Building 307-A DATES: Saturdays, 9:00am-12:00pm

4/15 to 6/10

A gentler blend of asanas combined with breath and relaxation exercises. Build strength, balance and flexibility. Includes standing, sitting and floor work postures that strengthen and lengthen, while calming the mind. Perfect for all levels. This is a very inclusive safe class with many options for modifications, all with the primary goal for helping people live healthy and happy lives. Please bring a yoga mat and water.

Instructor: Lisa Thomas

FEES: Resident: \$132, Nonresident: \$158.40
LOCATION: AACCCC Room 104 and Granite Knolls Park

308-A DATES: Monday, 11:00am-12:00pm

4/10 to 6/5 4/10-5/1: Room 104 (no class 5/29) 5/8-6/5: Granite Knolls

308-B DATES: Monday, 11:00am-12:00pm 6/12 to 7/31 (Granite Knolls)

KUNG FU: CHINESE KENPO KARATE SELF DEFENSE FOR EVERYONE Ages 12+

This class is open to all beginners, as well as those who have had experience in any martial art. Tired of paying high prices for Martial Arts and signing contracts? Come and join our Yorktown Program Class and get into shape, plus learn how to defend yourself by learning the ancient secrets of Shaolin. This program will teach basic self-defense stances, blocks, hand weapons and techniques. Simple to intermediate Katas (forms) will be taught, as well as progressive self-defense material. You will also stretch, tone and condition your body and be provided with a challenging workout. **Note: This class has sparring.** Sifu Nat Costanzo has intensively trained for over 35 years in the five systems of Chinese Kung Fu (Shaolin Chuan, Tai Chi, Pau Kua Chang, Hsing-I Chuan and Shuai Chiao). Nat has been featured in <u>Inside Kung-Fu</u>, <u>Blackbelt</u>, <u>Tai Chi Chi-Kung</u> and most recently, <u>Living and Being</u> magazines.

Instructor: Sifu Nat Costanzo, 8th Teng

FEES: Resident: \$60, Nonresident: \$72

LOCATION: Sparkle Lake - Outdoors

309-A DATES: Wednesdays, 6:30 - 7:30pm

6/7 to 6/28

CHANG TAI CHI AND CHI KUNG FOR EVERYONE

Ages 12+

This class is open to all beginners as well as those who have had experience. Perfected over 2000 years ago, Tai Chi is a low impact workout designed to increase your mental and physical energy. Tai Chi is the most popular Chinese exercise in the world and is practiced daily by millions of people both young and old. The short form will be taught, as well as Chi Kung exercises and stretching to improve one's flexibility, balance and coordination. Chang Style Tai Chi will help you achieve total harmony of body, mind and spirit. The slow rhythmic movements of Tai Chi will tone muscles, improve overall fitness, improve your balance and heighten your senses

Instructor: Sifu Nat Costanzo, 8th Teng

FEES: Resident: \$60, Nonresident: \$72
LOCATION: Sparkle Lake - Outdoors
310-A DATES: Wednesdays, 7:30 - 8:30pm

6/7 to 6/28

NEW "I LOVE ART" WITH STUDIO TIME Ages 18+

Bring your favorite art materials: Acrylics, Watercolors, Colored Pencils, Pens, Ink, canvases and come create! I will bring lots of materials for inspiration, jazz music and different mediums to try and explore. Let's be creative together!

Instructor: Judika Lieberman

FEES: Resident: \$110, Nonresident: \$132

LOCATION: Sparkle Lake Building

311-A DATES: Thursdays, 11:00am-12:30pm

5/11 to 6/15

311-B DATES: Thursdays, 11:00am-12:30pm

6/29 to 7/27

NEW YOGA PAUSE AND PAINT

Ages 16+

A gentle exploration into Yoga and the creative senses. The class will begin with an introductory and intermediate instruction to the science of Yoga. We will explore the foundations of Yoga, with the use of meditation, breath and postures, taking a pause to reflect and connect with one's self. Each class will include an exploration to the creative side with sketches that will bring us to create a painted Yoga Mat. Upon conclusion of the Pause and Paint, the participant will leave with their very own created Yoga Mat inspired by what they have learned in class. Yoga mat unpainted can be purchased from teacher for an additional \$25.

Instructor: Melissa Feinberg

FEES: Resident: \$350, Nonresident: \$420

LOCATION: Sparkle Lake Building
312-A DATES: Wednesdays, 5:30-6:30pm

4/12 to 6/14

TAKE A WALK OR HIKE IN YORKTOWN

Discover where to walk or hike on the more than 60 miles of trails in Yorktown, or which over 40 miles are owned by the Town. Jane and Walt Daniels are the authors of Walkable Westchester, a comprehensive guide to over 600 miles of trails in Westchester County. They are also responsible for managing the volunteers who maintain the trails and do trail repairs. **Instructor: Jane and Walt Daniels**

FEES: Resident: No Fee, Nonresident: No Fee

LOCATION: Sparkle Lake Building

313-A DATES: Monday, May 1st 7:30-8:30pm

INTRODUCTION TO FENCING Ages 14+

An introduction to the sport that will last you a lifetime. Instruction includes basic exercises, footwork and mobility, fundamental weapon manipulation and fencing rules. Students work with each other and with the instructor for a total of six sessions. All protective gear (except gloves) and foils are provided. Participants can use either their own leather gloves, borrow from the limited supply available, or purchase their own (from suppliers or through the activity). Instruction is given and gear is supplied under the auspices of Westchester Fencers Club, a member of the United States Fencing Association.

Instructor: Jim Bernitt, Westchester Fencers Club

FEES: Resident: \$135, Nonresident: \$156
LOCATION: 1176 E. Main Street, Shrub Oak
314-A DATES: Thursdays, 7:00 – 8:00pm

4/20 to 5/25

*NEW*HOW TO TRAIN CORRECTLY & CREATE A DIET THAT WORKS Ages 18+

You will learn how to train correctly and if you have any nagging injuries, be it lower back, shoulder, knees, etc. then this can also help you learn how to feel better with proper body movements and eliminate some or all of your pain and creating a healthier lifestyle.

Instructor: James Moritz, Rhino Strong Gym

FEES: Resident: \$185, Nonresident: \$222

LOCATION: Rhino Strong Gym

316-A DATES: Saturday & Sunday, 2:00-5:00pm

8/5, 8/6, 8/12 & 8/13

FIT 4 MOM PROGRAMMING

Instructor: Dana Pavella, Instructor

STROLLER STRIDES

Stroller strides is a functional, total-body conditioning workout designed for moms with kids in tow. Each 60 minute workout is comprised of strength training, cardio, and core restoration, all while entertaining little ones with songs, activities, and fun! Each Stroller Strides instructor is skilled to meet you where you are mentally and physically. You'll leave class feeling connected, successful and energized! No more mama guilt! This class is about self-care in a supportive and encouraging environment.

Please refer to www.yorktown.fit4mom.com or call 914-302-9994.

DATES: Mon, Wed, Fri, 9:30 am

BODY BOOST

A high intensity interval training (HIIT) workout designed to challenge, empower and energize you. Combining cardio, strength training, core work, and meditation. This 60-minute class is just for you and will leave you feeling refreshed and recharged for motherhood and all that comes with it

Please refer to www.yorktown.fit4mom.com.

DATES: Thursdays, 7:30pm DATES: Saturdays, 7:30am

RUN CLUB

Take your running to the next level with our 8 week guided training program. Whether you're training for a specific running goal such as a 5k, 10k or half marathon or simply want the support and structure of a run-training program, we provide at-home and in-person opportunities to train, learn and improve. Included in the 8 weeks are tips for getting started, detailed training plans for a variety of distances or general running, as well as nutrition tips for fueling during training. Each week, you'll receive e-mail support, accountability and progress check-ins from your Run Club Coach. Please refer to www.yorktown.fit4mom.com.

DATES:

Thursdays, 7:30pm

MINDFULNESS MEDITATION

Ages 18+

One hour class includes; Pranayama (breathing techniques), intro to different types of meditation; Japa (mantra repetition mala beads), Body Scan (progressive relaxation), Walking Meditation, Metta (cultivating compassion), Mindfulness Meditation, Ending with Satsang (Q&A). For your comfort: Bring a small cushion for back support and a water bottle. Last heavy meal or caffeine 2 hours before class.

Instructor: Aida I. Rivie-Angley

FEES: Resident: \$120, Nonresident: \$144

LOCATION: AACCCC Room 209

315-A DATES: Thursdays, 11:00am-12:00pm

4/13 to 6/29



ADULT SPORTS INFORMATION

MEN'S ADULT SOCCER

Yorktown Parks and Recreation been offering Men's soccer leagues for the last decade. Sessions will be held on Mondays at Granite Knolls Sports Complex and Wednesdays at Legacy Field. These leagues are meant to provide exercise, competition and a family like feeling amongst all the participants. All ages are welcome. Leagues will be created based on the competitiveness and quality of each team. There will be separate levels of competition. Monday league will begin April 10th, 2023 with game times starting at 8:30pm. Wednesday league will begin March 22nd, 2023 with games beginning at 9:00pm.

The leagues are run and organized by KIIDS INC. For more information call 914-400-5871 and ask for Rick Romanski or Brandon Paulicelli @ 914-450-3719 or visit kiidssports.com.

ADULT WEEKNIGHT SOFTBALL LEAGUES

Managed by Yorkville Sports Association

Adult Weeknight Leagues includes 12 regular season games of competitive softball with Men's and Co-Ed divisions. Season runs from April 16th to mid-July, followed by playoffs and an All-Star game. For more information and to register your team, please visit the YSA website at: www.ysaleagues.com or email info@ysaleagues.com.

60+ SOFTBALL LEAGUE

Managed by Yorkville Sports Association

Sunday 60+ Softball Leagues includes 12 regular season games of competitive softball. Season runs from April 16th to mid-July, followed by playoffs and an All-Star game. For more information and to register your team, please visit the YSA website at: www.ysaleagues.com or email info@ysaleagues.com.

SENIOR PROGRAMS

Senior Citizens are defined as permanent Yorktown residents ages 60 and over

FEES:

LOCATION:

404-A DATES:

404-B DATES:

SENIOR PAINTING

Ages 60+ F

Ages 60+

FALL PREVENTION

Ages 60+

Come paint with me in acrylics and oils. Two Hour session (A): Classes include a variety of lessons to improve technique and skill. One hour Session (B): Open studio time, with guided instruction as needed. Students must bring their own brushes and canvases. Reference photos and sketch book are recommended. This session will include painting a still life.

Instructor: Kathleen Pasquale

FEES: Resident: \$50, Nonresident: \$60/30

LOCATION: Sparkle Lake Building
401-A DATES: Mondays, 9:30-11:30am

4/10 to 6/19 (no class 5/29) Resident: \$10, Nonresident: \$30

401-B DATES: Mondays, 10:30-11:30am

VIRTUAL SENIOR CHAIR YOGA

4/10 to 6/19 (no class 5/29)

Gentle chair yoga is for seniors who may have difficulty getting up and

down from the floor or have some physical limitations which prevent sitting on the floor or standing without help. Every session includes

MAH JONGG

Ages 60+

If you can play 500 Rummy you can play Mah Jongg. Cards will be

This class involves balance and bone strengthening exercises. Information is provided on nutrition and lifestyle habits to benefit bone

Sparkle Lake Building

Fridays, 1:00- 2:00pm

Thursdays, 2:30- 3:30pm

Resident: No Fee. Nonresident: \$30

health and density. Instructor: Naomi Cohen, PT

4/20 to 6/8

4/21 to 6/9

provided. Instructor: Betty Amico

FEES: Resident: No Fee, Nonresident: \$30

LOCATION: AACCCC Gym Room 26
406-A DATES: Tuesdays, 10:00am - 12:00pm
4/4 to 9/26 (no class 7/4)

warm-up techniques, breathing practices, gentle stretching, flexibility movements, meditation and ends the session with deep relaxation in the

FFFS.

chair

Instructor: Sharron Cohen
FEES: Resident: No Fee, Nonresident: \$30

LOCATION: ZOOM

402-A DATES: Wednesdays, 10:00-11:00am

4/12 to 5/31

402-B DATES: Wednesdays, 10:00-11:00am

6/14 to 8/2

SENIOR LINE DANCING Ages 60+

Come and join Betty Boot in some fun County-Western Line dancing

steps. Instructor: Betty Boot

FEES: Resident: No Fee, Nonresident: \$30

LOCATION: AACCCC Gym

403-A DATES: 1st and 3rd Wednesdays, 12:00-1:00pm

4/5 to 8/16

SENIOR DANCE & EXERCISE Ages 60+

Line dancing with some fitness exercise. Instructor: Cameron Kelly

FEES: Resident: No Fee, Nonresident: \$30
LOCATION: AACCCC Gym/Granite Knolls
405-A DATES: Fridays, 10:45-11:45am

4/14 to 6/16 (5/5 will be at Granite Knolls Pavilion

405-B DATES: Fridays, 10:45-11:45am

6/23 to 8/11 (7/21 + 7/28 will be at Granite Knolls Pavilion

SENIOR SWIM

Residents Ages 60+

MUST bring proof of age & residency (driver's license) to pool each session. Open swim for all resident seniors. No guests allowed for senior swim.

FEES: Resident: No Fee LOCATION: Brian J. Slavin Facility

DATES: Tuesday & Thursday, 10:15-11:45 am

6/21 to 8/18

LOCATION: Junior Lake Facility

DATES: Mon, Wed, Fri, 10:00 am-12:00 pm

8/1 to 8/12

YORKTOWN SENIOR ADVISORY COMMITTEE

The Town of Yorktown Senior Advisory Committee is a non-political committee, appointed by the Town Board, representing the senior citizens of Yorktown. Meetings for the Yorktown Senior Advisory Committee are held the third Friday of the month at 1:00pm at the Yorktown Town Hall, 363 Underhill Avenue, Yorktown Heights.

SENIOR NEWSLETTER

The Senior Newsletter is a bi-monthly circular pertaining to Senior Citizens' activities and special events calendars, along with timely articles of interest to Yorktown seniors. Newsletters can be found at Recreation Office, Senior Center, Town Hall, Library or online at www.yorktownny. org/senior. If you would like to submit any articles or information to the newsletter, please call the Recreation Office at 245-4650.

YORKTOWN SENIOR CENTER

Noreen O'Driscoll, Director • 914-962-7447 • 9:00am-3:00pm

NUTRITION PROGRAM

Seniors 60 years and older, join us for lunch at the Yorktown Senior Center. Eat with friends and meet new people! Hot lunch is served in the Senior Center, Monday - Friday at 12 pm. Reservations are required at least one day in advance by 1:00 pm. Suggested donation is \$3.00. Please contact the Senior Center for more information or to make a reservation. Monthly Menu can be found online at www.yorktownny.org/senior.

TRANSPORTATION

Yorktown Senior Center provides transportation for seniors:

- -Weekdays to and from the Senior Nutrition Program
- -On Tuesdays to local supermarkets

There is a suggested contribution for these services. Call the Senior Center for more information and to make a reservation.

HOMEBOUND MEALS

A hot meal is delivered to eligible homebound seniors Monday through Friday. There is a suggested contribution for these services. Call the Senior Center for more information. Monthly Menu can be found online at www.yorktownny.org/senior

PROGRAMS

Yorktown Senior Center provides many different and fun activities, programs and events throughout the year. Programs and activities include but not limited to:

Card Games & Bingo – Monday - Friday from 10:00am to 12noon Sugar Screenings Exercise Classes Blood Pressure Reading Monthly Speakers

Shopping

Programs are funded through the Department of Health & Human Services, N.Y. State Office of Aging, Westchester County Department of Senior Programs & Services, and The Town of Yorktown.

SENIOR CITIZEN CLUBS

For questions regarding Nutrition Program: Noreen O'Driscoll, Director 914-962-7447
For questions regarding Senior clubs: James Martorano Jr, Superintendent of Parks & Recreation 914-245-4650

YORKTOWN CHAPTER I

Currently recruiting new members. Join today by calling the club president or by attending the next meeting.

President: Janet Novak, 914-245-7318

LOCATION: Albert A. Capellini Community & Cultural Center, Room 16

DATES: Tuesdays, 10:00 am - 2:00 pm

SHRUB OAK SENIORS

President: Bea Perkins, 914-302-2708

LOCATION: Albert A. Capellini Community & Cultural Center, Room 16

DATES: Mondays, 10:00 am - 1:00 pm

JEFFERSON OWNERS FOUNDATION TRAVEL CLUB

President: Jim Higgins, 914-302-2836

AARP – THE AMERICAN ASSOCIATION OF RETIRED PERSONS

President: Patricia Fraleigh, 914-293-7508

LOCATION: Albert A. Capellini Community & Cultural Center,

Nutrition Room

DATES: 2nd Wednesday, 2:00 pm

ST. PATRICK'S SENIORS

President: Carol Manse, 914-245-2953
LOCATION: Parish Center

DATES: 3rd Tuesday, 10:00 am

GOLF, TENNIS & PICKLEBALL

ADULT GOLF CLINIC

Ages 18+

JUNIOR GOLF CLINIC

Ages 8-16

Introduction to golf for beginner/intermediate players. Topics include the proper fundamentals of the long game and the short game. Golf equipment will be provided in needed.

Instructor: Joseph Raitano PGA, Mohansic Golf Course Driving Range

FEES: Resident: \$175, Nonresident: \$210
LOCATION: Mohansic Golf Course

501-A DATES: Tuesday, 6:00 – 7:00 pm

4/18 to 5/16

501-B DATES: Wednesdays, 6:00 - 7:00pm

4/19 to 5/17

501-C DATES: Thursdays, 6:00 - 7:00pm

4/20 to 5/18

Introduction to the game of golf for juniors interested in learning the game. Golf equipment will be provided if needed.

Instructor: Joseph Raitano PGA, Mohansic Golf Course Driving Range

FEES: Resident: \$250, Nonresident: \$300
LOCATION: Mohansic Golf Course

502-A DATES: Wednesdays, 9:00 am-11:00 am

6/28 to 7/26

GOLF, TENNIS & PICKLEBALL

LOLLIPOP TENNIS

Ages 5-8

Tennis Courts available at Shrub Oak Park and Downing Park. Pickleball Courts available at Granite Knolls Park and Blackberry Woods Park. All movements: running, jumping, and balance. The main goal is to develop levels welcome. Season runs from April through November. Resident: \$40. Nonresident: \$125 racquets and balls - loaners also available. Rain make up classes will be

held Fridays. Instructor: Shrub Oak Tennis Inc.

FEES: Resident: \$220, Nonresident: \$264

Shrub Oak Park Courts LOCATION: **503-A DATES:** Monday, 4:30 - 5:30 pm

4/10 to 6/12, no class 5/1 & 5/29

Students will develop basic essential skills - handling and swinging racquet, throwing, rolling and catching. Students will focus on basic

body control and have fun! Note: Students should bring their own

503-B DATES: Tuesday, 4:30 - 5:30 pm

4/11 to 5/30

Thursday, 4:30 - 5:30 pm **503-C DATES:**

4/13 to 6/1

PEEWEE TENNIS

Ages 9-11

Basic stroke shape will be introduced along with proper movement and recovery. Students will focus on receiving and sending the ball. Players work together in cooperative activities. Students will be introduced to competitive situations and learn match format and scoring. Note: Students should bring their own racquets and balls - loaners also available. Rain make up classes will be held Fridays.

Instructor: Shrub Oak Tennis Inc.

FFFS. Resident: \$220, Nonresident: \$264

LOCATION: Shrub Oak Park Courts **504-A DATES:** Monday, 5:30 - 6:30 pm

4/10 to 6/12, no class 5/1 & 5/29

504-B DATES: Tuesday, 5:30 - 6:30 pm

4/11 to 5/30

504-C DATES: Thursday, 5:30 - 6:30 pm

4/13 to 6/1

JR BEGINNER/INTERMEDIATE TENNIS Ages 12-14

Students will learn basic form and stroke mechanics. The main goal is to establish form and timing of all major shots. Basic footwork will be emphasized as well. Note: Students should bring their own racquets and balls - loaners also available. Rain make up classes will be held Fridays.

Instructor: Shrub Oak Tennis Inc.

Resident: \$220, Nonresident: \$264 FFFS.

LOCATION: Shrub Oak Park Courts **505-A DATES:** Monday, 6:30 - 7:30 pm 4/10 to 6/12, no class 5/1 & 5/29

505-B DATES: Tuesday, 6:30 - 7:30 pm

4/11 to 5/30

505-C DATES: Thursday, 6:30 - 7:30 pm

4/13 to 6/1

ADULTS BEGINNER/INTERMEDIATE TENNIS Ages 15+

Students will work on generating spins and control power. Singles and doubles strategies will be covered. Students will be expected to play out points. Note: Students should bring their own racquets and balls loaners also available. Rain make up classes will be held Fridays.

Instructor: Shrub Oak Tennis Inc.

Resident: \$220, Nonresident: \$264

LOCATION: Shrub Oak Park Courts **506-A DATES:** Monday, 7:30 - 8:30 pm

4/10 to 6/12, no class 5/1 & 5/29

506-B DATES: Tuesday, 7:30 - 8:30 pm

4/11 to 5/30

506-C DATES: Thursday, 7:30 - 8:30 pm

4/13 to 6/1

HUMP DAY DINKERS

TENNIS/PICKLEBALL PASS

Levels 4.0+

Pickleball league for intermediate to advanced players level 4.0 and above. Available to Tennis/Pickleball Passholders only.

Instructor: Mike Verrinos, Instructor

FFFS: \$65 LOCATION: Granite Knolls Courts 4-6 **507-A DATES:** Wednesdays, 6:00-8:00pm

6/7 to 7/12

507-B DATES: Wednesdays, 6:00-8:00pm

7/26 to 8/30

PICKLEBALL BEGINNER CLINIC

Pickleball instructional classes for beginners. Students will learn: the basic rules of pickleball; how to dink down the line both forehand and backhand; how to dink cross court both forehand and backhand; how to perform forehand and backhand ground strokes; how to volley; and how to serve. Instructor: Jerome Cabuhat, Certified Pickleball Instructor

Resident: \$200, Nonresident: \$240 LOCATION: Granite Knolls Courts 4-6 **508-A DATES:** Wednesdays, 3:00-4:00pm

4/12 to 5/17

PICKLEBALL ADVANCED BEGINNER CLINIC Ages 18+

Pickleball instruction for beginners around the 2.5-3.0 level. Students will learn: basic pendulum swing on the forehand and backhand; proper side step movement while staying balanced at NVZ (non volley zone) line; how to punch volley, how to perform an overhead with proper sideways turn; to control forehand and backhand groundstrokes; and how to perform 3rd shot drop by long dinking.

Instructor: Jerome Cabuhat, Certified Pickleball Instructor

Resident: \$200, Nonresident: \$240 LOCATION: Granite Knolls Courts 4-6 Wednesdays, 4:00-5:00pm **509-A DATES:**

4/12 to 5/17

PICKLEBALL INTERMEDIATE CLINIC Ages 18+

Pickleball instructional clinic for intermediate players at the 3.0-4.0 level. Students will: work up to consistently dink while changing directions; not back up from the NVZ (non volley zone); move as a team for dinks and volleys; demonstrate placement & depth on serves and return of serves and develop directional control while performing an overhead.

Instructor: Jerome Cabuhat, Certified Pickleball Instructor Resident: \$220, Nonresident: \$264 FEES:

LOCATION: Granite Knolls Courts 4-6 Wednesdays, 2:30-4:00pm **510-A DATES:**

5/31 to 7/5

PICKLEBALL JUNIOR CLINIC

Pickleball instructional clinic for junior players ages 10-16. Students will learn: the basic rules of pickleball; how to dink down the line both forehand and backhand; how to dink cross court both forehand and backhand; how to perform forehand and backhand ground strokes; how to volley; and how to serve.

Instructor: Jerome Cabuhat, Certified Pickleball Instructor

FFFS: Resident: \$220, Nonresident: \$264 LOCATION: Granite Knolls Courts 4-6

511-A DATES: Wednesdays, 4:00-5:30pm

5/31 to 7/5

GOLF, TENNIS & PICKLEBALL

PICKLEBALL: KING/QUEEN OF THE COURTS **INTERMEDIATE PLAYERS** 3.0-3.9 Level

Mini Pickleball Tournament that will be run once a month on a Wednesday for Intermediate Players. In this event there will be 12 - 16 players on 2 or 3 courts respectively. It will be a round robin format playing with and against all different players that signed up. Games will be 8-10 minutes (determined by Instructor/Supervisor) with player receiving points at the end of each game. At the end of all Rounds, the participant with the most points receives the Title "King/Queen" of the court. Available to Tennis/ Pickleball Passholders only.

Instructor: Lynne Withers, Pickleball Coordinator

Resident: \$20, Nonresident: \$20 LOCATION: Granite Knolls Courts 4-6 Wednesdays, 9:00am-12:00pm **512 DATES:**

5/10, 6/14, 7/12, 8/9, 9/13

PICKLEBALL: KING/QUEEN OF THE COURTS **ADVANCED PLAYERS**

Mini Pickleball Tournament that will be run once a month on a Tuesday for Advanced Players. In this event there will be 12 - 16 players on 2 or 3 courts respectively. It will be a round robin format playing with and against all different players that signed up. Games will be 8-10 minutes (determined by Instructor/Supervisor) with player receiving points at the end of each game. At the end of all Rounds, the participant with the most points receives the Title "King/Queen" of the court. Available to Tennis/ Pickleball Passholders only.

Instructor: Lynne Withers, Pickleball Coordinator Resident: \$20, Nonresident: \$20 LOCATION: Granite Knolls Courts 4-6 **513 DATES:** Tuesday, 9:00am-12:00pm 5/9, 6/13, 7/11, 8/8, 9/12

SUMMER YOUTH SPORTS CAMPS

BLUEPRINT BASEBALL SUMMER TRAINING CAMPS **Entering Grades K-9**

Join Blueprint for another tech-savvy summer baseball camp experience! Parents watch their aspiring ballplayer camp-it-up on their LIVE STREAM & stay in touch w/text updates sent directly to their phone! Also, daily posts on Facebook & Instagram - Check out pix & vids from last summer's exciting event! Campers get to see themselves in action on our "training tablets" and receive real-time skill feedback-right on the field! All campers receive Blueprint swag gear & compete for daily prizes, all while training in a hybrid training/game setting! Camp Director Bill Consiglio, YHS graduate & former NCAA Division I coach. Under his guidance since 2006, Blueprint & its trainers have coached over 300 players who've signed pro! To register or more info, visit www. BlueprintBB.com. All registration occurs online. Discounts for those who register early, multi-week, siblings & more! Multiple field sizes @202 Field Complex, incl. 46/60, 50/70 and 60/90, ensures campers will train with their peers-GUARANTEED!

Instructor: Bill Consiglio, Blueprint Baseball Camp Director

FEES: Visit www.BlueprintBB.com for more info; Discounts

for early registration, siblings, multi-week....even for

just returning again this year!

LOCATION: Rt. 202 Field Complex, Next to Yorktown H.S., 2758

Crompond Rd.

DATES: Mon-Thurs, 9:00am - 1:00pm

6/26 to 6/29

DATES: Mon-Thurs, 9:00am - 1:00pm

7/10 to 7/13

DATES: Mon-Thurs, 9:00am - 1:00pm

7/17 to 7/20

NYCFC SUMMER CAMP

Ages 6-14

NYCFC Soccer Camps offer week-long programs to players seeking to develop in all aspects of the game in a fun and competitive playing environment. Our camps involve a wide range of game-related activities that encourage players to be creative and confident on the ball. NYCFC youth coaches provide expert coaching to players with age-appropriate learning objectives from a curriculum specifically designed by NYCFC Youth Programs & Academy staff to enhance player development. Our curriculum focuses on creativity and confidence on the ball in gamerelated situations to improve decision-making and movement; with smallsided games to expand each player's understanding of the phases of play. To register, please visit: www.nycfc.com/youth/soccer-camps.

LOCATION: Granite Knolls Park **DATES:** Mon-Fri. 9:00am-3:00pm

7/24 to 7/28

Mon-Fri, 9:00am-3:00pm **DATES:**

7/31 to 8/4

KIIDS SUMMER SOCCER CAMPS

This program meets the needs of each age group from Pre K to the 8th grade player. Trainers are licensed, have passed a background check and are insured by KIIDS Inc. Our camps are designed to ensure SAFETY, and that the player experiences a sense of accomplishment, and learns the game of soccer in a secure, controlled, fun filled environment. Each camper will receive a camp t-shirt. Water will be provided. Ice pop days and pizza on the last day!

Instructor: Rick Romanski, Director of Soccer, YYSC

LOCATION: Jack DeVito Field

FEES: Resident: \$250, Nonresident: \$300 **509-A DATES:** Monday-Friday, 9:30am-3:30pm **Full Day**

7/31 to 8/5

510-A DATES: Monday-Friday, 9:30am-3:30pm

Full Day 8/7 to 8/11

FEES: Resident: \$125, Nonresident: \$150 **509-B DATES:** Monday-Friday, 9:30am-12:00pm

Half Day 7/31 to 8/5

510-B DATES: Monday-Friday, 9:30am-12:00pm

Half Day 8/7 to 8/11

SUMMER YOUTH SPECIALTY CAMPS

NINJA TAEKWONDO CAMP

Ages 4-7

Has your child dreamed of being a superhero? This camp provides an opportunity to learn the basics of Taekwondo: defense, offense, punches, kicking, blocking and stances. Goals include: developing the child's intelligence, balance, coordination, social skills, concentration, discipline and athleticism. Camp will also include superhero activities, jousting competition, Sumo mania, LEGO mania, arts and crafts, snacks and more. PHILAM Self-Defense is located at 1761 Front Street in Yorktown. Students should wear short pants.

Instructor: Lorna Groux, Black Belt Instructor

FEES: Resident: \$175, Nonresident: \$210

LOCATION: PHILAM-Self Defense

601-A DATES: Mon-Thurs, 9:00 am - 12:00 pm

7/31 to 8/3

601-B DATES: Mon-Thurs, 9:00 am - 12:00 pm

8/7 to 8/10

601-C DATES: Mon-Thurs, 9:00 am - 12:00 pm

8/14 to 8/17

MAD SCIENCE presents SECRET AGENT LAB CAMP

Grades 1-4

Suspects! Schematics! and Sleuths! Connect the dots using science to help solve a crime in this hands-on investigation of the science of sleuthing. Uncover the science involved in evidence gathering and analysis and fingerprinting detection. Enhance your recall and observation skills and learn how to use spy equipment. **Instructor: Mad Science**

FEES: Resident: \$405, Nonresident: \$486

LOCATION: Sparkle Lake Building
602-A DATES: Mon-Fri, 9:00 am – 3:00 pm

7/31 to 8/4

CODE & CONTROL ROBO DOZER (AM) FUTURE ENGINEERS (PM) Ages

A: Build and take home your very own powerful robotic bulldozer and sleek hand held wireless controller! With your own colored manual and the aid of your instructor, you will each assemble your Robo Dozer that consists of over 40 different robotic parts that includes a speaker, circuit board, motors, LED lights, and much more.

B: If you like to create and build things, this program is for you! Take home your very own engineering kit! You will build up to 8 working models including a material lift, stationary bike, crane bridge, construction crane, and a windmill! With the aid of your instructor and the easy-to follow manual, you will learn different scientific principles involving pulleys and mechanics.**Instructor: Minds in Motion of NJ LLC**

FEES: Resident: \$200, Nonresident: \$240

LOCATION: AACCCC Room 223

603-A DATES: Mon-Fri, 9:00 am - 12:00 pm

8/7 to 8/11

603-B DATES: Mon-Fri, 12:30 pm – 3:30 pm

8/7 to 8/11

MAD SCIENCE presents BUGS, BIRDS & BEASTS CAMP Grades 1-4

Explore the natural world and its adaptations. Make casts of animal tracks & build a bird feeder. Study the feeding habits of owls as we dissect their lunch's remains while we learn all about the world around us!

Instructor: Mad Science

FEES: Resident: \$405, Nonresident: \$486

LOCATION: Sparkle Lake Building 604-A DATES: Mon-Fri, 9:00 am - 3:00 pm

8/7 to 8/11

LEGO FLIX (AM) ANIMATION FLIX (PM)

Ages 7-13

A: Bring Lego worlds to life! We provide the Legos, you provide your imagination! Work in groups to create a Lego set with Lego characters for a stop-motion movie you'll storyboard, shoot, and add voice-overs too.

B: In this fast-paced class, you'll be creating up to 4 stop motion movies. These will include dinosaurs, white board and toy car animations. And then you'll get to make your own cartoon animation starring you and your voice!

C: Join us for the full day combo for a discount plus free lunch

supervision!

Instructor: IncrediFlix Inc.

Production Fees are included in the price. Flix emailed within a

month after program ends.

FEES: Resident: \$257, Nonresident: \$308.40

LOCATION: AACCCC Room 227/228
605-A DATES: Mon-Fri, 9:00 am – 12:00 pm

8/7 to 8/11

605-B DATES: Mon-Fri, 1:00 pm – 4:00 pm

8/7 to 8/11

FEES: Resident: \$488, Nonresident: \$585.60

605-C DATES: Mon-Fri, 9:00 am - 4:00 pm

8/7 to 8/11

MAD SCIENCE presents RED HOT ROBOTS CAMP

Grades 1-4

Join Mad Science and our Radical Robots for a scientific journey through circuitry and sensors. Explore several different types of robots....robots that follow lines and sounds, robotic arms like the ones you see in the big factories on TV (well, smaller than that, but you get the picture).

Instructor: Mad Science

FEES: Resident: \$405, Nonresident: \$486

LOCATION: Sparkle Lake Building
606-A DATES: Mon-Fri, 9:00 am – 3:00 pm

8/14 to 8/18

BRIDGES & BUILDING (AM) CSI: CRIME SCENE INVESTIGATION (PM) Ages 7-11

A: Do you ever wonder how bridges span huge distances and how skyscrapers stay standing? Get ready to get your mind in motion as you work with and take home your very own Bridges and Skyscrapers Set! Learn all about basic structural elements and witness firsthand the forces acting on structural components!

B: Come join our Minds in Motion Crime Team in this fun and interesting program! We will provide you with all the tolls you need to become your very own crime scene investigator. Learn all about forensics, searching for evidence, and gathering clues and bring home your very own detective

kit! Instructor: Minds in Motion of NJ LLC

FEES: Resident: \$200, Nonresident: \$240

LOCATION: AACCCC Room 223

607-A DATES: Mon-Fri, 9:00 am - 12:00 pm

8/14 to 8/18

607-B DATES: Mon-Fri, 12:30 pm – 3:30 pm

8/14 to 8/18

SUMMER YOUTH SPECIALTY CAMPS

LIVE ACTION FLIX (AM) CLAYMATION FLIX (PM)

Ages 7-13

A: Discover your Filmmaking talents! You don't have to be an actor to take part, as we'll guide you through the Hollywood process to create, direct, film, act, and more. You won't just make an incredible movie, you'll have the skills to make your own movies with friends.

B: Love The Nightmare Before Christmas, Wallace and Gromit, or Boxtrolls? Then join us to create your own Claymation movie! You'll even get to crate your own clay character to star in a movie you'll film, direct, and voice-over in small groups.

C: Join us for the full day combo for a discount plus free lunch

supervision! Instructor: IncrediFlix Inc.

Production Fees are included in the price. Flix emailed within a month after program ends.

FEES: Resident: \$257, Nonresident: \$308.40

LOCATION: AACCCC Room 227/228
608-A DATES: Mon-Fri, 9:00 am – 12:00 pm

8/14 to 8/18

608-B DATES: Mon-Fri, 1:00 pm - 4:00 pm

8/14 to 8/18

FEES: Resident: \$488, Nonresident: \$585.60

608-C DATES: Mon-Fri, 9:00 am - 4:00 pm

8/14 to 8/18

MAD SCIENCE presents EUREKA: INVENTORS CAMP

Grades 1-4

Ages 8-12

Children will overcome a series of challenges using basic materials, simple machines, tips from famous inventors and the most important of all-their mind. With a little bit of ingenuity, children will create catapults and forts, construct working light sticks to take home, and assemble a set of circuits with batteries and light bulbs. While Thomas Edison said, "invention is 10% inspiration and 90% perspiration," this camp is 100% FUN! Instructor: Mad Science

FEES: Resident: \$405, Nonresident: \$486

LOCATION: Sparkle Lake Building
609-A DATES: Mon-Fri, 9:00 am – 3:00 pm

8/21 to 8/25

SEWING FOR BEGINNERS (AM) JEWELRY DESIGN (PM)

A: Students will learn to work on a sewing machine and make pajama bottoms, pillow and tote bag. All materials are supplied and sewing machines provided for use.

B: In this program students will learn design concepts for making jewelry and create one of a kind jewelry. Students will learn how to use pliers, wire and various findings. All materials are supplies.

Instructor: Vivian Burns, So You Studio

FEES: Resident: \$275, Nonresident: \$330

LOCATION: Sparkle Lake Building

610-A DATES: Mon-Fri, 9:00 am - 12:00 pm

8/28 to 9/1

610-B DATES: Mon-Fri, 1:00 pm – 4:00 pm

8/28 to 9/1

NEW CHESS WIZARDS

Ages 6-12

Join this summer for tons of challenging lessons, exciting games, and cool prizes. You'll improve your chess skills, and work out your most powerful muscle – your brain! Our camps include a t-shirt, trophy, and puzzle folder. We include all the materials necessary, but full day kids should bring a lunch. Unleash your brain power and spend part of your vacation with Chess Wizards. Instructor: Chess Wizards

FEES: Resident: \$320. Nonresident: \$384

LOCATION: AACCCC Room 223

611-A DATES: Mon-Fri, 9:00 am – 12:00 pm

7/31 to 8/4

611-B DATES: Mon-Fri, 12:00 pm – 3:00 pm

7/31 to 8/4

FEES: Resident: \$465, Nonresident: \$558
611-C DATES: Mon-Fri, 9:00 am – 3:00 pm

7/31 to 8/4

NEW FUN WITH WEIGHTS FOR KIDS Ages 7-11

All skill levels welcome. Kids love lifting things and flexing their muscles, so why not teach them to move their bodies correctly while they have fun in a controlled setting, just for them. I have been working with kids 6 and up for the past 7 years, helping them have fun in a gym. Give the video games a break and see how much fun they can have.

Instructor: James Moritz, Rhino Strong Gym

FEES: Resident: \$185, Nonresident: \$222

LOCATION: Rhino Strong Gym

612-A DATES: Mon-Thurs., 9:00am-12:00pm

7/31 to 8/3

NEW HOW TO STRENGTH TRAIN CORRECTLY TO EXCEL IN SPORTS Ages 12-14

Are you interested in becoming stronger and faster, to be able to start your next season off knowing you are better than the year before? I've worked with Syracuse University sports athletes teaching them how to correctly develop force and power through correct body movements combined with strength movements which will create a better athlete.

Instructor: James Moritz, Rhino Strong Gym

FEES: Resident: \$185, Nonresident: \$222

LOCATION: Rhino Strong Gym

613-A DATES: Mon-Thurs., 12:30-3:30pm

7/31 to 8/3

NEW INTRO TO POWERLIFTING Ages 15-18

Learn how to correctly squat, bench, and deadlift from someone who has been teaching them for over 20 years and has trained with and worked with All-Time World Record holders. Learn how to find your own weaknesses and even create your own program, and how to eat correctly to maximize your potential.

Instructor: James Moritz, Rhino Strong Gym

FEES: Resident: \$185, Nonresident: \$222

LOCATION: Rhino Strong Gym

614-A DATES: Mon-Thurs., 9:00am-12:00pm

8/7 to 8/10

NEW LEGOS WEEK

Grades 1-6

Young engineers will spend the week designing and building to make their imaginations come to life. Our week-long Lego program will foster creativity as students use Legos to design mazes, robots, moving cars, and more. Students will work together to solve tricky challenges and compete against each other to win fun games. Our instructors will use the engineering design process to guide students from the beginning stages of asking questions and imagining solutions to creating something bigger and better than they once thought was possible.

Instructor: Fun4All LLC

FEES: Resident: \$240, Nonresident: \$288

LOCATION: AACCCC

615-A DATES: Mon-Fri, 9:00am-3:00pm

8/21 to 8/25



SUMMER DAY CAMP INFORMATION

GENERAL REGISTRATION INFORMATION

- · Registration must be done by a parent/guardian of the child.
- Registration and payment will be done ONLINE through Community Pass, with the exception of School District Residents (see below for instructions).
- Following online registration, a completed "Day Camp Registration Form", "Camp Medical Form", and the signed/stamped Immunization Documentation from your child's Physician filled out completely; are to be submitted to the Yorktown Parks & Recreation Office in person or by mail to: Yorktown Parks & Recreation, 176 Granite Springs Road, Yorktown Heights, NY 10598.
- *School District Residents*: Those attending the Lakeland and the Yorktown Schools that do not pay Town of Yorktown taxes or do not reside within the Town of Yorktown's town limits may attend our Yorktown/ Lakeland Full or Half Day Camp programs at no extra fee. School District Residents must register IN-PERSON at the Parks and Recreation office and MUST provide proof of residency in the school district. Examples of acceptable proofs of residency are an ORIGINAL report card or school tax bill for 2022-2023.
- Complete registration is required for all camp programs. Complete Registration includes online registration AND the submission of the "Day Camp Registration Form", "Camp Medical Form" and the Immunization Documentation from your child's Physician. Under no circumstances will registration be accepted prior to the established registration schedule and/or at the day camp location.
- The "Day Camp Registration Form" and "Day Camp Medical Form" are available online at our department website.
- All camp forms must be completed in FULL. A space in camp cannot be held without a completed "Day Camp Registration Form", "Camp Medical Form" and the Immunization Documentation. Each camper needs a separate registration and medical form. The EXACT DATE (month, day, and year) is REQUIRED for all immunization doses.
- Enrollment for all camps is limited. Once a camp has reached maximum capacity an alternate camp may be selected, or you may choose to be placed on a wait-list.
- Requests for a child's placement with a friend can only be made on the "Day Camp Registration Form". No separate requests via fax, e-mail, standard mail or drop off will be accepted. THERE IS NO GUARENTEE THAT THESE WISHES WILL BE MET.

MEDICAL INFORMATION

As required by the Department of Health, your child's immunization record is mandatory at the time of registration. Any child required to take medication at camp must complete a special medical form requiring a doctor's signature. If needed, please request a form at time of registration.

*To attend Day Camp; the Department of Health REQUIRES BOTH a

Signed or Stamped Medical Immunization Documentation Form AND the additional immunization information completely filled out on the "Day Camp Registration/Medical Form".*

Registration will be considered INCOMPLETE until all necessary paperwork has been submitted to the Yorktown Parks and Recreation office.

Refunds/Credits: See Page 2

YORKTOWN AND LAKELAND FULL DAY & HALF DAY CAMPS

Program registration will begin on MONDAY, MARCH 13th at 9:30am Online!

Please note, Yorktown/Lakeland Half Day & Full Day camp programs traditionally do not reach maximum enrollment within the 1st week or registration.

You can only register for members of your family.

CAMP PROGRAM REGISTRATION SCHEDULE

General Programming, Sports Camps & Specialty Camps:

Monday, March 13th at 9:00am

Yorktown/Lakeland Half Day, Full Day, Extended Day Camp, Travel Camp:

Monday, March 13th at 9:30am

Non-Residents All Camps (If room is available):

Monday, April 24th at 9:30am

(20% surcharge will be applied to listed fees)

Last day to register for Day Camps (if space permits):

Friday, May 19th

Note: Registration closes at 4:00pm

HALF DAY CAMP

Grades K-6 TRAVEL CAMP

Grades 1-6

Grades 6-9

All registrants must be enrolled in same program number to receive multi-child discount.

Campers will enjoy art, nature, sports, free play activities and a wonderful staff encouraging participation and fun for all. Camp-wide special events and themes encourage equal fun and amusement. Fee includes a camp T-shirt. Transportation and snack are the responsibility of the camper. Camp will be rain or shine.

All registrants must be enrolled in same program number to receive

Campers will spend the day following a structured schedule filled with

swim (no lessons) will take place at the Brian J. Slavin Aquatic Facility

at Shrub Oak Park or Junior Lake Pool. Fee includes a camp T-shirt.

special events and themes encouraging equal fun and amusement. Free

Transportation and lunch are the responsibility of the camper. Camp will

sports, arts and crafts, nature activities, water activities, camp-wide

FEES: \$515/\$505/\$495/\$485

1st child/2nd child/3rd child/4th child in family

901-A DATES: Monday – Friday, 8:30am to 12:00pm

Tuesday, June 27 - Friday, July 28 (No camp July 4)

LOCATION: TBE

multi-child discount.

be rain or shine.

FULL DAY CAMPS

TITO WEE STANIA

LOCATION:

Travel Camp will meet four (4) days a week. Monday thru Thursday, with trips to some of the most exciting amusement and entertainment location in the area. **No camp Tuesday, July 4th.**

Trips will be planned daily. Examples of trips may include Lake Compounce, Dorney Park, Six Flags and Adventure Park. A detailed trip schedule is available at the Recreation Office and on our website. Each camper will need to be swim tested before the start of camp. All campers must be swim tested on one of these dates.

TESTING will take place prior to the first day of camp this year. We will hold the tests on the following three (3) dates:

SATURDAY, JUNE 17th
SATURDAY, JUNE 24th
SUNDAY, JUNE 25th

11:00am-4:00pm Shrub Oak Pool
11:00am-4:00pm Shrub Oak Pool
11:00am-4:00pm Shrub Oak Pool

Registration: Campers may register for the full four (4) week session, or a two (2) week session.

There will be a limited number of campers per session.

*Camp fee includes admission fees and transportation to all event sites.

FEES: Full Session: \$1,465.00 Session 1: \$760.00 Session 2: \$790.00

DATES: Mon- Thurs, 8:45am to 3:00pm (trip times vary)

905-A: Full Session: July 3 to July 27 **905-B:** Session 1: July 3 to July 13 **905-C:** Session 2: July 17 to July 27

No camp Tuesday, July 4th

FEES: \$897/\$887/\$867

1st child/2nd child/3rd child/4th child in family

DATES: Monday – Friday, 8:30am to 3:00pm

Tuesday, June 27 - Friday, July 28 (No camp July 4)

LOCATION: 902-A: Lakeland Full Day Camp: TBD 903-A: Yorktown Full Day Camp: TBD

Continued on next page

SUMMER DAY CAMP INFORMATION

EXTENDED DAY CAMP PROGRAM Grades 1-6

All registrants must be enrolled in same program number to receive multi-child discount.

Extended Day Camp Program is available to Full Day Campers

FFFS. \$430/\$420/\$410/\$400

1st child/2nd child/3rd child/4th child in family

904-A DATES: Monday - Friday, 3:00pm to 6:00pm

Tuesday, June 27 - Friday, July 28 (No camp July 4)

LOCATION:



AQUATIC PROGRAMS

TADPOLES- PRE SCHOOLERS

Ages 3-4

SWIM TEAM PREP CLINIC

Children learn to adjust to the water and explore safety and survival skills. For children with little to no water experience, they will be introduced to the basic concepts of swimming focusing on fun and skills like kicking and coordinated arm movements as well as submerging head and safe entry/exit. Max 10 children per session.

Instructor: Erica Burlenski, WSI

Resident: \$75, Nonresident: \$90

LOCATION: Brian J Slavin Facility **701-A DATES:** Sundays, 9:30-10:00am

6/25 to 7/30

701-B DATES: Sundays, 10:00-10:30am

6/25 to 7/30

701-C DATES: Sundays, 10:30-11:00am

6/25 to 7/30

Entering Grades 1-8 2023/2024 School Year

This program prepares young swimmers to develop the 4 competitive strokes (butterfly, backstroke, breaststroke, freestyle), in hopes to become proficient enough to join a competitive team. Note: Arrival time is 7:00am, instruction begins at 7:15am.

FEES: 705-A: \$135 705-B-D: \$75 LOCATION: Brian J Slavin Facility **705-A DATES:** Mon-Fri, 7:00-8:00am

6/26 to 7/7

705-B DATES: Mon-Fri, 7:00-8:00am

7/10 to 7/14

705-C DATES: Mon-Fri, 7:00-8:00am

7/17 to 7/21

Mon-Fri, 7:00-8:00am **705-D DATES:**

7/24 to 7/28

LEARN TO SWIM-YOUTH

Entering Grades K-8 2023/2024 School Year

Learning to swim promotes confidence, water awareness, and is great for overall health. The local swim team and swim lessons will be sharing the pool facility. Lessons will occupy the diving well and part of the lap lanes. This is an introduction to Water, Beginner, Advanced Beginner, Intermediate and Swimmer according to Red Cross classifications (Level 1, 2, 3, 4). The first class is a swim test (See dates below), followed by 9 swim lesson classes.

Class Times: Each participant will be assigned to a 30-minute class between 9:30am and 11:30am according to his/her ability after testing on the first day by the instructors.

A: Grades K and 1 B: Grades 2 and 3 C: Grades 4 and 5 D: Grades 6 and 8 FEES: Resident: \$100, Nonresident: \$120

Brian J Slavin Facility LOCATION: **702-DATES:** Mon-Fri, 9:30-11:30am 6/26 to 7/7 (No class 7/4)

Test Date: 6/23, 3:30 pm Mon-Fri, 9:30-11:30am

703-DATES:

7/10 to 7/21

Test Date: 7/10, 9:30 am Mon-Fri, 9:30-11:30am

7/24 to 8/4

Test Date: 7/24, 9:30 am

YORKTOWN SWIM & DIVE TEAM

Join the Yorktown Swim & Dive Team for the 2023 season! Participate in a 5-6 week program beginning Tuesday June 20, 2023. The schedule for the first week of practice will be: Returning Swimmers and Divers, 11yrs. and over, 6:00-7:30pm on June 20 - June 23rd. Regular practice schedule will begin Monday, June 26th:

11 and older swimmers: 8:00 - 9:30 am 10 and under swimmers: 9:30 - 10:30 am

Dive: 7:00 - 8:30 am

New Swimmer Evaluations will be announced. All practice sessions are Monday thru Friday emphasizing quality stroke development and competitive diving instruction. Yorktown residency is **REQUIRED**.

Mail in Registration Deadline Friday, April 28, 2023

Check or Money order made payable to Yorktown Swim & Dive Team and mailed to:

> Yorktown Swim & Dive Team c/o Sara Numme 3617 Dane Street Shrub Oak, NY 10588

Other payment options may be available, check website for more information

LOCATION: Brian J Slavin Facility

\$225.00 for 1st and 2nd child received before May 1st FEES:

\$250.00 for 1st and 2nd child received after May 1st

\$550.00 for family of 3 children

\$25.00 for each additional child after 3

Registration Information: Log on to: www.yorktownny.org/ and go to Parks & Recreation page to download the YSDT information/registration form. There is an additional \$25.00 fee per family if registration is not received by deadline. For additional or questions regarding the team please call Brian Fagan at (914) 438.1315 or visit the teams website at www.yorktownswimanddive.org.



704-DATES:

AQUATIC FACILITY INFORMATION AND HOURS

The Town of Yorktown makes it a goal to open and operate a pool facility from Memorial Day to Labor Day pending staff availability. Parks & Recreation operates two pool facilities and the Sparkle Lake beachfront.

A valid Parks & Recreation Department Pool Membership must be obtained and ID card presented at each pool facility in order to gain access. Our pass system allows for increased efficiency and the ability to capture important user information at our facilities.

FACILITY HOURS

JUNIOR LAKE POOL at Memorial Park

PHONE: 914-962-4200 **DATES:** 5/27 to 8/20

HOURS: Weekends & Holidays: 11:00am-7:00pm

Weekdays, 6/12-6/16: 3:00pm-7:00pm Weekdays, 6/19-8/11: 12:00pm-7:00pm

Slide Pool: Children must be 41" tall or be accompanied by an adult

BRIAN J SLAVIN AQUATIC FACILITY

PHONE: 914-352-7279 **DATES:** 6/3 to 9/4

HOURS: Weekends & Holidays: 11:00am-7:00pm

Weekdays, 6/12-6/16: 3:00pm-7:00pm Weekdays, 6/19-9/1: 12:00pm-7:00pm

Interactive Pool: Children must be 41" tall or be accompanied by an

adult

SPARKLE LAKE BEACH - Residents Only

PHONE: 914-245-5060 **DATES:** 6/19 to 8/6

HOURS: 11:00am-6:00pm Daily

ADDITIONAL FACILITY INFORMATION

- · Areas will be closed or will close early on days of inclement weather.
- Children must be at least 12 YEARS OLD in order to utilize the facilities without adult supervision.
- Only US Coast Guard approved Type III lifesaving devices are allowed at our Town pools. Although US Coast Guard approved Type III devices are allowable this does not replace the role of parental supervision of their child. All parents must directly supervise their child in and around the water. No other device can be used unless for medical reasons.
- Please Note: The Junior Lake Pool will be closing for the season on August 20th, 2023.
- There will be times when the pools will be closed due to swim meets in accordance with our Town swim team participating in the Northern Westchester Swim Conference. A schedule of the pool closures will be posted at the Brian J. Slavin Pool and available online.
- Slide & Interactive Pools If a child does not meet the minimum height, they will need to be accompanied by an adult.

POOL MEMBERSHIPS

All pool members 3 years of age and older are required to have a photo ID card. Photo ID's can be taken at the Yorktown Parks and Recreation ID office. If you obtained a photo ID in 2021, you do not need a new ID card, you may renew your membership online. If obtaining a new photo ID, you may apply online before visiting the Parks and Recreation office to be issued the ID in person. First time applicants will need to bring Proof of Residency. Note: Each family member must be present in order to have their photo ID issued.

- NO REFUNDS will be given for pool permits.
- Lost Cards: There is a \$5.00 charge for any card that needs to be replaced due to loss.
- · For pass purposes, the following definitions are applicable:

Family: includes the immediate, nuclear family only (parents and children 22 years of age and under). Grandparents, aunts, uncles, nieces,

nephews, cousins, house guests, au pairs and babysitters are NOT included.

Adult: individual 18+ years Child: individual 3 – 17 years

Couple: 2 adults living in the same household (married or domestic

partners)

RESIDENT FAMILY POOL PASS

Family \$460.00 Couple \$380.00 School District Family \$760.00

NONRESIDENT FAMILY POOL PASS

Only pass option made available to nonresidents LIMITED Number of Nonresident passes sold

Non-Resident Family \$1175.00

RESIDENT INDIVIDUAL POOL PASS

 Child
 \$150.00

 Adult
 \$220.00

 Senior (ages 60-64)
 \$35.00

 Senior (ages 65-69)
 \$20.00

 Senior (70+)
 Free

RESIDENT DAILY POOL PASS

Ages 3 and over \$80.00*
*Pass also has a gate fee per visit.

*Gate Fee:

Child \$5.00 Adult \$10.00

GUEST POLICY

Pool members are allowed two (2) guests per pass.

Note: Family Passes count as two (2) passes and are allowed 4 guests total.

Child: \$10.00 Adult: \$15.00 Senior 60+: \$10.00



PASS REGISTRATION INFORMATION

PROOF OF RESIDENCY

Acceptable proof of residency: All residents applying for a pass (including pass renewals) <u>must</u> show **ONE** proof from the first column and **TWO** proofs from the <u>second column</u>. Renters must show rental agreement with proof. All documents must be **ORIGINALS**.

*Children 18-22 years of age <u>must</u> show proof of residing in the household.

The burden of proof of residency rests with the person making the application. Previously issued ID cards are not acceptable as current Proofs of Residency.

One (1) Photo with street address:

Driver's License Learner's Permit Non-Driver Photo ID (DMV) Citizen ID Card

Two (2) Dated Bill with street address

2023 Yorktown TOWN Tax Bill
2023 Utility Bill (home phone, gas, electric, cable, water)
2023 Mortgage Statement or Rent Statement
2023 Fuel Oil Bill
2023 Property Insurance Certificate
Voter Registration

If you have any questions regarding acceptable proofs, please contact the Recreation Department at 245-4650, ext.0, 8:30am to 4:30pm, Monday thru Friday.

HOURS FOR PASS REGISTRATION AND RENEWALS:

LOCATION: Parks and Recreation Administration Building at Sparkle Lake.

WEEKDAYS: MONDAY-FRIDAY MAY 1 – SEPT. 1 10:00AM-4:00PM

EVENINGS: TUESDAY- WEDNESDAY MAY 9 – JUNE 28 6:00PM-8:00PM

SATURDAYS: MAY 6 - JUNE 24 10:30AM - 2:00PM

SUNDAYS: CLOSED

I.D. OFFICE WILL BE CLOSED MAY 29th



COOPERATING AGENCIES

THE YORKTOWN TEEN CENTER

The Yorktown Teen Center is a positive safe place where teens come together to have fun and form friendships as they develop their self-esteem and learn to give back to their community. It is located in room 102 in the Albert A Capellini Community and Cultural Center and is open to youth in grades 6 to 12 who reside in the Town of Yorktown. For more information about the center, hours, and upcoming events, visit our website at www.yorktowntc.org or call at 302-2123.

NOR-WEST REGIONAL SPECIAL SERVICES

Special Recreation for Special Populations

Nor-West Regional Special Services is a social service agency that provides community-based therapeutic recreation programs, respite and transportation services to persons ages 5 to 65 with differing abilities residing in the northwestern portion of Westchester County. For further information and current program information, visit their website: www.nor-west.org.

SPARC – SPECIAL PROGRAM AND RESOURCE CONNECTION Recreation, Social and Therapeutic Services

SPARC is a not-for-profit agency that provides adapted and skill based programs to children, teens and adults. Two divisions of services offer: Kids Express, an after school recreation program for all children attending Yorktown and Lakeland elementary schools. Therapeutic Recreation programs serve participants with developmental disabilities. For more information call (914) 243-0583 or visit the websites www.sparcinc.org or www.sparcinc.org or www.kids-express-sparc.org.

NEW YORK-NEW JERSEY TRAIL CONFERENCE

The Trail Conference publishes books and maps that guide public use on trails. In Yorktown, their corps of volunteers maintain trails in Granite Knolls Park, Mohansic Trailway, Rock Hill Park, Sylvan Glen Park Preserve, Turkey Mountain Nature Preserve, Woodlands Legacy Field Park and Yorktown Trailway under a legal agreement with the Town. Westchester Mountain Biking Association (WMBA) volunteers in conjunction with the Trail Conference maintain some trails in Granite Knolls Park and the Yorktown Trailway. WMBA promotes the recreational use of mountain bikes on trails in a safe and environmentally sound manner. For more information about the Trail Conference and WMBA see nynjtc.org and WMBA.org.

YORKTOWN TRAIL TOWN COMMITTEE

The Yorktown Trail Town Committee is a 501c3 volunteer based organization that promotes the recreational, health, social, and economic benefits of Yorktown's extensive trail network. The Committee carries out trail related projects and sponsors events, including guided walks, hikes and cycle rides. For more information, see www.yorktowntrailtown.org, or visit us on social media at www.facebook.com/yorktowntrailtown or www.instagram.com/yttcny.

TOWN OF YORKTOWN MUSEUM

Located Top Floor in Yorktown Community & Cultural Center
The museum has an extensive Library/Research room that includes
genealogical and local history information, along with a gift shop that
offers reproductions and unique gifts. **Museum Hours:** Saturdays 12noon
to 3:00pm. Tuesday & Thursdays 11:00am to 4:00pm
Contact: (914) 962-2970 or visit the website at www.yorktownmuseum.org

ALLIANCE FOR SAFE KIDS (ASK)

The Alliance for Safe Kids, Inc. (ASK) is a 501c3 non-profit organization in Yorktown that collaborates with all sectors of the community to provide youth and families with the information and skills needed to support a healthy lifestyle by sharing resources that promote: Youth Mental Health, Prevention of Substance Abuse and Opportunities for Thoughtful Service. For more information and to find out how to get involved, visit our website www.allianceforsafekids.org.



YORKTOWN YOUTH SOCCER CLUB

YYSC specializes in the development of youth soccer for boys and girls ages 4 to 14 (must be 4 as of November 30). For additional information please call Rick Romanski at (914)962-8865 or visit www.yorktownsoccer.org

SHRUB OAK ATHLETIC CLUB

The Shrub Oak Athletic Club is a youth sports organization serving Northern Westchester and Southern Putnam Counties, NY. Our in-house programs focus on the value of teamwork, learning the game, sportsmanship and just having fun. Travel programs are also available. Visit: www.shruboakac.org

YORKTOWN ATHLETIC CLUB

The Yorktown Athletic Club, Inc. provides a variety of organized youth sports. We offer both Recreational and Travel sport programs that are age appropriate and are designed for full participation.

Visit: www.yacsports.com

THE ENRICHMENT CENTER of YORKTOWN

The Enrichment Center is a non-profit before and after school program for students living in the Yorktown School District. A variety of activities are provided in a safe, nurturing environment, where each child's emotional, social and physical development is encouraged. The programs are located at the Elks Lodge (Grades K-8). To learn more about our programs visit our website: www.yorktown.org under Community Links or call 302-7977.

ONLINE REGISTRATION PROCESS

- · Go to www.yorktownny.org/parksandrecreation
- On the left side of the page, click on ONLINE REGISTRATION
- This will bring you to Community Pass
- If an existing user, login to the right
- If a new user, create an account by clicking Create an Account on the left
- · Note: All family members in household should be added to the account. To add a family member:
- Click VIEW ACCOUNT
- · Click ADD CHILD or ADD ADULT under Individual Information
- Be sure to add correct birth date some programs are restricted by age
- Once logged in and all family members added, click the gold CLICK HERE TO REGISTER button

From here you will be able to scroll through our virtual catalog of programs and events available through Yorktown Parks and Recreation

- · Select your desired program by clicking on the name
- · Click ADD TO CART on the right
- Select family member(s) to be registered for the program
- · When ready to checkout, click CHECKOUT in the upper right hand corner
- Checkout will prompt payment with credit card. Registration is not complete until payment is processed. For other payment methods see below:

Cash and check payments may be accepted at the Parks and Recreation office.

No internet? No problem! Just stop by Yorktown Parks and Recreation office to register.

Yorktown Parks and Recreation

Yorktown Parks and Recreation 176 Granite Springs Road Yorktown Heights, NY 10598 YORKTOWN PARKS & RECREATION DEPARTMENT 176 Granite Springs Road Yorktown Heights, NY 10598

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TOWN OF YORKTOWN **POSTAL PATRON**

Save the Dates

Easter Egg Hunt - Saturday, April 1st Fishing Derby - Saturday, May 13th Outdoor Movie Night - June 30th, July 28th & August 25th Summer Concert Series - Sundays (see page 3)



What's Inside

Don't Miss Out! Registration Begins Monday, March 13th

Pre School Programs

Soccer Squirts, Sports Squirts, Lacrosse Squirts, Toddler Time, Tae Kwon Do, T-ball Squirts, Swimming

Youth/Teen Programs

Swimming Lesson, Golf, Tennis, Tae Kwon Do, Total Sports, Sewing, Lego Building, Babysitting Course, Art, Engineering, Chess, Fishing, Racquetball, Flag Football, Basketball, Fencing,, Soccer, T-ball, Horseback Riding ...

Adult Programs

Golf, Tennis, Sports Leagues, Belly Dance, RPM, After Work Work Out, Yoga, 20/20/20, Zumba, Pilates, Swimming, Fencing, Painting, Horseback Riding ...

... And Much Much More

Town Parades **Spring Vacation Camps** Day Camps **Summer Specialty Camps** Kung-Fu, Tai Chi, Meditation, Discount Amusement Park Tickets **Pool Passes Aquatic Facilities Senior Programs**



Don't Trash our Parks!

- Use Designated Trash and Recycling Receptacles When Available
- Carry Out What You Carried In
- Keep it Green, Keep it Clean
- Love Where You Live