



Yorktown Senior Newsletter

FOR TOWN OF YORKTOWN SENIORS

July/August 2023

YORKTOWN PARKS & RECREATION DEPARTMENT
www.yorktownny.org/senior

TEL. (914) 245-4650

Yorktown Recreation 2023 SUMMER SENIOR PROGRAMS

Yorktown Recreation SUMMER PROGRAMS

For registration and program descriptions, please visit:
<https://register.capturepoint.com/YORKTOWN>
Yorktown Parks & Recreation Department,
176 Granite Spring Road, Yorktown Heights
Recreation Office Hours: M-F, 8:30-4:30pm
***Fees apply**

Mah Jongg Club:

Tues. 4/4 - 9/26 (no class 7/4)
10:00-11:00am
Location: AACCC Room 26

Chair Yoga (Virtual):

Wed. 6/14 - 8/2
10:00-11:00am
Location: Zoom

Line Dancing:

Wed. 4/5-8/16 (1st & 3rd Wednesdays only)
12:00-1:00pm
Location: Granite Knolls Park

Dance & Exercise B:

Fri: 6/23-8/11
10:45-11:45am
Location: Granite Knolls Park

Yorktown Lions Club 2023 Concert Series Lineup

July 9, 2023: Rusty Spur - 6:00pm

July 16, 2023: The Jersey Tenors - 6:00pm

July 23, 2023: Back to the Garden 1969 - 6:00pm

August 6, 2023: Rock Steady Dance Band - 6:00pm

August 20, 2023: Group De Jour - 6:00pm

**August 27, 2023: Military Tribute Concert with
Jessica Lynn 5:00pm**

Location for ALL Concerts: Jack Devito Veteran's Field

Hours for pool pass registration and renewals:

[Still need a pool pass? Stop in during our office hours!](#)

[Location: Recreation Office, 176 Granite Springs Road](#)

[Weekdays: Monday - Friday: May 1 - Sept.1: 10am - 4pm](#)

Senior Prices:

Ages 60 - 64: \$35

Ages 65 - 69: \$20

Ages 70+: FREE

Senior Swim

Tuesday and Thursday 10:30 - 11:45am - 6/27 - 8/17

Brian J. Slavin Aquatic Facility

Monday, Wednesday, Friday 10am - 12pm 8/2 - 8/11

Junior Lake Facility

DEMISTIFYING MEDICARE

This engaging, interactive, free program of the Westchester Library System's Senior Benefits programs is perfect for anyone trying to navigate our complicated healthcare system for older adults.

It's for people who already have Medicare, as well as those soon to be 65! The workshop covers the various parts of Medicare, and the costs associated with health insurance provided by the government and private companies. Topics include Original Medicare, Advantage, Plans, prescription drug plans (Part D), Medigaps (supplemental plans), and various cost-saving programs (MSRPs, Extra Help, EPIC, etc.) Walk-ins are welcome, but pre-registration is requested at the phone number below:



914-231-3236

Yorktown Heights

Sat., July 29, 10am - 1pm

Community Center, 1974 Commerce St. - Room 104

Senior Club News

AARP

Thursday July 13- Friday July 14, 2023

Erie Canal Turning Stone Casino Hotel

Wednesday October 25th, 2023, Resort World

Casino Catskill, \$45 pp

Thursday December 7, 2023

Christmas Show at the Silver Birches Hawley, PA

For more information call
Rich DeSilva - 914-962-7723

Shrub Oak Seniors

Tuesday August 29, 2023

City Island Restaurant / Empire Casino

Tuesday September 19, 2023

San Gennaro Festival

Thursday October 26- Friday October 27, 2023

Atlantic City (Caesar's Casino)

For more information call

Margaret Longo - 914-918-9097

JOF Travel Club

August 15, 2023 – The Riverview Inn Festival – Full Luncheon and the Ryan Wilson Show @ \$85.00

October 2, 2023- The amazing "Oktoberfest" at the Villa Roma at another great price of \$89.00

Oct 15 thru Oct 22, 2023 - A Bahamas Cruise Transportation to Pier & Back (Cape Liberty, NJ) Visit Orlando, Coco Cay, and Nassau, Bahamas Nightly Entertainment including High Dive Shows, Ice Shows as well as Theater Shows All for \$749 Inside cabin, \$869 Outside cabin and \$1069 Balcony Cabin,(all dd/pp)

**** 2024 Exclusive - Experience VIKING River cruising down the Danube ****

April 27 - May 5, 2024 - Escorted Viking River Cruise to Munich & Passau Germany,

Vienna, Linz & Krems, Austria, Bratislava, Slovakia and Budapest, Hungary. Shore excursions in every port, wine & beer with Lunch & Dinner, English speaking Crew, modern staterooms - Casual dining in elegant style. Priced: From \$2,999.pp (Standard Outside Stateroom), \$3,499 pp (French Balcony Stateroom) and \$3,999 pp (Veranda Cabin) and includes taxes and shore excursions and transportation to/from airport.

Special Round Trip Air Fare depending on time of booking.

For more information call
Jim Higgins - 914-302-2836
Or email: JOFTRAVEL@optonline.net

Friends of Jefferson Village

Tuesday August 15, 2023- Aqua Turf Club: A Journey Through the Decades, Plantsville, CT

A Journey thru the Decades \$115 pp

Radio City Christmas Spectacular \$175 pp **wait list only!**

For more information call
Rich DeSilva 914-962-7723

Yorktown Chapter 1

Yorktown Chapter 1 has officially disbanded as of May 30th. We would like to thank Janet Novak for her many years of service to the town of Yorktown.



Demystifying MEDICARE & Healthcare Coverage for Seniors

~ *New* ~ Midsummer mini-series

This engaging, interactive, free program of the Westchester Library System's Senior Benefits programs is perfect for anyone trying to navigate our complicated healthcare system for older adults. It's for people who already have Medicare, as well as those soon to be 65, planning for retirement or assisting relatives and friends with paperwork and medical decisions.

The workshop covers the various parts of Medicare and the costs associated with health insurance provided by the government and private companies. Topics include: Original Medicare, Advantage Plans, prescription drug plans (Part D), Medigaps (supplemental plans), and various cost-saving programs (MSPs, Extra Help, EPIC, etc.). Walk-ins welcome, but pre-registration is requested at (914) 231-3236.

YORKTOWN Sat., July 29, 10am – 1pm
Community Center, 1974 Commerce St.

YONKERS Sat., Aug. 5, 10am – 1pm
Will Library, 1500 Central Park Ave.

ELMSFORD Wed., Aug. 2, 5:15 – 8:15 pm
Greenburgh Public Library, 300 Tarrytown Rd

VALHALLA Tues., Aug. 8, 6:30 – 9:30 pm
Mount Pleasant Community Center, 125 Lozza Dr.

OSSINING Wed., Aug. 9, 5:45 – 8:45pm
Ossining Public Library, 53 Croton Ave.

A full online version of this program with audio chapters, downloadable .pdfs, and a schedule of future live events can be found at seniors.westchesterlibraries.org/demystifyingmedicare/.

For individual counseling, visit a walk-in Senior Benefits Individual Counseling center at two libraries (seniors.westchesterlibraries.org/) or contact their **helpline** at (914) 417-9102. Counseling for all these programs is provided by HIICAP-certified volunteers (Health Insurance Information Counseling and Assistance Program) in partnership with the county's Dept. of Senior Programs & Services, (914) 813-6100.

YORKTOWN RECREATION

PRESENTS

15

AUGUST

9am-12pm

ADULT/SENIOR BICYCLE TRIP



Adults 50+ will take a professionally guided and relaxed 8 mile bike tour along the scenic North County Trailway. Enjoy the scenery and learn about local revolutionary war history such as The Battle of Pines Bridge, the Davenport House and much more.

Bikes, Helmets, snacks and drinks will be provided.

\$65 for Residents \$78 Non Residents.

Tour will start and finish at Junior Lake Park 9am-12pm

Yorktown Parks and Recreation Dept. 914-245-4650



**Diana L. Quast, Yorktown Town Clerk
Master Municipal Clerk**

THE MOBILE TOWN CLERK'S OFFICE IS BACK!!

Beginning Wednesday, May 10, 2023 the Town Clerk will resume the Mobile Town Clerk's Office!

In an effort to make some of our services more accessible to our residents, the Town Clerk's Office travels to various locations offering our time and services for your convenience.

Some of the services and information we will be able to provide onsite include:

- **Handicapped/Accessible Parking Permits**
- **Dog Licensing**
- **EZPass Tags**
- **Hunting & Fishing Guidelines, NYS DEP Access Permit Applications**
- **Notary Public Services**
- **Other licenses such as Marriage Licensing, Gaming Commission Licenses (Bingo, Raffles, etc.)**
- **Parks & Recreation Brochure**
- **Refuse & Recycling Schedule**
- **Voter Registration**
- **Yorktown Senior Newsletter**

The Mobile Town Clerk's Office will be visiting Wynwood Oaks (10AM-12PM) and Jefferson Village (1PM-3PM) on the second and fourth Wednesday of each month. We also frequently visit the Senior Services and Nutrition Center. As always, if there is anything you need, please give us a call at (914)962-5722, ext. 209.

We look forward to seeing you!

***Diana L. Quast, Town Clerk
Master Municipal Clerk***



July 12th 2pm

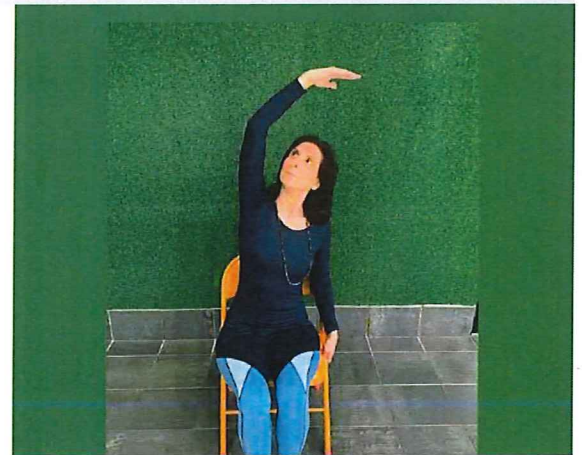
Aging in Place: A Guide to Growing Older at Home

Join elder law attorney Lauren C. Enea, Esq. and learn how to prepare a home to safely age in place through senior-proofing, necessary legal documents, strategies for bill paying and financial management, as well as an overview of the Medicaid home care program.

Chair Yoga

Chair yoga increases flexibility, strength, and balance while boosting your mood, and reducing stress and joint strain.

Registration Required.



**August 1st and 15th
1 pm**



June 10th - August 5th

It's summer reading time for adults too! Read books and fill out your titles to be entered into the grand prize raffle drawing. Register Online:

www.yorktownlibrary.org

Happy reading!

Yorktown Senior Activities Calendar

Funded through the Department of Health & Human Services, N.Y. State Office for Aging,
Westchester County Department of Senior Programs & Services, and Town of Yorktown.

Phone #'s:

(914) 962-7447 YORKTOWN SENIOR SERVICES DEPARTMENT
(914) 245-4650 YORKTOWN PARKS & RECREATION DEPARTMENT

July 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5 **Chair Yoga: 10:00-11:00am(Zoom) **Line Dancing: 12-1pm Lunch:12pm	6 **Senior Swim: 10:30-11:45am **Knitting Club: 10am-12pm Lunch:12pm	7 **Dance & Exercise: 10:45-11:45am Lunch:12pm
10 Shrub Oak: 10am-2pm Lunch:12pm	11 **Senior Swim: 10:30-11:45am **Mahjong: 10am – 12pm Lunch:12pm	12 **Chair Yoga: 10:00-11:00am(Zoom) Lunch:12pm AARP: 2pm – 4pm	13 **Senior Swim: 10:30-11:45am **Knitting Club: 10am-12pm Lunch:12pm	14 **Dance & Exercise: 10:45-11:45am Lunch:12pm
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29	30 **Mahjong: 10am – 12pm	31		Any program noted with <i>*requires registration</i> Register at http://register.capturepoint.com/yorktown

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<p><i>Any program noted with *requires registration</i></p> <p>Register at http://register.capturepoint.com/yorktown</p>	1	2	3	4
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21	22	23	24	25
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